

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	NATIONAL ASSISTED LIVING WEEK* SEPTEMBER 13-19, 2026	National Burnt Ends Day 1 9:00 BR Open Gym👤 10:00 B Holy Redeemer By The Sea - In-Person Catholic Communion† 10:30 AR BINGO W/ Jodi Collins✓ 1:00 L Live Music w/ Martin Summers🎵 2:00 AR Chair Yoga with Kathy👤 3:00 C All Saints Episcopal Church† 4:00 L Lobby Games ★	2 9:00 BR Open Gym👤 10:30 AR BINGO w/ Friends of Youth✓ 12:00 C Veterans' Lunch☕ 1:00 L Wise and Well 🚶 2:00 Dog Therapy with Sadie🐾 4:00 AR Scattergories Game ☕	3 9:00 BR Open Gym👤 10:30 AR BINGO w/ Brenda ✓ 2:30 C Pink Poodle ☕ 4:00 L Kitty Hawk United Methodist Church†	4 9:00 BR Open Gym👤 10:30 AR BINGO with David✓ 1:00 L Wise and Well 🚶 2:30 AR Chair Exercises with Melissa👤 3:30 L Games in Lobby with Trinity ★	5 Happy Birthday Pat Simpson 10:00 AR Game Time✓ 1:00 Afternoon Walk🚶 2:00 AR Independent Stations👤 3:00 Purposeful Puzzles♥
Happy Birthday Connie Amaral 6 8:00 L Catholic Mass Streamed Live on TV† 10:00 AR Independent Stations👤 2:00 L OBX Community Church Service †	Labor Day 7 9:00 BR Open Gym👤 9:30 AR Monthly Gazette Discussion☕ 10:30 AR BINGO with Sharon Burke✓ 1:00 BR Wise and Well 🚶 4:00 AR Art From The Heart - canvas painting 🎨	World Physical Therapy Day 8 9:00 BR Open Gym👤 10:00 B Holy Redeemer By The Sea - In-Person Catholic Communion† 10:30 AR BINGO W/ Jodi Collins✓ 2:00 AR Chair Yoga with Kathy👤 3:00 C All Saints Episcopal Church† 4:00 L John Baldwin Music 🎵	9 9:00 BR Open Gym👤 10:30 AR BINGO w/ Friends of Youth✓ 1:00 L Wise and Well 🚶 2:00 Dog Therapy with Sadie🐾 2:00 AR Lion's Den Men's Social - Ties and movie☕ 4:00 AR Scattergories Game ☕	Shining Through the Years Prom. Happy Birthday Pam Wayland 10 9:00 BR Open Gym👤 10:30 AR BINGO w/ Brenda ✓ 1:00 AR Garden Club - Zen Garden👤 3:00 L Kitty Hawk United Methodist Church† 4:30 DR Shining through the years Prom★	11 9:00 BR Open Gym👤 10:30 AR BINGO with David✓ 1:00 L Wise and Well 🚶 2:30 AR Chair Exercises with Melissa👤 3:30 L Games in Lobby with Trinity ★	12 10:00 AR Game Time✓ 1:00 Afternoon Walk🚶 2:00 AR Independent Stations👤 3:00 Purposeful Puzzles♥
Happy Grandparents Day 13 8:00 L Catholic Mass Streamed Live on TV† 10:00 AR Independent Stations👤 2:00 L OBX Community Church Service †	National Hoagie Day 14 9:00 BR Open Gym👤 10:00 C Book Club☕ 10:30 AR BINGO with Sharon Burke✓ 1:00 BR Wise and Well 🚶 3:00 L Turn in your favorite recipes★ 4:00 AR Art From The Heart - canvas painting 🎨	Happy Birthday Austin Brockway 15 9:00 BR Open Gym👤 10:00 B Holy Redeemer By The Sea - In-Person Catholic Communion† 10:30 AR BINGO✓ 11:30 L Meet the Lifestyle Director - Photo Booth★ 1:00 L Martin Summers Music 🎵 2:00 AR Chair Yoga with Kathy👤 3:00 C All Saints Episcopal Church†	16 9:00 BR Open Gym👤 10:30 AR BINGO w/ Friends of Youth✓ 11:30 L Meet the Director ★ 1:00 L Wise and Well 🚶 2:00 Dog Therapy with Sadie🐾 4:00 AR Scattergories Game ☕	Happy Birthday Catherine Burke 17 9:00 BR Open Gym👤 10:30 AR BINGO w/ Brenda ✓ 11:30 L Meet the Director ★ 3:00 AR Resident Council - AR 4:00 L Kitty Hawk United Methodist Church† 6:00 L Jim Quales Live Music🎵	Happy Birthday Kevin Hoffman Jr 18 9:00 BR Open Gym👤 10:30 AR BINGO with David✓ 11:30 L Meet the Director ★ 1:00 L Wise and Well 🚶 2:30 AR Chair Exercises with Melissa👤 3:30 L Games in Lobby with Trinity ★ 4:00 L Ascension Music Performance by Student Ambassadors🎵	19 10:00 AR Game Time✓ 1:00 Afternoon Walk🚶 2:00 AR Independent Stations👤 3:00 Purposeful Puzzles♥
