

September 2026

White Springs Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:30 Eucharist from St Johns Church Visit (2nd FL LR) (2FL) 10:00 Exercise with Mattie from BAYADA!!! (3rd FL MPR) (3FM) 11:00 Ladies Coffee Talk Time! (3rd FL MPR) (3FM) 11:45 Lunch 1:30 Poker Pals- White Springs Tournament! (2nd FL LR) (2FLR) 2:30 Monthly Book Club!! (3rd FL MPR) (3FM) 4:00 Tuesday Trivia (1st FL LR) (1FLR) 4:45 Dinner (DR)	10:00 Midweek Yoga Class!!(3rd FL MPR) (3FM) 10:45 Bingo, Bingo, Bingo! (3rd FL MPR) 11:00 Resident Led Cards: Rummy 11:45 Lunch 1:30 Bible Study (3rd Flr MPR) (3R) 2:30 Cookin' with Kellin and Josie: Cucumber Salad !! (3rd FL MPR) 4:00 Crossword Puzzle Group!! (1st FL LR) 4:45 Dinner (DR) 6:15 Virtual Worship Service (1st FL LR) (1FLR)	AD Beauty Salon Visits W/ Dana! (2nd FL Salon) (2FS) AD HAPPY BIRTHDAY MARIE H.!!! AD Outing: Harris Teeter Grocery Store 10:00 Exercise with Mattie from BAYADA!!! (3rd FL MPR) (3FM) 11:45 Lunch 1:00 Rosary & Prayers (1st FL LR) 2:30 Happy Hour- Mocktails, Cocktails, & Connecting with Nashville Standard!! (Lobby) 4:45 Dinner (DR)	10:00 Exercise with Mattie from BAYADA!!! (3rd FL MPR) (3FM) 11:00 Ladies Coffee Talk Time!! (3rd FL MPR) (3FM) 11:45 Lunch 1:00 Cranium Crunch with Josie!!! (3rd FL MPR) (3FM) 2:30 Hand and Foot Card Game Group! (2nd FL LR) (L) 4:00 Friday Trivia!! (1st FL LR) 4:45 Dinner (DR) 6:00 Friday Movie TV Series- Netflix-Bridgerton (3rd FL TH) (3FT)	8:00 Daily Chronicle Handout (Bistro) (1FB) 10:00 Wise & Well! (1st FL Living Room) (1FLR) 11:45 Lunch 1:30 Bingo, Bingo, Bingo! (3rd FL MPR) (3FMR) 2:30 Saturday- Movie Time " Walk The Line" (3rd FL Theater) (3FT) 3:00 Resident Led- Poker Social (2nd FL LR) (2FLR) 4:45 Dinner (DR)
10:45 St John's Live Worship Services (3rd FL MPR) (3FM) 11:45 Lunch 1:30 Bishop Vince's Mass & Communion (3rd FL Theater) 2:30 Sunday Fun Day Movie- " To Kill a Mockingbird" (3FT) 4:45 Dinner (DR) 6:00 Resident Led Sunday Family Game Night: Scrabble! (2FL)	8:00 Daily Chronicle Handout (B) 10:00 Wise & Well!! (3rd FL MPR) (3FMR) 11:00 Axe Throwing!! (lobby) 11:45 Lunch 2:30 Bingo, Bingo, Bingo! (3rd FL MPR) 3:30 ART Class: Guided Painting with Joise! (3rd FL MPR) (MR) 4:45 Dinner (DR) 6:00 Monday TV Series: Grey's Anatomy"	9:30 Eucharist from St Johns Church Visit (2nd FL LR) (2FL) 10:00 Exercise with Mattie from BAYADA!!! (3rd FL MPR) (3FM) 11:00 Ladies Coffee Talk Time! (3rd FL MPR) (3FM) 11:45 Lunch 1:30 Poker Pals- White Springs Tournament! (2nd FL LR) (2FLR) 2:30 Traditional Inspiration Music with Jane and Ellie!! (1st FL LR) 4:00 Tuesday Trivia (1st FL LR) (1FLR) 4:45 Dinner (DR)	10:00 Midweek Yoga Class!!