



September 2026

- Physical Health

Spiritual Health

Intellectual Wellness

Vocational/Sensory Wellness

Social Wellness
- Emotional Wellness

Environmental Wellness

Trip-Sign-Up Required

★ Special Event

📖 Book Club
- 🎨 Art Club

✓ Independent or Resident Led

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Assisted Living Activity Calendar Theme: Shining Through the Years Art Club: Famous Artists through the Ages		1 9:30 Balloon Ball, LIB 10:00 Death in the Alps, LIB🎨 11:00 Knitting and Crocheting Club, LIB✓ 2:00 Scrabble, CC 3:00 Reminiscing; Favorite Careers, LIB 4:00 Bingo Prize, LIB	2 9:45 Seated Zumba, LIB 10:30 Celebrating Labor Day; Patriotic Door Decor, CC 11:30 Courtyard Walk, CT✓ 1:30 Quiet Reading, LIB✓ 2:30 Fox Fitness Class, LIB 3:00 5 Clues Game; What Job Is It? 3:30 Nice Job! Crossword, LIB 4:15 Manicures, CC	3 10:15 Art Discussion; Pointillism, LIB🎨 11:00 Tai Chi Seated Stretching, LIB 1:30 Bible Verses and Spiritual Coloring, LIB✓ 2:00 Movie Matinee; Queen Bees, CC 4:15 Bingo, LIB 6:30 Courtyard Stroll, CT✓	4 9:30 Balloon Ball, LIB 10:30 Bible Study, LIB 11:15 Bingo Prize, LIB 2:00 YOU SHINE Thank You Cards to Team Members, LIB 3:00 Therapy Dog Visit, Ridge, LIB★ 4:00 Welcome to Rosewood Social, CT 6:30 Nightly News, L	5 10:30 Courtyard Walk and Stretch, CT 11:15 Bingo, LIB 1:30 UNO Cards, CC 2:00 Afternoon at the Ballet, Coppelia, CC 6:30 Nightly News, L
6 10:30 Documentary; Fortress of the Bear, CC 1:30 CrossLife Community Church, LIB 3:00 History of Labor Day Discussion, CC 4:00 Cornhole, CT	7 Labor Day 10:30 Balloon Ball, LIB 11:00 Labor Day Trivia, LIB 12:30 Labor Day Barbecue, DR★ 2:30 Fox Fitness Class, LIB 3:00 Concert, Vicky Lee, Irish Harp, DR 6:30 Courtyard Stroll, CT✓	8 9:30 Balloon Ball, LIB 10:00 Short Story and Discussion; A Small Gift 11:00 Knitting and Crocheting Club, LIB✓ 2:00 Writing Letters to Grandchildren, LIB 3:00 Manicures, CC 4:00 Bingo Prize, LIB	9 9:45 Seated Zumba, LIB 10:30 Educational Presentation by Loving Arms, LIB 11:15 Craft; Pumpkin Frames, CC 1:30 Quiet Reading, LIB✓ 2:30 Fox Fitness Class, LIB 3:00 Therapy Dog Visit, Eva, LIB★ 3:30 Spin and Think; Grandparent Trivia, LIB 4:15 Manicures, CC	10 9:30 Documentary; Tim's Vermeer, CC🎨 11:00 Tai Chi Seated Stretching, LIB 1:30 Bible Verses and Spiritual Coloring, LIB✓ 2:00 Scrabble, LIB 3:00 Concert; Adam Melia, DR★ 4:00 Bingo, LIB 6:30 Courtyard Stroll, CT✓	11 9:30 Balloon Ball, LIB 10:30 Bible Study, LIB 11:15 Bingo Prize, LIB 2:00 Scenic Drive🚗 3:30 Baking Cookies for Bake Sale, CC 6:30 Nightly News, L	12 10:30 Easy Stretch, LIB 11:15 Bingo, LIB 1:30 Sing-along with Hannah, LIB 2:30 Movie Matinee, Billy Elliot, CC 6:30 Nightly News, L
