

## UPCOMING COMMUNITY EVENTS



### ALTO CHRISTMAS PARTY

Tis the Season to be Jolly at the Alto Stuart Christmas Holiday Party!

Tuesday, December 12, 2023 from 4:30 - 6:30pm in the Family Room

Come eat, drink and be merry with us! music with the Brothers Band

All Are Welcome!

Hors d'oeuvres & special cocktails

Christmas Comes But Once a Year  
Let's Get Together For Some Holiday Cheer!

## NEW YEARS EVE PARTY

Sunday, December 31, 2023

2:30pm - Entertainment Room

Here's to a bright New Year and a fond farewell to the old.

Here's to the things that are yet to come and to the memories that we hold.



**Alto Stuart**  
1301 SE Palm Beach Rd  
Stuart, FL 34994  
(772) 463-7133

**Alto**  
Senior Living by Allegro

# FLOURISH

DECEMBER 2023



## WHAT'S INSIDE

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Social Calendar

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Upcoming Events + News

*"KINDNESS IS LIKE SNOW - IT BEAUTIFIES EVERYTHING IT COVERS."*

—SARAH ADDISON ALLEN

# DECEMBER 2023

## Around our Community

### Sunday

**DECEMBER 31** New Years Eve  
9:00 **C** Coffee Chat & News  
10:00 **FC** Trivia & Word Games  
11:00 **F1** Singing Seniors w/Rhonda  
1:30 **CR** Pokeno  
2:30 **C** Afternoon Social  
4:00 **LB** Walking Club  
6:30 **TH** Evening Movie

### Monday

#### Alto Stuart

1301 SE Palm Beach Rd  
Stuart, FL 34994  
(772) 463-7133  
www.altegroliving.com

### Tuesday

### Wednesday



### Thursday



### Friday

### Saturday

#### 3

9:00 **C** Coffee Chat & News  
10:00 **FC** Trivia & Word Games  
11:00 **F1** Singing Seniors w/Rhonda  
1:30 **CR** Pokeno  
2:30 **C** Afternoon Social  
3:30 **F1** Faith Family Church  
4:00 **LB** Walking Club  
6:30 **TH** Evening Movie

#### 4

9:00 **C** Coffee Chat & News  
9:00 **LB** Local Banks  
10:30 **CR** Resident Council  
1:00 **LB** Publix  
2:00 **F1** Music with Jodi  
3:00 **C** Afternoon Social  
4:00 **LB** Walking Club  
6:30 **TH** Evening Movie

#### 5

9:00 **C** Coffee Chat & News  
10:00 **FC** Morning Stretch  
11:00 **FC** Seated Volleyball  
1:30 **CR** Bingo  
3:00 **C** Afternoon Social  
4:00 **LB** Walking Club  
6:30 **TH** Evening Movie

#### 6

9:00 **C** Coffee Chat & News  
10:00 **FC** Balance & Exercise  
10:00 **CH** St. Joseph's Church  
10:30 **C** Christmas Crafting  
1:30 **CR** Bingo  
3:00 **E** Love, Loss & What I Wore Show  
4:00 **LB** Walking Club  
6:30 **TH** Evening Movie

#### 7

Hanukkah Begins  
9:00 **C** Coffee Chat & News  
10:00 **FC** Sit & Stretch  
10:30 **C** Pearl Harbor Day History  
1:00 **CR** Pokeno  
3:00 **E** Happy Hour w/DarylMagill  
4:00 **LB** Walking Club  
6:30 **TH** Evening Movie

#### 8

9:00 **C** Coffee Chat & News  
9:45 **LB** Publix  
10:00 **FC** Stretch & Flex  
10:30 **CR** Health At Home w/Gerri  
10:45 **C** Rummikub Game  
1:00 **FC** Seated Volleyball  
2:00 **F1** Tree of Life, TC Hospice  
3:00 **C** Afternoon Social  
4:00 **LB** Walking Club  
6:30 **TH** Evening Movie

#### 9

9:00 **C** Coffee Chat & News  
10:00 **F1** First United Methodist Church with Conde  
11:00 **CR** Word Game  
1:30 **CR** Bingo  
3:00 **C** Afternoon Social  
4:00 **LB** Walking Club  
6:30 **TH** Evening Movie