(3rd FL MPR) (3FM) 10:45 Bingo, Bingo, Bingo! (3rd FL MPR) 11:00 Resident Led Cards: Rummy 11:45 Lunch 1:30 Bible Study (3rd Flr MPR) (3R) 2:30 Cookin' with Kellin and Josie: Fall Cookies !! (3rd FL MPR) 4:00 Crossword Puzzle Group!! (1st FL LR) 4:45 Dinner (DR) 6:15 Virtual Worship Service (1st FL LR) (1FLR)	AD Beauty Salon Visits W/ Dana! (2nd FL Salon) (2FS) 10:00 Exercise with Mattie from BAYADA!!! (3rd FL MPR) (3FM) 11:00 Outing: Milk & Honey Southern Inspired Kitchen 11:45 Lunch 1:30 Current Events Chat (3rd Floor MPR) (3FM) 2:00 Hand & Foot Card Game Group (2nd FL LR) (2FL) 4:00 Thursday Trivia!! (1st FL LR) (1FLR) 4:45 Dinner (DR)	10:00 Exercise with Mattie from BAYADA!!! (3rd FL MPR) (3FM) 11:00 Ladies Coffee Talk Time!! (3rd FL MPR) (3FM) 11:45 Lunch 1:00 Cranium Crunch with Josie!!! (3rd FL MPR) (3FM) 2:30 Happy Hour- Mocktails, Cocktails, & Connecting with Kathy Davis!! (Lobby) (L) 4:45 Dinner (DR) 6:00 Friday Movie TV Series- Netflix-Bridgerton (3rd FL TH) (3FT)	
10:45 St John's Live Worship Services (3rd FL MPR) (3FM) 11:45 Lunch 1:30 Bishop Vince's Mass & Communion (3rd FL Theater) 2:30 Sunday Fun Day Movie- Smokey and the Bandit II (3FT) 4:45 Dinner (DR) 6:00 Resident Led Sunday Family Game Night: Scrabble! (2FL)	AD HAPPY BIRTHDAY DORIS H.!!! AD HAPPY NATIONAL ASSISTED LIVING WEEK: THE GOLDEN YEARS! 8:00 Daily Chronicle Handout (B) 10:00 Wise & Well!! (3rd FL MPR) (3FMR) 11:00 Jewelry Making with Kellin and Josie!! (3rd FL MPR) 11:45 Lunch 2:30 Bingo, Bingo, Bingo! (3rd FL MPR) 3:30 ART Class: Wooden Family Photo Boards! *Bring your own photo! (3rd FL MPR) (MR) 4:45 Dinner (DR) 6:00 Monday TV Series: Grey's Anatomy"	AD HAPPY NATIONAL ASSISTED LIVING WEEK: SHINING THROUGH THE 40'S 9:30 Eucharist from St Johns Church Visit (2nd FL LR) (2FL) 10:00 Exercise with Mattie from BAYADA!!! (3rd FL MPR) (3FM) 10:30 40'S Feature Film Matinee : Casablanca! (3rd FL Theater) (3FM) 11:45 Lunch 1:30 Poker Pals- White Springs Tournament! (2nd FL LR) (2FLR) 2:00 Hospice of the Piedmont Education Forum! (3rd FL MPR) (3R) 2:15 Hearing Assessment Center Cleaning Day! (2nd FL Salon) 4:00 Tuesday Trivia (1st FL LR) (1FLR) 4:45 Dinner (DR)	AD HAPPY 100TH BIRTHDAY FLO B.!!! AD HAPPY NATIONAL ASSISTED LIVING WEEK: ROCK AROUND THE CLOCK 50'S! 10:00 Midweek Yoga Class!!