

UPCOMING COMMUNITY EVENTS



HOLIDAY FAMILY BRUNCH

Sunday, December 10th

Enjoy made-to-order omelettes, delicious sides and carving station favorites plus mimosas and a variety of sweet treats. Santa Claus will also be in attendance!

The Glen Ellyn-Wheaton Chorale will be performing their holiday program for all residents and guests at 2:30 pm in the Activity Room

Kindly RSVP by Friday, December 1st by calling 630.752.0644 or speaking to our receptionist.

DON'T MISS THESE EVENTS!

SAT 12/2 10AM | ZOE'S FEET DANCE RECITAL

THURS 12/7 2:30 PM | COSLEY ZOO ANIMAL VISIT

SAT 12/9 2PM | GIRL SCOUTS VISIT

FRI 12/15 1PM | SILVERTONES CHOIR PERFORMANCE

WED 12/20 6PM | HOLIDAY LIGHTS NIGHT DRIVE

SUN 12/31 12PM | NYE CHAMPAGNE COUNTDOWN

Alto Wheaton
219 Parkway Dr
Wheaton, IL 60187
(630) 752-0644

Alto
Senior Living by Allegro

FLOURISH

DECEMBER 2023



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Upcoming Events + News

"THE JOY OF BRIGHTENING OTHER LIVES BECOMES, FOR US, THE MAGIC OF THE HOLIDAYS."

—W. C. JONES

DECEMBER 2023

Sunday

DECEMBER
31

11:00 **AR** Trivia with Mariola
11:30 **AR** Sit and Tone Exercise
12:00 **DR** NYE Champagne Countdown
1:00 **AR** Dominoes
2:00 **AR** Bean Bag Toss
2:30 **T** Musical Matinee
3:15 **AR** Gin Rummy Card Club
6:00 **T** Movie Night

3

11:00 **AR** Trivia with Mariola
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
2:00 **AR** Bean Bag Toss
2:30 **T** Musical Matinee
3:15 **AR** Gin Rummy Card Club
6:00 **T** Movie Night

10

Holiday Family Brunch
11:00 **DR** Brunch 1st Seating
12:30 **DR** Brunch 2nd Seating
2:30 **T** Musical Matinee
2:30 **AR** Glen Ellyn - Wheaton
Chorale Performance
6:00 **T** Movie Night

17

11:00 **AR** Trivia with Mariola
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
2:00 **AR** Bean Bag Toss
2:30 **T** Musical Matinee
3:15 **AR** Gin Rummy Card Club
6:00 **T** Movie Night

24

11:00 **AR** Trivia with Caren
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
1:30 **AR** Cookies and Hot Cocoa
2:30 **T** Musical Matinee
3:15 **AR** Gin Rummy Card Club
6:00 **T** Movie Night

Monday

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www.AllegroLiving.com

4

9:30 **2** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Exercise with Legacy
1:00 **AR** Quiddler
2:00 **AR** Penny Auction
3:15 **AR** Bingo Bonanza!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

11

9:30 **2** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Exercise with Legacy
1:00 **AR** Quiddler
2:30 **AR** Heather B. Live!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

18

9:30 **2** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Exercise with Legacy
1:00 **AR** Quiddler
2:00 **AR** Resident Council Meeting
3:15 **AR** Special Bingo with Logan
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

25

11:00 **AR** Trivia Question Handouts
12:00 **DR** Holiday Lunch
1:00 **AR** Quiddler
2:30 **T** Holiday Movie Matinee
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

Tuesday

5

9:30 **B** Coffee with Courtney
10:30 **AR** Morning Reflections
11:00 **O** Walgreens Shopping Outing
11:00 **AR** White Board Games
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
1:30 **T** Guided Meditation
2:00 **B** Ice Cream Social
2:15 **AR** Manicures with Lifestyle
3:30 **T** Jeopardy Watch Party

12

9:30 **B** Coffee with Courtney
10:30 **AR** Morning Reflections
11:00 **AR** White Board Games
11:00 **O** Dollar Tree Shopping
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
1:30 **T** Guided Meditation
2:00 **B** Ice Cream Social
2:30 **AR** Activity Planning Meeting
3:30 **T** Jeopardy Watch Party

19

9:30 **B** Coffee with Courtney
10:30 **AR** Morning Reflections
11:00 **AR** White Board Games
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
1:30 **T** Guided Meditation
2:00 **B** Ice Cream Social
2:15 **AR** Manicures with Lifestyle
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

26

9:30 **B** Coffee with Courtney
10:30 **AR** Morning Reflections
11:00 **AR** White Board Games
11:00 **AR** Scenic Drive Outing
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
1:30 **T** Guided Meditation
2:00 **B** Ice Cream Social
2:30 **AR** Meeting with the Chef
3:30 **T** Jeopardy Watch Party