#### 10

9:00 **C** Coffee Chat & News  
10:00 **FC** Trivia & Word Games  
11:00 **F1** Singing Seniors w/Rhonda  
1:30 **CR** Pokeno  
2:30 **C** Afternoon Social  
3:00 **F1** Christmas Classical Guitar  
4:00 **LB** Walking Club  
6:30 **TH** Evening Movie

#### 11

9:00 **C** Coffee Chat & News  
9:00 **LB** Local Banks  
9:00 **LB** Walmart  
10:30 **C** Xmas Bracelets w/Nancy  
1:00 **LB** Publix  
2:00 **F1** Music with Andrea Tesoro  
3:00 **C** Afternoon Social  
4:00 **LB** Walking Club  
6:30 **TH** Evening Movie

#### 12

#### Christmas Party

9:00 **C** Coffee Chat & News  
10:00 **FC** Morning Stretch  
11:00 **FC** Seated Volleyball  
1:30 **CR** Bingo  
3:00 **C** Afternoon Social  
4:00 **LB** Walking Club  
4:30 **F1** Alto Christmas Party w/The Brothers Band  
6:30 **TH** Evening Movie

#### 13

9:00 **C** Coffee Chat & News  
10:00 **FC** Balance & Exercise  
10:00 **CH** St. Joseph's Church  
10:30 Resident Spotlight  
1:30 **CR** Bingo  
3:00 **C** Afternoon Social  
4:00 **LB** Walking Club  
6:30 **TH** Evening Movie

#### 14

9:00 **C** Coffee Chat & News  
10:00 **FC** Sit & Stretch  
11:00 **E** Redeemer Church Bell Choir  
1:00 **CR** Pokeno  
2:00 **L** Library Committee Meeting  
3:00 **E** Happy Hour w/Lou Imperato  
4:00 **LB** Walking Club  
6:30 **TH** Evening Movie

#### 15

9:00 **C** Coffee Chat & News  
9:45 **LB** Publix  
10:00 **FC** Stretch & Flex  
10:45 **C** Rummikub Game  
11:00 **LB** TC Mall & Lunch  
1:00 **FC** Seated Volleyball  
2:00 **TH** Matinee Movie  
3:00 **C** Afternoon Social  
4:00 **LB** Walking Club  
6:30 **TH** Evening Movie

#### 16

9:00 **C** Coffee Chat & News  
10:00 **F1** First United Methodist Church with Conde  
11:00 **CR** Word Game  
1:30 **CR** Bingo  
3:00 **C** Afternoon Social  
4:00 **LB** Walking Club  
6:30 **TH** Evening Movie

#### 17

9:00 **C** Coffee Chat & News  
10:00 **FC** Trivia & Word Games  
11:00 **F1** Singing Seniors w/Rhonda  
1:30 **CR** Pokeno  
2:30 **C** Afternoon Social  
3:00 **E** Wings to Fly Xmas Show  
3:30 **F1** Faith Family Church  
4:00 **LB** Walking Club  
6:30 **TH** Evening Movie

#### 18

9:00 **C** Coffee Chat & News  
9:00 **LB** Local Banks  
10:00 **LB** Walgreens  
11:00 **CR** Monday Meeting w/Lorraine  
1:00 **LB** Publix  
2:00 **F1** Music with Jodi  
3:00 **C** Afternoon Social  
4:00 **LB** Walking Club  
6:30 **TH** Evening Movie

#### 19

9:00 **C** Coffee Chat & News  
10:00 **FC** Morning Stretch  
11:00 **FC** Seated Volleyball  
1:30 **CR** Bingo  
3:00 **C** Afternoon Social  
4:00 **LB** Walking Club  
6:30 **TH** Evening Movie

#### 20

9:00 **C** Coffee Chat & News  
10:00 **FC** Balance & Exercise  
10:00 **CH** St. Joseph's Church  
10:30 **F1** Pet visit with Marty  
11:00 **C** Crafting  
1:30 **CR** Bingo  
2:30 **TH** Movie Committee Meeting  
3:00 **C** Afternoon Social  
3:00 **C** Wine & Cheese Social  
4:00 **LB** Walking Club

#### 21

9:00 **C** Coffee Chat & News  
10:00 **FC** Sit & Stretch  
11:00 **CR** Exercise Your Brain Games  
1:00 **CR** Pokeno  
3:00 **E** Happy Hour w/Nicole Hulett  
4:00 **LB** Walking Club  
6:30 **TH** Evening Movie

