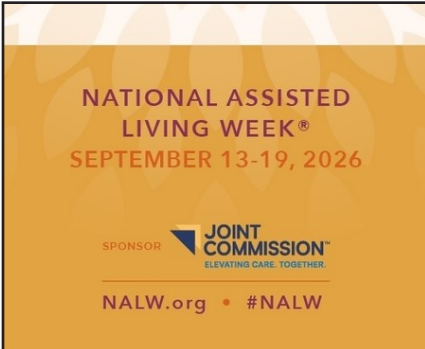


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 NATIONAL ASSISTED LIVING WEEK® SEPTEMBER 13-19, 2026 SPONSOR  JOINT COMMISSION™ ELEVATING CARE. TOGETHER. NALW.org • #NALW		1 8:30 <i>Pick Up Activity Packet</i> 9:30  Wise & Well 10:00  Devotional Reading 1:30  Ceramics with Sarah 3:00  Bingo 5:00  Pokeno	2 8:30 <i>Pick Up Activity Packet</i> 9:30  Morning Trivia 10:00  LiveWell With Legacy 10:30  Dominoes 2:00  Music with Mood Swingz ♪ 3:00  Password 5:00  Bingo	3 8:30 <i>Pick Up Activity Packet</i> 9:30  Wise & Well 10:00  Bell Choir 10:30  Bible Study 2:00  Bingo 3:00  Volleyball 5:00  Wheel of Fortune	4 8:30 <i>Pick Up Activity Packet</i> 9:30  Morning Yoga 10:00  Football Trivia 10:30  Name that Tune 2:00  Cornhole 3:00  Jeopardy	5 8:30 <i>Pick Up Activity Packet</i> 9:30  Morning Stretch 10:00  Tic-Tac-Toe 1:00  Candy Bingo 2:00  Balloon Badminton
6 8:30 <i>Pick Up Activity Packet</i> 9:30  Morning Stretch 10:00  Bible Study 11:00  Sunday Morning Hymns 1:30  Canvas Design 3:00  Popsicles on the Porch	7 Labor Day 8:30 <i>Pick Up Activity Packet</i> 9:30  Wise & Well 10:00  Gardening Club 1:30  Manicure Monday 3:00  Sing-Fit 5:30  Book Club	8 8:30 <i>Pick Up Activity Packet</i> 9:30  Wise & Well 10:00  Devotional Reading 10:30  Cello with Lloyd Eubanks♪ 2:00  Get to Know Your Neighbor Social 3:00  Bingo 6:00  Two for the Road Concert♪	9 8:30 <i>Pick Up Activity Packet</i> 9:30  Morning Trivia 10:00  LiveWell With Legacy 11:00  Stamey's Barbecue Outing 🚗 2:00  Art From the Heart 3:30  Spelling Bee 5:00  Bingo	10 8:30 <i>Pick Up Activity Packet</i> 9:30  Wise & Well 10:00  Choir 10:30  Bible Study 2:00  Bingo 3:00  Dominoes 5:00  Wheel of Fortune	11 Patriot Day 8:30 <i>Pick Up Activity Packet</i> 9:30  Morning Yoga 10:00  TV Trivia 10:30  Music with Ronnie ♪ 2:00  Tailgate Party Snacks 3:00  Deal or No Deal	12 8:30 <i>Pick Up Activity Packet</i> 9:30  Morning Stretch 10:00  Expressive Art 10:30  Landmarks 1:00  Candy Bingo 2:00  Country Music Throwback with Haystacks
