

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 FP Walking club 10:45 AR BINGO 1:00 AR Sing Along with Maggie 2:00 AR Piano with Susan 3:00 AR We C.A.R.E. Trip to Cottage-meet in AR 6:00 SR Evening Movie	2 10:00 WC Bayada Exercise Class🚶 11:00 SR Short Stories with Mike 1:00 AR Music Mania 1:00 LB Rosary with Barbara S. 2:00 AR Pumpkin Gnome Painting🎨 3:30 CF Wine Down Wednesdays 6:00 SR Evening Movie	3 9:15 AR Bible Study with Maggie 10:00 WC Seated Yoga with Tiffany🚶 11:00 AR Word Chains 1:00 AR Journaling 1:00 LR Visit with Leslie, Robin & Shine🐾 2:00 AR Word Mining 3:00 AR New Resident Social sponsored by Syngery 6:00 SR Evening Movie	4 10:00 WC Bayada Exercise Class🚶 11:00 AR Manicures 1:00 AR Jeopardy 1:00 BU Local Scenic Drive✓ 2:00 AR Hearts & Harmony Music Therapy🎵 3:30 AR Happy Hour 6:00 SR Friday Night Movie	5 Happy Birthday Mary R! 10:00 CF Coffee and Treats 11:00 AR Morning Documentary 1:00 AR BINGO 2:00 AR Hot Cider Social 3:00 AR Brain Games 6:00 SR Evening Movie
6 Happy Birthday Pat B! 9:30 SR Documentary 11:00 AR Worship Service with Connie and Joe 1:00 SR Sitcom Sunday 1:30 AR Church Service with Rev. David, Nancy, and Bill 3:00 AR Happy Grandparents Day! 6:00 SR Evening Movie	7 Labor Day-Happy Birthday Joyce! 9:15 LB Catholic Divine Mercy Prayer 9:30 LB Catholic Communion 9:30 BU Trip to Walmart \$✓ 10:00 WC Cornhole Game 11:00 AR New York Times Games 1:00 AR Music with Peter Theodore 2:00 Country Store (200 Hall) 3:00 AR Washington: Loyal Subject 6:00 SR Evening Movie	8 Happy Birthday Linda! 10:00 WC Volleyball Practice 10:45 AR BINGO 1:00 AR Sing Along with Maggie 2:00 AR Piano with Susan 3:00 AR We C.A.R.E. Trip to Cottage-meet in AR 6:00 SR Evening Movie	9 10:00 WC Bayada Exercise Class🚶 11:00 SR Short Stories with Mike 1:00 LB Rosary with Barbara S. 2:00 AR Fall Signage Painting🎨 3:30 CF Wine Down Wednesdays 6:00 SR Evening Movie	10 Cycling Without Age Visit! 9:15 AR Bible Study with Maggie 10:00 WC Seated Yoga with Tiffany🚶 11:00 AR Word Chains 1:00 AR Journaling 1:00 LR Visit with Leslie, Robin & Shine🐾 2:00 AR Garage Band Practice 6:00 SR Evening Movie	11 10:00 WC Bayada Exercise Class🚶 11:00 AR Manicures 1:00 AR Art Class with Heather (MAX 12)✓ 2:00 AR Hearts & Harmony Music Therapy🎵 3:30 AR Happy Hour 6:00 SR Friday Night Movie	12 10:00 CF Coffee and Treats 11:00 AR Morning Documentary 1:00 AR BINGO 2:00 AR Hot Cider Social 3:00 AR Brain Games 6:00 SR Evening Movie
13 Happy Assisted Living Week, September 13-19! 9:30 SR Documentary 10:00 FP Cycling without Age 10am-2pm 11:00 AR Worship Service with Connie and Joe 1:00 SR Sitcom Sunday 1:30 AR Church Service with Rev. David, Nancy, and Bill 3:00 AR Music with Jeff and the Blue Grass Group 6:00 SR Evening Movie	14 Happy Birthday Ruth! 9:15 LB Catholic Divine Mercy Prayer 9:30 LB Catholic Communion 10:00 WC Bayada Exercise Class🚶 11:00 AR New York Times Games 1:00 AR Washington: A Rebel Commander 3:00 AR Resident Birthday Party Hosted by Right at Home 6:30 AR Music with the Faithful Four	15 Happy Birthday Frank! 