Wednesday



6

9:30 **3** Walking Club!
10:00 **AR** Communion: Deacon Dan
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:00 **B** Wednesday at the Bistro
11:30 **AR** Sit & Tone Exercise
1:00 **AR** Quiddler
2:00 **AR** Around the World
3:00 **AR** Bingo Bonanza!
3:30 **T** Jeopardy Watch Party

13

9:30 **3** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:00 **B** Wednesday at the Bistro
11:30 **AR** Sit & Tone Exercise
1:00 **AR** Quiddler
2:00 **T** Hand Massage with Lisa
2:00 **AR** Coffee with the Cops!
3:15 **AR** Bingo Bonanza!
3:30 **T** Jeopardy Watch Party

20

9:00 **FL** Library Book Drop Off Day
9:30 **3** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:00 **B** Wednesday at the Bistro
11:30 **AR** Sit & Tone Exercise
1:00 **AR** Quiddler
2:00 **AR** Universal Yums
3:15 **AR** Bingo Bonanza!
3:30 **T** Jeopardy Watch Party

27

9:30 **3** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit & Tone Exercise
1:00 **AR** Quiddler
1:30 **B** Wednesday at the Bistro
2:00 **AR** Around the World
3:00 **AR** Bingo Bonanza!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

Thursday

7

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit & Tone with David
1:00 **AR** Dominoes
1:30 **T** Rosary Group
2:30 **AR** Cosley Zoo Visit
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

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10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
1:30 **T** Rosary Group
2:30 **AR** John Boda Presents
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

21

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit & Tone with David
1:00 **AR** Dominoes
1:30 **T** Rosary Group
2:30 **AR** Christmas Stories & Carols
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

28

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
1:30 **T** Rosary Group
2:30 **AR** Tim Wilsey Presents
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

Friday

1

9:30 **3** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** White Board Games
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Cooking Club - Brownies
1:00 **L** Knitting Club
1:00 **AR** Quiddler
1:30 **T** Advent Worship
2:30 **AR** Happy Hour!
3:30 **T** Jeopardy Watch Party

8

9:30 **3** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** White Board Games
11:30 **AR** Sit and Tone Exercise
1:00 **L** Knitting Club
1:00 **AR** Quiddler
1:00 **AR** Holiday Cookies w/ Elise
1:30 **T** Advent Worship
2:30 **AR** Happy Hour!
3:30 **T** Jeopardy Watch Party

15

9:30 **3** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** White Board Games
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Silvertones Choir
1:00 **B** Quiddler
1:30 **T** Advent Worship
2:30 **AR** Happy Hour!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

22

9:30 **3** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** White Board Games
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Cooking Club - Brownies
1:00 **L** Knitting Club
1:00 **AR** Quiddler
1:30 **T** Advent Worship
2:30 **AR** Happy Hour!
3:30 **T** Jeopardy Watch Party

29

9:30 **3** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** White Board Games
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Cooking Club - Brownies
1:00 **L** Knitting Club
1:00 **AR** Quiddler
2:30 **AR** Happy Hour!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

Saturday

2

10:00 **AR** Zoe's Feet Dance Recital
11:00 **AR** Trivia Questions
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
1:00 **AR** Quiddler
2:00 **AR** Saturday Bingo
3:15 **AR** Left Right Center Game
6:00 **T** Movie Night

9

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
1:00 **AR** Quiddler
2:00 **AR** Saturday Bingo
2:00 **AR** Girl Scouts Holiday Visit
3:15 **AR** Craft with Caren
6:00 **T** Movie Night

16

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
1:00 **AR** Quiddler
2:00 **AR** Saturday Bingo
3:15 **AR** Left Right Center Game
6:00 **T** Movie Night

23

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
1:00 **AR** Quiddler
2:00 **AR** Saturday Bingo
3:15 **AR** Craft with Caren
6:00 **T** Movie Night

30

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
1:00 **AR** Quiddler
2:00 **AR** Saturday Bingo
3:15 **AR** Left Right Center Game
6:00 **T** Movie Night

Around our Community

TITLE



Happy December Birthday!

12/08 Carol K.

12/10 Frances Z.

12/17 Dan B.

12/17 Pat D.

12/15 Patty R.

12/24 Lorrie B.

LOCATION KEY

- 3** 3rd Floor Hallway
- AR** Activity Room
- L** Library
- T** Theater
- 2** 2nd Floor Hallway
- B** Bistro
- O** Outing
- DR** Dining Room
- FL** Front Lobby