

September 2026

Assisted Living



Senior Living by Allegro

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:30am Catholic Comm. and Rosary (CS) 10:00am Exercise with Legacy (ER) 10:45am Friendship Circle (ER) 1:00pm The Daily Drop In 2:00pm Penny Ante Game (Not Poker) (CS) 3:00pm Advanced Bingo (B) 6:30pm Movie Night (ER)	9:15am Current Events (L) 10:00am Chair Zumba w/ Katie (ER) 11:00am Bible Study (ER) 1:00pm The Daily Drop In 2:00pm Resident Council Meeting (DR) 3:00pm Hooked on Books: Book Club (ER) 4:00pm Wine Down Wednesday (B) 6:30pm Movie Night (ER)	9:00am This or That Game (L) 10:00am Sit and Lift with Legacy (ER) 10:30am C.O.A Recorded Mass (ER) 1:00pm The Daily Drop In 2:00pm Art w/ Andrea (CS) 3:00pm Easy Bingo (B) 6:30pm Movie Night (ER)	9:00am Donuts and Discussion (L) 10:00am Morning Stretch (ER) 10:00am New Resident Meet and Greet (B) 1:00pm The Daily Drop In 2:00pm Activity Planning Meeting (ER) 3:30pm Happy Hour (B) 6:30pm Movie Night (ER)	9:15am Saturday Morning Social (L) 10:00am Morning Exercise (ER) 11:00am Buzzwords Game (L) 1:00pm The Daily Drop In 2:00pm Ice Cream Social (L) 3:00pm Advanced Bingo (B) 6:30pm Movie Night (ER)
10:00am Church of Ascension Recorded Mass (ER) 1:00pm Church of the Resurrection Satellite Service (Recorded) (ER) 2:00pm Movie Matinee (ER) 6:00pm (Resident Led) Table Games (L) 6:30pm Movie Night (ER)	Labor Day 9:00am Monday Mailbag (L) 10:00am Beginner's Chair Yoga (ER) 10:30am Spiritual Reflections (ER) 2:00pm Trivia Time (ER) 3:00pm Silent Movie w/ Anita (ER) 5:30pm Puzzling with Friends (CS) 6:30pm Movie Night (ER)	9:30am Catholic Comm. and Rosary (CS) 10:00am Tuesday Move and Groove (ER) 10:45am Price is Right Game (B) 1:00pm The Daily Drop In 2:00pm Playing Gin Rummy w/ Emily (CS) 3:00pm Advanced Bingo (B) 6:30pm Movie Night (ER)	9:15am Current Events (L) 10:00am Chair Zumba w/ Katie (ER) 11:00am Bible Study (ER) 1:00pm The Daily Drop In 2:00pm Punch Ball w/ Emily (ER) 3:00pm Uncorked and Decanted (B) 4:00pm Wine Down Wednesday (B) 6:30pm Movie Night (ER)	9:00am Sound Challenge (L) 9:15am Visiting with Neighbors (L) 10:00am Sit and Lift with Legacy (ER) 10:30am Chapel Service with Chaplain Turner (ER) 1:00pm C.O.A Recorded Mass (ER) 1:00pm The Daily Drop In 3:00pm Easy Bingo (B) 6:30pm Movie Night (ER)	9:00am Shopping Trip :Walmart (L) 9:30am Morning Chat (L) 10:00am Morning Stretch (ER) 1:00pm The Daily Drop In 2:00pm Win, Lose or Draw Game (CS) 3:30pm Happy Hour with Katie Hurcomb (B) 6:30pm Movie Night (ER)	Rosh Hashana 9:15am Saturday Morning Social (L) 10:00am Morning Exercise (ER) 11:00am Buzzwords Game (L) 1:00pm The Daily Drop In 1:30pm Music w/ Steve Kakacek (L) 3:00pm Advanced Bingo (B) 6:30pm Movie Night (ER)
9:00am Donuts and Coffee (L) 10:00am Church of Ascension Recorded Mass (ER) 1:00pm Church of the Resurrection Satellite Service (Recorded) (ER) 2:00pm Desserts and Punch (L) 2:00pm Movie Matinee (ER) 6:00pm (Resident Led) Table Games (L) 6:30pm Movie Night (ER)	9:00am Mystery Monday (L) 10:00am Beginner's Chair Yoga (ER) 10:30am Spiritual Reflections (ER) 2:00pm Bunco w/ Angie (B) 3:00pm Retro TV: Dragnet (ER) 5:30pm Puzzling with Friends (CS) 6:30pm Movie Night (ER)	9:30am Catholic Comm. and Rosary (CS) 10:00am Exercise with Legacy (ER) 10:45am Friendship Circle (ER) 1:00pm The Daily Drop In 2:00pm Indoor Golf w/ Rob (CS) 3:00pm Advanced Bingo (B) 