

UPCOMING COMMUNITY EVENTS



THE SEASON'S MANY LIGHTS BY ROBIN ZELAYO

There are many lights to see this time of year.

To celebrate the holidays and bring us cheer.

For many who celebrate Christmas
Colorful lights can be seen in and outside the home

When celebrating Ramadan

Lanterns are lit and carried from home to home.

For the celebration of Diwali

Oil lamps are lit for the Festival of Lights

To celebrate the holiday of Hanukkah

Candles are lit up nightly on the Menorah

Similarly, lighting candles on a kinara

Is the way many families celebrate Kwanzaa

However you celebrate your holiday

Enjoy the lights that shine in a special way.

CONCERTS THIS MONTH

12/1 DRUMMING CIRCLE

12/5 ADA TRIO - Classical

12/11 JOHN BODA - Holiday

12/12 GRAYSLAKE H.S. CHOIR - Holiday

12/14 FAMILY & FRIENDS Happy Hr. w/ EDIZON DAYAO!

12/21 JEFF DEWBRAVAY - Holiday & 12/25 CHRISTMAS Music & Stories

12/29 SANDI HAYNES BAND - NY Eve early

Alto Grayslake
1865 E Belvidere Rd
Grayslake, IL 60030
(847) 908-9973

Alto
Senior Living by Allegro

FLOURISH

DECEMBER 2023



WHAT'S INSIDE

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Social Calendar

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Upcoming Events + News

"TO APPRECIATE THE BEAUTY OF A SNOWFLAKE IT IS NECESSARY TO STAND OUT IN THE COLD."

—Aristotle

DECEMBER 2023

Sunday

DECEMBER
31

NEW YEAR'S EVE

- 10:15 **CR** Video Exercise Class
- 11:00 **CR** Sunday Catholic Mass
- 1:15 **CR** Weekend B I N G O
- 2:30 **MT** You Pick DVD - see flyer
- 6:00 **CR** WILD BABIES - Episode 9
- 10:00 **TV7** NY Eve in N.Y. Time Sq.

3

- 10:15 **CR** Video Exercise Class
- 11:00 **CR** Sunday Catholic Mass
- 1:15 **CR** Weekend B I N G O
- 2:30 **MT** You Pick DVD - see flyer
- 3:00 **P.M.** Popcorn
- 4:00 **C** Indoor DIY Walkers Club
- 6:00 **CR** WILD BABIES - Episode 5

10

- 10:15 **CR** Video Exercise Class
- 11:00 **CR** Sunday Catholic Mass
- 1:15 **CR** Weekend B I N G O
- 2:30 **MT** You Pick DVD - see flyer
- 3:00 **P.M.** Popcorn
- 4:00 **C** Indoor DIY Walkers Club
- 6:00 **CR** WILD BABIES - Episode 6

17

- 10:15 **CR** Video Exercise Class
- 11:00 **CR** Sunday Catholic Mass
- 1:15 **CR** Weekend B I N G O
- 2:30 **MT** You Pick DVD - see flyer
- 3:00 **P.M.** Popcorn
- 4:00 **C** Indoor DIY Walkers Club
- 6:00 **CR** WILD BABIES - Episode 7

24

- 10:15 **CR** Video Exercise Class
- 11:00 **CR** Sunday Catholic Mass
- 1:15 **CR** Weekend B I N G O
- 2:30 **MT** You Pick DVD - see flyer
- 3:00 **P.M.** Popcorn
- 4:00 **C** Indoor DIY Walkers Club
- 6:00 **CR** WILD BABIES - Episode 8

Monday

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<https://www.allegroliving.com/grayslake-senior-living.html>

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- 10:15 **FC** Movin' Monday
- 10:45 **FC** Daily Chronicle Discussion
- 1:30 **CR** Sitdown Sitcom
- 3:00 **CR** Arts or Crafts
- 6:00 **CR** TRAVEL TO: SWISS ALPS

11

- 10:15 **FC** Movin' Monday
- 10:45 **FC** Daily Chronicle Discussion
- 11:00 **CR** ACTIVITY COMMITTEE MTG.
- 1:15 **B** Rollo Candy Making
- 3:00 **CR** CONCERT: JOHN BODA
- 6:00 **CR** TRAVEL TO: MEDITERRANEAN

18

- 10:15 **FC** Movin' Monday
- 10:45 **FC** Daily Chronicle Discussion
- 1:30 **CR** Sitdown Sitcom
- 2:00 **PDR** Men's Group
- 3:00 **CR** Arts or Crafts
- 6:00 **CR** TRAVEL TO: GREEK ISLANDS

