

September 2026

Spring Arbor of Bristol Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:00 Salon Time (BS) 10:30 Exercises with Ivy (2) 11:00 Daily News (2) 11:30 Tuesday Spiritual Moments (2) 1:30 Resident & Food Council (2) 2:00 Fall Bingo Fun (2) 3:30 Talk about Tennessee (2) 4:30 Walking Club	10:30 Spa Day with Nails (BS) 11:00 Daily News (2) 1:30 Autumn Bright Minds with Therapy (2) 2:00 Fall Country Rides 3:30 Wednesday Devotion (2) 4:30 Seasonal Coloring Circle: Adult Coloring (2) 5:30 Backyard Birdwatching in Courtyard (C)	10:00 Pepper Visit with Deb (101) 10:30 Balloon Blast Fitness (2) 11:00 Daily News (2) 11:30 Thursday Reflection & Prayer (2) 1:00 Companion Visits (IR) 1:30 Cooking with Matt (D) 2:00 Spintopia Thursdays (2) 4:30 Walk around the World Club	10:30 Exercises with Ivy (2) 11:00 Daily News (2) 11:30 Faith & Reflection Fridays (2) 2:00 Bingo with Ivy (2) 3:30 Word Games (2) 4:00 Chit Chatting in Courtyard (C) 5:30 Comedy Movie Fridays (1)	9:30 Outdoor Meditation w Ivy 11:30 Daily News (2) 2:00 Arts & Crafts with Music (2) 3:00 One on One Time with Ivy (101) 4:00 Fall Word Challenge (2) 4:00 Spintopia with Ivy (2) 5:30 Saturday Movie Matinee (1)
10:30 Gospel Music (2) 11:00 Puzzle & Packet (IR) 3:00 Sunday Leisure Time (1) 4:00 Aromatherapy (2) 4:30 Walk with a Friend-Resident Choice 6:30 Central Christian Church (D)	10:30 Fall into Fun with Therapy (2) 11:00 Daily News (2) 11:30 Moment of Faith (2) 2:00 Sunshine Refreshments in Courtyard (C) 3:00 Memory Lane Talks with Kristi 4:00 Music Appreciation Country (2) 5:30 Movie Mondays (2)	9:00 Salon Time (BS) 10:30 Exercises with Ivy (2) 11:00 Daily News (2) 11:30 Tuesday Spiritual Moments (2) 2:00 Fall Bingo Fun (2) 3:30 Talk about Tennessee (2) 4:30 Walking Club	10:30 Spa Day with Nails (BS) 11:00 Daily News (2) 1:30 Autumn Bright Minds with Therapy (2) 2:00 Fall Country Rides 3:30 Wednesday Devotion (2) 4:30 Seasonal Coloring Circle: Adult Coloring (2) 5:30 Backyard Birdwatching in Courtyard (C)	10:30 Balloon Blast Fitness (2) 11:00 Daily News (2) 11:30 Thursday Reflection & Prayer (2) 1:00 Companion Visits (IR) 2:00 Spintopia Thursdays (2) 3:00 Armchair Travel Tennessee (2) 4:30 Walk around the World Club	10:30 Exercises with Ivy (2) 11:00 Daily News (2) 11:30 Faith & Reflection Fridays (2) 2:00 Bingo with Ivy (2) 3:30 Word Games (2) 4:00 Chit Chatting in Courtyard (C) 5:30 Comedy Movie Fridays (1)	9:30 Outdoor Meditation w Ivy 10:30 Avoca Christian Church Bible Study (D) 1:00 Sunshine Visits with Ivy (101) 2:00 Crafts with Music (2) 4:00 Fall Word Challenge (2) 4:30 Chair Yoga with Ivy (2) 5:30 Saturday Movie Matinee (1)
AD Grandparents Day 10:30 Gospel Music (2) 11:00 Puzzle & Packet (IR) 3:00 Sunday Leisure Time (1) 4:00 Aromatherapy (2) 4:30 Walk with a Friend-Resident Choice	AD National Assisted Living Week 10:30 Together We Shine Games (2) 11:00 Daily News (2) 11:30 Moment of Faith (2) 1:45 Building our Legacy Tree (2) 3:00 Memory Lane Talks with Kristi 4:00 Music Appreciation Country (2) 5:30 Movie Mondays (2)	9:00 Salon Time (BS) 10:00 Anderson Church Services (D) 10:30 Together We Shine Games (2) 11:00 Daily News (2) 11:30 Tuesday Spiritual Moments (2) 2:00 Fall Bingo Fun (2) 3:30 Favorite Dessert Tastings (2) 4:30 Walking Club	10:30 Spa Day with Nails (BS) 11:00 Daily News (2) 1:45 Scavenger Hunt for the Stars (D) 2:00 Fall