6:30pm Movie Night (ER)	9:15am Current Events (L) 10:00am Chair Zumba w/ Katie (ER) 10:30am Making Collages (CS) 11:00am Bible Study (ER) 1:00pm The Daily Drop In 2:00pm Just the Two of Us performs (DR) 4:00pm Wine Down Wednesday (B) 6:30pm Movie Night (ER)	9:00am This or That Game (L) 10:00am Sit and Lift with Legacy (ER) 10:30am Rob McHenry performs (ER) 11:00am Celebrating Together Luncheon (DR) 1:00pm The Daily Drop In 2:00pm The Dining Experience with Chef Tim (DR) 3:00pm Easy Bingo (DR) 6:30pm Movie Night (ER)	9:00am Donuts and Discussion (L) 10:00am Morning Stretch (ER) 11:00am Lunch Bunch: Nick and Jakes (L) 1:00pm The Daily Drop In 2:30pm Shine Awards (DR) 3:30pm Happy Hour w/ Brother John (B) 6:30pm Movie Night (ER)	9:15am Saturday Morning Social (L) 10:00am Morning Exercise (ER) 11:00am Buzzwords Game (L) 1:00pm The Daily Drop In 2:00pm Ice Cream Social (L) 3:00pm Advanced Bingo (B) 6:30pm Movie Night (ER)
10:00am Church of Ascension Recorded Mass (ER) 1:00pm Church of the Resurrection Satellite Service (Recorded) (ER) 2:00pm Movie Matinee (ER) 6:00pm (Resident Led) Table Games (L) 6:30pm Movie Night (ER)	Yom Kippur 10:00am Beginner's Chair Yoga (ER) 10:30am Spiritual Reflections (ER) 2:00pm Urban Myth Game (ER) 3:00pm Retro TV: Dragnet (ER) 5:30pm Puzzling with Friends (CS) 6:30pm Movie Night (ER)	Autumn Equinox 9:30am Catholic Comm. and Rosary (CS) 10:00am Exercise with Legacy (ER) 10:45am Farkle Game (ER) 1:00pm The Daily Drop In 2:00pm Playing Apples to Apples (CS) 3:00pm Advanced Bingo (B) 6:30pm Movie Night (ER)	9:15am Current Events (L) 10:00am Chair Zumba w/ Katie (ER) 11:00am Bible Study (ER) 1:00pm The Daily Drop In 2:00pm Making Tie Dye Stuff (CS) 3:00pm Canasta Card Game (CS) 4:00pm Wine Down Wednesday (B) 6:30pm Movie Night (ER)	9:15am Visiting with Neighbors (L) 10:00am Sit and Lift with Legacy (ER) 10:30am C.O.A Recorded Mass (ER) 1:00pm The Daily Drop In 2:00pm Art w/ Andrea (CS) 3:00pm Easy Bingo (B) 6:30pm Movie Night (ER)	9:30am Morning Chat (L) 9:45am Shopping Trip: Nordstroms Rack (L) 10:00am Morning Stretch (ER) 1:00pm The Daily Drop In 2:00pm Painted Wood Creations (CS) 3:30pm Happy Hour with Katie Hurcomb (B) 6:30pm Movie Night (ER)	9:15am Saturday Morning Social (L) 10:00am Morning Exercise (ER) 11:00am Buzzwords Game (L) 1:00pm The Daily Drop In 2:00pm Ice Cream Social (L) 3:00pm Advanced Bingo (B) 6:30pm Movie Night (ER)
10:00am Church of Ascension Recorded Mass (ER) 1:00pm Church of the Resurrection Satellite Service (Recorded) (ER) 2:00pm Movie Matinee (ER) 6:00pm (Resident Led) Table Games (L) 6:30pm Movie Night (ER)	10:00am Beginner's Chair Yoga (ER) 10:30am Spiritual Reflections (ER) 2:00pm Bingo Store (ER) 3:00pm Retro TV: Dragnet (ER) 5:30pm Puzzling with Friends (CS) 6:30pm Movie Night (ER)	9:30am Catholic Comm. and Rosary (CS) 10:00am Exercise with Legacy (ER) 10:45am Friendship Circle (ER) 1:00pm The Daily Drop In 2:00pm Alligator Shoes Performs (CS) 3:00pm Advanced Bingo (B) 6:30pm Movie Night (ER)	9:15am Current Events (L) 10:00am Chair Zumba w/ Katie (ER) 11:00am Bible Study (ER) 1:00pm The Daily Drop In 2:00pm Black Jack (CS) 3:00pm Watercolor Creations (CS) 4:00pm Wine Down Wednesday (B) 6:30pm Movie Night (ER)		Please remember if you have any suggestions for activities to put them in the suggestion box located across from the resident mailboxes. Thank you!	

Happy Birthday!

