

September 2026

Allegro Fort Lauderdale Ensemble

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:30 Outdoor Time (TR) 10:30 Flex & Relax (iN2L) 11:00 All About September (iN2L) 1:00 Comedy Choice (AR) 2:00 Bean Bag Toss (AR) 3:00 Bingo Time! (AR) 4:00 General Knowledge Trivia, Prizes! (AR) 6:00 Interactive Game (iN2L)	9:30 Outdoor Time (TR) 10:30 Travel Talk & Trivia (AR) 11:30 Morning Stretch (AR) 1:00 Foods From Around The World (AR) 2:00 Movie Theater Reserved (T) 2:30 Arts & Crafts, Fall Painting (AR) 3:30 Read Aloud, Short Stories (AR) 4:30 Relax & Listen, Water Falls (AR) 6:00 Eve. Activity w/ Eudene (AR)	10:00 Morning Stretch (iN2L) 10:30 Interactive Games (iN2L) 11:30 Sing-A-Long Songs (iN2L) 1:00 The Carol Burnett Show (AR) 2:00 Library Time (LI) 3:00 Scenic Bus Ride (O) 4:00 Happy Hour w/ Live Music (B) 6:00 Evening Movie (iN2L)	10:00 Morning Stretch (iN2L) 10:30 Travel Slide Show/Trivia (iN2L) 11:30 Outdoor Reminiscing (TR) 1:00 The Comedy of Mr. Bean (AR) 2:00 Let's Get Physical! (AR) 3:00 Table Word Search/Puzzle (AR) 4:00 Andre Rieu Concert Video (AR) 6:00 Virtual Jewish Service (iN2L)	9:30 Outdoor Time on Terrace (TR) 10:30 Bible Study (iN2L) 11:30 Morning Stretch (iN2L) 1:00 Movie Matinee (AR) 2:00 Balloon Volley/Beach Ball Toss (AR) 3:00 Table Top Games (AR) 4:00 Favorite Songs/Singers (AR) 6:00 Dominoes Tournament (AR)
9:30 Virtual Church Service (iN2L) 10:30 Flex & Relax Class (iN2L) 11:00 Interactive Games/Sun-Sentinel (iN2L) 1:00 Sports Sundays! (AR) 2:45 Ice Cream Social (D) 3:15 Indoor/Outdoor Walk (BTW) 4:00 Senior Trivia! (AR) 6:00 Interactive Game (AR)	10:00 Morning Stretch (iN2L) 10:30 All About Labor Day (iN2L) 11:30 Music Therapy (iN2L) 1:00 David Foster Concert (AR) 2:00 Stretching w/ Scarves (AR) 3:00 Arts & Crafts: Fall Collage (AR) 4:00 Labor Day Video Clips (AR) 6:00 Motivational Speaker Video (AR)	9:30 Outdoor Time (TR) 10:30 Flex & Relax (iN2L) 11:00 Music & Instruments (iN2L) 1:00 Dean Martin/Comedy Roast (AR) 2:00 New Entertainer, "Colleen" (AR) 3:30 Bingo Time! (AR) 4:00 The 7 Wonders of the World (AR) 6:00 Interactive Game (iN2L)	9:30 Outdoor Time (TR) 10:30 Pet Therapy w/ "Sophie" (AR) 11:30 Morning Stretch (AR) 1:00 Classic Musical, Choice (AR) 2:00 Charades! (AR) 3:00 Cooking Demonstration w/ Chef (D) 4:00 The Wheel of Fortune (AR) 6:00 Eve. Activity w/ Eudene (AR)	10:00 Morning Stretch (iN2L) 10:30 Interactive Games (iN2L) 11:30 Sing-A-Long Songs (iN2L) 1:00 Travel Video, New England States (AR) 2:00 Library Time (LI) 3:00 Scenic Bus Ride (O) 4:00 Happy Hour w/ Live Music (B) 6:00 Evening Movie (iN2L)	10:00 Morning Stretch (iN2L) 10:30 All About Rosh Hashana (iN2L) 11:30 Outdoor Reminiscing (TR) 1:00 Classic Comedy, Choice (AR) 2:00 Let's Get Physical! (AR) 2:30 Apples & Honey Served (AR) 3:00 Group Coloring Poster/Puzzle (AR) 4:00 September Word Game (DE) 6:00 Virtual Jewish Service (iN2L)	9:30 Outdoor Time on Terrace (TR) 10:30 Bible Study (iN2L) 11:30 Morning Stretch (iN2L) 1:00 Movie Matinee (AR) 2:00 Ring Toss Competition (AR) 3:00 Folding, Sorting & Matching Game (AR) 4:00 Famous Duets (AR) 6:00 Dominoes Tournament (AR)
9:30 Virtual Church Service (iN2L) 10:30 Flex & Relax Class (iN2L) 11:00 Interactive Games/Sun-Sentinel (iN2L) 1:00 Sports Sundays! (AR) 2:00 Grandparent's Day Social (AR) 3:15 Indoor/Outdoor Walk (BTW) 4:00 Journaling (AR) 6:00 Interactive Game (AR)	10:00 Morning Stretch (iN2L) 10:30 The Family Feud (iN2L) 11:30 Music Therapy (iN2L) 1:00 Stand-Up Comedians (AR) 2:00 Parachute Ball (AR) 3:00 Arts & Crafts: Holiday Kits (AR) 4:00 Short Story Reading by Residents (AR) 6:00 Motivational Speaker Video (AR)	9:30 Outdoor Time (TR) 10:30 Flex & Relax (iN2L) 11:00 Music & Instruments (iN2L) 1:00 Sweet Memories, Residents Favorite Desserts & Recipes (AR) 2:00 Outdoor Walk (BTW) 3:00 Bingo Time! (AR) 4:00 Classic Musical, Choice (AR) 6:00 Interactive Game (iN2L)	9:30 Outdoor Time (TR) 10:30 News & Views (AR) 11:30 Morning Stretch (AR) 1:00 Elvis Presley Classic (AR) 2:00 Movie Theater Reserved (T) 3:00 Table Top Coloring Poster/Fall Puzzle (AR) 4:00 The Guess Who Game (AR) 6:00 Eve. Activity w/ Eudene (AR)	10:00 Morning Stretch (iN2L) 10:30 Interactive Games (iN2L) 11:30 Sing-A-Long Songs (iN2L) 1:00 David Foster Concert (AR) 2:00 Library Time (LI) 3:00 Scenic Bus Ride (O) 4:00 Happy Hour w/ Live Music (B) 6:00 Evening Movie (iN2L)	10:00 Morning Stretch (iN2L) 10:30 Travel Slide Show/Trivia (iN2L) 11:30 Outdoor Reminiscing (TR) 1:00 Movie Matinee (AR) 2:00 Let's Get Physical! (AR) 3:00 Table Top Games (AR) 4:00 September Word Game (DEB) 6:00 Virtual Jewish Service (iN2L)	9:30 Outdoor Time on Terrace (TR) 10:30 Bible Study (iN2L) 11:30 Morning Stretch (iN2L) 1:00 Movie Matinee (AR) 2:00 Badminton/Ball Toss (AR) 3:00 Table Top Games (AR) 4:00 Name That Tune (AR) 6:00 Dominoes Tournament (AR)
9:30 Virtual Church Service (iN2L) 10:30 Flex & Relax Class (iN2L) 11:00 Interactive Games/Sun-Sentinel (iN2L) 1:00 Sports Sundays! (AR) 2:45 Ice Cream Social (D) 3:15 Indoor/Outdoor Walk (BTW) 4:00 All About Yom Kippur (AR) 6:00 Interactive Game (AR)	10:00 Morning Stretch (iN2L) 10:30 Group Word Challenge (iN2L) 11:30 Music Therapy (iN2L) 1:00 Travelogue (AR) 2:00 Indoor/Outdoor Walk (BTW) 3:00 The Golden Girls Salon (AR) 4:00 Set The Clock! (AR) 6:00 Motivational Speaker Video (AR)	9:30 Outdoor Time (TR) 10:30 Flex & Relax (iN2L) 