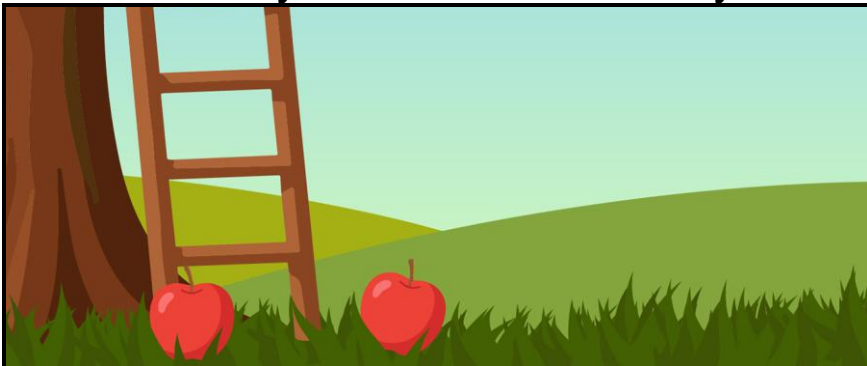


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		8am Daily Reading 1 9:30am Mindfulness Tuesday Sunroom – All Welcome 10am Walmart – Get Melissa your Lists 2pm NTL “Google” Day Google This or Google That (Front Room)	8am Daily Reading 2 10am Resident Council Front 10:30am Front Room Stretches 2pm BINGO	National “Price is Right” Day 3 Daily Reading/Morning Waks 10 am Group Bible Study Sunroom All Welcome 2pm Name that Price and Win	8am Daily Reading 4 8am Nai Appointments 10:30am Front Room Moving Party 2pm BINGO	Daily Reading/Morning Walks 5 Afternoon Cards Group 6pm Lawrence Welk Show (Televised)
6 “Day of Rest” Worship Services Televised 11am Coffee & Convers	8am Daily Reading 7 10:30am Front Room Stretches 1pm Cards w/ Friends Front Dining Room 3pm Afternoon Chats Front Porch Labor Day	8am Daily Reading 8 9:30am Mindfulness Tuesday Sunroom – All Welcome 10am Walmart – Get Melissa your Lists 2pm Afternoon Matinee Resident Choice Get Melissa your Votes!	8am Daily Reading 9 10:30am Front Room Stretches 2pm BINGO	Daily Reading/Morning Walks 10 10am Group Bible Study Sunroom All Welcome 1:30pm Music w/ Dennis P. Front Room	8am Daily Reading 11 8am Nai Appointments 10:30am Front Room Moving Party 2pm BINGO Rosh Hashanah Begins	Daily Reading/Morning Walks 12 Afternoon Cards Group 6pm Lawrence Welk Show (Televised)
“Day of Rest” 13 Breakfast w/ our Families for Grandparents Day ~~~~~ 1:30pm Church Services w/ Grinnell Methodist Church *Front Room* Grandparents Day	8am Daily Reading 14 9am Haircuts w/ Katie 10:30am Walk w/ Friends 2pm BINGO	8am Daily Reading 15 9:30am Mindfulness Tuesday Sunroom – All Welcome 10am Walmart – Get Melissa your Lists 2pm Armchair Travel 4:30pm Taco Truck & Live Music w/our Friends & Families	8am Daily Reading 16 10:30am Front Room Stretches 2pm BINGO “Who am I” Reveal	Daily Reading/Morning Waks 17 10 am Group Bible Study Sunroom All Welcome 1:30pm Music w/ Ron B. Front Room	8am Daily Reading 18 8am Nai Appointments 10:30am Front Room Moving Party 2pm Afternoon Card Group 6pm Special Bingo w/ Family and Friends Okttoberfest Begins	Daily Reading/Morning Walks 19 10am Whos Leading Who ~ Dog visits!! Front Room Afternoon Cards Group 6pm Lawrence Welk Show (Televised)
20 “Day of Rest” Worship Services Televised 11am Coffee & Convers Yom Kippur Begins	21 8am Daily Reading 10:30am Front Room Stretches 2pm Front Porch Chats	22 8am Daily Reading 9:30am Mindfulness Tuesday Sunroom – All Welcome 10am Walmart – Get Melissa your Lists 2pm Celebrate “Autumn” Beginning – Bus Drive Autumn Begins	23 8am Daily Reading 10:30am Front Room Stretches 2pm BINGO	24 Daily Reading/Morning Waks 10 am Group Bible Study Sunroom All Welcome 2pm Surprise Destination Tour Front Room	25 8am Daily Reading 8am Nai Appointments 10:30am Front Room Moving Party 2pm BINGO Sukkot Begins	26 Daily Reading/Morning Walks Afternoon Cards Group 6pm Lawrence Welk Show (Televised)
