



DECEMBER 2023

Sunday

DECEMBER 31

- 10:00 **CR** Balance & Strength Fitness
- 11:00 **P** Garden Club
- 1:00 **LR** Spiritual Circle
- 1:30 **I** New Years Eve Celebration
- 2:00 **CR** Picture It
- 3:00 **CR** Name that Tune
- 4:00 **I** Bingo
- 6:00 **LR** Classic Tv Show Favorites

Monday

Allegro in Parkland

5901 Loxahatchee Road
Parkland, FL 33067
(954) 376-6754

<https://www.allegroliving.com/senior-living-parkland-florida.html>

- 3**
- 10:00 **CR** Balance & Strength Fitness
- 11:00 **P** Garden Club
- 1:00 **LR** Spiritual Circle
- 1:30 **I** National Gift Day
- 2:00 **CR** Picture It
- 3:00 **CR** Name that Tune
- 4:00 **I** Bingo
- 6:00 **LR** Classic Tv Show Favorites

- 10**
- 10:00 **CR** Balance & Strength Fitness
- 11:00 **P** Garden Club
- 1:00 **LR** Spiritual Circle
- 1:30 **I** National Christmas Card Day
- 2:00 **CR** Picture It
- 3:00 **CR** Name that Tune
- 4:00 **I** Bingo
- 6:00 **LR** Classic Tv Show Favorites

- 17**
- 10:00 **CR** Balance & Strength Fitness
- 11:00 **P** Garden Club
- 1:00 **LR** Spiritual Circle
- 1:30 **I** National Wright Brothers Day
- 2:00 **CR** Picture It
- 3:00 **CR** Name that Tune
- 4:00 **I** Bingo
- 6:00 **LR** Classic Tv Show Favorites

- 24**
- 10:00 **CR** Balance & Strength Fitness
- 11:00 **P** Garden Club
- 1:00 **LR** Spiritual Circle
- 1:30 **I** Christmas Eve Documentary
- 2:00 **CR** Picture It
- 3:00 **CR** Name that Tune
- 4:00 **I** Bingo
- 6:00 **LR** Classic Tv Show Favorites

- 4**
- 10:00 **CR** Daily News
- 11:00 **CR** Get Up and Move Exercise
- 1:00 **LI** Scenic Bus Ride
- 3:30 **DK** Ice Cream Social
- 4:30 **LR** Tv Special
- 6:00 **LR** Aromatherapy & Jazz

- 11**
- 10:00 **CR** Daily News
- 11:00 **CR** Get Up and Move Exercise
- 1:00 **LI** Scenic Bus Ride
- 3:30 **DK** Ice Cream Social
- 4:30 **LR** Tv Special
- 6:00 **LR** Aromatherapy & Jazz

- 18**
- 10:00 **CR** Daily News
- 11:00 **CR** Get Up and Move Exercise
- 1:00 **LI** Scenic Bus Ride
- 3:30 **DK** Ice Cream Social
- 4:30 **LR** Tv Special
- 6:00 **LR** Aromatherapy & Jazz

- 25**
- 10:00 **CR** Daily News
- 11:00 **CR** Get Up and Move Exercise
- 12:00 **O** Christmas Luncheon
- 3:30 **DK** Ice Cream Social
- 4:30 **LR** Tv Special Holiday Parade
- 6:00 **LR** Aromatherapy & Jazz

Tuesday

- 5**
- 10:00 **LR** Coffee & Conversation
- 11:30 **CR** Fitness w/ Dee
- 1:00 **I** What Did It Cost (Car Trivia)
- 2:00 **TH** Community Movie
- 4:00 **LR** Pet Therapy
- 6:00 **LR** Music & Memories

- 12**
- 10:00 **LR** Coffee & Conversation
- 11:30 **CR** Fitness w/ Dee
- 1:00 **I** What Did It Cost (House Trivia)
- 2:00 **TH** Community Movie
- 4:00 **LR** Pet Therapy
- 6:00 **LR** Music & Memories

- 19**
- 10:00 **LR** Coffee & Conversation
- 11:30 **CR** Fitness w/ Dee
- 1:00 **I** What Did It Cost (Traveling)
- 2:00 **TH** Community Movie
- 4:00 **LR** Pet Therapy
- 6:00 **LR** Music & Memories

- 26**
- 10:00 **LR** Coffee & Conversation
- 11:30 **CR** Fitness w/ Dee
- 1:00 **I** Kwanzaa Celebration
- 2:00 **TH** Community Movie
- 2:45 **CR** Horticultural
- 4:00 **LR** Pet Therapy
- 6:00 **LR** Music & Memories

Wednesday

- 6**
- 10:00 **LR** Big Ball Exercise
- 11:00 **LR** Do you Remember
- 1:00 **I** Game of the Week
- 2:00 **I** Happy Hour w/ Rich
- 3:00 **I** Word - Scrabble
- 4:00 **LR** Karaoke w/ Enette
- 6:00 **LR** Aromatherapy & Massages

- 13**
- 10:00 **LR** Big Ball Exercise
- 11:00 **LR** Do you Remember
- 1:00 **I** Game of the Week
- 2:30 **I** Happy Hour w/Pam
- 3:30 **I** Word - Scrabble
- 4:00 **LR** Karaoke w/ Enette
- 6:00 **LR** Aromatherapy & Massages

