

September 2026

Alto Evergreen Walk - Interlude



Senior Living by Allegro

Happy Times



Locations

BL = Back Living Room
B = Bistro
E = Encore Bar & Lounge
FL = Front Living Room
GG = Gym
KA = Kitchen Area
LR = Living Room
ML = Main Lobby
OT = Out Trip
PG = Patio Garden

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:00am Sunrise Stretch (TT) 10:30am Sensory Mystery (LR) 1:00pm Resident Choir Rehaersal (E) 2:00pm Bingo Fun for All (LR) 3:00pm Ladder Ball (LR) 4:00pm "How The States Got Their Shape" (TT) 6:00pm Movie Musical (TT)	10:00am Chair Yoga (TT) 10:30am Craft Club: Stained Glass Suncatchers (BL) 1:15pm Finish the Lyrics (TT) 2:00pm Sing, Snack & Socialize (KA) 3:00pm Bowling 3:45pm The America's Narrated By Tom Hanks (FL) 6:00pm Biographical Picture (TT)	10:00am Stretch It Out Exercise (TT) 10:30am Game Show Frenzy! (FL) 1:15pm Song Burst: Complete the Lyric Game (TT) 2:00pm Snack & Chat (KA) 3:00pm Hoop Shootout (TT) 3:45pm The Guilded Age (FL) 6:00pm Historical Film (TT)	10:00am Friday Exercise Fun (TT) 10:30am Jeopardy! (TT) 11:00am Question Jar (BL) 1:15pm Whiteboard Wordsearch (FL) 2:00pm Snack & Sing Along (RA) 3:00pm Chair Volleyball (BL) 3:45pm Yellowstone: The Eruption That Would Bury America In Ash (FL) 6:00pm Comedy Movie (TT)	10:00am Rock 'n Exercise (TT) 10:30am Family Feud! (TT) 1:00pm Bingo Extravaganza (LR) 2:00pm Snack & Chat (RA) 3:00pm Golf Putting (LR) 4:00pm Gold Coast Mansions (TT) 6:00pm Concert Film (TT)
10:00am Live Stream Mass (TT) 10:30am Rise & Reach Exercise (LR) 11:00am Whiteboard Word Games (BL) 1:00pm Visit with Charlie the Therapy Dog (FL) 2:15pm Mugs & Melodies (LR) 3:00pm Bucket Ball (LR) 6:00pm Romantic Comedy (TT)	AD Labor Day 10:00am Morning Movement 10:45am Patio Chat (PG) 1:15pm Spot The Difference! (FL) 2:00pm Chit Chats & Chips (KA) 3:00pm Cornhole (LR) 3:45pm Everest 2025: The Ultimate Ascent (FL) 6:00pm Hollywood Classic Movie (TT)	10:00am Sunrise Stretch (TT) 10:30am Watercolors with Paul (BL) 1:15pm Wordsearch Wizards 2:00pm Baking Club: Coffee Cake (B) 3:00pm Bingo Fun for All (BL) 4:00pm "Lucky Dog" (TT) 6:00pm Movie Musical (TT)	10:00am Chair Yoga (TT) 10:30am Craft Club: Build Your Own Stress Ball (BL) 1:15pm Finish the Lyrics (TT) 2:00pm Snack & Chat (KA) 3:00pm Bowling (LR) 3:45pm The America's Narrated By Tom Hanks (FL) 6:00pm Biographical Picture (TT)	10:00am Stretch It Out Exercise (TT) 10:30am Aroma Adventure (BL) 1:15pm Community Crossword 2:00pm The Snack Shack: Smoothie Making (LR) 3:00pm Hoop Shootout (TT) 3:45pm Virtual Tour: Ireland (FL) 6:00pm Historical Film (TT)	9:00am 9/11 Remembrance