13 Grandparents Day 8:30 <i>Pick Up Activity Packet</i> 9:30  Morning Stretch 10:00  Bible Study 11:00  Sunday Morning Hymns 1:00  Cornhole & Lemonade 2:00  Grandparents Day Social	14 Tie-Dye Day 8:30 <i>Pick Up Activity Packet</i> 9:30  Wise & Well 10:00  Gardening Club 1:30  Manicure Monday 3:00  Sing-Fit 5:30  Book Club	15 Western Day 8:30 <i>Pick Up Activity Packet</i> 9:30  Wise & Well 10:00  Devotional Reading 10:30  Hymns Sing-A-Long 2:00  Baked Potato Bar 3:00  Bingo 5:30  Music with Joel! ♪	16 Camo Day 8:30 <i>Pick Up Activity Packet</i> 9:30  Morning Trivia 10:00  LiveWell With Legacy 10:30  Bul Mill Cookout 🚗 2:00  Card Games 3:00  Karaoke 5:00  Bingo	17 College Team Day 8:30 <i>Pick Up Activity Packet</i> 9:30  Wise & Well 10:00  Bell Choir 10:30  Bible Study 2:00  Bingo 3:00  College Football Stadiums 5:00  Wheel of Fortune	18 Hawaiian Day 8:30 <i>Pick Up Activity Packet</i> 9:30  Morning Yoga 10:00  Cooking Club 1:30  Deal or No Deal 3:00  Luau Community Celebration	19 8:30 <i>Pick Up Activity Packet</i> 9:30  Morning Stretch 10:00  Crafts 1:00  Candy Bingo 2:00  Jeopardy
20 8:30 <i>Pick Up Activity Packet</i> 9:30  Morning Stretch 10:00  Bible Study 11:00  Sunday Morning Hymns 1:00  Wheel of Fortune 2:00  General Store	21 8:30 <i>Pick Up Activity Packet</i> 9:30  Wise & Well 10:00  Gardening Club 1:00  Krispy Kreme Outing 🚗 3:00  Sing-Fit 5:30  Book Club	22 Autumn Begins 8:30 <i>Pick Up Activity Packet</i> 9:30  Wise & Well 10:00  Devotional Reading 10:30  Hymns Sing-A-Long 2:00  Birthday Social 3:00  Bingo 5:00  Pokeno	23 8:30 <i>Pick Up Activity Packet</i> 9:30  Morning Trivia 10:00  LiveWell With Legacy 10:30  Piano Music with Pat ♪ 2:00  Spelling Bee 3:00  Password 5:00  Bingo	24 8:30 <i>Pick Up Activity Packet</i> 9:30  Wise & Well 10:00  Choir 10:30  Bible Study 1:00  Resident Council 2:00  Bingo 3:00  Movie Trivia 5:00  Wheel of Fortune	25 8:30 <i>Pick Up Activity Packet</i> 9:30  Morning Yoga 10:00  Cooking Club 2:00  History of Beach Music 3:00  Jewelry Making	26 8:30 <i>Pick Up Activity Packet</i> 9:30  Morning Stretch 10:00  Morning Trivia 10:30  Dominoes 1:00  Ice Cream on the Porch 2:00  Candy Bingo 3:00  Card Games 5:00  Wheel of Fortune
27 8:30 <i>Pick Up Activity Packet</i> 9:30  Morning Stretch 10:00  Bible Study 11:00  Sunday Morning Hymns 2:00  General Store 3:00  Cornhole and Lemonade 5:00  Bingo	28 8:30 <i>Pick Up Activity Packet</i> 9:30  Wise & Well 10:00  Gardening Club 1:30  Manicure Monday 3:00  Sing-Fit 5:30  Book Club	29 8:30 <i>Pick Up Activity Packet</i> 9:00  Red Hat Society Breakfast 10:00  Devotional Reading 10:30  Hymns Sing-A-Long 2:00  Bingo 3:00  Travel Tuesday 5:00  Family Feud	30 8:30 <i>Pick Up Activity Packet</i> 9:30  Morning Trivia 10:00  