

Sunday

DECEMBER 31 New Years Eve!

- 10:00 **AR** Morning Music
- 10:30 **P** Exercise with Angela
- 11:00 **AR** Hollywood Trivia
- 1:00 **P** Spiritual Circle with Clint
- 2:15 **K** Snack Social
- 2:30 **AR** Bingo with Friends
- 4:00 **P** Evening Chats
- 6:00 **I** Dick Clark's New Year Celebration

3 Apple Fritters Day

- 10:00 **AR** Morning Music
- 10:30 **P** Exercise with Angela
- 11:00 **AR** Hollywood Trivia
- 1:00 **P** Spiritual Circle with Clint
- 2:15 **K** Apple Fritters Day
- 2:30 **AR** Bingo with Friends
- 4:00 **P** Evening Chats
- 6:00 **I** Sunday Night Musicals

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- 10:00 **AR** Morning Music
- 10:30 **P** Exercise with Angela
- 11:00 **AR** Hollywood Trivia
- 1:00 **P** Spiritual Circle with Clint
- 2:15 **K** Snack Social
- 2:30 **AR** Bingo with Friends
- 4:00 **P** Evening Chats
- 6:00 **I** Sunday Night Musicals

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- 10:00 **AR** Morning Music
- 10:30 **P** Exercise with Angela
- 11:00 **AR** Hollywood Trivia
- 1:00 **P** Spiritual Circle with Clint
- 2:15 **K** Snack Social
- 2:30 **AR** Bingo with Friends
- 4:00 **P** Evening Chats
- 6:00 **I** Sunday Night Musicals

24 National Eggnog Day

- 10:00 **AR** Morning Music
- 10:30 **P** Exercise with Angela
- 11:00 **AR** Hollywood Trivia
- 1:00 **P** Spiritual Circle with Clint
- 2:15 **K** Eggnog Social
- 2:30 **AR** Bingo with Friends
- 4:00 **P** Evening Chats
- 6:00 **I** Sunday Night Musicals

Monday

Allegro in Winter Park

2701 Howell Branch Road
Winter Park, FL 32792
(407) 961-7074

<https://www.allegroliving.com/senior-living-winter-park-florida.html>

4 Santa's List

- 10:00 **AR** Morning Wake up
- 10:30 **AR** Santa's Wish List
- 11:00 **E** Exercise with Towers
- 1:00 **AR** Residents choice
- 2:00 **K** Snack Attack
- 3:30 **AR** Balloon Volleyball
- 4:30 **P** Evening Walk
- 6:00 **AR** Action Movie Monday

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- 10:00 **AR** Morning Wake up
- 10:30 **AR** Morning Trivia
- 11:00 **E** Exercise with Towers
- 1:00 **AR** Residents choice
- 2:00 **K** Birthday Celebration
- 3:30 **AR** Balloon Volleyball
- 4:30 **P** Evening Walk
- 6:00 **AR** Action Movie Monday

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- 10:00 **AR** Morning Wake up
- 10:30 **AR** Morning Trivia
- 11:00 **E** Exercise with Towers
- 1:00 **AR** Residents choice
- 2:00 **K** Snack Attack
- 3:30 **AR** Balloon Volleyball
- 4:30 **P** Evening Walk
- 6:00 **AR** Action Movie Monday

25 Christmas Day

- 10:00 **AR** Morning Wake up
- 10:30 **AR** Christmas Trivia
- 11:00 **E** Exercise with Towers
- 1:00 **IN** Charlie Brown's Christmas
- 2:00 **K** Christmas Donuts
- 3:30 **AR** Balloon Volleyball
- 4:30 **P** Evening Walk
- 6:00 **AR** Christmas Holiday Movie

Tuesday

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- 9:45 **S** Salon Day
- 10:00 **P** Random Rambles
- 11:00 **E** Get Up and Move It Exercise
- 1:00 **AR** Discovering Earth
- 2:30 **K** Chef's Choice!
- 3:00 **D** Dockside Views
- 4:00 **P** Story Teller Sit Down
- 6:00 **AR** Tuesday Night Comedy Movie

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- 9:45 **S** Salon Day
- 10:00 **P** Random Rambles
- 11:00 **E** Get Up and Move It Exercise
- 1:00 **AR** Discovering Earth
- 2:30 **K** Chef's Choice!
- 3:00 **D** Dockside Views
- 4:00 **P** Story Teller Sit Down
- 6:00 **AR** Tuesday Night Comedy Movie

