

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

All Activities Subject to Change Assisted Living Week September 15 – 18 (A week of fun activities & themed dress up days)		9:30a – Coffee Bar Social 1 10:30a – Scrabble Poker 11:00a – Group Uno Game 1:00p – Stretching & Exercise with Select 2:00p – Bible Study with Patrick 3:00p – Movie & Popcorn "The Longest Ride" 6:00p – Evening Card Game 6:45p – Braves vs. Nationals	9:30a – Gentleman's Coffee & Conversation 2 10:30a – "Planet Earth" Series 11:00a – Checkers 1:00p – Stretching & Exercise with Select 1:05p – Braves vs. Nationals 3:00p – Live Music with Wesley Crider 4:00p – Bingo	9:30a – Coffee Bar Social 3 10:30a – Art Therapy (Watercolor) 11:00a – Morning Walk with Friends 1:00p – Stretching & Exercise with Select 2:00p – Men's Pool Game 3:00p – Ice Cream Social 4:00p – Year of Invention	9:30a – Gentleman's Coffee & Conversation 4 10:30a – Coffee & Doughnuts with Jennifer Jolly & Willowbrook Hospice 11:30a – Lunch Outing to Cracker Barrel 2:00p – Ladies Card Club 3:00p – Ice Cream Social 4:00p – Bingo 6:40p – Braves vs. Phillies	9:30a – Coffee Bar Social 5 10:30a – Weekend Puzzles (Grab a copy in the dining room) 11:00a – Horseshoes 12:00p – Daily Chronicle 3:00p – Resident Led Bingo 4:00p – Afternoon Walk with Friends 6:05p – Braves vs. Phillies
9:30a – Gentleman's Coffee & Conversation 6 10:30a – Men's Pool Game 11:00a – Online Church Service with Silverdale Baptist Church 12:00p – Daily Chronicle 1:10p – Braves vs. Phillies 3:00p – Gaither Gospel Music Hour 4:00p – Front Porch Social	9:30a – Coffee Bar Social 7 10:30a – Group Board Games 12:00p – Labor Day Cookout 1:00p – Stretching & Exercise with Select 1:00p – Manicures with Spirit Hospice 1:05p – Braves vs. Phillies 3:00p – Movie & Popcorn "Catch Me if You Can" (based on a true story) Labor Day	9:30a – Gentleman's Coffee & Conversation 8 10:30a – Morning Card Club 11:00a – T or F Trivia 1:00p – Stretching & Exercise with Select 2:00p – Bible Study with Patrick 3:00p – Ice Cream Social 4:00p – Bingo 7:15p – Braves vs. Rays	Happy Birthday Troy Swanson 9:30a – Coffee Bar Social 9 10:00a – Veterans Coffee with American Legion Post 217 (Refreshments provided by Brandi & Cornerstone Caregiving) 11:00a – Group Uno Game 1:00p – Stretching & Exercise with Select 1:00p – Dining Services Resident Council Meeting 3:00p – Funnel Cakes in the Bistro 4:00p – Documentary Series - "Noah's Ark" 7:15p – Braves vs. Rays	9:30a – Gentleman's Coffee & Conversation 10 10:30a – Ladies Card Club 11:00a – Fun with Nicole & Spirit Hospice 12:15p – Braves vs. Rays Sports Social with Dana 1:00p – Stretching & Exercise with Select 2:30p – Ladies Tea with Zuly 3:00p – Crochet Club with Denise 5:00p – Men's Movie & Pizza Night	9:30a – Coffee Bar Social 11 10:30a – Checkers 11:00a – September 11th Remembrance Ceremony 1:30p – Shopping Trip to Hamrick's 3:00p – Ice Cream Social 4:00p – Bingo 7:15p – Braves vs. Rays Rosh Hashanah Begins	9:30a – Gentleman's Coffee & Conversation 12 10:30a – Weekend Puzzles (Grab a copy in the dining room) 11:00a – Scrabble with Friends 12:00p – Daily Chronicle 3:00p – Resident Led Bingo 4:00p – Front Porch Social 7:15p – Braves vs. Rays