Country Rides 3:30 Wednesday Devotion (2) 4:30 Seasonal Coloring Circle: Adult Coloring (2) 5:30 Backyard Birdwatching in Courtyard (C)	10:30 Together We Shine Games (2) 11:00 Daily News (2) 11:30 Thursday Reflection & Prayer (2) 1:00 Companion Visits (IR) 2:00 Our Community Capsule Event 3:00 Armchair Travel Tennessee (2) 4:30 Walk around the World Club	10:30 Together We Shine Game and Awards (2) 11:00 Daily News (2) 11:30 Faith & Reflection Fridays (2) 3:00 Family Event Spintopia (D) 4:30 Word Games (2) 5:30 Comedy Movie Fridays (1)	9:30 Outdoor Meditation w Ivy 11:30 Daily News (2) 2:00 Arts & Crafts with Music (2) 3:00 One on One Time with Ivy (101) 4:00 Fall Word Challenge (2) 4:00 Spintopia with Ivy (2) 5:30 Saturday Movie Matinee (1)
10:30 Gospel Music (2) 11:00 Puzzle & Packet (IR) 3:00 Sunday Leisure Time (1) 4:00 Aromatherapy (2) 4:30 Walk with a Friend-Resident Choice	10:30 Fall into Fun with Therapy (2) 11:00 Daily News (2) 11:30 Moment of Faith (2) 2:00 Sunshine Refreshments in Courtyard (C) 3:00 Memory Lane Talks with Kristi 4:00 Music Appreciation Country (2) 5:30 Movie Mondays (2)	Autumn Equinox 9:00 Salon Time (BS) 10:30 Exercises with Ivy (2) 11:00 Daily News (2) 11:30 Tuesday Spiritual Moments (2) 2:00 Fall Bingo Fun (2) 3:30 Talk about Tennessee (2) 4:30 Walking Club	10:30 Spa Day with Nails (BS) 11:00 Daily News (2) 1:30 Autumn Bright Minds with Therapy (2) 2:00 Fall Country Rides 3:30 Wednesday Devotion (2) 4:30 Seasonal Coloring Circle: Adult Coloring (2) 5:30 Backyard Birdwatching in Courtyard (C)	10:30 Balloon Blast Fitness (2) 11:00 Daily News (2) 11:30 Thursday Reflection & Prayer (2) 1:00 Companion Visits (IR) 2:00 Spintopia Thursdays (2) 3:00 Armchair Travel Tennessee (2) 4:30 Walk around the World Club	10:30 TN High Anchor Club (2) 11:00 Daily News (2) 11:30 Faith & Reflection Fridays (2) 2:00 Bingo with Ivy (2) 3:30 Word Games (2) 4:00 Exercise with Ivy (C) 5:30 Comedy Movie Fridays (1)	9:30 Outdoor Meditation w Ivy 10:30 Avoca Christian Church Bible Study (D) 1:00 Sunshine Visits with Ivy (101) 2:00 Crafts with Music (2) 4:00 Fall Word Challenge (2) 4:30 Chair Yoga with Ivy (2) 5:30 Saturday Movie Matinee (1)
10:30 Gospel Music (2) 11:00 Puzzle & Packet (IR) 2:00 Grace Baptist Church (D) 3:00 Sunday Leisure Time (1) 4:00 Aromatherapy (2) 4:30 Walk with a Friend-Resident Choice	10:30 Fall into Fun with Therapy (2) 11:00 Daily News (2) 11:30 Moment of Faith (2) 2:00 Sunshine Refreshments in Courtyard (C) 3:00 Memory Lane Talks with Kristi 4:00 Music Appreciation Country (2) 5:30 Movie Mondays (2)	9:00 Salon Time (BS) 10:30 Exercises with Ivy (2) 11:00 Daily News (2) 11:30 Tuesday Spiritual Moments (2) 2:00 Fall Bingo Fun (2) 3:30 Talk about Tennessee (2) 4:30 Walking Club	10:30 Spa Day with Nails (BS) 11:00 Daily News (2) 1:30 Autumn Bright Minds with Therapy (2) 2:00 Fall Country Rides 3:30 Wednesday Devotion (2) 4:30 Seasonal Coloring Circle: Adult Coloring (2) 5:30 Backyard Birdwatching in Courtyard (C)			



Happy Birthday!

Nikki Coyote 9/9
Libby Beamer 9/14
Pete Carrier 9/14

Assisted Living Week Events

Legacy Tree
Community Capsule
Family & Resident
Spintopia Game Evening
Scavenger Hunt Staff & Residents
Together We Shine Games & Awards
Dress-up Week

Locations

2 = Side 2
D = Dinning Room
1 = Side 1
BS = Beauty Salon
101 = 1 on 1
TG = Therapy Gym
IR = In Room
C = Courtyard