(3rd FL MPR) (3FM) 10:45 Bingo, Bingo, Bingo! (3rd FL MPR) 11:00 Resident Led Cards: Rummy 11:45 50's Soda Bar!! (Bistro) 11:45 Lunch 1:30 Bible Study (3rd Flr MPR) (3R) 3:00 Elvis Performance!!! (Lobby) 4:45 Dinner (DR) 6:15 Virtual Worship Service (1st FL LR) (1FLR)	AD Beauty Salon Visits W/ Dana! (2nd FL Salon) (2FS) AD HAPPY NATIONAL ASSISTED LIVING WEEK: PEACE, LOVE, HAPPINESS 60'S/70'S 10:00 Exercise with Mattie from BAYADA!!! (3rd FL MPR) (3FM) 11:00 Outing: Glory Days! 11:45 Lunch 1:30 Current Events Chat (3rd Floor MPR) (3FM) 2:00 Hand & Foot Card Game Group (2nd FL LR) (2FL) 3:00 Hippy Hangout Tye Dye Tshirts!! (3rd FL MPR) (1FLR) 4:45 Dinner (DR)	8:00 Daily Chronicle Handout (Bistro) (1FB) 10:00 Wise & Well! (1st FL Living Room) (1FLR) 11:45 Lunch 1:30 Bingo, Bingo, Bingo! (3rd FL MPR) (3FMR) 2:30 Saturday- Movie Time : "Some Like It Hot" (3rd FL Theater) (3FT) 3:00 Resident Led- Poker Social (2nd FL LR) (2FLR) 4:45 Dinner (DR)	
10:45 St John's Live Worship Services (3rd FL MPR) (3FM) 11:45 Lunch 1:30 Bishop Vince's Mass & Communion (3rd FL Theater) 2:30 Sunday Fun Day Movie- "The Resistance Fighter" (3FT) 4:45 Dinner (DR) 6:00 Resident Led Sunday Family Game Night: Scrabble! (2FL)	8:00 Daily Chronicle Handout (B) 10:00 Wise & Well!! (3rd FL MPR) (3FMR) 11:00 Putt Putt Golf! (Lobby) 11:45 Lunch 2:30 Bingo, Bingo, Bingo! (3rd FL MPR) 3:30 ART Class: Fall Painted Wooden Planks! (3rd FL MPR) (MR) 4:45 Dinner (DR) 6:00 Monday TV Series: Grey's Anatomy"	AD HAPPY BIRTHDAY CLAIRE D.!!! AD HAPPY FIRST DAY OF FALL! 9:30 Eucharist from St Johns Church Visit (2nd FL LR) (2FL) 10:00 Exercise with Mattie from BAYADA!!! (3rd FL MPR) (3FM) 11:00 Ladies Coffee Talk Time! (3rd FL MPR) (3FM) 11:45 Lunch 1:30 Poker Pals- White Springs Tournament! (2nd FL LR) (2FLR) 2:30 Traditional Inspiration Music with Jane and Ellie!! (1st FL LR) 4:00 Tuesday Trivia (1st FL LR) (1FLR) 4:45 Dinner (DR)	10:00 Midweek Yoga Class!!