

September 2026

Spring Arbor Crossville Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:45 Morning Snack & Devotion 10:00 Sit & Stretch 10:30 Kick it up Kickball 1:30 Daily Chronicle 2:00 Shine Banner and Stars 3:00 H2O Chill	9:45 Morning Snack & Devotion 10:00 Exercise 10:30 Finish the Phrase 11:00 Library Concert 1:30 Daily Chronicle 2:00 Country Drive 6:00 Evening News	9:45 Morning Snack & Devotion 10:00 Catholic Communion 10:30 Stretch and Tone 1:30 Daily Chronicle 1:30 Heartbreak Hotel Playhouse Trip 2:00 Puzzles 3:00 Sweet Tea on the Patio	9:45 Morning Snack & Devotion 10:00 Flex & Stretch w/ Therapy 10:30 Left, Right, Center 1:30 Daily Chronicle 2:00 Bingo 6:00 Movie Night	9:45 Morning Snack & Devotion 10:30 Crochet Club 1:30 Daily Chronicle 2:00 Bingo 4:00 Music in the Dining Room
9:45 Morning Snack & Devotion 11:00 Church on TV 2:30 Daily Chronicle 4:00 Music in the Dining Room	Labor Day 9:45 Morning Snack & Devotion 10:00 Reading with Wayne 10:30 Chair Yoga with Therapy 1:30 Daily Chronicle 2:00 Monday Manicures 3:00 Friends Chat on the Patio 6:00 Magazine Monday	9:45 Morning Snack & Devotion 10:00 Sit & Stretch 10:30 Richard Allen Music 1:30 Daily Chronicle 2:00 Entertainment with Erin & Will 3:00 Rootbeer Floats	9:45 Morning Snack & Devotion 10:00 Exercise 11:00 Cornerstone Devotion and Singing 1:30 Daily Chronicle 2:00 Country Drive 6:00 Evening News	9:45 Morning Snack & Devotion 10:00 Catholic Communion 10:15 Walk the Block 10:30 John George and Friends Music 1:30 Daily Chronicle 2:00 Rowells Apple House 3:00 Sweet Tea on the Patio	9:45 Morning Snack & Devotion 10:00 Flex & Stretch w/ Therapy 10:30 Left, Right, Center 12:00 Piano Music with Will 1:30 Daily Chronicle 2:00 Bingo 6:00 Movie Night	9:45 Morning Snack & Devotion 10:30 Walk the Block 2:30 Daily Chronicle 4:00 Music in the Dining Room
9:45 Morning Snack & Devotion 11:00 Church on TV 1:00 Grandparents Day Celebration 2:30 Daily Chronicle 4:00 Music in the Dining Room	9:45 Morning Snack & Devotion 10:00 Reading with Wayne 10:30 Coffee and Conversation with Brian 1:30 Daily Chronicle 2:00 Monday Manicures 3:00 Friends Chat on the Patio 6:00 Evening stroll with Friends	9:45 Morning Snack & Devotion 10:00 Sit & Stretch 10:30 Noodle Hockey with Theresa 11:30 Picnic on The Patio 1:30 Daily Chronicle 2:00 Activities with Maddie 3:00 Lemonade and Chill	9:45 Morning Snack & Devotion 10:00 Exercise 11:00 Library Concert 1:30 Daily Chronicle 2:00 Chinese Donuts with Dave 6:00 Evening News	9:45 Morning Snack & Devotion 10:00 Catholic Communion 10:15 Walk the Block 10:30 Music with Charlie 11:30 Community Celebration 1:30 Daily Chronicle 2:00 Resident Monthly Birthday Party 3:00 Church of God Singing	9:45 Morning Snack & Devotion 10:00 Flex & Stretch w/ Therapy 10:30 Outing with Kim 1:30 Daily Chronicle 2:00 Bingo 6:00 Movie Night	9:45 Morning Snack & Devotion 10:30 Crochet Club 1:30 Daily Chronicle 2:00 Bingo 4:00 Music in the Dining Room
9:45 Morning Snack & Devotion 11:00 Church on TV 2:30 Daily Chronicle 4:00 Music in the Dining Room	9:45 Morning Snack & Devotion 10:00 Reading with Wayne 10:30 Chair Yoga with Therapy 1:30 Daily Chronicle 2:00 Monday Manicures 3:00 Friends Chat on the Patio 6:00 Magazine Monday	9:45 Morning Snack & Devotion 10:00 Sit and Strecth 10:30 Word Scramble 1:30 Daily Chronicle 2:00 Pet Therapy with Sebastian 3:00 H2O Chill	9:45 Morning Snack & Devotion 10:00 Exercise 11:00 Cornerstone Devotion and Singing 1:30 Daily Chronicle 2:00 His Call Gospel Singing 6:00 Evening News	9:45 Morning Snack & Devotion 10:00 Catholic Communion 10:30 Stretch and Tone 11:00 Lunch Outing to The Cabin 1:30 Daily Chronicle 2:00 Jan & Gordon Music 3:00 Sweet Tea on the Patio	9:45 Morning Snack & Devotion 10:00 Flex & Stretch w/ Therapy 10:30 Resident Council 12:00 Piano Music with Will 1:30 Daily Chronicle 2:00 Bingo 6:00 Movie Night	9:45 Morning Snack & Devotion 10:30 Walk the Block 2:30 Daily Chronicle 4:00 Music in the Dining Room
9:45 Morning Snack & Devotion 11:00 Church on TV 2:30 Daily Chronicle 4:00 Music in the Dining Room	9:45 Morning Snack & Devotion 10:00 Reading with Wayne 10:30 Chair Yoga with Therapy 1:30 Daily Chronicle 2:00 Monday Manicures 3:00 Friends Chat on the Patio 6:00 Magazine Monday	9:45 Morning Snack & Devotion 10:00 Sit & Stretch 1:30 Daily Chronicle 2:00 Bowling 3:00 Ice Cream Sandwiches on the Patio	9:45 Morning Snack & Devotion 10:00 Exercise 11:00 Library Concert 1:30 Daily Chronicle 2:15 Sweet Assurance 6:00 Evening News			



Happy Birthday!

Margot F. - 2nd
Rita J. - 17th
Aubrey - 21st
Betty F - 23rd
Jacqueline W. - 28th

Special Events

- Heartbreak Hotel at Cumberland County Playhouse
Sept 3, 2026
- Grandparents Day Celebration
Sept 13, 2026
- Community Celebration
Sept 17, 2026
- Outing with Kim
Sept 18, 2026
- Lunch Outing to The Cabin
Sept 24, 2026
- Library Concerts
Sept 2nd, Sept 16, Sept 30