27 “Day of Rest” Worship Services Televised 11am Coffee & Convers	28 8am Daily Reading 10:30am Walk w/ Friends 2pm Snack Cart for “Chocolate Milk” day w/ fresh Cookies	29 8am Daily Reading 9:30am Mindfulness Tuesday Sunroom – All Welcome 10am Walmart – Get Melissa your Lists 2pm Activity Room Sip n Chats	30 8am Daily Reading 10:30am Front Room Stretches 2pm BINGO	September 2026		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		1 Breakfast – Coffee & Colors 11am “Trivia” Tuesday Lunch – Walk & Talk Supper – Relax & Reminisce	2 Breakfast – 9:30am Morning Stroll 11am Coffee & Chats Lunch – 1pm Sing Along Supper – Puzzles	3 Breakfast – Sing Along Lunch – Moving Party Supper – Patio Visits	4 Breakfast 8:30am Chair Exercises Lunch – 11am Trivia Supper – American Funniest Video & Snacks	5 Morning Walks Afternoon Cards Group Read 6pm Lawrence Welk Show (Televised)	
	6 “Day of Rest” Worship Services Televised 11am Coffee & Convers 2pm Afternoon Stroll	7 Breakfast 8:30am Chair Exercises Lunch – 11am Coloring Supper – American Funniest Video & Snacks Labor Day	8 Breakfast – 8:30am Walk w/ Friends 10am Patio Chats Supper Relax & Reminisce	9 Breakfast – 9:30am Morning Stroll 11am Coffee & Chats Lunch – 1pm Sing Along Supper – Puzzles	10 Breakfast – Sing Along Lunch – Moving Party Supper – Patio Visits	11 Breakfast – 9:30am Morning Stroll 11am Reading Supper – Movie & Popcorn Rosh Hashanah Begins	12 Morning Walks Afternoon Cards Group Visit w/ Friends 6pm Lawrence Welk Show (Televised)
	13 “Day of Rest” Worship Services Televised 11am Coffee & Convers 2pm Sit on Patio Grandparents Day	14 Breakfast – 9:30am Morning Stroll 11am Reading Supper – Movie & Popcorn	15 Breakfast – Coffee & Colors 11am “Trivia” Tuesday Lunch – Walk & Talk Supper – Relax & Reminisce	16 Breakfast – 9:30am Morning Stroll 11am Coffee & Chats Lunch – 1pm Sing Along Supper – Puzzles	17 Breakfast – Sing Along Lunch – Moving Party 1pm Music w/ Ron B. – Dining Room	18 Breakfast 8:30am Chair Exercises Lunch – 11am Trivia Supper – American Funniest Video & Snacks	19 Morning Walks Afternoon Cards Group Read 6pm Lawrence Welk Show (Televised) Oktoberfest Begins
	20 “Day of Rest” Worship Services Televised 11am Coffee & Convers 2pm Afternoon Stroll Yom Kippur Begins	21 Breakfast 8:30am Chair Exercises Lunch – 11am Coloring Supper – American Funniest Video & Snacks	22 Breakfast – 8:30am Walk w/ Friends 10am Patio Chats 11am Cirsi Friends Visit Supper Relax & Reminisce Autumn Begins	23 Breakfast – 9:30am Morning Stroll 11am Coffee & Chats Lunch – 1pm Sing Along Supper – Puzzles	24 Breakfast – Sing Along Lunch – Moving Party Supper – Patio Visits	25 Breakfast – 9:30am Morning Stroll 11am Reading Supper – Movie & Popcorn Sukkot Begins	26 Morning Walks Afternoon Cards Group Visit w/ Friends 6pm Lawrence Welk Show (Televised)
	27 “Day of Rest” Worship Services Televised 11am Coffee & Convers 2pm Sit on Patio	28 Breakfast – 9:30am Morning Stroll 11am Reading Supper – Movie & Popcorn	29 Breakfast – Coffee & Colors 11am “Trivia” Tuesday Lunch – Walk & Talk Supper – Relax & Reminisce	30 Breakfast – 9:30am Morning Stroll 11am Coffee & Chats Lunch – 1pm Sing Along Supper – Puzzles			

Windsor Manor Assisted Living ~ 229 Pearl St., Grinnell, IA. 50112 ~ (641)236-8700 ~ Melissa Foels – Activity Director ~ All Calendars Subject to CHANGE