Ceremony (TT) 10:00am Friday Exercise Fun (TT) 10:30am Jeopardy! (TT) 12:30pm Concert Palooza: Simon & Garfunkel (FL) 2:00pm Entertainment with Ashly Cruz (E) 3:00pm Chair Volleyball (BL) 3:45pm Virtual Tour: Scotland (FL) 6:00pm Comedy Movie (TT)	10:00am Rock 'n Exercise (TT) 10:30am Family Feud! (TT) 1:00pm Bingo Extravaganza (LR) 2:00pm Snack & Sing Along (RA) 3:00pm Golf Putting (LR) 6:00pm Concert Film (TT)
AD Grandparent's Day AD National Assisted Living Week "Shining Through the Years" 10:00am Live Stream Mass (TT) 10:30am Rise & Reach Exercise (LR) 11:00am Jeopardy! (LR) 1:15pm Community Crossword (FL) 2:15pm Snack & Chat (LR) 3:00pm Ping Pong Pursuit (LR) 6:00pm Romantic Comedy (TT)	AD National Assisted Living Week "Shining Through the Years" AD Spirit Day - Shine Day 10:00am Morning Movement 10:45am Patio Chat (PG) 1:15pm Spot The Difference! (FL) 2:00pm Snack & Chat 3:00pm Cornhole (LR) 3:45pm Top 100 Places To Visit In The USA (LR) 6:00pm Hollywood Classic Movie (TT)	AD National Assisted Living Week "Shining Through the Years" AD Spirit Day - Jersey or Favorite Sports Team Day 10:00am Sunrise Stretch (TT) 10:30am Whiteboard Word Games (BL) 11:00am Art By Numbers (LR) 1:00pm Resident Choir Rehearsal (E) 2:00pm Bingo Fun for All (LR) 3:00pm Ladder Ball (LR) 6:00pm Movie Musical (TT)	AD National Assisted Living Week "Shining Through the Years" AD Spirit Day: Alto Day 10:00am Chair Yoga (TT) 10:30am Family Feud! (FL) 11:00am Health Talk with Kylie (TT) 1:15pm Outdoor Adventure (OT) 3:00pm The America's Narrated By Tom Hanks (FL) 6:00pm Biographical Picture (TT)	AD National Assisted Living Week "Shining Through the Years" AD Spirit Day: Sunflower or any Flower Day! 10:00am Stretch It Out Exercise (TT) 10:30am Community Crossword (LR) 1:00pm Song Burst: Complete the Lyric Game (TT) 2:00pm Sing, Snack & Socialize (LR) 3:00pm Hoop Shootout (BL) 4:00pm Guess The Residents! (FL) 6:00pm Historical Film (TT)	AD National Assisted Living Week "Shining Through the Years" AD Spirit Day: Bright and Bold Day - Neon Colors 10:00am Friday Exercise Fun (TT) 10:30am Jeopardy! (TT) 12:30pm Concert Palooza: Woodstock 1969 (BL) 2:00pm Snack & Sing Along (RA) 3:00pm Chair Volleyball (BL) 6:00pm Comedy Movie (TT)	AD National Assisted Living Week "Shining Through the Years" 10:00am Rock 'n Exercise (TT) 10:30am Game Show Frenzy! (TT) 1:00pm Bingo Extravaganza (LR) 2:00pm Resident Choir Concert (ML) 3:00pm Community Crossword (LR) 4:00pm Stand Up Comedy: We All Become Our Parents With Susan Rice (FL) 6:00pm Concert Film (TT)
