

ALWAYS AVAILABLE

Menu

Alto
Senior Living by Allegro

ENTREES

Wilderness Omelet

Two egg omelet with mushrooms, peppers, cheese, and ham

Chef 's Choice Entree

A rotating selection of fresh, chef prepared entree's. Please ask your server about the daily special

Homestyle Cheese Pizza

A flatbread pizza topped with a savory pizza sauce and blend of Italian cheeses

Grilled Salmon Fillet

6 ounce filet of fresh Atlantic salmon, grilled to order, & served with choice of two sides

Alaskan Fish and Chips

Beer battered cod filet served with fries, lemon wedges, and tartar sauce

SANDWICHES & WRAPS

Angus Hamburger

6 ounce grilled beef patty, served with choice of cheese & L.T.O. on a toasted potato bun

Deli Sandwich

Choice of roast beef, turkey, or ham on choice of bread or wrap. Served with choice of cheese & L.T.O.

All Beef Hot Dog

Butterflied & grilled all beef hot dog. Served on a toasted bun with your choice of condiments

Veggie Burger

Meatless veggie patty, grilled to order, with your choice of cheese. Served on a toasted bun with L.T.O.

FRESH MADE SALADS

Mainstay Salad

Mixed greens with shrimp, blueberries, mandarin oranges, toasted almonds, and poppy seed dressing

Turkey and Ham Chef Salad

Mixed greens with turkey, ham, tomato, cucumber, hard-boiled egg, and cheese. Served with choice of dressing

Autumn Chopped Chicken Salad

Mixed greens with cranberries, candied pecans, and grilled chicken breast. Served with a raspberry vinaigrette

Cold Salad Trio

Scoops of homemade chicken, tuna, and egg salad. Served on leaf lettuce with fresh tomato slices

Cottage Cheese and Fruit Platter

Low-fat cottage cheese on a bed of leaf lettuce with fresh seasonal fruit

APPETIZERS:

Popcorn Chicken

Hand breaded chicken breast bites, fried until golden brown, and served with a honey mustard dipping sauce

Chicken Quesadilla

Chicken breast with peppers, caramelized onions, cheddar cheese in a crisp tortilla. Served with salsa & sour cream

Fried Okra

Lightly breaded okra, fried until crisp, and served with Ranch dressing

SIDE DISHES:

Steamed Broccoli

Baked Potato

Baked Sweet Potato

Sweet or Regular French Fries

Corn

Carrots