

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Activities Subject to Change. Please Check Daily Sheet.	1 9:00  -9:30 Chair Yoga (A) 10:00  -11:00 Sing Along (A) 1:30  -2:30 Art From the Heart Fall Flower Arranging 2:00  -3:00 Baking Chocolate Chip Cookie (A) 6:00  -7:00 Rummikub	2 9:00  -9:30 Exercise with Horace (D) 10:30  -11:00 General Store (A) 11:15  -11:45 Wise and Well Brain Teasers with LHS (A) 1:30  -2:30 Spring Arbor \$ Bingo with Joann (A) 3:00  -4:00 Noodle Ball 6:00  -7:00 Left, Right, Center Game (A) 	National US Bowling League Day 3 9:00  -9:30 Exercise (A) 9:45  -11:30 Walmart Trip ♥ 1:30  -2:30 Game On- Jenga 3:00  -4:00 Bowling (A) 6:00  -7:00 Thursday Throw Backs	4 9:00  -9:30 Stretch and Strength (A) 10:00  -11:00 Book Club (S) 11:30  11:30 Hymn Singing (A) 1:30  -2:30 Spring Arbor \$ Bingo (A) 3:00  -4:00 Happy Hour (A) 6:00  -7:00 Friday Night Movie Classics	5 10:15  -10:30 Morning Stroll (ITB) 10:30  -11:30 Rummikub (A)  2:00  -3:00 Jigsaw Puzzles (A)  3:30  -4:30 Residents' Choice Games (A)  6:00  -7:00 TV Game Show
National Read a Book Day 6 10:15  -10:30 Morning Stroll (ITB) 11:00  -12:00 Hayes Barton Baptist Church on TV (RR)  2:00  -3:00 Sunday School with Pleasant Plains Baptist Church (A) 3:00  -4:00 Rummikub	Labor Day 7 9:00  -9:30 Exercise with Horace (D) 1:00  -1:15 Catholic Communion Service (A) 3:00  -4:00 Candy Bingo (A) 6:00  -7:00 Left, Right, Center Game (A) 	8 9:00  -9:30 Chair Yoga (A) 10:00  11:00 Words with Friends (A) 12:00  -1:00 Mexican Dine In ♥ 1:30  -2:30 Art From the Heart Jewelry Making (A) 3:00  -4:00 Bowling (A) 6:00  -7:00 Rummikub	9 9:00  -9:30 Exercise with Horace (D) 10:30  -11:00 General Store (A) 11:15  -11:45 Wise and Well Brain Teasers with LHS (A) 1:30  -2:30 Spring Arbor \$ Bingo with Joann (A) 3:00  -4:00 Mike Gaskins on Guitar ♪ 6:00  -7:00 Left, Right, Center Game (A) 	10 9:00  -9:30 Exercise (A) 9:45  -11:30 Dollar Tree (BO) ♥ 1:30  -2:30 The Price is Right 3:00  -4:00 Cornhole on Front Porch 6:00  -7:00 Thursday Throw Backs	11 9:00  -9:30 Stretch and Strength (A) 10:00  -11:00 Book Club (S) 11:30  11:30 Hymn Singing (A) 1:30  -2:30 Spring Arbor \$ Bingo (A) 3:00  -4:00 Happy Hour (A) 4:00  -5:00 Donut Drive through for Service People 6:00  -7:00 Friday Night Movie Classics	12 10:15  -10:30 Morning Stroll (ITB) 10:30  -11:30 Rummikub (A)  2:00  -3:00 Jigsaw Puzzles (A)  3:30  -4:30 Residents' Choice Games (A)  6:00  -7:00 TV Game Show
Grandparents Day 13 10:15  -10:30 Morning Stroll (ITB) 11:00  -12:00 Hayes Barton Baptist Church on TV (RR)  2:00  -3:00 Sunday School with Pleasant Plains Baptist Church (A) 3:15  -4:15 Donut and Coffee Social (S)	14 9:00  -9:30 Exercise with Horace (D) 10:00  -11:00 Create Shine Tree 1:00  -1:15 Catholic Communion Service (A) 1:30  -2:00 Wise and Well Chair Fitness 3:00  -4:00 Candy Bingo (A) 6:00  -7:00 Left, Right, Center Game (A) 	15 9:00  -9:30 Chair Yoga (A) 10:30  -11:30 Words with Friends (A) 12:00  -2:00 Community Celebration Lunch 2:30  -3:30 Art From the Heart Mason Jar Lanterns 6:00  -7:00 Rummikub	16 9:00  -9:30 Exercise with