9:30a – Coffee Bar Social 13 10:30a – Cornhole in the Courtyard 11:00a – Online Church Service with Silverdale Baptist Church 12:00p – Daily Chronicle 1:35p – Braves vs. Phillies 3:00p – Gaither Gospel Music Hour 4:00p – Horseshoes Grandparents Day	Superhero Day 14 9:30a – Gentleman's Coffee & Conversation 10:30a – Art Therapy (Paper Flowers) 11:00a – Tic-Tac-Toe Trivia 1:00p – Stretching & Exercise with Select 3:00p – "SUPER" Fun & Games with Donna & Tapestry Hospice 6:00p – Evening Social 7:40p – Braves vs. Cubs	Disney Day 15 9:30a – Coffee Bar Social 10:30a – Morning Card Club 11:00a – Gospel Music with Delray Baptist 1:00p – Stretching & Exercise with Select 2:00p – Bible Study with Patrick 3:00p – Coconut Cake & Coffee Social Hour 4:00p – Disney Bingo 7:40p – Braves vs. Cubs	Decades Day (80's Theme) 16 9:30a – Gentleman's Coffee & Conversation 10:30a – "Planet Earth" Series 11:00a – Brain Teasers 1:00p – Stretching & Exercise with Select 2:00p – Live Music with Wesley Crider 3:00p – Ice Cream Floats with Nicole & Spirit Hospice 4:00p – Year of Invention (Decades Edition) 7:40p – Braves vs. Cubs	Honky Tonk Day 17 9:00a – "Weigh to Wellness" Hosted by Spirit Hospice 9:30a – Coffee Bar Social 10:30a – Board Games with Gina 11:00a – Men's Pool Game 1:00p – Stretching & Exercise with Select 1:00p – Resident Council with Aaron 3:00p – Monthly Birthday Celebration with Covenant Life 4:00p – Cowboy Bingo with Covenant Life	Team Spirit Day (Baseball) 18 9:30a – Gentleman's Coffee & Conversation 10:30a – Scrabble Poker 11:30a – Lunch Outing to Roadside Cafe 2:00p – Balloon Volleyball 3:00p – Kona Ice Truck (Compliments of Brandi & Cornerstone Caregiving) 4:00p – MLB Team Match Up 8:10p – Braves vs. Astros Oktoberfest Begins	9:30a – Coffee Bar Social 19 10:30a – Weekend Puzzles (Grab a copy in the dining room) 11:00a – Dominos 12:00p – Daily Chronicle 3:00p – Resident Led Bingo 4:00p – Checkers with Friends 7:00p – Braves vs. Astros
9:30a – Gentleman's Coffee & Conversation 20 10:30a – Balloon Volleyball 11:00a – Online Church Service with Silverdale Baptist Church 2:00p – Worship Service with Covenant Life (AL Side) 2:10p – Braves vs. Astros 3:00p – Gaither Gospel Music Hour 4:00p – Afternoon Walk with Friends Yom Kippur Begins	9:30a – Coffee Bar Social 21 10:30a – Crafting Hour (Fridge Magnets – Safari Animal Edition) 11:00a – Live Music with Ben Kehrer 1:00p – Manicures with Spirit Hospice 1:00p – Stretching & Exercise with Select 3:00p – Monday Movie Matinee "Out of Africa" 6:00p – Evening Card Club	9:30a – Gentleman's Coffee & Conversation 22 10:30a – "Taste of Africa" Juice Bar 1:00p – Stretching & Exercise with Select 1:00p – Karaoke with Trina & Hearth Hospice 2:00p – Bible Study with Patrick 2:30p – Healthy Living Series with Select 3:00p – Welcome New Residents! (Enjoy Ice Cream Sundaes in the Bistro) 4:00p – African Safari Bingo Autumn Begins	9:30a – Coffee Bar Social 23 10:30a – "Taste of Africa" Snack Bar (Mandazi – African Inspired Doughnuts) 11:00a – Brain Teasers 1:00p – Stretching & Exercise with Select 2:00p – Group Uno Game 3:00p – Gospel Music with Graceworks Church 4:00p – Documentary Series "Yellowstone National Park" 7:15p – Braves vs. Reds	Allegro at Sea – African Safari 24 9:30a – Gentleman's Coffee & Conversation 10:30a – Sunrise Safari Café (Coffee Bar) 11:00a – "Safari Hunt" (Practice your Best Shot!) 1:00p – Stretching & Exercise with Select 3:00p – Crochet Club with Denise 5:00p – 7:00p Alto Family Night African Safari 7:15p – Braves vs. Reds	8:00a – Men's Breakfast with Aaron 25 9:30a – Coffee Bar Social 10:30a – Scavenger Hunt (Safari Edition) 1:30p – Shopping Trip to Goodwill (East Brainerd) 3:00p – Ice Cream Social 4:00p – Bingo 7:10p – Braves vs. Marlins Sukkot Begins	9:30a – Gentleman's Coffee & Conversation 26 10:30a – Weekend Puzzles (Grab a copy in the dining room) 11:00a – Cornhole in the Courtyard 12:00p – Daily Chronicle 3:00p – Resident Led Bingo 4:00p – Ladies Card Club 4:10p – Braves vs. Marlins
9:30a – Coffee Bar Social 27 10:30a – Dominos 11:00a – Online Church Service with Silverdale Baptist Church 12:00p – Daily Chronicle 3:00p – Gaither Gospel Music Hour 3:10p – Braves vs. Marlins 4:00p – Scrabble with Friends	9:30a – Gentleman's Coffee & Conversation 28 10:30a – Board Games with Gina 11:00a – Morning Card Club 1:00p – Stretching & Exercise with Select 2:00p – Piece by Piece Puzzle Hour 3:00p – Movie & Popcorn "The Notebook" 6:00p – Front Porch Social	9:30a – Coffee Bar Social 29 10:30a – "Planet Earth" Series 11:00a – Men's Pool Game 1:00p – Stretching & Exercise & VST event with Select 2:00p – Bible Study with Patrick 3:00p – Ice Cream Social 4:00p – Bingo	9:30a – Gentleman's Coffee & Conversation 30 10:30a – Tic-Tac-Toe Trivia 11:00a – Brain Teasers 1:00p – Stretching & Exercise with Select 2:00p – Horseshoes 3:00p – Afternoon Social (Apple Dumplings in the Bistro) 4:00p – Creative Art – Paint by Number "Flowers"	September 2026 Alton Boynton Ridge		

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

All Activities Subject to Change Assisted Living Week September 15 – 18 (A week of fun activities & themed dress up days)		Happy Birthday Jim Sikes 9:30a – Morning Stretch 10:30a – Karaoke with Trina & Hearth Hospice 11:00a – Plant Patrol 1:30p – Ping Pong Bounce 2:30p – Ice Cream Social 3:00p – “What’s in the Bag” 4:00p – Name 5 - Thinking Challenge		1 9:30a – Daily Chronicle Discussion 10:00a – Scenic Ride (Weather Permitting) 11:00a – Bean Bag Toss 1:30p – Live Music with Wesley Crider (Provided by Tapestry Hospice) 2:30p – “Snackitivity” (Let’s Make a Personal Mini Pie) 3:00p – Courtyard Relaxation (Music & Bubble Fun) 4:00p – Jumbo Beach Ball Fun	2 9:30a – Morning Stretch 10:30a – Plant Patrol 11:00a – House of Cards Match Up 1:30p – Art Therapy (Watercolor) 2:30p – Let’s Hydrate! 3:00p – Umbrella Toss 4:00p – M&M Table Talk 6:00p – Evening Music Hour	3 9:30a – Daily Chronicle Discussion 10:00a- Plant Patrol 11:00a – Morning Devotion 1:00p – Get Moving with Select Rehab 2:30p – Ice Cream Social 3:00p – Creative Art (Flower Vases) 4:00p – Balloon Volleyball 6:00p – Evening Movie “Wizard of Oz”	4 9:30a – Rhythm & Reach to the 50’s 10:30a- Plant Patrol 11:00a – Tic-Tac-Toe Toss 1:30p – Sensory Challenge 2:30p – Let’s Hydrate! 3:00p – Uno Card Color Match 4:00p – “Sock it to me” (Sock Matching)						