(3rd FL MPR) (3FM) 10:45 Bingo, Bingo, Bingo! (3rd FL MPR) 11:00 Resident Led Cards: Rummy 11:45 Lunch 1:30 Bible Study (3rd Flr MPR) (3R) 2:30 Cookin' with Kellin and Josie: Cranberry and Brie Rolls !! (3rd FL MPR) 4:00 Crossword Puzzle Group!! (1st FL LR) 4:45 Dinner (DR) 6:15 Virtual Worship Service (1st FL LR) (1FLR)	AD Beauty Salon Visits W/ Dana! (2nd FL Salon) (2FS) 10:00 Exercise with Mattie from BAYADA!!! (3rd FL MPR) (3FM) 11:00 Outing: Earth, Glaze and Fire Pottery Painting! 11:45 Lunch 1:30 Current Events Chat (3rd Floor MPR) (3FM) 2:00 Hand & Foot Card Game Group (2nd FL LR) (2FL) 4:00 Thursday Trivia!! (1st FL LR) (1FLR) 4:45 Dinner (DR)	10:00 Exercise with Mattie from BAYADA!!! (3rd FL MPR) (3FM) 11:00 Ladies Coffee Talk Time!! (3rd FL MPR) (3FM) 11:45 Lunch 1:00 Cranium Crunch with Josie!!! (3rd FL MPR) (3FM) 2:30 Happy Hour- Mocktails, Cocktails, & Connecting with Christman Wood!! (Lobby) (L) 4:45 Dinner (DR) 6:00 Friday Movie TV Series- Netflix-Bridgerton (3rd FL TH) (3FT)	
10:45 St John's Live Worship Services (3rd FL MPR) (3FM) 11:45 Lunch 1:30 Bishop Vince's Mass & Communion (3rd FL Theater) 2:30 Sunday Fun Day Movie- Young Frankenstein (3FT) 4:45 Dinner (DR) 6:00 Resident Led Sunday Family Game Night: Scrabble! (2FL)	8:00 Daily Chronicle Handout (B) 10:00 Wise & Well!! (3rd FL MPR) (3FMR) 11:00 Manicures with Kellin! (2nd FL Salon) 11:45 Lunch 2:30 Bingo, Bingo, Bingo! (3rd FL MPR) 3:30 ART Class: Ghost Garland! (3rd FL MPR) (MR) 4:45 Dinner (DR) 6:00 Monday TV Series: Grey's Anatomy"	AD National Coffee Day! 9:30 Eucharist from St Johns Church Visit (2nd FL LR) (2FL) 10:00 Exercise with Mattie from BAYADA!!! (3rd FL MPR) (3FM) 11:00 Ladies Coffee Talk Time! (3rd FL MPR) (3FM) 11:45 Lunch 1:30 Poker Pals- White Springs Tournament! (2nd FL LR) (2FLR) 2:30 Fallin' For Coffee Social!! (Bistro) 4:00 Tuesday Trivia (1st FL LR) (1FLR) 4:45 Dinner (DR)	10:00 Midweek Yoga Class!!(3rd FL MPR) (3FM) 10:45 Bingo, Bingo, Bingo! (3rd FL MPR) 11:00 Resident Led Cards: Rummy 11:45 Lunch 1:30 Bible Study (3rd Flr MPR) (3R) 2:30 Cookin' with Kellin and Josie: Fall Trail Mix !! (3rd FL MPR) 4:00 Crossword Puzzle Group!! (1st FL LR) 4:45 Dinner (DR) 6:15 Virtual Worship Service (1st FL LR) (1FLR)			
						AD HAPPY BIRTHDAY HARRY S.!!! 8:00 Daily Chronicle Handout (Bistro) (1FB) 10:00 Wise & Well! (1st FL Living Room) (1FLR) 11:45 Lunch 1:30 Bingo, Bingo, Bingo! (3rd FL MPR) (3FMR) 2:30 Saturday- Movie Time "Tim Burtons: The Nightmare Before Christmas" (3rd FL Theater) (3FT) 3:00 Resident Led- Poker Social (2nd FL LR) (2FLR) 4:45 Dinner (DR)