Horace (D) 10:00  -11:00 Manicure and Mingling (A) 11:15  -11:45 Wise and Well Brain Teasers with LHS (A) 1:30  -2:30 Spring Arbor \$ Bingo with Joann (A) 2:00  -4:00 Shine Craft (D) 6:00  -7:00 Left, Right, Center Game (A) 	17 9:00  -9:30 Exercise (A) 9:30  -1:00 New Hope Valley Train Ride ♥ 1:30  -3:00 We Shine Together Event 3:00  -4:00 Bowling (A) 6:00  -7:00 Thursday Throw Backs	18 9:00  -9:30 Stretch and Strength (A) 10:00  -11:00 Book Club (S) 11:30  11:30 Hymn Singing (A) 1:30  -2:30 Spring Arbor \$ Bingo (A) 3:00  -4:00 Happy Hour (A) 6:00  -7:00 Friday Night Movie Classics	19 10:15  -10:30 Morning Stroll (ITB) 10:30  -11:30 Rummikub (A)  2:00  -3:00 Jigsaw Puzzles (A)  3:30  -4:30 Residents' Choice Games (A)  6:00  -7:00 TV Game Show
20 10:15  -10:30 Morning Stroll (ITB) 11:00  -12:00 Hayes Barton Baptist Church on TV (RR)  2:00  -3:00 Sunday School with Pleasant Plains Baptist Church (A) 3:00  -4:00 Rummikub	Rock-A-Thon 21 9:00  -9:30 Exercise with Horace (D) 10:00  -11:00 Conversation Cards 1:00  -1:15 Catholic Communion Service (A) 1:30  -2:00 Wise and Well Chair Fitness 3:00  -4:00 Candy Bingo (A) 6:00  -7:00 Left, Right, Center Game (A) 	Start of Fall 22 9:00  -9:30 Chair Yoga (A) 10:00  -11:00 Words with Friends 2:00  -4:00 Community Fall Festival 6:00  -7:00 Rummikub	23 9:00  -9:30 Exercise with Horace (D) 10:30  -11:00 General Store (A) 11:15  -11:45 Wise and Well Brain Teasers with LHS (A) 1:30  -2:30 Spring Arbor \$ Bingo with Joann (A) 3:00  -4:00 Game On: Pictionary 6:00  -7:00 Left, Right, Center Game (A) 	24 9:00  -9:30 Exercise with Legacy (D) 9:30  -1:30 Art Museum with Packed Lunch ♥ 1:30  -2:30 Sing Along 3:00  -4:00 Golfing (A) 6:00  -7:00 Thursday Throw Backs	25 9:00  -9:30 Stretch and Strength (A) 10:00  -11:00 Book Club (S) 11:30  11:30 Hymn Singing (A) 1:30  -2:30 Spring Arbor \$ Bingo (A) 3:00  -4:00 Resident Council (A) 6:00  -7:00 Friday Night Movie Classics	26 10:15  -10:30 Morning Stroll (ITB) 10:30  -11:30 Rummikub (A)  2:00  -3:00 Jigsaw Puzzles (A)  3:30  -4:30 Residents' Choice Games (A)  6:00  -7:00 TV Game Show
27 10:15  -10:30 Morning Stroll (ITB) 11:00  -12:00 Hayes Barton Baptist Church on TV (RR)  2:00  -3:00 Sunday School with Pleasant Plains Baptist Church (A) 3:00  -4:00 Rummikub	28 9:00  -9:30 Exercise with Horace (D) 10:00  -11:00 Make Banana Bread 1:00  -1:15 Catholic Communion Service (A) 1:30  -2:00 Wise and Well Chair Fitness 3:00  -4:00 Candy Bingo (A) 6:00  -7:00 Left, Right, Center Game (A) 	National Coffee Day 29 9:00  -9:30 Chair Yoga (A) 10:00  11:00 Coffee Bar 12:00  -1:00 Pizza Dine-In ♥ 1:30  -2:30 Art From the Heart Water Coloring Painting 3:00  -4:00 Sing Along 6:00  -7:00 Rummikub	30 9:00  -9:30 Exercise with Horace (D) 10:30  -11:00 General Store (A) 11:15  -11:45 Wise and Well Brain Teasers with LHS (A) 1:30  -2:30 Spring Arbor \$ Bingo with Joann (A) 2:30  -3:00 Monthly Birthday Party 3:00  -4:00 Auction 6:00  -7:00 Left, Right, Center Game (A) 	Residents' Birthdays 9/6 Mike Varvaro 9/17 Annie Rush 9/19 Mary Jo Allmond 9/25 Billie Hamilton 9/26 David Campbell	Team Members' Birthdays 9/3 Tanessa Jones 9/16 Cynthia Woods 9/24 Maria Mendez	