10:00 FP Walking club 10:45 AR BINGO 1:00 AR Sing Along with Maggie 2:00 AR Piano with Susan 3:00 AR We C.A.R.E. Trip to Cottage-meet in AR 6:00 SR Evening Movie	16 10:00 WC Bayada Exercise Class🚶 11:00 SR Short Stories with Mike 1:00 AR Life History: Savannah Boone 1:00 LB Rosary with Barbara S. 2:00 AR Sunflower and Pumpkin paintings🎨 3:30 CF Wine Down Wednesdays 6:00 SR Evening Movie	17 9:15 AR Bible Study with Maggie 10:00 WC Seated Yoga with Tiffany🚶 11:00 AR Word Chains 1:00 AR Journaling 1:00 LR Visit with Leslie, Robin & Shine🐾 2:00 AR Cooking with Nevis 3:00 AR Garage Band Practice 6:00 SR Evening Movie	18 10:00 WC Bayada Exercise Class🚶 11:00 AR Manicures 1:00 AR Jeopardy with Caitlyn and Marques 1:00 BU Local Scenic Drive✓ 2:00 AR Hearts & Harmony Music Therapy🎵 3:30 AR Happy Hour 6:00 SR Friday Night Movie	19 10:00 CF Coffee and Treats 11:00 AR Morning Documentary 1:00 AR BINGO 2:00 AR Hot Cider Social 3:00 AR Brain Games 6:00 SR Evening Movie
20 Happy Birthday Dorothy! 9:30 SR Documentary 11:00 AR Worship Service with Connie and Joe 1:00 SR Sitcom Sunday 1:30 AR Church Service with Rev. David, Nancy, and Bill 3:00 AR Brain Games 6:00 SR Evening Movie	21 9:15 LB Catholic Divine Mercy Prayer 9:30 LB Catholic Communion 10:00 WC Bayada Exercise Class🚶 11:00 BU Lunch outing to Spanky's \$✓ 11:00 AR New York Times Games 1:00 Country Store (200 Hall) 2:00 AR Tree of Life Ministry 3:00 AR Washington: Father of His Country 6:00 SR Evening Movie	22 10:00 WC Volleyball Practice 10:45 AR BINGO 1:00 AR Sing Along with Maggie 2:00 AR Piano with Susan 3:00 AR We C.A.R.E. Trip to Cottage-meet in AR 6:00 SR Evening Movie	23 10:00 WC Bayada Exercise Class🚶 11:00 SR Short Stories with Mike 1:00 LB Rosary with Barbara S. 2:00 AR Fall Ribbon Wreath🎨 3:30 CF Wine Down Wednesdays 6:00 SR Evening Movie	24 Cycling Without Age Visit! 9:15 AR Bible Study with Maggie 10:00 WC Seated Yoga with Tiffany🚶 11:00 SR Health Talk with Bayada🚶 1:00 LB Book Club 1:00 LR Visit with Leslie, Robin & Shine🐾 2:00 AR Manicures 3:00 AR Garage Band Practice 6:00 SR Evening Movie	25 10:00 WC Bayada Exercise Class🚶 11:15 AR Loudoun County Library Visit 1:00 AR Jeopardy 2:00 AR Hearts & Harmony Music Therapy🎵 3:30 AR Happy Hour 6:00 SR Friday Night Movie	26 10:00 CF Coffee and Treats 11:00 AR Morning Documentary 1:00 AR BINGO 2:00 AR Hot Cider Social 3:00 AR Brain Games 6:00 SR Evening Movie
27 9:30 SR Documentary 11:00 AR Worship Service with Connie and Joe 1:00 SR Sitcom Sunday 1:30 AR Church Service with Rev. David, Nancy, and Bill 3:00 AR Brain Games 4:00 AR Music with Elsie and Students 6:00 SR Evening Movie	28 9:15 LB Catholic Divine Mercy Prayer 9:30 LB Catholic Communion 10:00 WC Bayada Exercise Class🚶 11:00 AR New York Times Games 1:00 CF Tea with Annamarie 2:00 AR Armchair Travels 6:00 SR Evening Movie	29 10:00 FP Walking club 10:45 AR BINGO 1:00 AR Sing Along with Maggie 2:00 AR Piano with Susan 3:00 AR We C.A.R.E. Trip to Cottage-meet in AR 6:00 SR Evening Movie	30 10:00 WC Bayada Exercise Class🚶 11:00 SR Short Stories with Mike 1:00 AR Food Service and Resident Council Meeting 2:00 AR Book Pumpkins🎨 3:30 CF Wine Down Wednesdays 6:00 SR Evening Movie			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Happy Birthday Caroline! 9:00 Seated Yoga 9:30 Mindful Moments: Word Games 10:30 Church Service with David & Nancy 11:30 Refresh Program 1:00 Who Was? Story Time 1:30 Restful Relaxation 2:30 Table Time 3:00 We C.A.R.E. 4:30 Refresh Program 6:00 Settle in with a Sitcom	Bayada - Wise & Well 9:00 Bayada - Wise & Well 10:00 Time in the garden 11:30 Refresh Program 1:00 Band Practice 1:30 Restful Relaxation 2:30 Table Time 2:30 Visit with Paco and Daisy! 