Happy Birthday!

Marie H.- 9/3
Eleanor C.- 9/12
Doris H.- 9/14
Flo B.- 9/16-100th!
Claire D.- 9/22
Harry S.- 9/26

Locations

MPR= 3rd FL Multi Purpose Room
LR= Living Room
DR= Dining Room

September 2026

White Springs Senior Living Cottage

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		8:30 Today's Weather 10:30 Music with Madison!! (DR) 11:00 Wise & Well Group Exercise Class with Bayada! 11:30 Refresh Program! (DR) 1:30 Coloring and Crafts! (DR) (DR) 2:30 Tuesday IN2L Trivia! (DR) 3:00 Tovertafel Table (Quite Room) 4:30 Refresh Dinner Program! (DR) 6:00 Virtual Travel Guide with IN2L 7:00 Sitcom Social Wind Down Time!	8:30 Today's Weather 9:30 Pet Therapy Visit from Poppy! (DR) 9:30 The Daily Chronicle (DR) 10:30 Wednesday Yoga!! (DR) 11:30 Refresh Program! (DR) 1:30 Cooking with Kellin: Cucumber Salad!! (Dining Room) (MR) 4:30 Refresh Dinner Program! (DR) 6:00 Devotions Hour and Virtual Worship 7:00 Sitcom Social Wind Down Time!	8:30 Today's Weather 9:30 The Daily Chronicle (DR) 11:30 Refresh Program! (DR) 1:00 Live Keyboard Music with Ron Howard 3:00 Brain Games!!(DR) (DR) 4:30 Refresh Dinner Program! (DR) 5:30 Reminiscing Circle 7:00 Sitcom Social Wind Down Time!	AD HAPPY BIRTHDAY LINDA T.!!! 8:30 Today's Weather 9:30 The Daily Chronicle 10:00 Wise & Well Group Exercise Class!! 11:30 Refresh Program! (DR) 1:00 Friday Bingo with Madison! (DR) 3:30 Friday Art and Fun! (DR) 4:30 Refresh Dinner Program! (DR) 6:00 Puzzle & Word Game Social! (DR) 7:00 Sitcom Social Wind Down Time!	8:30 Today's Weather 9:30 The Daily Chronicle (DR) 10:00 Wise & Well Exercise Class! (DR) 11:30 Refresh Program! (DR) 3:30 Tovertafel Table (Quiet Room) (DA) 4:30 Refresh Dinner Program! (DR) 6:00 Saturday Evening Sitcom Social!!
8:30 Today's Weather 9:30 Service with Chaplain Perry! (DR) (DR) 10:00 Sunday Morning Choga with Micky!!! (DR) 11:30 Refresh Program! (DR) 3:30 Tovertafel Table (Quiet Room) (DA) 4:30 Refresh Dinner Program! (DR) 6:00 Puzzle Party! (DR) 6:30 Sunday Family Movie Night! (DR)	8:30 Today's Weather 9:30 The Daily Chronicle 9:30 Wise & Well Group Exercise Class with Madison! (DR) 10:30 Fresh Hot Coffee & Story Reading with Madison! (DR) 11:30 Refresh Program! (DR) 1:30 Monday Arts and Crafts: Rock Painting! (DR) 3:30 Board Games with Madison! (DR) 4:30 Refresh Dinner Program! (DR) 6:00 Puzzle & Word Game Social! (DR) (DR) 7:00 Sitcom Social Wind Down Time!	8:30 Today's Weather 10:30 Music with Madison!! (DR) 11:00 Outing: Outback Steakhouse 11:00 Wise & Well Group Exercise Class with Bayada! 11:30 Refresh Program! (DR) 1:30 Coloring and Crafts! (DR) (DR) 2:30 Tuesday IN2L Trivia! (DR) 3:00 Tovertafel Table (Quite Room) 4:30 Refresh Dinner Program! (DR) 6:00 Virtual Travel Guide with IN2L 7:00 Sitcom Social Wind Down Time!	8:30 Today's Weather 9:30 Pet Therapy Visit from Poppy! (DR) 9:30 The Daily Chronicle (DR) 10:30 Wednesday Yoga!! (DR) 11:30 Refresh Program! (DR) 1:30 Cooking with Kellin: Fall Cookies!! (Dining Room) (MR) 4:30 Refresh Dinner Program! (DR) 6:00 Devotions Hour and Virtual Worship 7:00 Sitcom Social Wind Down Time!	8:30 Today's Weather 9:30 The Daily Chronicle (DR) 10:30 Live Music with Mary Shapiro!! 