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	Activities Subject to Change. Please Check Daily Sheet.	1 9:30 -10:00 Daily Chronicle 10:00 -11:00 Alphabet Challenge 11:00 -11:30 Wise and Well Chair Fitness with LHS 2:00 -3:00 Art from the Heart Mason Jar Lanterns 3:00 -4:00 Afternoon Yoga 7:00 -8:00 Watch Jeopardy and Wheel of Fortune	2 9:30 -10:00 Daily Chronicle 10:00 -11:00 Bowling 11:00 -11:30 Chair Stretch and Exercise 2:00 -3:00 BINGO 3:00 -4:00 Stories to Share on Back Porch 6:00 -7:00 Classics on Screen	3 9:30 -10:00 Daily Chronicle 10:00 -11:00 Sit and Stretch 11:00 -11:30 Wise and Well Brain Teasers with LHS 2:00 -3:00 USA to Z: England 3:00 -4:00 You've Got Mail 6:00 -7:30 Throwback Thursday Movie	4 9:30 -10:00 Daily Chronicle 10:30 -11:00 Words with Friends Trivia 11:00 -11:30 Chair Stretch and Exercise 2:00 -3:00 BINGO 3:00 -4:00 Happy Hour 7:00 -8:00 Watch Jeopardy and Wheel of Fortune	5 9:30 -10:00 Daily Chronicle 10:30 -11:30 Toss and Talk 2:00 -2:30 Afternoon Yoga 3:00 -4:00 Puzzles with Friends 6:00 -7:30 Residents' Choice Movie With Popcorn		
		6 National Read a Book Day 9:30 -10:00 Daily Chronicle 10:30 -11:30 Religious Programs 2:00 -3:00 BINGO 3:00 -4:00 Art from the Heart Water Color Painting 6:00 -7:00 Watch the Price is Right	7 Labor Day 9:30 -10:00 Daily Chronicle 10:30 -11:00 Parachute 11:00 -11:30 Chair Stretch and Exercise 2:00 -3:00 Stories to Share: Conversation Cards 3:00 -4:00 BINGO 6:00 -7:00 Watch America's Got Talent	8 9:30 -10:00 Daily Chronicle 10:00 -11:00 Short Story: A Small Gift 11:00 -11:30 Wise and Well Chair Fitness with LHS 2:30 -4:00 Art from the Heart Coloring Club 3:00 -4:00 Scenic Ride 7:00 -8:00 Watch Jeopardy and Wheel of Fortune	9 9:30 -10:00 Daily Chronicle 10:00 -11:00 Golfing 11:00 -11:30 Chair Stretch and Exercise 2:00 -3:00 BINGO 3:00 -4:00 Finish the Nursery Rhymes 6:00 -7:00 Classics on Screen	10 9:30 -10:00 Daily Chronicle 10:00 -11:00 Sit and Stretch 11:00 -11:30 Wise and Well Brain Teasers with LHS 2:00 -3:00 USA to Z: France 3:00 -4:00 Noodle Ball 6:00 -7:30 Throwback Thursday Movie	11 9:30 -10:00 Daily Chronicle 10:30 -11:00 Words with Friends 11:00 -11:30 Chair Stretch and Exercise 2:00 -3:00 BINGO 3:00 -4:00 Happy Hour 7:00 -8:00 Watch Jeopardy and Wheel of Fortune	12 9:30 -10:00 Daily Chronicle 10:30 -11:30 Sing Along 2:00 -2:30 Afternoon Yoga 3:00 -4:00 Coloring for Joy and Relaxation 6:00 -7:30 Residents' Choice Movie With Popcorn
		13 Grandparents Day 9:30 -10:00 Daily Chronicle 10:30 -11:30 Religious Programs 2:00 -3:00 BINGO 3:00 -4:00 Art from the Heart Coloring for Joy and Relaxation 6:00 -7:00 Watch the Price is Right	14 9:30 -10:00 Daily Chronicle 10:30 -11:00 Parachute 11:00 -11:30 Chair Stretch and Exercise 2:00 -3:00 Baking Club: Chocolate Chip Cookies 3:00 -4:00 BINGO 6:00 -7:00 Watch America's Got Talent	15 9:30 -10:00 Daily Chronicle 10:00 -11:00 Remembering 1970s Hits 11:00 -11:30 Wise and Well Chair Fitness with LHS 2:30 -4:00 Art from the Heart Painting on Canvas 3:00 -4:00 Afternoon Yoga 