LiveWell With Legacy 10:30  Hot Mulled Cider 1:30  Country Bus Ride 🚗 3:30  Name that Tune 5:00  Bingo			 ★ 9/11 ★ PATRIOT DAY We will never forget September 11, 2001 25th Anniversary • 2001-2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		9:00 ROYAL TREATMENT 9:30 PH C1 Hula Hoop Fun 9:30 M C2 Smoothie Making 10:00 M C1 Refresh 10:30 EM C1 & C2 Art From the Heart 1:00 M C1 & C2 Relaxation Time 2:00 SO C1 & C2 Happy Hour Social 3:00 IN C1 & C2 Dice Game 3:30 M C1 & C2 Cottage Stories	9:00 ROYAL TREATMENT 9:30 M C1 & C2 Manicures 10:00 M C2 Refresh 10:30 M C1 Smoothie Making 10:30 PH C2 Tennis 12:30 SP C1 & C2 Devotional Readings 1:00 M C1 & C2 Relaxation Time 2:00 IN C1 & C2 Picture Bingo 3:00 EM C1 & C2 Watercolor Wednesday	9:00 M C2 Bell Choir 9:00 ROYAL TREATMENT 9:30 PH C1 Tennis 9:30 PH C2 Hula Hoop Fun 10:00 M C1 & C2 Refresh 10:30 M C1 & C2 Garden Club 1:00 M C1 & C2 Relaxation Time 2:00 PH C1 & C2 Cone Ball Pass 3:00 PH C1 & C2 Volleyball	9:00 ROYAL TREATMENT 9:30 PH C1 & C2 Noodle Ball 10:00 M C1 & C2 Refresh 10:30 M C1 & C2 Cottage Stories 11:00 M C1 & C2 You've Got Mail! 1:00 M C1 & C2 Relaxation Time 2:00 IN C1 & C2 Memory Boost 3:00 EM C1 & C2 Sing-Fit Music	9:00 ROYAL TREATMENT 9:30 PH C1 & C2 Table Ball 10:00 M C1 & C2 Color Your Day 10:30 M C1 & C2 Refresh & Snack Time 1:00 M C1 & C2 Relaxation Time 2:00 M C1 & C2 Cinema in Living Room 3:00 M C1 & C2 Oldies Music
6	Labor Day 7	8	9	10	11	12
9:00 ROYAL TREATMENT 10:00 SP C1 & C2 Sunday Morning Hymns 10:30 M C1 & C2 Refresh & Snack Time 1:00 M C1 & C2 Relaxation Time 2:00 SO C1 & C2 Sitcom	9:00 ROYAL TREATMENT 9:30 PH C1 & C2 Cornhole 10:00 M C1 & C2 Refresh 10:30 EM C1 & C2 Labor Day Crafts 12:30 IN C1 Memory Boost 1:00 M C1 & C2 Relaxation Time 2:00 IN C1 & C2 Piece by Piece 3:00 M C1 & C2 Sing-Fit Music	9:00 ROYAL TREATMENT 9:30 PH C1 Basketball 9:30 M C2 Smoothie Making 10:00 M C1 Refresh 10:30 EM C1 & C2 Labor Day Crafts 11:00 M C1 & C2 Baby Joy 1:00 M C1 & C2 Relaxation Time 2:00 SO C1 & C2 Happy Hour Social 3:00 EM C1 & C2 Collage Making 3:30 M C1 & C2 Garden Stroll	9:00 ROYAL TREATMENT 9:30 M C1 & C2 Manicures 10:00 M C1 & C2 Refresh 10:30 M C1 Cello with Lloyd Eubanks 10:30 PH C2 Basketball 12:30 SP C1 & C2 Devotional Readings 1:00 M C1 & C2 Relaxation Time 2:00 PH C1 & C2 Speedball 3:00 M C1 & C2 Block Construction	9:00 M C1 Bell Choir 9:00 ROYAL TREATMENT 9:30 PH C1 & C2 Soccer 