25

- CHRISTMAS
- 10:15 **FC** Christmas Music Exercise
- 10:45 **FC** Christmas Chronicles
- 11:00 **DR** SPECIAL CHRISTMAS LUNCH
- 2:00 **CR** CHRISTMAS music & stories
- 6:00 **CR** R. Steves European Xmas

Tuesday

5

- 10:15 **FC** Legacy Exercise
- 10:45 **MT** Catholic Communion
- 10:45 **FC** Wellness Tip of the Day
- 2:00 **B** Happy Hour & Word Games
- 3:00 **CR** CLASSIC CONCERT: ADA TRIO
- 6:00 **B** Board Games & More

12

- 10:15 **FC** Legacy Exercise
- 10:45 **MT** Catholic Communion
- 10:45 **FC** Wellness Tip of the Day
- 2:00 **CR** Ice Cream Social
- 3:00 **LOB** DOG VISITS with SADIE
- 3:00 **CR** QUILTERS CORNER * try it
- 4:15 **CR** GRAYSLAKE H.S. CHOIR
- 6:00 **B** Board Games & More

19

- 10:15 **FC** Legacy Exercise
- 10:45 **MT** Catholic Communion
- 10:45 **FC** Wellness Tip of the Day
- 2:00 **CR** COOKING DEMO with DAVE
- 3:00 **CR** Ted Talks: TBD
- 6:00 **B** Board Games & More

26

- KWANZAA begins
- 10:15 **FC** Legacy Exercise
- 10:45 **MT** Catholic Communion
- 10:45 **FC** Wellness Tip of the Day
- 11:00 **B** FOOD COMMITTEE MTG.
- 2:00 **CR** KWANZAA Happy Hr.
- 6:00 **B** Board Games & More

Wednesday



6

- 10:15 **FC** Wednesday Weights
- 10:45 **FC** Daily Chronicle Discussion
- 2:00 **CR** BINGO - Free !
- 3:00 **CR** Xmas Music w CSO Soloists
- 6:00 **CR** White Xmas - Part 1- 60m

13

- 10:15 **FC** Wednesday Weights
- 10:45 **FC** Daily Chronicle Discussion
- 11:00 **RR** Let's Play Pool
- 2:00 **CR** BINGO - Free !
- 3:00 **CR** Quick Stretch
- 3:15 **CR** DRY BAR COMEDY Videos
- 4:15 **BUS TRIP** - HOLIDAY LIGHTS
- 6:00 **CR** Movie - ELF 90m

20

- 10:15 **FC** Wednesday Weights
- 10:45 **FC** Daily Chronicle Discussion
- 2:00 **CR** BINGO - Free !
- 3:00 **CR** Quick Stretch
- 3:15 **CR** DRY BAR COMEDY Videos
- 3:15 **LOB** DOG VISITS with GIBSON
- 6:00 **CR** Its A W. Life Pt. 1 - 70m

27

- 10:15 **FC** Wednesday Weights
- 10:45 **FC** Daily Chronicle Discussion
- 11:00 **RR** Let's Play Pool
- 2:00 **CR** BINGO - Free !
- 3:00 **CR** Quick Stretch
- 3:15 **CR** DRY BAR COMEDY Videos
- 6:00 **CR** A Xmas Story Pt. 1 - 50m

Thursday



7

- HANUKKAH begins
- 10:15 **FC** Legacy Exercise
- 10:45 **FC** Wellness Tip of the Day
- 11:00 **BUS** BUS TRIP: COOPERS HAWK
- 2:00 **B** HANUKKAH Happy Hour
- 3:00 **CR** The BEST of the Internet
- 6:00 **CR** White Xmas - Part 2 -60m

14

- 10:15 **FC** Legacy Exercise
- 10:30 **LOB** LIBRARY LOBBY STOP
- 10:45 **FC** Wellness Tip of the Day
- 12:15 **B** TAKE IN LUNCH - TANGS
- 2:00 **CR** Decorating for the party!
- 6:00 **CR** CONCERT: Edizon Dayao
- 6:00 **CR** A FAMILY/FRIENDS Happy Hr

21

- 10:15 **FC** Legacy Exercise
- 10:45 **FC** Wellness Tip of the Day
- 11:00 **BUS** BUS TRIP: WILDBERRY
- 2:00 **B** Happy Hour: Drinks n More
- 3:00 **CR** CONCERT: JEFF DEWBRAV
- 6:00 **CR** Its A W Life Pt. 2 - 60m

28

- 10:15 **FC** Legacy Exercise
- 10:45 **FC** Wellness Tip of the Day
- 12:00 **B** TAKE IN LUNCH - ROSATTI'S
- 2:00 **B** Happy Hour: Drinks n More
- 3:00 **CR** Top 10 Places to Visit
- 6:00 **CR** A Xmas Story Pt. 2 - 50m