19 Christmas Cookie Day

- 9:45 **S** Salon Day
- 10:00 **AR** Butterfly Lady
- 11:00 **E** Get Up and Move It Exercise
- 1:00 **AR** Discovering Earth
- 2:30 **K** Christmas Cookies & Milk
- 3:00 **D** Dockside Views
- 4:00 **P** Story Teller Sit Down
- 6:00 **AR** Tuesday Night Comedy Movie

26 Candy Cane Day

- 9:45 **S** Salon Day
- 10:00 **P** Random Rambles
- 11:00 **E** Get Up and Move It Exercise
- 1:00 **AR** Discovering Earth
- 2:30 **K** Candy Cane Sweets
- 3:00 **D** Dockside Views
- 4:00 **P** Story Teller Sit Down
- 6:00 **AR** Tuesday Night Comedy Movie

Wednesday



6 St. Nicholas Day

- 10:00 **AR** Simon Say's to Stretch
- 10:30 **AR** Santa's Trivia
- 11:00 **P** Exercise with Angela
- 1:15 **P** Visit with Pastor Clint
- 2:00 **K** Snack Attack
- 2:15 **AR** Aerobics with Helen
- 3:00 **O** Scenic Drive
- 4:00 **K** Wine Down Crosswords
- 6:00 **AR** Western Movie Wednesday

13 Christmas Light Tour

- 10:00 **AR** Simon Say's to Stretch
- 10:30 **AR** Word Puzzle of the Day
- 11:00 **AR** Ballroom Joe
- 1:15 **P** Visit with Pastor Clint
- 2:00 **K** Snack Attack
- 3:00 **AR** Wine Down Crosswords
- 4:00 **K** Jenga with Friends
- 6:30 **O** Christmas Light Tour Drive

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- 10:00 **AR** Simon Say's to Stretch
- 10:30 **AR** Guess the City
- 11:00 **AR** Corn Hole
- 1:15 **P** Visit with Pastor Clint
- 2:00 **K** Snack Attack
- 2:15 **AR** Aerobics with Helen
- 3:00 **O** Scenic Drive
- 4:00 **K** Wine Down Crosswords
- 6:00 **AR** Western Movie Wednesday

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- 10:00 **AR** Simon Say's to Stretch
- 10:30 **AR** Word Puzzle of the Day
- 11:00 **AR** Ballroom Joe
- 1:15 **P** Visit with Pastor Clint
- 2:00 **K** Snack Attack
- 3:00 **O** Scenic Drive
- 4:00 **K** Wine Down Crosswords
- 6:00 **AR** Western Movie Wednesday

Thursday



7 Hanukkah Begins

- 10:00 **AR** Rhythm Roll Call
- 10:30 **K** Gingerbread House Making with Chef Cameron
- 1:00 **I** Virtual Vacation
- 11:15 **SP** Walk to Wellness
- 2:00 **K** Culinary Creations
- 3:00 **K** Dreidel Art
- 4:15 **AR** Evenings Laughs
- 6:00 **AR** Classic Movie Thursdays

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- 10:00 **AR** Rhythm Roll Call
- 10:30 **RT** Rollin Theater
- 11:15 **SP** Walk to Wellness
- 1:00 **I** Virtual Vacation
- 2:00 **K** Birthday Celebration
- 3:00 **K** String X-mas Trees
- 4:15 **AR** Evenings Laughs
- 6:00 **AR** Classic Movie Thursdays

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- 10:00 **AR** Rhythm Roll Call
- 10:30 **E** Morning Stretch
- 11:15 **SP** Walk to Wellness
- 1:00 **I** Virtual Vacation
- 2:00 **K** Culinary Creations
- 3:00 **K** Grinchmass Painting
- 4:15 **AR** Evenings Laughs
- 6:00 **AR** Classic Movie Thursdays

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- 10:00 **AR** Rhythm Roll Call
- 10:30 **RT** Rollins Theater
- 11:15 **SP** Walk to Wellness
- 1:00 **I** Virtual Vacation
- 2:00 **K** Culinary Creations
- 3:00 **K** New Years Makers
- 4:15 **AR** Evenings Laughs
- 6:00 **AR** Classic Movie Thursdays

