

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	NATIONAL ASSISTED LIVING WEEK® SEPTEMBER 13-19, 2026 SPONSOR  NALW.org • #NALW	1 9:30  Daily Chronicle (FQ) 10:00  Balloon Ball (FQ) 11:00  Music w/ Dave Goodrich 🎵 1:30  BINGO (L) 3:00  Happy Hour (FQ) 4:00  Right on Time?	2 9:30  Daily Chronicle (FQ) 10:00  Wise & Well w/ Bayada ♥ 11:00  Bible Study w/ Sherry 12:45  Book Mobile 1:30  Travelogue: Montreal 3:00  Meet Me in Montreal Word Search 6:00  Classic Movie Matinee (T)	3 9:30  Daily Chronicle (FQ) 10:00  Balloon Ball (FQ) 11:00  Who, what, where?(FQ) 1:30  Wellness Talk w/ Bayada 2:30  Bell-Bottoms to Boots: 1970s Discussion (P) 4:00  Mad Libs	4 9:30  Daily Chronicle (FQ) 10:00  Stretch & Strengthen 11:30  Lunch Outing: Tavern on the James ✓ 1:30  Walking Club 3:00  Happy Hour (FQ) 6:00  Crossword Puzzle (L)	5 10:00  Seated '60s Cardio 10:30  Documentary 1:30  BINGO (L) 2:30  1970s Pictionary
6 11:00  Sunday Service Streaming (L) 1:30  Sunday Stretch (FQ) 2:00  Riddle Me This (FQ) 3:30  Classic Movie Matinee	7 9:30  Daily Chronicle (FQ) 10:00  Catholic Visits 10:00  Stretch & Strengthen (FQ) 11:00  Occupational Wheel of Fortune 1:30  Craft: Bird Feeder Tea Cups 2:30  Learning About Labor Day 3:30  Karaoke Group (T) 6:00  Puzzle Mania (L) 🖐	8 9:30  Daily Chronicle (FQ) 10:00  Balloon Ball (FQ) 11:00  We C.A.R.E. Club in the Cottage (C) ♥ 1:30  BINGO (L) 3:00  Happy Hour (FQ) 4:00  Bean Bag Twister	9 9:30  Daily Chronicle (FQ) 10:00  Wise & Well w/ Bayada ♥ 11:00  Bible Study w/ Sherry 1:30  Dirty Soda Bar 2:30  Lifelong Learner 6:00  Classic Movie Matinee (T)	10 9:30  Daily Chronicle (FQ) 10:00  Balloon Ball (FQ) 11:00  Music w/ Eric Franzen 🎵 1:30  Refresh & Relax on The Patio(P) 2:30  Spot the Difference 3:30  Tai Chi	11 9:30  Daily Chronicle (FQ) 10:00  Stretch & Strengthen 11:00  Card Crafting For Firefighters 1:30  Walking Club 3:00  Happy Hour (FQ) 6:00  Crossword Puzzle (L)	12 10:00  Chair Zumba 10:30  Documentary 1:30  BINGO (L) 2:30  Fill In the Lyric
Assisted Living Week Grandparents Day 13 11:00  Sunday Stretch (FQ) 1:30  RiverStone Church(L) 2:30  Cookie Decorating 4:00  Classic Movie Matinee	Let Your Personality Shine 14 9:30  Daily Chronicle (FQ) 10:00  Catholic Visits 10:00  Stretch & Strengthen (FQ) 11:00  Trivia (L) 1:30  Let's Make: Wood Working w/ Nico 3:30  Karaoke Group (T) 6:00  Puzzle Mania (L) 🖐	Shine and Dine 15 9:30  Daily Chronicle (FQ) 10:00  Balloon Ball (FQ) 11:00  We C.A.R.E. Club in the Cottage (C) ♥ 1:30  BINGO (L) 2:00  Shining w/ Bayada 3:00  A Recipe to Remember 3:00  Happy Hour (FQ) 4:00  Who, what, where? (FQ)	Shine Bright Game Day 16 9:30  Daily Chronicle (FQ) 10:00  Praise Band (L) 11:00  Bible Study w/ Sherry (PD) 12:45  Book Mobile 1:15  Brain Games w/ Wellness 2:00  Bowling w/ Brightstar 2:30  Popcorn Social 6:00  Classic Movie Matinee (T)	Shining Through the Years 17 9:30  Daily Chronicle (FQ) 10:00  Balloon Ball (FQ) 10:30  Music w/ Kathy Davis in Cottage 1:30  '60s-'80s Trivia 2:00  Glow Party w/ Trinity 4:00  Then & Now	Shine Together 18 9:30  Daily Chronicle (FQ) 10:00  Stretch & Strengthen 11:00  Behind the Badge w/ Eboni 1:30  Shopping Outing ✓ 3:00  Happy Hour (FQ) 4:00  Music & Stories w/ April 6:00  Crossword Puzzle (L)	Oktoberfest Begins 19 10:00  Full Body Chair Workout 10:30  Documentary 1:30  BINGO (L) 2:30  Guess the Landmark (FQ)
20 11:00  Sunday Service Streaming (L) 1:30  Sunday Stretch (FQ) 2:00  Jewelry Making 3:30  Classic Movie Matinee	World Alzheimer's Day 21 9:30  Daily Chronicle (FQ) 10:00  Catholic Visits 10:00  Stretch & Strengthen (FQ) 11:00  Brain Health Fair (L) 1:30  Resident Council (L) 3:00  Craft: Stippling the Art of Dotting 3:30  Karaoke Group (T) 6:00  Puzzle Mania (L) 🖐	Autumn Begins 22 9:30  Daily Chronicle (FQ) 10:00  Balloon Ball (FQ) 11:00  We C.A.R.E. Club in the Cottage (C) ♥ 1:30  BINGO (L) 3:00  Happy Hour (FQ) 4:00  Hangman	23 9:30  Daily Chronicle (FQ) 10:00  Wise & Well w/ Bayada ♥ 11:00  Bible Study w/ Sherry 1:30  Nature Documentary(FQ) 2:30  Mini Golf(L) 3:30  Lost & Found (L) 6:00  Classic Movie Matinee (T)	24 9:30  Daily Chronicle (FQ) 10:00  Balloon Ball (FQ) 1:30  Refresh & Relax on The Patio(P) 1:30  The RoseWood Store 3:00  Funny Pet Moments 4:00  Disc Ball	25 9:30  Daily Chronicle (FQ) 10:00  Stretch & Strengthen 11:00  Oktoberfest Birthday Party w/ Josh Urban 1:30  Walking Club 3:00  Happy Hour (FQ) 6:00  Crossword Puzzle (L)	26 10:00  Seated Chair Yoga 10:30  Documentary 1:30  BINGO (L) 2:30  Name That Tune (FQ)
27 11:00  Sunday Service Streaming (L) 1:30  Sunday Stretch (FQ) 2:00  Water Coloring 3:30  Classic Movie Matinee	28 9:30  Daily Chronicle (FQ) 10:00  Catholic Visits 10:00  Stretch & Strengthen (FQ) 11:00  Trivia (L) 1:30  Let's Make: Onion Dip 3:30  Karaoke Group (T) 6:00  Puzzle Mania (L) 🖐	National Coffee Day 29 9:30  Daily Chronicle (FQ) 10:00  Balloon Ball (FQ) 10:30  Coffee Bar (P) 11:00  We C.A.R.E. Club in the Cottage (C) ♥ 1:30  BINGO (L) 3:00  Happy Hour (FQ)	30 9:30  Daily Chronicle (FQ) 10:00  Wise & Well w/ Bayada ♥ 11:00  Bible Study w/ Sherry 1:30  New Resident Social(L) 6:00  Classic Movie Matinee (T)		Location Key P-Patio L-Library T-Theater D-Dining Room MC-Memory Care FQ-French Quarter PD-Private Dining Room Please Check Daily Flyer For Updates	HAPPY GRAND PARENTS DAY 