

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:45-10:00 HA Mountain Mosey Walk 10:15-10:45 A Breathe and Stretch! 11:00-11:45 SR UNO Card Game 1:15- 3:30 A Manicures (Be sure to sign up) 1:30- 2:15 SR Bible Reading 3:30- 4:30 A Ring Toss Tuesday 4:00- 4:45 FP Front Porch Rocking	2 9:00- 9:45 A Piano Music with Beth 9:45-10:00 HA Mountain Mosey Walk 10:30-11:00 A Breathe and Stretch! 11:15-11:45 A Wise & Well 1:30- 2:00 A “Max” Visits for Pet Therapy 2:15- 3:00 SR Bible Reading 4:00- 4:45 SR Hymn Singing 6:00- 6:30 SR Worship w/ Greg Burleson	3 9:00-12:00 BS Beauty Shop Open with Miley 9:45-10:00 HA Mountain Mosey Walk 10:30-11:15 SR Activity with “Will’s Place” volunteers 1:30- 2:15 SR Bible Reading 1:30- 4:00 A Manicures (Be sure to sign up) ♥ 6:00- 6:45 SR Rev. Jerry McCall, the Guitar Playing Preacher	4 9:00-12:00 BS Beauty Shop Open with Miley 9:45-10:00 HA Mountain Mosey Walk 10:30-11:00 A Breathe and Stretch! 11:15-11:45 A Wise & Well 1:30- 2:00 SR Bible Reading 2:00- 3:00 A Springers for Christ 3:30- 4:30 SR Hearts & Harmony Music Fun!	5 9:45-10:00 HA Mountain Mosey Walk 2:00- 3:00 SR Worship with Craig Brown Family
6 9:45-10:00 HA Mountain Mosey Walk 2:30- 3:00 SR Worship with Robbie 3:15- 4:00 SR Worship with Sweet Home Baptist Church	Labor Day 7 9:00-12:00 BS Beauty/Barber Shop Appointments ♥ 9:45-10:00 HA Mountain Mosey Walk 10:15-10:45 A Breathe and Stretch! 11:15-11:45 A Wise & Well 1:30- 2:15 SR Bible Reading 2:30- 3:15 A Bingo 3:30- 4:15 A Sweet Treats	8 9:45-10:00 HA Mountain Mosey Walk 10:15-10:45 A Breathe and Stretch! 11:00-11:45 A Penny Game 1:30- 3:00 SR “Art From the Heart” w/ Merlin 3:00- 3:45 SR Bible Reading 3:30- 4:30 A Ring Toss Tuesday 4:15- 4:45 FP Front Porch Rock & Reminisce	9 9:00- 9:45 A Piano Music with Beth 9:45-10:00 HA Mountain Mosey Walk 10:30-12:00 O Care Cafe Games Outing  11:15-11:45 A Wise & Well 12:00-12:45 DR September Birthday Lunch Celebration 1:30- 2:15 SR Bible Reading 2:00- 4:00 A Manicures (Be sure to sign up) ♥ 4:00- 4:45 SR Hymn Singing 6:00- 6:30 SR Worship w/ Greg Burleson	10 9:00-12:00 BS Beauty Shop Open with Miley 9:45-10:00 HA Mountain Mosey Walk 10:00-10:30 A Breathe and Stretch! 10:30- 1:30 O Lunch Outing to Wendy’s in Locust 2:00- 3:00 L Music and Dancing with DJ Todd Drye 3:15- 4:30 SR Albemarle Church of Christ Worship Service	11 9:00-12:00 BS Beauty Shop Open with Miley 9:45-10:00 HA Mountain Mosey Walk 10:30-11:00 A Breathe and Stretch! 11:15-11:45 A Wise & Well 1:30- 2:15 SR Bible Reading 2:15- 3:00 SR Remembering Patriot Day 9/11 3:15- 4:00 A UNO Card Game	12 9:45-10:00 HA Mountain Mosey Walk 2:00- 3:00 SR Gospel Friends Singing