Friday

1 Tree Lighting Day

- 10:00 **P** Morning Affirmations
- 10:30 **P** You be the Judge
- 11:15 **AR** Exercise with Towers
- 1:00 **I** Residents Choice
- 2:00 **K** Birthday Celebration
- 2:30 **K** Bingo
- 3:30 **AR** Entertainment with Tommy Lee
- 6:00 **Mystery Movie Friday**

8 National Brownie Day

- 10:00 **P** Morning Affirmations
- 10:30 **P** You be the Judge
- 11:15 **AR** Exercise with Towers
- 1:00 **I** Residents Choice
- 2:00 **K** Happy Hour & Brownies
- 2:30 **K** Bingo
- 3:30 **AR** Entertainment with Tina
- 6:30 **AR** Mystery Movie Friday

15 Grinchmas Family Night

- 10:00 **P** Morning Affirmations
- 10:30 **P** You be the Judge
- 11:15 **AR** Exercise with Towers
- 1:00 **I** Residents Choice
- 2:00 **K** Afternoon Snack
- 2:30 **K** Bingo
- 5:00 **K** Grinchmas Family Night
- 7:30 **I** Christmas Movie

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- 10:00 **P** Morning Affirmations
- 10:30 **P** You be the Judge
- 11:15 **AR** Exercise with Towers
- 1:00 **I** Residents Choice
- 2:00 **K** Happy Hour
- 2:30 **K** Bingo
- 3:30 **P** Karaoke with Madison
- 6:30 **P** Holiday Movie

29 New Years Eve Party

- 10:00 **AR** New Years Morning Wake up
- 10:30 **AR** Balloon Volleyball
- 11:00 **AR** New Years Count Down with Chris
- 1:00 **I** Residents Choice
- 2:00 **AR** Sweating with Helen
- 2:30 **K** Bingo
- 3:30 **K** New Years Word Search
- 6:00 **AR** New Years Special

Saturday

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- 10:00 **P** Mindful Meditation
- 10:30 **P** Pictionary
- 11:00 **AR** Music Class with Madison
- 1:30 **I** IN2L Showing
- 2:30 **K** Spilling the Tea
- 3:00 **P** Debate Club
- 4:00 **K** Ready Set Puzzle
- 6:00 **I** Saturday Night Thriller

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- 10:00 **P** Mindful Meditation
- 10:30 **P** Pet Therapy
- 11:00 **AR** Music Class with Madison
- 1:30 **I** IN2L Showing
- 2:30 **K** Spilling the Tea
- 3:00 **P** Debate Club
- 4:00 **K** Ready Set Puzzle
- 6:00 **I** Saturday Night Thriller

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- 10:00 **P** Mindful Meditation
- 10:30 **P** Chats on the Porch
- 11:00 **AR** Music Class with Madison
- 1:30 **I** IN2L Showing
- 2:30 **K** Spilling the Tea
- 3:00 **P** Debate Club
- 4:00 **K** Ready Set Puzzle
- 6:00 **I** Saturday Night Thriller

23

- 10:00 **P** Mindful Meditation
- 10:30 **P** Pictionary
- 11:00 **AR** Music Class with Madison
- 1:30 **I** IN2L Showing
- 2:30 **K** Spilling the Tea
- 3:00 **P** Debate Club
- 4:00 **K** Ready Set Puzzle
- 6:00 **I** Saturday Night Thriller

30

- 10:00 **P** Mindful Meditation
- 10:30 **P** Chats on the Porch
- 11:00 **AR** Music Class with Madison
- 1:30 **I** IN2L Showing
- 2:30 **K** Spilling the Tea
- 3:00 **P** Debate Club
- 4:00 **K** Ready Set Puzzle
- 6:00 **I** Saturday Night Thriller

Welcome December

This month we will be celebrating the birthdays of a few wonderful people.

Lucy on the 1st, Steve on the 11th and Mily (Ann) on the 14th.

A is happening this month, so be on the look out for the special days and holiday events. Don't forget to dress up for Allegro's Holiday Dress up Week.

Monday December 18th - Holiday PJ's

Tuesday December 19th - Holiday Socks

Wednesday December 20th - Light up Allegro

Thursday December 21st - Ugly Sweaters

Friday December 22nd - White Christmas.

We hope everyone has an opportunity to join us.

LOCATION KEY

- P** Patio
- AR** Activity Room
- I** iN2L
- K** Kitchen
- E** Exercise
- S** Salon
- D** Dock
- O** Outing
- SP** Spa