3:00 Brain Games 4:30 Refresh Program 6:00 Settle in with a Sitcom	Ribbon Dancing 9:00 Ribbon Dancing 10:00 Art From the Heart 11:30 Refresh Program 1:00 Visit with Shine 1:30 Restful Relaxation 2:30 Table Time 3:30 Who Was? Story Time 4:30 Refresh Program 6:00 Settle in with a Sitcom	Balloon Tennis 9:00 Balloon Tennis 10:00 Friday Film Fest! 10:00 Local Scenic Drive 11:30 Refresh Program 1:00 What Is? Game 1:30 Restful Relaxation 2:00 Piano with Susan 2:30 Table Time 3:00 Hearts & Harmony Music Therapy 4:30 Refresh Program 6:00 Settle in with a Sitcom	Coffee & Tea Social 9:30 Coffee & Tea Social 10:00 Bean Bag Toss 10:30 Flower Arranging 11:30 Refresh Program 1:00 Puzzle Party 1:30 Restful Relaxation 2:30 Table Time 3:00 Cinema Saturday 4:30 Refresh Program 6:00 Settle in with a Sitcom
Church Service with Connie and Joe 9:30 Church Service with Connie and Joe 11:30 Refresh Program 1:30 Restful Relaxation 2:30 Table Time 3:00 Puzzle Party 3:30 Sing Along Sunday 4:30 Refresh Program 6:00 Settle in with a Sitcom	Labor Day 9:00 Bayada - Wise & Well 10:00 Manicure Monday! 11:00 Word Mining 11:30 Refresh Program 1:00 Wooden Sculptures 1:30 Restful Relaxation 2:00 Play Date with Dash 2:30 Table Time 4:30 Refresh Program 6:00 Settle in with a Sitcom	Seated Yoga 9:00 Seated Yoga 9:30 Mindful Moments: Word Games 10:30 Church Service with David & Nancy 11:30 Refresh Program 1:00 Who Was? Story Time 1:30 Restful Relaxation 2:30 Table Time 3:00 We C.A.R.E. 4:30 Refresh Program 6:00 Settle in with a Sitcom	Bayada - Wise & Well 9:00 Bayada - Wise & Well 11:30 Refresh Program 1:00 Band Practice 1:30 Restful Relaxation 2:30 Table Time 2:30 Visit with Paco and Daisy! 3:00 Brain Games 4:30 Refresh Program 6:00 Settle in with a Sitcom	Ribbon Dancing 9:00 Ribbon Dancing 10:00 Art From the Heart 11:30 Refresh Program 1:00 Visit with Shine 1:30 Restful Relaxation 2:30 Table Time 3:30 Who Was? Story Time 4:30 Refresh Program 6:00 Settle in with a Sitcom	Balloon Tennis 9:00 Balloon Tennis 10:00 Friday Film Fest! 11:30 Refresh Program 1:30 Restful Relaxation 2:00 Piano with Susan 2:30 Table Time 3:00 Hearts & Harmony Music Therapy 4:30 Refresh Program 6:00 Settle in with a Sitcom	Coffee & Tea Social 9:30 Coffee & Tea Social 10:00 Bean Bag Toss 10:30 Flower Arranging 11:30 Refresh Program 1:00 Puzzle Party 1:30 Restful Relaxation 2:30 Table Time 3:00 Cinema Saturday 4:30 Refresh Program 6:00 Settle in with a Sitcom
TV Church 9:30 TV Church 11:30 Refresh Program 1:30 Restful Relaxation 2:30 Table Time 3:00 Puzzle Party 3:30 Sing Along Sunday 4:30 Refresh Program 6:00 Settle in with a Sitcom	Bayada - Wise & Well 9:00 Bayada - Wise & Well 10:00 Manicure Monday! 11:00 Word Mining 11:30 Refresh Program 1:00 Wooden Sculptures 1:30 Restful Relaxation 2:00 Play Date with Dash 2:30 Table Time 4:30 Refresh Program 6:00 Settle in with a Sitcom	Seated Yoga 9:00 Seated Yoga 9:30 Mindful Moments: Word Games 10:30 Church Service with David & Nancy 11:30 Refresh Program 1:00 Who Was? Story Time 1:30 Restful Relaxation 2:30 Table Time 3:00 We C.A.R.E. 4:30 Refresh Program 6:00 Settle in with a Sitcom	Bayada - Wise & Well 9:00 Bayada - Wise & Well 11:30 Refresh Program 1:00 Band Practice 1:30 Restful Relaxation 2:30 Table Time 2:30 Visit with Paco and Daisy! 