Nat’l Assisted Living Week & Grandparents Day 13 9:45-10:00 HA Mountain Mosey Walk 3:00- 3:45 SR Worship with Michael Denning 4:00- 6:00 DR Backyard BBQ Family Event	14 9:00-12:00 BS Beauty/Barber Shop Appointments ♥ 9:00- 9:45 A Piano Music with Beth 9:45-10:00 HA Mountain Mosey Walk 10:15-10:45 A Breathe and Stretch! 11:15-11:45 A Wise & Well 1:30- 2:15 SR Bible Reading 2:30- 3:15 A Bingo 3:45- 4:45 L “Social Hour”-Get to Know Your Neighbors!	15 9:45-10:00 HA Mountain Mosey Walk 10:15-10:45 A Breathe and Stretch! 11:00-11:45 SR Bible Reading 11:00-11:45 A Traveling Down Memory Lane 1:15- 2:00 A Hangman Game 2:00- 3:00 A Palestine UMC Singing & Worship 3:30- 4:30 A Ring Toss Tuesday	16 9:00- 9:45 A Piano Music with Beth 9:45-10:00 HA Mountain Mosey Walk 10:30-11:00 SR Bible Reading 11:15-11:45 A Wise & Well 1:30- 4:00 O COMMUNITY BINGO BLAST!! ♥ 4:00- 4:45 SR Hymn Singing 6:00- 6:30 SR Worship w/ Greg Burleson 6:30- 7:00 SR Kelly & Danny Sing	17 9:00-12:00 BS Beauty Shop Open with Miley 9:45-10:00 HA Mountain Mosey Walk 10:30-11:00 SR Boomerang Church Devotions 1:30- 2:15 SR Bible Reading 2:15- 4:15 A Manicures and “Music from the Decades”	18 9:00-12:00 BS Beauty Shop Open with Miley 9:45-10:00 HA Mountain Mosey Walk 10:30-11:00 SR Bible Reading 11:15-11:45 A Wise & Well 1:30- 3:00 O “Old Candy Memories & Scooped Ice Cream” at the Yum Yum Shop 3:30- 4:30 SR Hearts & Harmony-“Music Brings Memories”	RELAY FOR LIFE-YMCA PARK 19 
20 9:45-10:00 HA Mountain Mosey Walk 3:00- 4:00 SR Worship with Jeremy Holt	World Dementia Day 21 9:00-12:00 BS Beauty/Barber Shop Appointments ♥ 9:00- 9:45 A Piano Music with Beth 9:45-10:00 HA Mountain Mosey Walk 10:30-11:00 SW C.A.R.E. Club “Dementia Walk” 11:15-11:45 A Wise & Well 1:30- 2:15 SR Bible Reading 2:30- 3:15 A Bingo 3:30- 4:30 L Cornhole Game	Fall Prevention Week 22 9:45-10:00 HA Mountain Mosey Walk 10:15-10:45 A Breathe and Stretch! 11:00-11:45 A Penny Game 1:30- 2:15 SR Bible Reading 2:00- 3:30 A “No Fall” Festival Fun 3:30- 4:30 A Ring Toss Tuesday	Flu Clinic 23 9:00- 9:45 A Piano Music with Beth 9:45-10:00 HA Mountain Mosey Walk 10:30-11:00 A Breathe and Stretch! 11:15-11:45 A Wise & Well 1:15- 2:00 SR Bible Reading 2:15- 4:00 A Manicures (Be sure to sign up) 4:00- 4:45 SR Hymn Singing 6:00- 6:30 SR Worship w/ Greg Burleson	24 9:00-12:00 BS Beauty Shop Open with Miley 9:45-10:00 HA Mountain Mosey Walk 10:15-10:45 A Breathe and Stretch! 