9:30a – Art Therapy (Watercolor) 10:00a - Gaither Gospel Music Hour 11:00a – Horseshoes 2:30p – Let’s Hydrate! 3:00p – Chair Circle Kickball 4:00p – Domino Match Up 6:00p – Classic TV – “Gilligan’s Island”	6	9:30a – Morning Stretch 10:30a – Plant Patrol 11:00a – Balloon Volleyball Labor Day Cookout 2:30p – Popsicles in the Courtyard 3:00p – Movie & Popcorn “Annie” 6:00p – Classical Music Hour Labor Day	7	9:30a – Daily Chronicle Discussion 10:30a – Fun & Games with Donna & Tapestry Hospice 11:00a – Junk Drawer Detective 1:30p – Umbrella Toss 2:30p – Cookie Decorating with Nelda 3:00p – Let’s Karaoke! 4:00p – Stacking Cups Challenge	8	9:30a – Rhythm & Reach to the 50’s 10:00a - Scenic Ride (Weather Permitting) 11:00a – Parachute Ball 1:30p – “Would you Rather” 2:00p – Live Music with Chaplain Jamie Ellis & Hearth Hospice 3:00p – Creative Art (Paper Plate Flowers) 4:00p – Balloon Volleyball	9	9:30a – Morning Stretch 10:30a – Pathway’s Event with Ashlyn & Select Rehab 11:00a – Plant Patrol 1:30p – Ping Pong Bounce 2:30p – House of Cards Match Up 3:00p – M&M Table Talk 4:00p – Short Story Recall	10	9:30a – Sway & Stretch to the Oldies 10:00a - Plant Patrol 11:00a – Grocery Ad Scavenger Hunt 1:00p – Get Moving with Select Rehab 2:30p – Ice Cream Social 3:00p – Name 5 - Thinking Challenge 4:00p – Cornhole in the Courtyard 6:00p – Evening Music Hour Rosh Hashanah Begins	11	9:30a – Daily Chronicle Discussion 10:30a- Plant Patrol 11:00a – Piece by Piece Puzzle Hour 1:30p - Target Practice 2:30p – Let’s Hydrate! 3:00p – Jumbo Beach Ball Fun 4:00p – Domino Match Up	12
9:30a – Morning Stretch 10:00a - Gaither Gospel Music Hour 11:00a – Plant Patrol 1:30p – Piece by Piece Puzzle Hour 2:30p – Afternoon Refresher 3:00p – “Pick 5” (Travel) 4:00p – Junk Drawer Detective 6:00p – Zinnia Television Grandparents Day	13	Superhero Day 9:30a – Daily Chronicle Discussion 10:00a- Plant Patrol 11:00a – Uno Card Color Match 1:30p - Ribbon Rings & Music 2:00p – Afternoon Refresher with Hearth Hospice 3:00p – Balloon Volleyball 4:00p – “Pick 5” (Tools)	14	Disney Day 9:30a – Sway & Stretch to the Oldies 10:30a – Gospel Music with Delray Baptist 11:00a – Fun & Games with Donna & Tapestry Hospice 1:30p - Alphabet Quiz (Places) 2:30p - Ice Cream Social 3:00p – Sensory Challenge (Smell) 4:00p – Twister Toss 6:00p – Classic Television	15	Decades Day (80's Theme) 9:30a – Morning Stretch 10:00a – Scenic Ride (Weather Permitting) 11:00a – Plant Patrol 1:30p - Ping Pong Bounce 2:00p – Live Music with Wesley Crider (AL Side) 2:30p - Art Therapy (Watercolor) 3:00p – House of Cards Match Up 4:00p – Umbrella Toss	16	Honky Tonk Day 9:00a – “Weigh to Wellness” Hosted by Spirit Hospice 9:30a – Morning Stretch 10:00a - Plant Patrol 11:00a – Jumbo Beach Ball Fun 1:30p - Alphabet Quiz (Animals) 2:30p - M & M Conversations 3:00p – Creative Art (Rock Painting) 4:00p – Grocery Ad Scavenger Hunt	17	Team Spirit Day (Baseball) 9:30a – Daily Chronicle Discussion 10:30a - Coffee & Doughnuts with Jennifer & Willowbrook Hospice 11:00a – Plant Patrol 1:00p – Get Moving with Select Rehab 2:30p – Ice Cream Floats 3:00p – Tic-Tac-Toe Toss 4:00p – “What’s in the Bag”	18	9:30a – Rhythm & Reach to the 50’s 10:00a - Plant Patrol 11:00a – Stacking Cups Challenge 1:30p - “Keep it Up” (Balloon Rally) 2:30p - Afternoon Refresher 3:00p – Parachute Ball 4:00p – Chair Circle Kickball 6:00p – Evening Music Hour Oktoberfest Begins	19