10:00am Live Stream Mass (TT) 10:30am Rise & Reach Exercise (LR) 11:00am Family Feud! (FL) 1:00pm Visit with Charlie the Therapy Dog (FL) 2:15pm Snack & Trivia (KA) 3:00pm Bucket Ball (BL) 3:45pm Ethiopia: The Most Independent Nation In Africa (FL) 6:00pm Romantic Comedy (TT)	10:00am Morning Movement 10:45am Patio Chat (PG) 2:00pm Snack & Chat (LR) 3:00pm Community Crossword 3:45pm Zambia: The Heart Of Southern Africa (LR) 6:00pm Hollywood Classic Movie (TT)	10:00am Sunrise Stretch (TT) 10:30am African Wordsearch (BL) 11:00am African Art By Numbers (BL) 1:15pm Table Roll Game (BL) 2:00pm Baking Club: South African Peppermint Crisp Tart (B) 3:00pm Bingo Fun for All (BL) 3:45pm Wonders Of Kenya (TT) 6:00pm Movie Musical (TT)	10:00am Chair Yoga (TT) 10:30am Oil Painting Workshop with Brianna (AR) 1:15pm Finish the Lyrics (TT) 2:00pm The Snack Shack: Smoothie Making (KA) 3:00pm Bowling (LR) 3:45pm Madagascar: The Last Untouched Wilderness (FL) 6:00pm Biographical Picture (TT)	AD Allegro at Sea "Africa" 10:00am African Beat Fitness (FL) 10:30am Create Your Own Drum (BL) 11:00am The African Spice Trail (E) 1:30pm Into The Wild: Safari Adventure (AR) 2:00pm A Journey Through African Culture with Rita Wagner (E) 3:30pm African Drum Circle With Maggie (TT) 6:00pm Historical Film (TT)	10:00am Friday Exercise Fun (TT) 10:30am Music Jeopardy (FL) 11:00am Beach Ball Banter (BL) 2:00pm Snack & Sing Along (RA) 3:00pm Chair Volleyball (BL) 3:45pm An Adventure Through Africa (TT) 6:00pm Comedy Movie (TT)	10:00am Rock 'n Exercise (TT) 10:30am Family Feud Game (TT) 1:00pm Bingo Extravaganza (LR) 2:00pm Tea Time: Make Your Own Tea Bags (KA) 3:00pm Putt Putt Palooza (LR) 3:45pm Uganda: The Most Pristine Beauty You've Never Seen 6:00pm Concert Film (TT)
10:00am Live Stream Mass (TT) 10:30am Rise & Reach Exercise (LR) 11:00am Whiteboard Word Games (FL) 1:15pm Game Show Frenzy! (FL) 2:15pm Mugs & Melodies (LR) 3:00pm Ping Pong Pursuit (LR) 6:00pm Romantic Comedy (TT)	10:00am Morning Movement 10:45am Patio Chat (PG) 1:15pm Whiteboard ABCs (BL) 2:00pm Sing, Snack & Socialize (KA) 3:00pm Cornhole (LR) 3:45pm The America's Narrated By Tom Hanks (LR) 6:00pm Hollywood Classic Movie (TT)	10:00am Sunrise Stretch (TT) 10:30am Spot The Difference! (LR) 1:30pm Wordsearch Wizards 2:00pm Baking Club: Fruit Turnovers (B) 3:00pm Bingo Fun for All (BL) 4:00pm "How The States Got Their Shapes" (TT) 6:00pm Movie Musical (TT)	10:00am Chair Yoga (TT) 10:30am Craft Club: Fall Mason Jars (BL) 1:15pm Name That Tune: Throwback Jingles (FL) 2:00pm Chit Chats & Chips (KA) 3:00pm Bowling (LR) 3:45pm Masterminds: Secrets Of The Octopus (FL) 6:00pm Biographical Picture (TT)			