#### 22

9:00 **C** Coffee Chat & News  
9:45 **LB** Publix  
10:00 **FC** Stretch & Flex  
10:45 **C** Rummikub Game  
11:30 **LB** Olympic Greek Tavern  
1:00 **FC** Seated Volleyball  
2:00 **TH** Matinee Movie  
3:00 **C** Afternoon Social  
4:00 **LB** Walking Club  
6:30 **TH** Evening Movie

#### 23

9:00 **C** Coffee Chat & News  
9:00 **F1** Christ Fellowship Choir  
10:00 **F1** First United Methodist Church with Conde  
11:00 **CR** Word Game  
1:30 **CR** Bingo  
2:30 **F1** Christmas Carolers  
3:00 **C** Afternoon Social  
4:00 **LB** Walking Club  
6:30 **TH** Evening Movie

#### 24

Christmas Eve  
9:00 **C** Coffee Chat & News  
10:00 **TH** Rockettes Christmas Show  
11:00 **F1** Xmas Sing-a-long-Rhonda  
1:30 **CR** Pokeno  
2:30 **C** It's All About Santa Games  
4:00 **LB** Walking Club  
6:30 **TH** Evening Movie

#### 25

Merry Christmas  
9:00 **C** Coffee Chat & News  
10:00 **C** Xmas Morning French Toast  
1:00 **CR** Christmas Bingo  
2:00 **C** Cookies & Coffee Social  
3:00 **C** Afternoon Social  
4:00 **LB** Walking Club  
6:30 **TH** Evening Movie

#### 26

9:00 **C** Coffee Chat & News  
10:00 **FC** Morning Stretch  
11:00 **FC** Seated Volleyball  
1:30 **CR** Bingo  
3:00 **C** Afternoon Social  
4:00 **LB** Walking Club  
6:30 **TH** Evening Movie

#### 27

9:00 **C** Coffee Chat & News  
10:00 **FC** Balance & Exercise  
10:00 **CH** St. Joseph's Church  
10:30 **C** Painting & Coloring  
12:15 **DR** Resident Birthdays w/Vitas  
1:30 **CR** Bingo  
3:00 **C** Afternoon Social  
4:00 **LB** Walking Club  
6:30 **TH** Evening Movie

#### 28

9:00 **C** Coffee Chat & News  
10:00 **FC** Sit & Stretch  
11:00 **CR** Exercise Your Brain Games  
1:00 **CR** Pokeno  
2:00 **L** Library Committee Meeting  
3:00 **E** Happy Hour w/Lou Laino  
4:00 **LB** Walking Club  
6:30 **TH** Evening Movie

#### 29

9:00 **C** Coffee Chat & News  
9:45 **LB** Publix  
10:00 **FC** Stretch & Flex  
10:45 **C** Rummikub Game  
11:30 **LB** Dolphin Rest. F. Lanford  
1:00 **FC** Seated Volleyball  
2:00 **TH** Matinee Movie  
3:00 **C** Afternoon Social  
4:00 **LB** Walking Club  
6:30 **TH** Evening Movie

#### 30

9:00 **C** Coffee Chat & News  
10:00 **F1** First United Methodist Church with Conde  
11:00 **CR** Word Game  
1:30 **CR** Bingo  
3:00 **C** Afternoon Social  
4:00 **LB** Walking Club  
6:30 **TH** Evening Movie

### December Birthdays

#### Birthdays Celebration

Wed. Dec.29th

Dining Room - 12:15pm

Bill W. - Dec. 26

Carol S. - Dec. 29

Deborah K. - Dec. 29

Harold O. - Dec. 31

#### December Birthday Fun Facts

Gemstone: Blue Zircon

Flower: Poinsetta

Dog: Collie

Scent: Amaretto Coffee

3 billion Christmas cards are sent in u.s. each year.

Christmas trees have been sold in the U.S. since 1850.

It takes 15 years to grow the average Christmas Tree.

### LOCATION KEY

- C** Cafe
- LB** Lobby
- FC** Fitness Center - 2nd Fl.
- TH** Theater
- F1** Family Rm. - 1st Fl.
- CR** Comm. Room - 1st Fl.
- CH** Chapel - 3rd Floor
- E** Ent. Room - 3rd Fl.
- L** Library - 3rd Fl.
- DR** Dining Room