

September 2026

Spring Arbor Clover Hill

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		AD Traveling Tuesday 1 9:30 Men's Barbershop (B) 9:30 The Morning Stretch 10:00 Morning Snack 10:25 Morning Devotion 10:30 Church Service - Floyd Oliver 2:00 Musical Entertainment - Singing with Jimmy (A) 3:00 Afternoon Snack 4:00 Chair Exercise (E)	9:30 The Morning Stretch 2 10:00 Morning Snack 10:25 Morning Devotion 10:30 Lunch Out: T.C.'s Grill 2:00 CRAFT: Fall Door Hangers (A) 3:00 Afternoon Snack 4:00 Chair Exercise (E) 6:00 River Oaks Church Visit (A)	9:30 The Morning Stretch 3 10:00 Morning Snack 10:25 Morning Devotion 10:30 CRAFT: Fall Door Hangers 2:00 Chair Volleyball 3:00 Afternoon Snack 4:00 Brain Games	9:30 The Morning Stretch 4 10:00 Morning Snack 10:25 Morning Devotion 10:30 Lunch Out: T.C.'s Grill 2:00 Maryville High School 3:00 Afternoon Snack 4:00 Chair Exercise (E)	10:00 Morning Snack 5 10:25 Morning Devotion 10:30 Games 2:00 Puzzles (A) 3:00 Afternoon Snack 4:00 Walking Club
10:00 Morning Snack 6 10:25 Morning Devotion 10:30 Color and Relax (A) 2:00 Sunday Church Service (Central Baptist Church) (D) 3:00 Afternoon Snack 4:00 Walking Club	Labor Day 7 AD Manicure Monday 10:00 Morning Snack 10:25 Morning Devotion 10:30 WACK-WACK 2:00 Clover Hill Chorus 3:00 Afternoon Snack 4:00 Chair Exercise (E)	AD Traveling Tuesday 8 9:30 The Morning Stretch 10:00 Morning Snack 10:25 Morning Devotion 10:30 Church Service - Floyd Oliver 2:00 Musical Entertainment - Singing with Jessy (A) 3:00 Afternoon Snack 4:00 Chair Exercise (E)	9:30 The Morning Stretch 9 10:00 Morning Snack 10:25 Morning Devotion 10:30 Wheel of Fortune 2:00 Movie and Popcorn! 3:00 Afternoon Snack 4:00 Chair Exercise (E)	9:30 The Morning Stretch 10 10:00 Morning Snack 10:00 Scenic Drive 10:25 Morning Devotion 2:00 Grace Community Church Visit (A) 3:00 Monthly Birthday Party (A) 4:00 Chair Exercise (E)	9:30 The Morning Stretch 11 10:00 Morning Snack 10:00 Scenic Drive 10:25 Morning Devotion 2:00 Maryville High School 3:00 Afternoon Snack 4:00 Chair Exercise (E)	10:00 Morning Snack 12 10:25 Morning Devotion 10:30 Games 2:00 Puzzles (A) 3:00 Afternoon Snack 4:00 Walking Club
10:00 Morning Snack 13 10:25 Morning Devotion 10:30 Color and Relax (A) 2:00 Sunday Church Service (James Beasley) (D) 3:00 Afternoon Snack 3:00 Grandparent's Day Photo Shoot	AD Manicure Monday 14 9:30 The Morning Stretch 10:00 Morning Snack 10:00 Stepping Stones Preschool Visit 10:25 Morning Devotion 2:00 Cooking With Lori 3:00 Afternoon Snack 4:00 Chair Exercise (E)	AD Traveling Tuesday 15 9:30 The Morning Stretch 10:00 Morning Snack 10:25 Morning Devotion 10:30 Church Service - Floyd Oliver 2:00 Dave's Workshop 3:00 Afternoon Snack 4:00 Chair Exercise (E)	9:30 The Morning Stretch 16 10:00 Morning Snack 10:00 Sophie's Party Bus 10:25 Morning Devotion 2:00 Resident Voices 3:00 Afternoon Snack 4:00 Chair Exercise (E)	9:30 The Morning Stretch 17 10:00 Morning Snack 10:25 Morning Devotion 10:30 Fall Crafting with Lucinda 2:00 BINGO 3:00 Afternoon Snack 4:00 Chair Exercise (E)	9:30 The Morning Stretch 18 10:00 Morning Snack 10:25 Morning Devotion 10:30 Garden Club 2:00 Maryville High School 3:00 Afternoon Snack 4:00 Chair Exercise (E) 5:00 Community Celebration Dinner!	10:00 Morning Snack 19 10:25 Morning Devotion 10:30 Games 2:00 Puzzles (A) 3:00 Afternoon Snack 4:00 Walking Club