13 Grandparents Day 10:30 Documentary; Evolution of Dad, CC 1:30 CrossLife Community Church, LIB 3:00 Cookies for Grandparents, CC 4:00 Indoor Bowling, LIB	14 National Assisted Living Week 10:30 Balloon Ball, LIB 11:00 Wisdom Wall Project, LIB★ 2:30 Fox Fitness Class, LIB 3:00 Toast to National Assisted Living Week, CT 4:00 Documentary, The Farthest Voyager in Space CC	15 9:30 Courtyard Walk, CT 10:00 Craft and Bake Sale for Alzheimer's Association, LIB & LB★ 2:00 Knitting and Crocheting Club, CC✓ 3:00 Documentary, Planet Earth Seasonal Forests CC 4:00 Bingo Prize, CC	16 9:45 Seated Zumba, CC 10:00 Craft and Bake Sale for Alzheimer's Association, LIB & LB★ 1:30 Courtyard Walk, CT✓ 2:30 Fox Fitness Class, CC 3:00 Kids for Christ, DR★ 4:15 Manicures, CC	17 9:30 Documentary, The Post-Impressionists, Paul Gauguin, CC🎨 11:00 Tai Chi Seated Stretching, LIB 2:00 Photography Club with Mary and Norm, LIB 3:00 Jigsaw Puzzles, CC✓ 4:00 Bingo, LIB 6:30 Courtyard Stroll, CT✓	18 9:30 Balloon Ball, LIB 10:30 Bible Study, LIB 11:15 Bingo Prize, LIB 2:00 Craft, Tissue Paper Illuminated Sun, CC 4:15 Shine Your Light Happy Hour, CT 6:30 Nightly News, L	19 10:30 Courtyard Walk and Stretch, CT 11:15 Bingo, LIB 2:00 Movie Matinee, An Affair to Remember, CC 6:30 Nightly News, L
20 10:30 Documentary; Odzala, Islands in the Forest, CC 1:30 CrossLife Community Church, LIB 3:00 Scrabble, LIB 4:00 Seated Football, LIB	21 10:30 Balloon Ball, LIB 11:00 Craft; Sun, Moon, and Stars Light Catchers, LIB 1:30 Scrabble, CC 2:30 Fox Fitness Class, LIB 3:00 Movie Matinee, Cocoon, CC 6:30 Courtyard Stroll, CT✓	22 9:30 Balloon Ball, LIB 10:00 Readers' Theatre; What's in a Name?🎨 11:00 Jigsaw Puzzles, CC✓ 2:00 Concert; Kim and Jimbo, DR★ 3:15 Cornhole, CT 4:00 Bingo Prize, LIB	23 9:45 Seated Zumba, LIB 10:30 Craft; Painted Autumn Leaves, Part 1, CC 11:30 Courtyard Walk, CT✓ 1:30 Quiet Reading, LIB✓ 2:30 Fox Fitness Class, LIB 3:00 Cooking; Apples and Caramel Dip, CT 4:15 Manicures, CC	24 9:30 Documentary; Degas, CC🎨 11:00 Tai Chi Seated Stretching, LIB 1:30 Bible Verses and Spiritual Coloring, LIB✓ 2:00 Movie Matinee, Secondhand Lions, CC 4:00 Bingo, LIB 6:30 Courtyard Stroll, CT✓	25 9:30 Balloon Ball, LIB 10:30 Bible Study, LIB 11:15 Bingo Prize, LIB 2:00 Trip to Target🛒 3:30 Reminisce; Accomplishments and Shining Moments, LIB 4:15 Happy Hour, CT 6:30 Nightly News, L	26 10:30 Easy Stretch LIB 11:15 Bingo, LIB 1:30 History of Oktoberfest, CC 2:30 Documentary; Visions of Austria and Germany, CC 6:30 Courtyard Stroll, CT✓
27 10:30 Morning Matinee, Wall-E, CC 1:30 CrossLife Community Church, LIB 3:00 Sing along with Hannah, LIB 4:00 Cornhole, CT	28 10:30 Balloon Ball, LIB 11:00 Travelogue; Meet me in Montreal, CC 11:30 Reminisce; Favorite Trips, CC 1:30 UNO Cards, CC✓ 2:30 Fox Fitness Class, LIB 3:00 Movie Matinee, Yesterday, CC 6:30 Courtyard Stroll, CT✓	29 9:30 Balloon Ball, LIB 10:00 Short Story and Discussion; Big Hearts in a Small Town, LIB 11:00 Knitting and Crocheting Club, LIB✓ 2:00 Resident Council, LIB 3:00 Manicures, CC 4:00 Bingo Prize, LIB	30 9:45 Seated Zumba, LIB 10:30 Craft; Painting Autumn Leaves, Part 2, CC 11:30 Courtyard Walk, CT✓ 1:30 Quiet Reading, LIB✓ 2:30 Fox Fitness Class, LIB 3:30 Birthday Party, DR 4:30 Jigsaw Puzzles, CC✓	LOCATION KEY LIB Library CC Coastal Cove DR Dining Room CT Courtyard L Lounge LB Lobby Most activities are 45 minutes. Trips and films are 2 hours.	All Events Are Subject to Change	Happy Grandparents Day First Sunday after Labor Day