11:00-11:45 SR Bible Reading 1:15- 2:15 A UNO Card Game Marathon 2:30- 3:00 FP Front Porch Rock & Reminisce 3:15- 4:15 SR Albemarle Church of Christ	25 9:00-12:00 BS Beauty Shop Open with Miley 9:45-10:00 HA Mountain Mosey Walk 10:30-11:00 A Breathe and Stretch! 11:15-11:45 A Wise & Well 1:15- 2:00 SR Bible Reading 2:15- 3:00 A Left-Right-Center Game 3:15- 4:00 A Brain Games 4:15- 4:45 A Noodle Ball	FULL MOON 26 9:45-10:00 HA Mountain Mosey Walk 11:00-12:00 SR Worship With Rev. CJ House
27 9:45-10:00 HA Mountain Mosey Walk 3:00- 4:00 SR Worship with New London Baptist	28 9:00-12:00 BS Beauty/Barber Shop Appointments ♥ 9:00- 9:45 A Piano Music with Beth 9:45-10:00 HA Mountain Mosey Walk 10:15-10:45 A Breathe and Stretch! 11:15-11:45 A Wise & Well 1:30- 2:15 SR Bible Reading 2:30- 3:15 A Bingo with Sandy, Tillery Compassionate Care 3:45- 4:30 A Noodle Ball	29 8:30-10:30 O Veterans’ Breakfast at Senior Center-Be sure to sign up if you are a Veteran 9:45-10:00 HA Mountain Mosey Walk 10:15-10:45 A Breathe and Stretch! 11:00-11:45 SR Bible Reading 1:15- 3:00 A Manicures (Be sure to sign up) 3:30- 4:30 A Ring Toss Tuesday	Hot Mulled Cider Day 30 9:00- 9:45 A Piano Music with Beth 9:45-10:00 HA Mountain Mosey Walk 10:30-11:00 A Breathe and Stretch! 11:15-11:45 A Wise & Well 1:30- 2:15 SR Bible Reading 2:30- 4:00 O Yum Yum Shop for Ice Cream ♥ 4:00- 4:45 SR Hymn Singing 6:00- 6:30 SR Worship w/ Greg Burleson		All Events Are Subject to Change	

September 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:00-10:00 Royal Treatment★ 10:00-10:30 Crisp Cardigan Strolls 11:00-11:45 Wise & Well with Whitney 1:00- 2:00 Rest and Relax★ 2:00- 3:00 Tennessee Pen Pals 6:00- 6:30 Ring Toss Tuesday	2 9:00-10:00 Royal Treatment★ 10:00-10:30 Crisp Cardigan Strolls 10:30-11:00 BINGO!!! 1:00- 2:00 Rest and Relax★ 2:30- 3:00 Pet Therapy with "Max" 3:15- 3:45 Chat and Cheer (Room Visits) 4:00- 4:45 Hymn Singing 6:00- 6:30 One on One	3 9:00-10:00 Royal Treatment★ 10:00-10:30 Crisp Cardigan Strolls 10:30-11:15 Activity with "Will Place" Volunteers 1:00- 2:00 Rest and Relax★ 2:00- 2:45 Wise and Well with Whitney 3:30- 4:00 Pizza Toss	4 9:30-10:00 Piano Music with Cindy 10:00-12:00 Beauty Shop with Miley 10:00-10:30 Crisp Cardigan Strolls 10:00-10:45 Rev. Delance Burris, The Singing Preacher 1:00- 2:00 Rest and Relax★ 2:30- 3:30 Hearts and Harmony Musical Moments!	5 9:00-10:00 Royal Treatment★ 10:00-10:30 Crisp Cardigan Strolls 1:00- 2:00 Rest and Relax With Hymns★ 2:00- 2:30 You've Got Mail 3:00- 4:00 Cottage Stories 6:00- 7:00 Karaoke Hour