7:00 -8:00 Watch Jeopardy and Wheel of Fortune	16 9:30 -10:00 Daily Chronicle 10:00 -11:00 Bowling 11:00 -11:30 Chair Stretch and Exercise 2:00 -3:00 BINGO 3:00 -4:00 Music on Back Porch 6:00 -7:00 Classics on Screen	17 9:30 -10:00 Daily Chronicle 10:00 -11:00 Sit and Stretch 11:00 -11:30 Wise and Well Brain Teasers with LHS 2:00 -3:00 USA to Z: Greece 3:00 -4:00 Stories to Share: Conversation Cards 6:00 -7:30 Throwback Thursday Movie	18 9:30 -10:00 Daily Chronicle 10:30 -11:00 Words with Friends Trivia 11:00 -11:30 Chair Stretch and Exercise 2:00 -3:00 BINGO 3:00 -4:00 Happy Hour 7:00 -8:00 Watch Jeopardy and Wheel of Fortune	19 9:30 -10:00 Daily Chronicle 10:30 -11:30 Toss and Talk 2:00 -2:30 Afternoon Yoga 3:00 -4:00 Puzzles with Friends 6:00 -7:30 Residents' Choice Movie With Popcorn
		20 9:30 -10:00 Daily Chronicle 10:30 -11:30 Religious Programs 2:00 -3:00 BINGO 3:00 -4:00 Match it up: Dominos 6:00 -7:00 Watch the Price is Right	21 9:30 -10:00 Daily Chronicle 10:30 -11:00 Parachute 11:00 -11:30 Chair Stretch and Exercise 2:00 -3:00 Stories to Share: Conversation Cards 3:00 -4:00 BINGO 6:00 -7:00 Watch America's Got Talent	22 Start of Fall 9:30 -10:00 Daily Chronicle 10:00 -11:00 Fruit and Vegetable Trivia 11:00 -11:30 Wise and Well Chair Fitness with LHS 2:30 -4:00 Art from the Heart Fall Wreath Decorating 3:00 -4:00 Afternoon Yoga 7:00 -8:00 Watch Jeopardy and Wheel of Fortune	23 9:30 -10:00 Daily Chronicle 10:00 -11:00 Cornhole 11:00 -11:30 Chair Stretch and Exercise 2:00 -3:00 BINGO 3:00 -4:00 Game On: The Price is Right 6:00 -7:00 Classics on Screen	24 9:30 -10:00 Daily Chronicle 10:00 -11:00 Sit and Stretch 11:00 -11:30 Wise and Well Brain Teasers with LHS 2:00 -3:00 USA to Z: Hungary 3:00 -4:00 Noodle Ball 6:00 -7:30 Throwback Thursday Movie	25 9:30 -10:00 Daily Chronicle 10:30 -11:00 Words with Friends 11:00 -11:30 Chair Stretch and Exercise 2:00 -3:00 BINGO 3:00 -4:00 Happy Hour 7:00 -8:00 Watch Jeopardy and Wheel of Fortune	26 9:30 -10:00 Daily Chronicle 10:30 -11:30 Sing Along 2:00 -2:30 Afternoon Yoga 3:00 -4:00 Coloring for Joy and Relaxation 6:00 -7:30 Residents' Choice Movie With Popcorn
		27 9:30 -10:00 Daily Chronicle 10:30 -11:30 Religious Programs 2:00 -3:00 BINGO 3:00 -4:00 Game on: Indoor Golfing 6:00 -7:00 Watch the Price is Right	28 9:30 -10:00 Daily Chronicle 10:30 -11:00 Make Banana Bread 11:00 -11:30 Chair Stretch and Exercise 2:00 -3:00 Fall Flower Arranging 3:00 -4:00 BINGO 6:00 -7:00 Watch America's Got Talent	29 9:30 -10:00 Daily Chronicle 10:00 -11:00 Alphabet Challenge 11:00 -11:30 Wise and Well Chair Fitness with LHS 2:30 -4:00 Art from the Heart Water Coloring Painting 3:00 -4:00 Afternoon Yoga 7:00 -8:00 Watch Jeopardy and Wheel of Fortune	30 9:30 -10:00 Daily Chronicle 10:00 -11:00 Ladder Toss 11:00 -11:30 Chair Stretch and Exercise 2:00 -3:00 BINGO 3:00 -4:00 Game On: This or That 6:00 -7:00 Classics on Screen	Residents' Birthdays 9/6 Mike Varvaro 9/17 Annie Rush 9/19 Mary Jo Allmond 9/25 Billie Hamilton 9/26 David Campbell	Team Members' Birthdays 9/3 Tanessa Jones 9/16 Cynthia Woods 9/24 Maria Mendez	