September 2026

Alto Evergreen Walk - Assisted Living



Senior Living by Allegro

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:00 Mass Communion & Rosary (TT) 10:00 Stretch and Strengthen (GG) 10:30 Brain Games: Word Search (B) 11:00 Jeopardy Challenge (TT) 1:00 Resident Choir Rehearsal (E) 2:00 Chair Yoga (GG) 2:30 Flower Arranging Workshop (AR) 3:00 Rummikub – Independent (B) 4:00 Senior Living Educational Series with Adam (TT) 6:15 Movie: The Devil Wears Prada 2 (TT)	10:00 Sunrise Stretch (GG) 10:30 Brain Games: Word Search (B) 11:00 Card Games and Checkers (AR) 1:30 Jeff the Plant Guy (TT) 3:00 Poker – Independent (CR) 3:30 Calendar Committee (TT) 4:00 Wine Down Happy Hour (E) 6:15 Movie: Here (TT)	10:00 Stretch It Out Exercise (GG) 10:30 Brain Games: Word Search (B) 11:00 Cooking: Homemade Salsa w/ Tortilla Chips (B) 2:00 Chair Yoga (GG) 2:45 America at 250, DeVane, Class 11 - Road to Disunion: Politics, Dred Scott, & the Crisis of 1850s (TT) 4:00 Happy Hour on the Patio (IP) 6:15 Movie: Never Been Kissed (TT)	10:00 Move & Thrive Exercise (GG) 10:30 Brain Games: Word Search (B) 11:00 Shabbat Gratitude Circle (TT) 12:30 Outing: Connecticut Museum of Culture and History - Hartford (ML) 3:30 Ted Talk and Discussion: Katherine Eban: A Dose of Reality About Generic Drugs (TT) 4:00 Happy Hour on the Patio (IP) 6:15 BBC Series on Netflix: Call the Midwife (TT)	10:00 Rock ‘n Exercise (GG) 10:30 Brain Games: Word Search (B) 11:00 Word Wheel Challenge (AR) 2:00 Bingo Extravaganza (TT) 3:30 The Secret Lives of Hummingbirds Narrated by David Attenborough (TT) 6:15 Movie: Firehouse Dog (TT)
10:00 Sunday Mass (TT) 10:00 Wellness in Motion (GG) 10:30 Coffee and Word Search Challenge (B) 11:00 Play Card Sharks (Game Show) (AR) 2:00 Vincent Van Gogh's The Starry Night: Great Art Explained (TT) 3:00 Move & Groove: Seated Band Exercise (GG) 3:30 Crossword Challenge (TT) 6:15 Movie: Soul Surfer (TT)	AD Labor Day 10:00 Get Fit Exercise (GG) 10:30 Brain Games: Word Search (B) 11:00 Play Family Feud! (TT) 2:00 This Week in History: A Conversation Through Time 3:00 Connections Game (TT) 4:00 Trivia on the Patio (IP) 6:15 Movie: Our Souls at Night (TT)	10:00 Mass Communion & Rosary (TT) 10:00 Stretch and Strengthen (GG) 10:30 Brain Games: Word Search (B) 11:00 Katelyn w/Fox Rehab: Health Talk (TT) 2:00 Chair Yoga (GG) 3:00 Bingo (AR) 3:00 Rummikub – Independent (B) 4:00 Tech Time: Bring a Device! (AR) 6:15 Movie: Tortilla Soup (TT)	10:00 Sunrise Stretch (GG) 10:30 Brain Games: Word Search (B) 11:00 Word Chain Challenge (AR) 2:00 1970's Pictionary (AR) 3:00 Bowling w/SWHS (GR) 3:00 Poker – Independent (CR) 4:00 Wine Down Happy Hour (E) 6:15 Movie: Champagne Problems (TT)	10:00 Stretch It Out Exercise (GG) 10:30 Brain Games: Word Search (B) 11:00 Baking: Zucchini Bread (B) 2:00 Chair Yoga (GG) 2:45 America at 250: A History, DeVane Lecture, Class 12–Two Constitutions, Secession and War, 1860-1862 (TT) 3:45 National School Picture Day — Senior Edition! (ML) 6:15 Movie: Bells are Ringing (TT)	9:00 9/11 Remembrance Ceremony (TT) 10:00 Move & Thrive Exercise (GG) 10:30 Brain Games: Word Search (B) 11:00 Shabbat Gratitude Circle (TT) 2:00 Entertainment with Ashly Cruz (E) 3:30 Ted Talk and Discussion: Suki Hillier: The Power of Imagination — Onstage and Off (TT) 4:00 Happy Hour Social Mixer in the Lounge (E) 6:15 BBC Series on Netflix: Call the Midwife (TT)	10:00 Rock ‘n Exercise (GG) 10:30 Brain Games: Word Search (B) 11:00 Jeopardy Challenge (TT) 2:00 Bingo Extravaganza (TT) 3:15 MADAGASCAR: The Last Untouched Wilderness (TT) 6:15 Movie: Ferris Bueller's Day Off (TT)