6 9:00-10:00 Royal Treatment★ 10:00-10:30 Crisp Cardigan Strolls 1:00- 2:00 Rest and Relax With Hymns★ 2:30- 3:00 Sweet Home Baptist Church Youth Worship Visits In The Cottage	7 Labor Day 8:30- 9:00 Beauty Shop with Natasha 9:00- 9:30 Royal Treatment★ 10:00-10:30 Crisp Cardigan Strolls 10:15-11:15 BINGO! 1:00- 2:00 Rest and Relax★ 2:00- 4:00 Manicure Monday 4:30- 5:00 Courtyard Clean Up 6:00- 7:00 Movie Monday	8 9:00-10:00 Royal Treatment★ 10:00-10:30 Crisp Cardigan Strolls 10:30 Ring Toss Tuesday 11:00-11:45 Wise & Well with Whitney 1:00- 2:00 Rest and Relax★ 3:30- 4:00 Name That Country Legend 6:00- 6:30 Devotions	9 9:00-10:00 Royal Treatment★ 10:00-10:30 Crisp Cardigan Strolls 10:30-11:00 BINGO!!! 1:00- 2:00 Rest and Relax★ 3:15- 3:45 Chat and Cheer (Room Visits) 4:00- 4:45 Hymn Singing 6:00- 6:30 One on One	10 9:00-10:00 Royal Treatment★ 10:00-10:30 Crisp Cardigan Strolls 10:30- 1:30 Lunch Outing to Wendy's 1:00- 2:00 Rest and Relax★ 2:00- 3:00 Music and Dancing with Todd Drye 3:15- 4:30 Albemarle Church of Christ Worship Service 6:00- 6:30 Cornhole	11 9:30-10:00 Piano Music with Cindy 10:00-12:00 Beauty Shop with Miley 10:00-10:30 Crisp Cardigan Strolls 1:00- 2:00 Rest and Relax★ 3:30- 4:30 Patriot Sing-A-Long 4:00- 4:30 Devotions 6:00- 6:30 Hangman	12 9:00-10:00 Royal Treatment★ 10:00-10:30 Crisp Cardigan Strolls 1:00- 2:00 Rest and Relax With Hymns★ 2:00- 2:30 You've Got Mail 3:30- 4:00 Noodleball 6:00- 7:00 Karaoke Hour
13 Grandparents Day 9:00-10:00 Royal Treatment★ 10:00-10:30 Crisp Cardigan Strolls 1:00- 2:00 Rest and Relax With Hymns★ 2:00- 2:30 Furry Friends★ 4:00- 6:00 Backyard BBQ Event	14 8:30- 9:00 Beauty Shop with Natasha 9:00- 9:30 Royal Treatment★ 10:00-10:30 Crisp Cardigan Strolls 10:15-11:15 BINGO! 1:00- 2:00 Rest and Relax★ 2:00- 4:00 Manicure Monday 4:30- 5:00 Courtyard Clean Up 6:00- 7:00 Movie Monday	15 9:00-10:00 Royal Treatment★ 10:00-11:00 Art From the Heart with Merlin 11:00-12:00 Crisp Cardigan Strolls 1:00- 2:00 Rest and Relax★ 2:00- 3:00 Palestine UMC Singing and Worship 3:30 Ring Toss Tuesday 6:00- 6:30 Devotions	16 9:00-10:00 Royal Treatment★ 10:00-10:30 Crisp Cardigan Strolls 10:30-11:00 BINGO!!! 1:00- 2:00 Rest and Relax★ 3:15- 3:45 Chat and Cheer (Room Visits) 4:00- 4:45 Hymn Singing 6:00- 6:30 One on One	17 9:00-10:00 Royal Treatment★ 10:00-10:30 Crisp Cardigan Strolls 10:30-11:00 Boomerang Church Devotions 1:00- 2:00 Rest and Relax★ 2:00- 2:45 Wise and Well with Whitney 3:30- 4:15 Balloon Badminton 6:00- 6:30 The Price is Right	18 9:30-10:00 Piano Music with Cindy 10:00-12:00 Beauty Shop with Miley 10:00-10:30 Crisp Cardigan Strolls 1:00- 2:00 Rest and Relax★ 2:30- 3:30 Hearts & Harmony Music Fun!