11:00 1st Day of Autumn Videos, Trivia (iN2L) 1:00 Outdoor Walk (PD) 2:00 David Foster Concert (AR) 3:00 Bingo Time! (AR) 4:00 Autumn Scenes: Foliage (AR) 6:00 Interactive Game (iN2L)	9:30 Outdoor Time (TR) 10:30 Pet Therapy w/ "Sophie" (AR) 11:30 Morning Stretch (AR) 1:00 Hee Haw/Laugh-In (AR) 2:15 Fall Pie Sampling (D) 3:00 Music Therapy w/ Marianela (AR) 4:00 Reminiscing: Short Stories (AR) 6:00 Eve. Activity w/ Eudene (AR)	10:00 Morning Stretch (iN2L) 10:30 Interactive Games (iN2L) 11:30 Sing-A-Long Songs (iN2L) 1:00 The Lawrence Welk Show (AR) 2:00 Library Time (LI) 3:00 Scenic Bus Ride (O) 4:00 Happy Hour w/ Live Music (B) 6:00 Evening Movie (iN2L)	10:00 Morning Stretch (iN2L) 10:30 All About Sukkot (iN2L) 11:30 Outdoor Reminiscing (TR) 1:00 Elvis Presley Classic (AR) 2:00 Let's Get Physical! (AR) 3:00 Group Dominoes/Coloring Poster (AR) 4:00 The Wheel of Fortune (AR) 6:00 Virtual Jewish Service (iN2L)	9:30 Outdoor Time on Terrace (TR) 10:30 Bible Study (iN2L) 11:30 Morning Stretch (iN2L) 1:00 Movie Matinee (AR) 2:00 Let's Get Physical! (AR) 3:00 Flower Arranging (AR) 4:00 Favorite Songs/Singers (AR) 6:00 Dominoes Tournament (AR)
9:30 Virtual Church Service (iN2L) 10:30 Flex & Relax Class (iN2L) 11:00 Interactive Games/Sun-Sentinel (iN2L) 1:00 Sports Sundays! (AR) 2:45 Ice Cream Social (D) 3:15 Indoor/Outdoor Walk (BTW) 4:00 Memory Games (AR) 6:00 Interactive Game (AR)	10:00 Morning Stretch (iN2L) 10:30 Group Word Challenge (iN2L) 11:30 Music Therapy (iN2L) 1:00 Andre Rieu Concert Video (AR) 2:00 Hot Potato (AR) 2:30 Baking/Cooking Class (AR) 4:00 The 5 Senses, Video Clips (AR) 6:00 Motivational Speaker Video (AR)	9:30 Outdoor Time (TR) 10:30 Flex & Relax (iN2L) 11:00 Music & Instruments (iN2L) 1:00 Dean Martin/Comedy Roast (AR) 2:00 Let's Get Physical! (AR) 3:00 Bingo Time! (AR) 4:00 Fall Trivia (AR) 6:00 Interactive Game (iN2L)	9:30 Outdoor Time (TR) 10:30 News & Views (AR) 11:30 Morning Stretch (AR) 1:00 The Comedy of Mr. Bean (AR) 2:00 Let's Get Physical! (AR) 3:00 Arts & Crafts, Fall Leaves (AR) 4:00 Travel Video Clips, Requests (AR) 6:00 Eve. Activity w/ Eudene (AR)			



Happy Birthday!

Happy Birthday
Christina C.–9/1
Barry O.–9/5
Jane M.–9/17
Marty G.–9/28

Monthly Happenings

National Assisted Living Week
9/13–19th
9/8–New Entertainer,
Colleen
9/9–Cooking Demonstration
w/ Chef
9/9, 9/23–Pet Therapy
w/ Sophie
9/13–Grandparent's Day Social
9/2, 9/16–Movie Theater Reserved
Thursdays @ 3:00, Scenic Bus Ride

Locations

AR = Activity Room
B = Bistro
D = Demonstration Kitchen
iN2L= Interactive Screen
LI = Library
L = Lobby
T = Movie Theater
O = Outing
PD = Pool Deck
Q = Quiet Room
TR = Terrace
BTW=By The Water
DEB–Dry Erase Board