10:00 Morning Snack 20 10:25 Morning Devotion 10:30 Color and Relax (A) 2:00 Sunday Church Service (First United Methodist) (A) 3:00 Afternoon Snack 4:00 Walking Club	AD Manicure Monday 21 9:30 The Morning Stretch 10:00 Morning Snack 10:25 Morning Devotion 10:30 Lunch Out: Texas Roadhouse 2:00 K-Town Sound Show Chorus 3:00 Afternoon Snack 4:00 Chair Exercise (E)	AD Traveling Tuesday 22 9:30 The Morning Stretch 10:00 Morning Snack 10:25 Morning Devotion 10:30 Church Service - Floyd Oliver 2:00 CRAFT: Fall Balloon Painting 3:00 Afternoon Snack 4:00 Chair Exercise (E)	9:30 The Morning Stretch 23 10:00 Morning Snack 10:25 Morning Devotion 10:30 Lunch Out: Texas Roadhouse 2:00 Clover Hill Chorus 3:00 Afternoon Snack 4:00 Chair Exercise (E)	9:30 The Morning Stretch 24 10:00 Morning Snack 10:25 Morning Devotion 10:30 Family Feud 11:45 Catholic Mass 2:00 Musical Entertainment: Smoky Mountain Variety Show (D) 3:00 Afternoon Snack 4:00 Chair Exercise (E)	9:30 The Morning Stretch 25 10:00 Morning Snack 10:25 Morning Devotion 10:30 Penny Auction 2:00 Maryville High School 3:00 Afternoon Snack 4:00 Chair Exercise (E)	10:00 Morning Snack 26 10:25 Morning Devotion 10:30 Games 2:00 Puzzles (A) 3:00 Afternoon Snack 4:00 Walking Club
10:00 Morning Snack 27 10:25 Morning Devotion 10:30 Color and Relax (A) 2:00 Sunday Church Service (Calvary Baptist) (D) 3:00 Afternoon Snack 4:00 Walking Club	AD Manicure Monday 28 9:30 The Morning Stretch 10:00 Morning Snack 10:25 Morning Devotion 10:30 BUNCO 2:00 Friendship Choir 3:00 Afternoon Snack 4:00 Chair Exercise (E)	AD Traveling Tuesday 29 9:30 The Morning Stretch 10:00 Morning Snack 10:25 Morning Devotion 10:30 Church Service - Floyd Oliver 2:00 BINGO 3:00 Afternoon Snack 4:00 Chair Exercise (E)	9:30 The Morning Stretch 30 10:00 Morning Snack 10:25 Morning Devotion 10:30 Small Groups 1:00 Spa Day (B) 3:00 Afternoon Snack 4:00 Chair Exercise (E)			



Happy Birthday!

Donald "Don" H. - 4th
Jean H. - 8th
Phil S. - 11th
Bessie "Jewel" M. - 21st

Announcements

Shine Lives Here

Help us celebrate National Assisted Living Week from September 13th – 19th! The week will be filled with fun activities for our residents and families to enjoy. Help us share memories, recognize moments that matter, and celebrate the people who make our community shine!

Maryville High School

Maryville High School students will be coming every Friday from 2–3 to spend time with us throughout their school semester!

Locations

A = Activity Room
E = Exercise Room
D = Dining Room
C = Courtyard
B = Beauty Shop
O = Outing