★ 4:00- 4:30 Devotions	19 9:00-10:00 Royal Treatment★ 10:00-10:30 Crisp Cardigan Strolls 1:00- 2:00 Rest and Relax With Hymns★ 2:00- 2:30 You've Got Mail 3:00- 4:00 Cottage Stories 6:00- 7:00 Karaoke Hour
20 9:00-10:00 Royal Treatment★ 10:00-10:30 Crisp Cardigan Strolls 1:00- 2:00 Rest and Relax With Hymns★ 2:00- 2:30 Baby Joy★	21 8:30- 9:00 Beauty Shop with Natasha 9:00- 9:30 Royal Treatment★ 10:00-10:30 Crisp Cardigan Strolls 10:30-11:15 World Dementia Day Memory in Motion Walk with Whitney 1:00- 2:00 Rest and Relax★ 2:00- 4:00 Manicure Monday 4:30- 5:00 Courtyard Clean Up 6:00- 7:00 Movie Monday	22 9:00-10:00 Royal Treatment★ 10:00-10:30 Crisp Cardigan Strolls 10:30 Ring Toss Tuesday 11:00-11:30 The Cottage Council 1:00- 2:00 Rest and Relax★ 2:00- 3:30 No Fall Fest with Whitney 6:00- 6:30 Devotions	23 9:00-10:00 Royal Treatment★ 10:00-10:30 Crisp Cardigan Strolls 10:30-11:00 BINGO!!! 1:00- 2:00 Rest and Relax★ 3:15- 3:45 Chat and Cheer (Room Visits) 4:00- 4:45 Hymn Singing 6:00- 6:30 One on One	24 9:00-10:00 Royal Treatment★ 10:00-10:30 Crisp Cardigan Strolls 1:00- 2:00 Rest and Relax★ 2:00- 2:45 Wise and Well with Whitney 3:15- 4:15 Albemarle Church of Christ Worship Service 6:00- 6:30 Horseshoes	25 9:30-10:00 Piano Music with Cindy 10:00-12:00 Beauty Shop with Miley 10:00-10:30 Crisp Cardigan Strolls 1:00- 2:00 Rest and Relax★ 4:00- 4:30 Devotions 6:00- 6:30 Hangman	26 9:00-10:00 Royal Treatment★ 10:00-10:30 Crisp Cardigan Strolls 1:00- 2:00 Rest and Relax With Hymns★ 2:00- 2:30 You've Got Mail 3:00- 4:00 Balloon Volleyball 6:00- 7:00 Karaoke Hour
27 9:00-10:00 Royal Treatment★ 10:00-10:30 Crisp Cardigan Strolls 1:00- 2:00 Rest and Relax With Hymns★ 2:00- 2:30 Furry Friends★	28 8:30- 9:00 Beauty Shop with Natasha 9:00- 9:30 Royal Treatment★ 10:00-10:30 Crisp Cardigan Strolls 10:15-11:15 BINGO! 1:00- 2:00 Rest and Relax★ 2:00- 4:00 Manicure Monday 4:30- 5:00 Courtyard Clean Up 6:00- 7:00 Movie Monday	29 9:00-10:00 Royal Treatment★ 10:00-10:30 Crisp Cardigan Strolls 10:30 Ring Toss Tuesday 11:00-11:45 Wise & Well with Whitney 1:00- 2:00 Rest and Relax★ 6:00- 6:30 Devotions	30 9:00-10:00 Royal Treatment★ 10:00-10:30 Crisp Cardigan Strolls 10:30-11:00 BINGO!!! 1:00- 2:00 Rest and Relax★ 3:15- 3:45 Yum Yum Shop for Ice Cream 4:00- 4:45 Hymn Singing 6:00- 6:30 One on One		All Events Are Subject to Change	