3:00 Brain Games 4:30 Refresh Program 6:00 Settle in with a Sitcom	Ribbon Dancing 9:00 Ribbon Dancing 10:00 Art From the Heart 11:30 Refresh Program 1:00 Visit with Shine 1:30 Restful Relaxation 2:30 Table Time 3:30 Who Was? Story Time 4:30 Refresh Program 6:00 Settle in with a Sitcom	Balloon Tennis 9:00 Balloon Tennis 10:00 Friday Film Fest! 10:00 Local Scenic Drive 11:30 Refresh Program 1:30 Restful Relaxation 2:00 Piano with Susan 2:30 Table Time 3:00 Hearts & Harmony Music Therapy 4:30 Refresh Program 6:00 Settle in with a Sitcom	Coffee & Tea Social 9:30 Coffee & Tea Social 10:00 Bean Bag Toss 10:30 Flower Arranging 11:30 Refresh Program 1:00 Puzzle Party 1:30 Restful Relaxation 2:30 Table Time 3:00 Cinema Saturday 4:30 Refresh Program 6:00 Settle in with a Sitcom
TV Church 9:30 TV Church 11:30 Refresh Program 1:30 Restful Relaxation 2:30 Table Time 3:00 Puzzle Party 3:30 Sing Along Sunday 4:30 Refresh Program 6:00 Settle in with a Sitcom	Bayada - Wise & Well 9:00 Bayada - Wise & Well 10:00 Manicure Monday! 11:00 Word Mining 11:30 Refresh Program 1:00 Wooden Sculptures 1:30 Restful Relaxation 2:00 Play Date with Dash 2:30 Table Time 4:30 Refresh Program 6:00 Settle in with a Sitcom	Seated Yoga 9:00 Seated Yoga 9:30 Mindful Moments: Word Games 10:30 Church Service with David & Nancy 11:30 Refresh Program 1:00 Who Was? Story Time 1:30 Restful Relaxation 2:30 Table Time 3:00 We C.A.R.E. 4:30 Refresh Program 6:00 Settle in with a Sitcom	Bayada - Wise & Well 9:00 Bayada - Wise & Well 11:30 Refresh Program 1:00 Band Practice 1:30 Restful Relaxation 2:30 Table Time 2:30 Visit with Paco and Daisy! 3:00 Brain Games 4:30 Refresh Program 6:00 Settle in with a Sitcom	Ribbon Dancing 9:00 Ribbon Dancing 10:00 Art From the Heart 11:30 Refresh Program 1:00 Visit with Shine 1:30 Restful Relaxation 2:30 Table Time 3:30 Who Was? Story Time 4:30 Refresh Program 6:00 Settle in with a Sitcom	Balloon Tennis 9:00 Balloon Tennis 10:00 Friday Film Fest! 11:30 Refresh Program 1:30 Restful Relaxation 2:00 Piano with Susan 2:30 Table Time 3:00 Hearts & Harmony Music Therapy 4:30 Refresh Program 6:00 Settle in with a Sitcom	Happy Birthday Bonnie! 9:30 Coffee & Tea Social 10:00 Bean Bag Toss 10:30 Flower Arranging 11:30 Refresh Program 1:00 Puzzle Party 1:30 Restful Relaxation 2:30 Table Time 3:00 Cinema Saturday 4:30 Refresh Program 6:00 Settle in with a Sitcom
Church Service with Connie and Joe 9:30 Church Service with Connie and Joe 11:30 Refresh Program 1:30 Restful Relaxation 2:30 Table Time 3:00 Puzzle Party 3:30 Sing Along Sunday 4:30 Refresh Program 6:00 Settle in with a Sitcom	Bayada - Wise & Well 9:00 Bayada - Wise & Well 10:00 Manicure Monday! 11:00 Word Mining 11:30 Refresh Program 1:00 Wooden Sculptures 1:30 Restful Relaxation 2:00 Play Date with Dash 2:30 Table Time 4:30 Refresh Program 6:00 Settle in with a Sitcom	Seated Yoga 9:00 Seated Yoga 9:30 Mindful Moments: Word Games 10:30 Church Service with David & Nancy 11:30 Refresh Program 1:00 Who Was? Story Time 1:30 Restful Relaxation 2:30 Table Time 3:00 We C.A.R.E. 4:30 Refresh Program 6:00 Settle in with a Sitcom	Bayada - Wise & Well 9:00 Bayada - Wise & Well 11:30 Refresh Program 1:00 Band Practice 1:30 Restful Relaxation 2:30 Table Time 2:30 Visit with Paco and Daisy! 3:00 Brain Games 4:30 Refresh Program 6:00 Settle in with a Sitcom	The Cottage Observes a Period of Rest and Relaxation From 1:30pm to 2:30pm Every Day. 	All Visitors Are Welcome and Encouraged to Visit, But Please Be Mindful of Noise Levels. 	