Wishing these residents a very happy birthday!

Ginny H. - 6th

Mary W. - 14th

Marcella R. - 15th

Vera A. - 22nd



Locations

Location Key

B = Bistro

O = Community Outing

CS = Creative Studio

DR = Dining Room

ER = Entertainment Room

LP = Large Patio

L = Lobby

PDR = Private Dining Room

All activities are subject to change!

September 2026

Alto Overland Park- Ensemble



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:00 Daily Loop Reading (ER) 9:30 Noodle Ball Exercise (ER) 10:00 Baking in Mom's Kitchen (B) 10:00 Catholic Communion (D) 10:00 Hydration Cart (DR) 2:00 Bingo (A) 2:30 Let's Have A Snack (DR) 3:00 Trivia Tuesday (A) 6:00 Tuesday Night Movie (D)	9:00 Daily Loop Reading (ER) 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 1:00 Beauty Salon Time (A) 2:00 Music with Katie (DR) 2:30 Let's Have A Snack (DR) 3:00 Manicures (DR) 6:00 Wednesday Night Movie (D)	9:00 Daily Loop Reading (ER) 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 1:00 Parachute ball game (A) 2:00 Music with Andrea (MR) 2:30 Let's Have A Snack (DR) 3:00 Puzzles and Music Hour (A) 6:00 Thursday Night Movie (D)	9:00 Daily Loop Reading (ER) 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 10:30 Brain Works (A) 1:00 Ball swat game (A) 2:00 Happy Hour (A) 2:30 Let's Have A Snack (DR) 3:00 Music on TV (DR) 6:00 Fun Film Friday's (D)	9:00 Daily Loop Reading (ER) 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 10:00 Trivia (A) 1:00 Memory Baskets (A) 2:30 Let's Have A Snack (DR) 3:00 Puzzles, Mazes and Word Searches (A) 6:00 Saturday Night Movie (D)
9:00 Daily Loop Reading (ER) 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 11:00 Lets Worship Together (A) 1:00 Johnny Carson Show (MR) 2:30 Let's Have A Snack (DR) 3:30 Movie on IN2L (A) 6:00 Sunday Night at the Movies (D)	9:00 Daily Loop Reading (ER) 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 10:30 Bible Study (A) 1:30 Walking Club (A) 2:30 Let's Have A Snack (DR) 3:30 Lets Play A Game (DR) 6:00 Monday Night at the Movies (D)	9:00 Daily Loop Reading (ER) 9:30 Noodle Ball Exercise (ER) 10:00 Baking in Mom's Kitchen (B) 10:00 Catholic Communion (D) 10:00 Hydration Cart (DR) 2:00 Music with DJ Gem (DR) 2:30 Let's Have A Snack (DR) 3:00 Trivia Tuesday (A) 6:00 Tuesday Night Movie (D)	9:00 Daily Loop Reading (ER) 9:30 Noodle Ball Exercise (ER) 10:00 Bus Ride (DR) 1:00 Beauty Salon Time (A) 2:00 Memory Baskets (DR) 2:30 Let's Have A Snack (DR) 3:00 Manicures (DR) 6:00 Wednesday Night Movie (D)	9:00 Daily Loop Reading (ER) 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 1:00 Parachute ball game (A) 2:30 Let's Have A Snack (DR) 3:00 Puzzles and Music Hour (A) 6:00 Thursday Night Movie (D)	9:00 Daily Loop Reading (ER) 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 10:30 Brain Works (A) 1:00 Ball swat game (A) 2:30 Let's Have A Snack (DR) 3:00 Music on TV (DR) 6:00 Fun Film Friday's (D)	9:00 Daily Loop Reading (ER) 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 10:00 Trivia (A) 1:00 Memory Baskets (A) 2:30 Let's Have A Snack (DR) 3:00 Puzzles, Mazes and Word Searches (A) 6:00 Saturday Night Movie (D)
9:00 Daily Loop Reading (ER) 9:00 Grandparents Day Donuts (A) 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 2:00 Grandparent's Day Desserts (DR) 3:30 Movie on IN2L (A) 6:00 Sunday Night at the Movies (D)	9:00 Daily Loop Reading (ER) 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 1:30 Walking Club with Kathy and Dani (A) 2:30 Let's Have A Snack (DR) 3:30 Lets Play A Game (DR) 6:00 Monday Night at the Movies (D)	9:00 Daily Loop Reading (ER) 9:30 Noodle Ball Exercise (ER) 10:00 Baking in Mom's Kitchen (B) 10:00 Catholic Communion (D) 10:00 Hydration Cart (DR) 2:00 Manicures (A) 2:30 Let's Have A Snack (DR) 3:00 Trivia Tuesday (A) 6:00 Tuesday Night Movie (D)	9:00 Daily Loop