10:00 M C1 & C2 Refresh 10:30 M C1 & C2 Garden Club 1:00 M C1 & C2 Relaxation Time 2:00 M C1 & C2 Let's Go Fishin' 3:00 IN C1 & C2 Card Games	9:00 ROYAL TREATMENT 9:30 PH C1 & C2 Noodle Ball 10:00 M C1 & C2 Refresh 10:30 M C1 & C2 Cottage Stories 11:00 M C1 & C2 You've Got Mail! 1:00 M C1 & C2 Relaxation Time 2:00 IN C1 & C2 Memory Boost 3:00 EM C1 & C2 Sing-Fit Music	9:00 ROYAL TREATMENT 9:30 PH C1 & C2 Table Ball 10:00 M C1 & C2 Color Your Day 10:30 M C1 & C2 Refresh & Snack Time 1:00 M C1 & C2 Relaxation Time 2:00 M C1 & C2 Cinema in Living Room 3:00 M C1 & C2 Oldies Music
13	14	15	16	17	18	19
9:00 ROYAL TREATMENT 10:00 SP C1 & C2 Sunday Morning Hymns 10:30 M C1 & C2 Refresh & Snack Time 1:00 M C1 & C2 Relaxation Time 2:00 SO C1 & C2 Sitcom	9:00 ROYAL TREATMENT 9:30 PH C1 Hula Hoop Fun 9:30 PH C2 Tennis 10:00 M C1 & C2 Refresh 10:30 EM C1 Color Your Canvas 10:30 M C2 Magnetic Fun 12:30 IN C1 & C2 Memory Boost 1:00 M C1 & C2 Relaxation Time 2:00 IN C2 Piece by Piece 3:00 EM C1 & C2 Sing-Fit Music	9:00 ROYAL TREATMENT 9:30 PH C1 Bowling 9:30 M C2 Smoothie Making 10:00 M C1 Refresh 10:30 EM C1 & C2 Art From the Heart 1:00 M C1 & C2 Relaxation Time 2:00 SO C1 & C2 Happy Hour Social 3:00 IN C1 & C2 Dice Game 3:30 M C1 & C2 Cottage Stories	9:00 ROYAL TREATMENT 9:30 M C1 & C2 Manicures 10:00 M C1 & C2 Refresh 10:30 SO C1 & C2 Bur Mil Cookout 1:00 M C1 & C2 Relaxation Time 2:15 M C1 & C2 Music with Nancy 3:00 M C1 & C2 Block Construction 3:30 EM Watercolor Wednesday	9:00 M C2 Bell Choir 9:00 ROYAL TREATMENT 9:30 PH C1 Tennis 9:30 PH C2 Hula Hoop Fun 10:00 M C1 & C2 Refresh 10:30 M C1 & C2 Garden Club 1:00 M C1 & C2 Relaxation Time 2:00 M C1 & C2 Soft & Sweet Creations 3:00 M C1 & C2 Parachute Fun 3:00 EM Cottage Care Support Group	9:00 ROYAL TREATMENT 9:30 PH C1 & C2 Noodle Ball 10:00 M C1 & C2 Refresh 10:30 M C1 & C2 Cottage Stories 11:00 M C1 & C2 You've Got Mail! 1:00 M C1 & C2 Relaxation Time 2:00 EM C1 & C2 Sing-Fit Music 3:00 SO C1 & C2 Luau Community Celebration	9:00 ROYAL TREATMENT 9:30 PH C1 & C2 Table Ball 10:00 M C1 & C2 Color Your Day 10:30 M C1 & C2 Refresh & Snack Time 1:00 M C1 & C2 Relaxation Time 2:00 M C1 & C2 Cinema in Living Room 3:00 M C1 & C2 Oldies Music
20	21	22	23	24	25	26
