FLOURISH
OCTOBER 2020

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"THE PURPOSE OF THIS GLORIOUS LIFE IS NOT SIMPLY TO ENDURE IT, BUT TO SOAR, STUMBLE AND FLOURISH ..."
—BECCA LEE
UPCOMING COMMUNITY EVENTS

TEA @ 2 SATURDAYS IS A HUGE FAVORITE HERE AT THE LODGE!

Go Pink for October & Breast Cancer Awareness
The Breast Cancer Awareness Month, marked in Countries across the World every October 1st through the 31st, helps to increase attention and support for the awareness, early detection and treatment as well as palliative care of this disease.

WEEKLY & MONTHLY COOKING DEMOS WITH CHEF DAVID!

October 1st-31st: Breast Cancer Awareness Month
October 5th-12th: Active Aging Week
October 28th: Mini Fall Festival
Entertainment:
1st-15th: Joe G. Jr
5th: Dave Smith
20th: Tina Stefanos
28th: Andy Constantini

WORKING TOGETHER TO KEEP OUR SENIORS ACTIVE & HEALTHY

Active Aging Week challenges society’s diminished expectations of aging by showing that, regardless of age or health conditions, adults over 50 can live as fully as possible in all areas of life- physical, social, spiritual, emotional, intellectual, vocational and environmental. The objective of the annual health-promotion event is to give as many older adults as possible the means to experience wellness activities and exercise in a safe, supportive environment. It also promotes the benefits of healthier, more active lifestyles across the life span.

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