Reading (ER) 9:30 Noodle Ball Exercise (ER) 10:00 Let's make Desserts (DR) 1:00 Beauty Salon Time (A) 2:00 Music with Katie (DR) 2:30 Let's Have A Snack (DR) 3:00 Manicures (DR) 6:00 Wednesday Night Movie (D)	9:00 Daily Loop Reading (ER) 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 11:00 Community Lunch with families and friends (DR) 1:00 Parachute ball game (A) 2:30 Staff Appreciation (DR) 6:00 Thursday Night Movie (D)	9:00 Daily Loop Reading (ER) 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 10:30 Brain Works (A) 1:00 Ball swat game (A) 2:00 Happy Hour/Scavenger Hunt (A) 2:30 Staff Appreciation (DR) 3:00 Music on TV (DR) 6:00 Fun Film Friday's (D)	9:00 Daily Loop Reading (ER) 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 10:00 Trivia (A) 1:00 Memory Baskets (A) 2:30 Let's Have A Snack (DR) 3:00 Puzzles, Mazes and Word Searches (A) 6:00 Saturday Night Movie (D)
9:00 Daily Loop Reading (ER) 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 11:00 Lets Worship Together (A) 1:00 Johnny Carson Show (MR) 2:30 Let's Have A Snack (DR) 3:30 Movie on IN2L (A) 6:00 Sunday Night at the Movies (D)	9:00 Daily Loop Reading (ER) 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 10:30 Bible Study (A) 10:30 Live Music with Rob McHenry (DR) 1:30 Walking Club (A) 2:30 Let's Have A Snack (DR) 3:30 Lets Play A Game (DR) 6:00 Monday Night at the Movies (D)	9:00 Daily Loop Reading (ER) 9:30 Noodle Ball Exercise (ER) 10:00 Baking in Mom's Kitchen (B) 10:00 Catholic Communion (D) 10:00 Hydration Cart (DR) 2:00 Music w/Meg (A) 2:30 Let's Have A Snack (DR) 3:00 Trivia Tuesday (A) 6:00 Tuesday Night Movie (D)	9:00 Daily Loop Reading (ER) 9:30 Noodle Ball Exercise (ER) 10:00 Bus Ride (DR) 1:00 Beauty Salon Time (A) 2:00 Memory Baskets (DR) 2:30 Let's Have A Snack (DR) 3:00 Manicures (DR) 6:00 Wednesday Night Movie (D)	9:00 Daily Loop Reading (ER) 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 1:00 Parachute ball game (A) 2:30 Let's Have A Snack (DR) 3:00 Puzzles and Music Hour (A) 6:00 Thursday Night Movie (D)	9:00 Daily Loop Reading (ER) 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 10:30 Brain Works (A) 1:00 Ball swat game (A) 2:30 Let's Have A Snack (DR) 3:00 Music on TV (DR) 6:00 Fun Film Friday's (D)	9:00 Daily Loop Reading (ER) 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 10:00 Trivia (A) 1:00 Memory Baskets (A) 2:30 Let's Have A Snack (DR) 3:00 Puzzles, Mazes and Word Searches (A) 6:00 Saturday Night Movie (D)
9:00 Daily Loop Reading (ER) 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 11:00 Lets Worship Together (A) 2:30 Let's Have A Snack (DR) 3:30 Movie on IN2L (A) 6:00 Sunday Night at the Movies (D)	9:00 Daily Loop Reading (ER) 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 10:00 Men's Social (D) 10:30 Bible Study (A) 1:30 Walking Club (A) 2:30 Let's Have A Snack (DR) 3:30 Lets Play A Game (DR) 6:00 Monday Night at the Movies (D)	9:00 Daily Loop Reading (ER) 9:30 Noodle Ball Exercise (ER) 10:00 Baking in Mom's Kitchen (B) 10:00 Catholic Communion (D) 10:00 Hydration Cart (DR) 2:00 Bingo (A) 2:30 Let's Have A Snack (DR) 3:00 Trivia Tuesday (A) 6:00 Tuesday Night Movie (D)	9:00 Daily Loop Reading (ER) 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 1:00 Beauty Salon Time (A) 2:00 Memory Baskets (DR) 2:00 Music with Katie (DR) 2:30 Let's Have A Snack (DR) 3:00 Manicures (DR) 6:00 Wednesday Night Movie (D)			

Happy Birthday!

No Birthdays in Month

Alz Support Group
9-2-2026-6:30pm-8p

Alto Fall Festival
9-24-26 10am-2pm

Enjoy car show

Grilled food and lots of fun

Bus outings on
9-9 and 9-23

Assisted Living Week
Sept.13-19th

Watch for different activities..

Locations

- A = Activity Room
- O = Community Outing
- D = Den
- DR = Dining Room
- LP = Large Patio
- L = Lobby
- MR = Music Room
- SR = Sensory Room