9:00 ROYAL TREATMENT 10:00 SP C1 & C2 Sunday Morning Hymns 10:30 M C1 & C2 Refresh & Snack Time 1:00 M C1 & C2 Relaxation Time 2:00 SO C1 & C2 Sitcom	9:00 ROYAL TREATMENT 9:30 PH C1 Cornhole 9:30 PH C2 Wise & Well 10:00 M C1 & C2 Refresh 10:30 M C1 Magnetic Fun 10:30 IN C2 Dominoes 12:30 IN C1 & C2 Memory Boost 1:00 M C1 & C2 Relaxation Time 2:00 IN C1 & C2 Piece by Piece 3:00 EM C1 & C2 Sing-Fit Music	9:00 ROYAL TREATMENT 9:30 PH C1 Basketball 9:30 M C2 Smoothie Making 10:00 M C1 Refresh 10:30 EM C1 & C2 Jewelry Making 11:00 M C1 & C2 Baby Joy 1:00 M C1 & C2 Relaxation Time 2:00 SO C1 & C2 Birthday Bash 3:00 EM C1 & C2 Card Making 3:30 M C1 & C2 Garden Stroll	9:00 ROYAL TREATMENT 9:30 M C1 & C2 Manicures 10:00 M C1 & C2 Refresh 10:30 M C1 Cottage Baking 10:30 M C2 Cello with Lloyd Eubanks 11:30 SO C1 & C2 Bistro Outing 12:30 SP C1 & C2 Devotional Readings 1:00 M C1 & C2 Relaxation Time 2:00 PH C1 & C2 Mini Golf 3:00 M C1 & C2 Marble Run	9:00 M C1 Bell Choir 9:00 ROYAL TREATMENT 9:30 IN C1 Dominoes 9:30 PH C2 Cornhole 10:00 M C1 & C2 Refresh 10:30 M C1 & C2 Garden Club 1:00 M C1 & C2 Relaxation Time 2:00 PH C1 & C2 Hockey 3:00 PH C1 & C2 Ping Pong	9:00 ROYAL TREATMENT 9:30 PH C1 & C2 Noodle Ball 10:00 M C1 & C2 Refresh 10:30 M C1 & C2 Cottage Stories 11:00 M C1 & C2 You've Got Mail! 1:00 M C1 & C2 Relaxation Time 2:00 IN C1 & C2 Memory Boost 3:00 EM C1 & C2 Sing-Fit Music	9:00 ROYAL TREATMENT 9:30 PH C1 & C2 Table Ball 10:00 M C1 & C2 Color Your Day 10:30 M C1 & C2 Refresh & Snack Time 1:00 M C1 & C2 Relaxation Time 2:00 M C1 & C2 Cinema in Living Room 3:00 M C1 & C2 Oldies Music
27	28	29	30			
9:00 ROYAL TREATMENT 10:00 SP C1 & C2 Sunday Morning Hymns 10:30 M C1 & C2 Refresh & Snack Time 1:00 M C1 & C2 Relaxation Time 2:00 SO C1 & C2 Sitcom	9:00 ROYAL TREATMENT 9:30 PH C1 Wise & Well 9:30 PH C2 Bowling 10:00 M C1 & C2 Refresh 10:30 EM C1 Color Your Day 10:30 M C2 Magnetic Fun 12:30 IN C1 & C2 Memory Boost 1:00 M C1 & C2 Relaxation Time 2:00 M C1 & C2 Scenic Bus Ride 2:30 IN C1 & C2 Piece by Piece 3:00 EM C1 & C2 Sing-Fit Music	9:00 ROYAL TREATMENT 9:30 PH C1 Bowling 9:30 M C2 Smoothie Making 10:00 M C1 Refresh 10:30 EM C1 & C2 Fall Craft 11:00 M C1 & C2 Baby Joy 1:00 M C1 & C2 Relaxation Time 2:00 SO C1 & C2 Happy Hour Social 3:00 M C1 & C2 Woodworking 3:30 M C1 & C2 Cottage Stories	9:00 ROYAL TREATMENT 9:30 M C1 & C2 Manicures 10:00 M C2 Refresh 10:30 M C1 Smoothie Making 10:30 EM C2 Color Your Day 12:30 SP C1 & C2 Devotional Readings 1:00 M C1 & C2 Relaxation Time 2:00 PH C1 & C2 Table Hockey 3:00 M C1 & C2 Jenga			