Happy Birthday Jason Mayou 20 8:00 L Catholic Mass Streamed Live on TV† 10:00 AR Independent Stations👤 2:00 L OBX Community Church Service † 3:30 AR VFW Volunteers Call Bingo✓	Happy Birthday Lynette Godwin 21 World Alzheimer's Day 9:00 BR Open Gym👤 10:30 AR BINGO with Sharon Burke✓ 1:00 BR Wise and Well 🚶 3:00 L Piano with Angelo 🎵 4:00 AR Art From The Heart - canvas painting 🎨	First Day of FALL 22 9:00 BR Open Gym👤 10:00 B Holy Redeemer By The Sea - In-Person Catholic Communion† 10:30 AR BINGO W/ Jodi Collins✓ 11:30 L Apple Cider in Lobby ★ 2:00 AR Chair Yoga with Kathy👤 3:00 C All Saints Episcopal Church† 4:00 L John Baldwin Music🎵	23 9:00 BR Open Gym👤 10:30 AR BINGO w/ Friends of Youth✓ 1:00 L Wise and Well 🚶 2:00 Dog Therapy with Sadie🐾 4:00 AR Scattergories Game ☕	Happy Birthday Bud Robertson 24 9:00 BR Open Gym👤 10:30 AR BINGO w/ Brenda ✓ 2:30 C Resident Birthday Party☕ 4:00 L Kitty Hawk United Methodist Church† 4:30 DR Movie Night★	Happy Birthday Barbara Donaldson 25 9:00 BR Open Gym👤 10:30 AR BINGO with David✓ 1:00 L Wise and Well 🚶 2:30 AR Chair Exercises with Melissa👤 3:30 L Games in Lobby with Trinity ★	26 10:00 AR Game Time✓ 1:00 Afternoon Walk🚶 2:00 AR Independent Stations👤 3:00 Purposeful Puzzles♥
Happy Birthday Alvis Clyde Joyner 27 8:00 L Catholic Mass Streamed Live on TV† 10:00 AR Independent Stations👤 2:00 L OBX Community Church Service †	Happy Birthday Joe Murden 28 9:00 BR Open Gym👤 10:30 AR BINGO with Sharon Burke✓ 1:00 BR Wise and Well 🚶 4:00 AR Art From The Heart - canvas painting 🎨	National Coffee Day 29 9:00 BR Open Gym👤 10:00 B Holy Redeemer By The Sea - In-Person Catholic Communion† 10:30 AR BINGO W/ Jodi Collins✓ 11:30 L Coffee bar in Lobby with Trinity☕ 1:00 L Martin Summers 🎵 2:00 AR Chair Yoga with Kathy👤 3:00 C All Saints Episcopal Church†	30 9:00 BR Open Gym👤 10:30 AR BINGO w/ Friends of Youth✓ 1:00 L Wise and Well 🚶 2:00 Dog Therapy with Sadie🐾 4:00 AR Scattergories Game ☕			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Shining THROUGH THE YEARS NATIONAL ASSISTED LIVING WEEK® SEPTEMBER 13-19, 2026		1 9:00 Royal Treatments - Salon open 10:30 Snack in courtyard 11:00 BR Wise & Well w/ Broad River 1:30 Rest and Relaxation 3:00 CW One-on-One 3:30 Snack	2 9:00 Royal Treatments - Nail Care 10:30 Snack 11:00 CR Art from the Heart AC 1:30 Rest and Relaxation 3:00 CW One-on-One 3:30 Snack	3 9:00 Royal Treatments 10:30 Snack 11:00 BR Wise & Well w/ Broad River 1:30 Rest and Relaxation 3:00 CW One-on-One 3:30 Snack	4 9:00 Royal Treatments 10:30 Snack in courtyard 11:00 PY Sittersize PA 1:30 Rest and Relaxation 3:00 CW One-on-One 3:30 Snack 7:00 Movie Night	5 Happy Birthday Pat Simpson 9:00 Royal Treatments 10:30 Snack 11:00 Nail Salon 1:30 Rest and Relaxation 3:00 CW One-on-One 3:30 Snack
6 Happy Birthday Connie Amaral 9:00 Royal Treatments 10:30 Snack 1:30 Rest and Relaxation 2:00 SP Church Service in Front Library 3:00 CW One-on-One 3:30 Snack	7 Labor Day 9:00 Royal Treatments - Check eyeglasses 10:30 Snack - Waffles 11:00 SW Musical Monday: Let's Sing Together! M 1:30 Rest and Relaxation 3:00 CW One-on-One 3:30 Snack	8 World Physical Therapy Day 9:00 Royal Treatments - Salon open 10:30 Snack - Apples and Caramel 11:00 BR Wise & Well w/ Broad River 1:30 Rest and Relaxation 3:00 CW One-on-One 3:30 Snack	9 9:00 Royal Treatments - Nail Care 10:30 Snack 11:00 CR Art from the Heart AC 1:30 Rest and Relaxation 3:00 CW One-on-One 3:30 Snack	10 Shining Through the Years Prom. Happy Birthday Pam Wayland 9:00 Royal Treatments 10:30 Snack 11:00 BR Wise & Well w/ Broad River 1:30 Rest and Relaxation 3:00 CW One-on-One 3:30 Snack 4:30 WH PROM SE	11 9:00 Royal Treatments 10:30 Snack - Honey Buns 11:00 PY Sittersize PA 1:30 Rest and Relaxation 3:00 CW One-on-One 3:30 Snack 7:00 Movie Night	12 9:00 Royal Treatments 10:30 Snack 11:00 Nail Salon 1:30 Rest and Relaxation 3:00 CW One-on-One 3:30 Snack