11:00 Wise & Well Group Exercise Class with Bayada! 11:30 Refresh Program! (DR) 3:00 Brain Games!!(DR) (DR) 4:30 Refresh Dinner Program! (DR) 5:30 Reminiscing Circle 7:00 Sitcom Social Wind Down Time!	8:30 Today's Weather 9:30 The Daily Chronicle (DR) 10:00 Wise & Well Exercise Class! (DR) 11:30 Refresh Program! (DR) 3:30 Tovertafel Table (Quiet Room) (DA) 4:30 Refresh Dinner Program! (DR) 6:00 Saturday Evening Sitcom Social!!	
8:30 Today's Weather 9:30 Service with Chaplain Perry! (DR) (DR) 10:00 Sunday Morning Choga with Micky!!! (DR) 11:30 Refresh Program! (DR) 3:30 Tovertafel Table (Quiet Room) (DA) 4:30 Refresh Dinner Program! (DR) 6:00 Puzzle Party! (DR) 6:30 Sunday Family Movie Night! (DR)	8:30 Today's Weather 9:30 The Daily Chronicle 9:30 Wise & Well Group Exercise Class with Madison! (DR) 10:30 Fresh Hot Coffee & Story Reading with Madison! (DR) 11:30 Refresh Program! (DR) 1:30 Monday Arts and Crafts: Jewelry Making! (DR) 3:30 Board Games with Madison! (DR) 4:30 Refresh Dinner Program! (DR) 6:00 Puzzle & Word Game Social! (DR) (DR) 7:00 Sitcom Social Wind Down Time!	8:30 Today's Weather 10:30 Music with Madison!! (DR) 11:00 Wise & Well Group Exercise Class with Bayada! 11:30 Refresh Program! (DR) 1:30 Coloring and Crafts! (DR) (DR) 2:15 Hearing Assesment Center Hearing Aid Cleaning!! (2nd FL Salon) 2:30 Tuesday IN2L Trivia! (DR) 3:00 Tovertafel Table (Quite Room) 4:30 Refresh Dinner Program! (DR) 6:00 Virtual Travel Guide with IN2L 7:00 Sitcom Social Wind Down Time!	8:30 Today's Weather 9:30 Pet Therapy Visit from Poppy! (DR) 10:30 Wednesday Yoga!! (DR) 11:30 Refresh Program! (DR) 1:30 Cooking with Kellin!! (Dining Room) (MR) 3:00 Elvis Performance!! (Main Lobby) 4:30 Refresh Dinner Program! (DR) 6:00 Devotions Hour and Virtual Worship 7:00 Sitcom Social Wind Down Time!	8:30 Today's Weather 9:30 The Daily Chronicle (DR) 11:00 Wise & Well Group Exercise Class with Bayada! 11:30 Refresh Program! (DR) 2:00 Live Music with Randy! 3:00 Brain Games!!(DR) (DR) 4:30 Refresh Dinner Program! (DR) 5:30 Reminiscing Circle 7:00 Sitcom Social Wind Down Time!	AD HAPPY BIRTHDAY RICHARD S.!!! 8:30 Today's Weather 9:30 The Daily Chronicle 10:00 Wise & Well Group Exercise Class!! 11:30 Refresh Program! (DR) 1:00 Friday Bingo with Madison! (DR) 3:30 Friday Art and Fun! (DR) 4:30 Refresh Dinner Program! (DR) 6:00 Puzzle & Word Game Social! (DR) 7:00 Sitcom Social Wind Down Time!	8:30 Today's Weather 9:30 The Daily Chronicle (DR) 10:00 Wise & Well Exercise Class! (DR) 11:30 Refresh Program! (DR) 3:30 Tovertafel Table (Quiet Room) (DA) 4:30 Refresh Dinner Program! (DR) 6:00 Saturday Evening Sitcom Social!!