9:30a – Daily Chronicle Discussion 10:00a - Gaither Gospel Music Hour 11:00a – Plant Patrol 1:30p - Magazine Scavenger Hunt 2:30p – Afternoon Refresher 3:00p – Art Therapy (Creative Coloring) 4:00p – Grocery Ad Scavenger Hunt Yom Kippur Begins	20	9:30a – Sway & Stretch to the Oldies 10:00a- Plant Patrol 11:00a – Uno Card Color Match 1:30p - Ribbon Rings & Music 2:00p – Afternoon Refresher with Hearth Hospice 3:00p – Balloon Volleyball 4:00p – “Pick 5” (Tools)	21	9:30a – Morning Stretch 10:30a – “Taste of Africa” Juice Bar 11:00a – Art Therapy (Watercolor) 1:30p - Ping Pong Bounce 2:30p – Ice Cream Social 3:00p – Movie & Popcorn “African Queen” 4:00p – Umbrella Toss 6:00p – Evening Music Autumn Begins	22	9:30a – Rhythm & Reach to the 50’s 10:00a - Scenic Ride (Weather Permitting) 11:00a – Parachute Ball 1:30p – Chair Circle Kickball 2:30p – “Taste of Africa” Social (Mandazi – African inspired Doughnuts) 3:00p – “Keep it Up” (Balloon Rally) 4:00p – “Water Blaster Challenge” 6:00p – Classic Television “Lawrence Welk”	23	Allegro at Sea – African Safari Happy Birthday Clara Shelley 9:30a – Daily Chronicle Discussion 10:00a – Fun with Nicole & Spirit Hospice 11:00a – Plant Patrol 1:30p - Creative Art (Safari Animals) 2:30p – “Snackitivity” (M&M Cookies) 3:00p – Movie Matinee - “The Greatest Showman” 5:00p – 7:00p Alto Family Night African Safari	24	9:30a – Sway & Stretch to the Oldies 10:30a – Fun with David 11:00a – Plant Patrol 1:00p – Get Moving with Select Rehab 2:30p - Ice Cream Social 3:00p – Uno Card Color Match 4:00p – Balloon Volleyball Sukkot Begins	25	9:30a – Daily Chronicle Discussion 10:30a- Plant Patrol 11:00a – Name 5 - Thinking Challenge 1:30p - House of Cards Match Up 2:30p – Let’s Hydrate! 3:00p – Tic-Tac-Toe Toss 4:00p – Chatter Circle “Fact or Fiction”	26
9:30a – Piece by Piece Puzzle Hour 10:00a - Gaither Gospel Music Hour 11:00a – Plant Patrol 1:30p – Ring Toss 2:30p - Let’s Hydrate! 3:00p – Sunday Movie Matinee’ “Mrs. Doubtfire” 6:00p – Evening Music Hour	27	9:30a – Rhythm & Reach to the 50’s 10:00a - Plant Patrol 11:00a – Jumbo Beach Ball Fun 1:30p - Domino Match Up 2:30p – Ice Pops in the Courtyard 3:00p – Afternoon Movie 4:00p – Balloon Bonanza 6:00p – Zinnia Television	28	9:30a – Daily Chronicle Discussion 10:30a – Plant Patrol 11:00a – Short Story Recall 1:30p - Ping Pong Bounce 2:30p – Ice Cream Social 3:00p – Art Therapy (Watercolor) 4:00p – Junk Drawer Detective	29	Happy Birthday Sharon Headrick 9:30a – Morning Stretch 10:00a – Scenic Ride (Weather Permitting) 11:00a – House of Cards Match Up 1:30p - M&M Table Talk 2:30p – Let’s Karaoke 3:00p – Umbrella Toss 4:00p – Parachute Ball 6:00p – Classic Television “Hee-Haw”	30	September 2026					