- 20**
- 10:00 **LR** Big Ball Exercise
- 11:00 **LR** Do you Remember
- 1:00 **I** Game of the Week
- 2:00 **I** Word - A - Thon
- 3:00 **I** Word - Scrabble
- 4:00 **LR** Karaoke w/ Enette
- 6:00 **LR** Aromatherapy & Massages

- 27**
- 10:00 **LR** Big Ball Exercise
- 11:00 **LR** Do you Remember
- 1:00 **I** Game of the Week
- 2:00 **I** Word - A - Thon
- 3:00 **I** Word - Scrabble
- 4:00 **LR** Karaoke w/ Enette
- 6:00 **LR** Aromatherapy & Massages

Thursday

- 7**
- 10:00 **LR** Jogging your Noggin
- 10:30 **O** Fitness with Barbara
- 11:30 **O** Hip Hop Community Scroll
- 1:00 **LR** Choir Practice
- 2:30 **DR** Create Your Favorite Brownie
- 3:30 **CR** Arts & Crafts
- 6:00 **LR** Comedy Hour

- 14**
- 10:00 **LR** Jogging your Noggin
- 10:30 **O** Fitness with Barbara
- 11:30 **O** Hip Hop Community Scroll
- 1:00 **LR** Choir Practice
- 2:30 **DR** DIY Snack w/ Dee
- 3:30 **CR** Arts & Crafts
- 6:00 **LR** Comedy Hour

- 21**
- 10:00 **LR** Jogging your Noggin
- 10:30 **O** Fitness with Barbara
- 11:30 **O** Hip Hop Community Scroll
- 1:00 **LR** Choir Practice
- 2:30 **DR** DIY Snack w/ Dee
- 3:30 **CR** Arts & Crafts
- 6:00 **LR** Comedy Hour

- 28**
- 10:00 **LR** Jogging your Noggin
- 10:30 **O** Fitness with Barbara
- 11:30 **O** Hip Hop Community Scroll
- 1:00 **LR** Choir Practice
- 2:30 **DR** DIY Snack w/ Dee
- 3:30 **CR** Arts & Crafts
- 6:00 **LR** Comedy Hour

Friday

- 1**
- 10:00 **CR** Get Up and Move Exercise
- 11:00 **LR** Past Time Reminisce
- 1:00 **CR** Cookie Arts & Crafts
- 3:00 **O** Happy Hour
- 4:00 **Spa** Spa Nails & Manicures
- 6:00 **LR** On the Patio w/ Friends

- 8**
- 10:00 **CR** Get Up and Move Exercise
- 11:00 **LR** Get to Know Your Neighbor
- 1:00 **CR** Hannukkah Arts & Crafts
- 3:00 **O** Happy Hour
- 4:00 **Spa** Spa Nails & Manicures
- 6:00 **LR** On the Patio w/ Friends

- 15**
- 10:00 **CR** Get Up and Move Exercise
- 11:00 **LR** Past Time Reminisce
- 1:00 **CR** Arts & Crafts
- 3:00 **O** Happy Hour
- 4:00 **Spa** Spa Nails & Manicures
- 6:00 **LR** On the Patio w/ Friends

- 22**
- 10:00 **CR** Get Up and Move Exercise
- 11:00 **LR** Get to Know Your Neighbor
- 1:00 **CR** Christmas Arts & Crafts
- 3:00 **O** Happy Hour
- 4:00 **Spa** Spa Nails & Manicures
- 6:00 **LR** On the Patio w/ Friends

- 29**
- 10:00 **CR** Get Up and Move Exercise
- 11:00 **LR** Past Time Reminisce
- 1:00 **CR** Arts & Crafts
- 3:00 **O** Happy Hour
- 4:00 **Spa** Spa Nails & Manicures
- 6:00 **LR** On the Patio w/ Friends

Saturday

- 2**
- 10:00 **LR** Chair Aerobics
- 11:00 **LR** Choir Practice
- 1:00 **I** Trivia
- 2:00 **LR** Show & Tell Talent Show
- 4:00 **I** Bingo
- 6:00 **LR** Tv Special

- 9**
- 10:00 **LR** Chair Aerobics
- 11:00 **LR** Choir Practice
- 1:00 **I** Trivia
- 2:00 **TH** Family & Friends Movie Day
- 4:00 **I** Bingo
- 6:00 **LR** Tv Special

- 16**
- 10:00 **LR** Chair Aerobics
- 11:00 **LR** Choir Practice
- 1:00 **I** Christmas Movie
- 4:00 **I** Holiday Dinner Party w/ Friends & Family

- 23**
- 10:00 **LR** Chair Aerobics
- 11:00 **LR** Choir Practice
- 1:00 **I** Trivia
- 2:00 **CR** Happy Hour w/ James
- 4:00 **I** Bingo
- 6:00 **LR** Tv Special

- 30**
- 10:00 **LR** Chair Aerobics
- 11:00 **LR** Choir Practice
- 1:00 **I** Trivia
- 2:00 **TH** Family & Friends Movie Day
- 4:00 **I** Happy Hour w/ Stoney
- 6:00 **LR** Tv Special

Around our Community

TITLE

Happy Holidays

Hannakkah - December 8th, 2023

Christmas Day - December 25th, 2023

First Day of Kwanzaa- December 26th, 2023

New Years Eve- December 31, 2023

LOCATION KEY

- CR** Community Room
- LR** Living Room
- O** Outing
- Spa** Spa
- I** iN2L
- P** Patio
- LI** Library
- DK** Demonstration Kitchen
- TH** Eagle Theater
- DR** Dining Room