

ALWAYS AVAILABLE *Menu*

ENTREES

Apricot Salmon with Herb Rice

Chilean salmon filet served with an apricot glaze and served with herb rice pilaf

Deluxe Hamburger

6 ounce beef patty with your choice of cheese. Served on a toasted bun with L.T.O. and french fries

Meatballs in Marinara Sauce with Spaghetti

Homemade meatballs with Marinara sauce and Parmesan cheese over spaghetti.

Baked Chicken Fingers and Fries

Boneless, breaded, chicken breast fingers with your choice of dipping sauce and french fries

Flat Bread

Naan flatbread, fresh tomatoes, mozzarella cheese, basil, olive oil and garlic

Coney Island Hot Dog

All beef kosher dog served on a toasted bun with your choice of condiments

Denver Omelet

Fresh farm eggs, peppers, cheese and ham

FRESHLY PREPARED SALADS

Salad Choice

Pick one or all three salads, choose from tuna, egg or chicken salad

Peach Spring Salad

Mixed salad, peaches, pecans, goat cheese, blueberries, balsamic vinaigrette

Mediterranean Chicken Salad

mixed lettuce, blueberries, chicken, mandarin oranges, green onions, cucumbers, heirloom tomatoes, sun lower seeds, raspberry vinaigrette

Chef Salad

mixed lettuce, tomatoes, cucumbers, sliced ham, cheese, turkey, hard boiled egg, choice of dressing

Cottage Cheese and Fruit Platter

Low-fat cottage cheese on a bed of leaf lettuce with fresh seasonal fruit

ASSORTED DESSERTS

We prepare assorted desserts to satisfy your sweet tooth including Hershey's ice cream.

Alto

Senior Living by Allegro

APPETIZERS:

Soup Du Jour

Our chef 's make a fresh homemade soup from scratch every day

Onion Rings

Battered onion rings, fresh fried, and served with your choice of dipping sauce

Cottage Cheese and Fruit Platter

Low fat cottage cheese served on a bed of leaf lettuce with fresh seasonal fruit

SIDE DISHES:

Grilled Mixed Vegetables

French Fries

Baked Potato

Baked Sweet Potato