13 Happy Grandparents Day 9:00 Royal Treatments 10:30 Snack 1:30 Rest and Relaxation 2:00 SP Church Service in Front Library 3:00 CW One-on-One 3:30 Snack	14 National Cream-filled Donut Day 9:00 Royal Treatments - Check eyeglasses 10:30 Snack - Cream-filled Donuts 11:00 SW Musical Monday: Let's Sing Together! M 1:30 Rest and Relaxation 3:00 CW One-on-One 3:30 Snack	15 Happy Birthday Austin Brockway National Cheese Toast Day 9:00 Royal Treatments - Salon open 10:30 Snack - Cheese Toast 11:00 BR Wise & Well w/ Broad River 1:30 Rest and Relaxation 3:00 CW One-on-One 3:30 Snack	16 National Guacamole Day 9:00 Royal Treatments - Nail Care 10:30 Snack - Chips and Guac 11:00 CR Art from the Heart AC 1:30 Rest and Relaxation 3:00 CW One-on-One 3:30 Snack	17 Happy Birthday Catherine Burke National Apple Dumpling Day 9:00 Royal Treatments 10:30 Snack - Apple Dumplings 11:00 BR Wise & Well w/ Broad River 1:30 Rest and Relaxation 3:00 CW One-on-One 3:30 Snack	18 Happy Birthday Kevin Hoffman National Rice Krispies Treats Day 9:00 Royal Treatments 10:30 Snack - Rice Krispie Treats 11:00 PY Sittersize PA 1:30 Rest and Relaxation 3:00 CW One-on-One 3:30 Snack 7:00 Movie Night	19 9:00 Royal Treatments 10:30 Snack 11:00 Nail Salon 1:30 Rest and Relaxation 3:00 CW One-on-One 3:30 Snack
20 Happy Birthday Jason Mayou 9:00 Royal Treatments 10:30 Snack 1:30 Rest and Relaxation 2:00 SP Church Service in Front Library 3:00 CW One-on-One 3:30 Snack	21 Happy Birthday Lynette Godwin World Alzheimer's Day 9:00 Royal Treatments - Check eyeglasses 10:30 Snack - Pecan Cookies 11:00 SW Musical Monday: Let's Sing Together! M 1:30 Rest and Relaxation 3:00 CW One-on-One 3:30 Snack	22 First Day of FALL 9:00 Royal Treatments - Salon open 10:30 Snack - Apple Cider tasting 11:00 BR Wise & Well w/ Broad River 1:30 Rest and Relaxation 3:00 CW One-on-One 3:30 Snack	23 9:00 Royal Treatments - Nail Care 10:30 Snack 11:00 CR Art from the Heart AC 1:30 Rest and Relaxation 3:00 CW One-on-One 3:30 Snack	24 Happy Birthday Bud Robertson 9:00 Royal Treatments 10:30 Snack 11:00 BR Wise & Well w/ Broad River 1:30 Rest and Relaxation 3:00 CW One-on-One 3:30 Snack	25 Happy Birthday Barbara Donaldson 9:00 Royal Treatments 10:30 Snack 11:00 PY Sittersize PA 1:30 Rest and Relaxation 3:00 CW One-on-One 3:30 Snack 7:00 Movie Night	26 9:00 Royal Treatments 10:30 Snack 11:00 Nail Salon 1:30 Rest and Relaxation 3:00 CW One-on-One 3:30 Snack
27 Happy Birthday Alvis Clyde Joyner 9:00 Royal Treatments 10:30 Snack 1:30 Rest and Relaxation 2:00 SP Church Service in Front Library 3:00 CW One-on-One 3:30 Snack	28 Happy Birthday Joe Murden 9:00 Royal Treatments - Check eyeglasses 10:30 Snack 11:00 SW Musical Monday: Let's Sing Together! M 1:30 Rest and Relaxation 3:00 CW One-on-One 3:30 Snack	29 National Coffee Day 9:00 Royal Treatments - Salon open 10:30 Snack - Coffee Cake 11:00 BR Wise & Well w/ Broad River 1:30 Rest and Relaxation 3:00 CW One-on-One 3:30 Snack	30 9:00 Royal Treatments - Nail Care 10:30 Snack 11:00 CR Art from the Heart AC 1:30 Rest and Relaxation 3:00 CW One-on-One 3:30 Snack			