Friday

1

- 10:15 **FC** Flexibility Friday
- 10:15 **FC** DRUMMING CIRCLE
- 10:45 **FC** Daily Chronicle Discussion
- 1:30 **103** Bible Study & Devotions
- 3:00 **CR** Friday FUN & GAMES
- 6:00 **FP** Friday Fireplace Friends
- 6:00 **CR** Mystery of Marilyn- NF100

8

- 10:15 **FC** Flexibility Friday
- 10:45 **FC** Daily Chronicle Discussion
- 1:30 **103** Bible Study & Devotions
- 3:00 **CR** Friday FUN & GAMES
- 6:00 **FP** Friday Fireplace Friends
- 6:00 **CR** Live to be 100 - NF87

15

- 10:15 **FC** Flexibility Friday
- 10:45 **FC** Daily Chronicle Discussion
- 1:30 **103** Bible Study & Devotions
- 3:00 **CR** COOKIE DECORATING
- 6:00 **FP** Friday Fireplace Friends
- 6:00 **CR** Feminist look back- NF86

22

- 10:15 **FC** Flexibility Friday
- 10:45 **FC** Daily Chronicle Discussion
- 11:00 **CR** RESIDENT COUNCIL
- 1:30 **103** Bible Study & Devotions
- 3:00 **CR** Friday FUN & GAMES
- 6:00 **FP** Friday Fireplace Friends
- 6:00 **CR** National Parks 1 - NF53

29

- 10:15 **FC** Flexibility Friday
- 10:45 **FC** Daily Chronicle Discussion
- 2:00 **CR** CONCERT: NY EARLY EVE
- 2:00 **SANDI HAYNES BAND**
- 6:00 **FP** Friday Fireplace Friends
- 6:00 **CR** National Parks 2 - NF56

Saturday

2

- Jigsaw Puzzle Challenge
- 10:15 **CR** Video Exercise Class
- 1:15 **CR** Weekend B I N G O
- 2:30 **MT** You Pick DVD - see flyer
- 3:00 **B** Cards: Rummy, Uno or ?
- 4:00 **C** Indoor DIY Walkers Club
- 6:00 **CR** Netflix-Seinfeld Saturday

9

- Jigsaw Puzzle Challenge
- 10:15 **CR** Video Exercise Class
- 1:15 **CR** Weekend B I N G O
- 2:30 **MT** You Pick DVD - see flyer
- 3:00 **B** Cards: Rummy, Uno or ?
- 4:00 **C** Indoor DIY Walkers Club
- 6:00 **CR** Netflix-Seinfeld Saturday

16

- Jigsaw Puzzle Challenge
- 10:15 **CR** Video Exercise Class
- 1:15 **CR** Weekend B I N G O
- 2:30 **MT** You Pick DVD - see flyer
- 3:00 **B** Cards: Rummy, Uno or ?
- 4:00 **C** Indoor DIY Walkers Club
- 6:00 **CR** Netflix-Seinfeld Saturday

23

- Jigsaw Puzzle Challenge
- 10:15 **CR** Video Exercise Class
- 1:15 **CR** Weekend B I N G O
- 2:30 **MT** You Pick DVD - see flyer
- 3:00 **B** Cards: Rummy, Uno or ?
- 4:00 **C** Indoor DIY Walkers Club
- 6:00 **CR** Netflix-Seinfeld Saturday

30

- Jigsaw Puzzle Challenge
- 10:15 **CR** Video Exercise Class
- 1:15 **CR** Weekend B I N G O
- 2:30 **MT** You Pick DVD - see flyer
- 3:00 **B** Cards: Rummy, Uno or ?
- 4:00 **C** Indoor DIY Walkers Club
- 6:00 **CR** Netflix-Seinfeld Saturday

Around our Community

BIRTHDAYS

- Judith I. 12/03
- Jean S. 12/09
- Shirley M. 12/11
- Suzanne H. 12/15
- Sharon A. 12/17

HAPPY BIRTHDAY!

You're a year older, and a year older

than you've ever been before.

But, you're a year younger than you

will be this time next year.

And, in fact, younger than you'll

ever be again!

QUEENS are born in DECEMBER.

Abbreviation Key

NF87 = Netflix 87 minutes

LOCATION KEY

- FC** Fitness Center
- 103** Near Apt. 103
- CR** Community Room
- FP** Fireplace - Lobby
- MT** Movie Theater
- B** Bistro
- C** Courtyard
- BUS** Bus
- LOB** Lobby
- RR** Recreation Room