8:30 Today's Weather 9:30 Service with Chaplain Perry! (DR) (DR) 10:00 Sunday Morning Choga with Micky!!! (DR) 11:30 Refresh Program! (DR) 3:30 Tovertafel Table (Quiet Room) (DA) 4:30 Refresh Dinner Program! (DR) 6:00 Puzzle Party! (DR) 6:30 Sunday Family Movie Night! (DR)	8:30 Today's Weather 9:30 The Daily Chronicle 9:30 Wise & Well Group Exercise Class with Madison! (DR) 10:30 Fresh Hot Coffee & Story Reading with Madison! (DR) 11:30 Refresh Program! (DR) 1:30 Monday Arts and Crafts: Drip Painting! (DR) 3:30 Board Games with Madison! (DR) 4:30 Refresh Dinner Program! (DR) 6:00 Puzzle & Word Game Social! (DR) (DR) 7:00 Sitcom Social Wind Down Time!	8:30 Today's Weather 10:30 Music with Madison!! (DR) 11:00 Wise & Well Group Exercise Class with Bayada! 11:30 Refresh Program! (DR) 1:30 Coloring and Crafts! (DR) (DR) 2:30 Tuesday IN2L Trivia! (DR) 3:00 Tovertafel Table (Quite Room) 4:30 Refresh Dinner Program! (DR) 6:00 Virtual Travel Guide with IN2L 7:00 Sitcom Social Wind Down Time!	8:30 Today's Weather 9:30 Pet Therapy Visit from Poppy! (DR) 10:30 Wednesday Yoga!! (DR) 11:30 Refresh Program! (DR) 1:30 Cooking with Kellin: Cranberry Brie Rolls!! (Dining Room) (MR) 4:30 Refresh Dinner Program! (DR) 6:00 Devotions Hour and Virtual Worship 7:00 Sitcom Social Wind Down Time!	8:30 Today's Weather 9:30 The Daily Chronicle (DR) 11:00 Outing: Earth, Glaze and Fire Pottery Painting with AL 11:00 Wise & Well Group Exercise Class with Bayada! 11:30 Refresh Program! (DR) 3:00 Brain Games!!(DR) (DR) 4:30 Refresh Dinner Program! (DR) 5:30 Reminiscing Circle 7:00 Sitcom Social Wind Down Time!	8:30 Today's Weather 9:30 The Daily Chronicle 10:00 Wise & Well Group Exercise Class!! 11:30 Refresh Program! (DR) 1:00 Friday Bingo with Madison! (DR) 3:30 Friday Art and Fun! (DR) 4:30 Refresh Dinner Program! (DR) 6:00 Puzzle & Word Game Social! (DR) 7:00 Sitcom Social Wind Down Time!	8:30 Today's Weather 9:30 The Daily Chronicle (DR) 10:00 Wise & Well Exercise Class! (DR) 11:30 Refresh Program! (DR) 3:30 Tovertafel Table (Quiet Room) (DA) 4:30 Refresh Dinner Program! (DR) 6:00 Saturday Evening Sitcom Social!!
8:30 Today's Weather 9:30 Service with Chaplain Perry! (DR) (DR) 10:00 Sunday Morning Choga with Micky!!! (DR) 11:30 Refresh Program! (DR) 3:30 Tovertafel Table (Quiet Room) (DA) 4:30 Refresh Dinner Program! (DR) 6:00 Puzzle Party! (DR) 6:30 Sunday Family Movie Night! (DR)	8:30 Today's Weather 9:30 The Daily Chronicle 9:30 Wise & Well Group Exercise Class with Madison! (DR) 10:30 Fresh Hot Coffee & Story Reading with Madison! (DR) 11:30 Refresh Program! (DR) 1:30 Monday Arts and Crafts: Fall Wreaths! (DR) 3:30 Board Games with Madison! (DR) 4:30 Refresh Dinner Program! (DR) 6:00 Puzzle & Word Game Social! (DR) (DR) 7:00 Sitcom Social Wind Down Time!	8:30 Today's Weather 10:30 Music with Madison!! (DR) 11:00 Wise & Well Group Exercise Class with Bayada! 11:30 Refresh Program! (DR) 1:30 Coloring and Crafts! (DR) (DR) 2:30 Tuesday IN2L Trivia! (DR) 3:00 Tovertafel Table (Quite Room) 4:30 Refresh Dinner Program! (DR) 6:00 Virtual Travel Guide with IN2L 7:00 Sitcom Social Wind Down Time!	8:30 Today's Weather 9:30 Pet Therapy Visit from Poppy! (DR) 10:30 Wednesday Yoga!! (DR) 11:30 Refresh Program! (DR) 1:30 Cooking with Kellin: Fall Tail Mix!! (Dining Room) (MR) 4:30 Refresh Dinner Program! (DR) 6:00 Devotions Hour and Virtual Worship 7:00 Sitcom Social Wind Down Time!			



White Springs
SENIOR LIVING
by Spring Arbor

Happy Birthday!

Linda T.- 9/4
Richard S.- 9/18

Locations

DR= Dining Room
CY= Cottage Courtyard
AL= Assisted Living