AD Grandparent's Day AD National Assisted Living Week "Shining Through the Years" 10:00 Sunday Mass (TT) 10:00 Wellness in Motion (GG) 10:30 Coffee and Word Search Challenge (B) 11:00 Word Within a Word (AR) 2:00 Grandparent's Day Ice Cream Social (B) 3:00 Grandparents Day: Then & Now (TT) 6:15 Movie: First Wives Club (TT)	AD National Assisted Living Week "Shining Through the Years" AD Spirit Day - Shine Day 10:00 Get Fit Exercise (GG) 10:30 Brain Games: Word Search (B) 11:00 Cranium Crunches 2:00 This Week in History: A Conversation Through Time 3:00 Carnegie Young Leaders Pen Pal Project (AR) 4:00 Trivia on the Patio (IP) 6:15 Movie: Dirty Dancing (TT)	AD National Assisted Living Week "Shining Through the Years" AD Spirit Day - Jersey or Favorite Sports Team Day 10:00 Mass Communion & Rosary (TT) 10:00 Stretch and Strengthen (GG) 10:30 Brain Games: Word Search (B) 1:00 Resident Choir Rehearsal (E) 2:00 Chair Yoga (GG) 2:30 Flower Arranging Workshop (AR) 3:00 Rummikub – Independent (B) 6:15 Movie: My Dream is Yours (TT)	AD National Assisted Living Week "Shining Through the Years" AD Spirit Day: Alto Day 10:00 Sunrise Stretch (GG) 10:30 Health Talk with Kylie (GG) 11:00 Shine Lives Here Conversation Connection 2:00 The Faithful: The Women of the Bible (TT) 2:00 Veteran's Group (CR) 3:00 Alto's Got Talent: Staff Talent Show (E) 3:00 Poker – Independent (CR) 6:15 Movie: Temple Grandin (TT)	AD National Assisted Living Week "Shining Through the Years" AD Spirit Day: Sunflower or any Flower Day! 10:00 Stretch It Out Exercise (GG) 10:30 Brain Games: Word Search (B) 11:00 Baking: Pumpkin Pie (B) 2:00 America at 250, DeVane Lecture, Class 13 - Union Victory, Confederate Defeat, and Emancipation (TT) 3:00 Out Trip: Slipaway Boat River Tours (ML) 6:15 Movie: Don't Say Good Luck (TT)	AD National Assisted Living Week "Shining Through the Years" AD Spirit Day: Bright and Bold Day - Neon Colors 10:00 Move & Thrive Exercise (GG) 10:30 Brain Games: Word Search (B) 11:00 Shabbat Gratitude Circle (TT) 2:00 Game Time with Friends (AR) 3:30 Ted Talk and Discussion: John Wixted: The New Science of Eyewitness Memory (TT) 6:15 BBC Series on Netflix: Call the Midwife (TT)	AD National Assisted Living Week "Shining Through the Years" 10:00 Rock ‘n Exercise (GG) 10:30 Brain Games: Word Search (B) 11:00 '70s TV Character Guess Who? (TT) 2:00 Bingo Extravaganza (TT) 3:15 Frank Sinatra - A Man And His Music (1965) (TT) 6:15 Movie: Moonstruck (TT)
10:00 Sunday Mass (TT) 10:00 Wellness in Motion (GG) 10:30 Coffee and Word Search Challenge (B) 11:00 Whiteboard Boggle (AR) 2:00 The Real Morocco Most People Never Discover (TT) 3:15 Classic Scrabble Tournament 6:15 Movie: Marie Antoinette (TT)	10:00 Get Fit Exercise (GG) 10:30 Brain Games: Word Search (B) 11:00 Card Sharks: Interactive Game Show (TT) 2:00 This Week in History: A Conversation Through Time 3:00 Unseen New York State - Places You Probably Never Heard Of (TT) 4:00 Trivia on the Patio (IP) 6:15 Movie: The Life List (TT)	10:00 Mass Communion & Rosary (TT) 10:00 Stretch and Strengthen (GG) 10:30 Brain Games: Word Search (B) 11:00 Watercolors with Paul (AR) 2:00 Resident Council (TT) 3:00 Bingo w/SWHS (AR) 3:00 Rummikub – Independent (B) 4:00 Tech Time: Bring a Device! (AR) 6:15 Movie: The Founder (TT)	10:00 Sunrise Stretch (GG) 10:30 Brain Games: Word Search (B) 10:30 Oil Painting Workshop with Brianna (AR) 1:30 Food/Beverage Discussion (R) 2:00 Rick Steves Egypt: Yesterday and Today (TT) 3:00 Bowling w/SWHS (GR) 3:00 Poker – Independent (CR) 4:00 Wine Down Happy Hour (E) 6:15 Movie: Aussie at Heart (TT)	AD Allegro at Sea "Africa" 10:00 Rhythms of Africa: Movement & Wellness (GG) 10:30 A Morning in Morocco: Mint Tea & Moroccan Sweets (B) 11:00 From Mint Tea to the Spice Souk (E) 11:30 Lunch in Egypt: A Culinary Journey with Chef Carlos (MR) 2:00 A Journey Through African Culture with Rita Wagner (E) 3:00 African Safari: Journey Into the Wild (TT) 4:00 Allegro at Sea: An African Sunset Celebration (E) 6:15 Movie: The Lion King (TT)	10:00 Move & Thrive Exercise (GG) 10:30 Brain Games: Word Search (B) 11:00 Shabbat Gratitude Circle (TT) 1:30 Outing: Ben & Jerry's Ice Cream (ML) 3:30 Ted Talk and Discussion: Sharon Price John: The Question that Saved My Company from Bankruptcy (TT) 4:00 Happy Hour on the Patio (IP) 6:15 BBC Series on Netflix: Call the Midwife (TT)	
10:00 Sunday Mass (TT) 10:00 Wellness in Motion (GG) 10:30 Coffee and Word Search Challenge (B) 11:00 Crossword Challenge (TT) 2:00 Judy Blume: Literary Icon (TT) 3:00 PBS Great Performances: Andrea Bocelli 30th – The Celebration (TT) 6:15 Movie: I'll See You In My Dreams (TT)	10:00 Flu & COVID Vaccine Clinic (GG) 10:00 Get Fit Exercise (GG) 10:30 Brain Games: Word Search (B) 11:00 Spot the Difference (TT) 2:00 This Week in History: A Conversation Through Time 3:00 Crossword Challenge (TT) 4:00 Trivia on the Patio (IP) 6:15 Movie: Green and Gold (TT)	10:00 Mass Communion & Rosary (TT) 10:00 Stretch and Strengthen (GG) 10:30 Brain Games: Word Search (B) 2:00 Chair Yoga (GG) 3:00 Bingo w/SWHS (AR) 3:00 Rummikub – Independent (B) 4:00 Name That Tune: 60's, 70's & 80's Edition (TT) 6:15 Movie: Fever Pitch (TT)	10:00 Sunrise Stretch (GG) 10:30 Brain Games: Word Search (B) 11:00 Theme Trivia: Sunshine and Citrus 2:00 Caterpillar Manufacturing: Inside the Factories Building Behemoths (TT) 3:00 Bowling w/SWHS (GR) 3:00 Poker – Independent (CR) 4:00 Wine Down Happy Hour (E) 6:15 Movie: Baby Boom (TT)			

Happy Birthday!

Residents

Dave S. – 4th
Ann D. – 27th

Associates

Elizabeth R. – 9/1
Jennifer C. – 9/4
Bridget G. – 9/4
Cynthia C. – 9/5
Jenefa P. – 9/10
Juliana G. – 9/14
Lydia M. – 9/18
Lilian B. – 9/23
Hillary B. – 9/24
Sergio M. – 9/26
Derra J. – 9/27

Locations

AR = Activity Room
B = Bistro
BP = Bistro Patio
CR = Club Room
E = Encore Bar & Lounge
GR = Game Room
GG = Gym
IP = Interior Patio
ML = Main Lobby
R = Restaurant
TT = Theatre

September 2026

Alto Evergreen Walk - Ensemble



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:00 Communion (BL) 10:30 Fitness - Strength & Stretch (FL) 11:00 Word Search Game (BL) 12:30 Beanbag Toss Game (PG) 1:30 History On This Day (BL) 2:30 Sip & Create Art Session (EK) 3:30 Warm Hand Towel Spa (BL) 4:00 Ensemble Band and Sing-Along (BL) 6:00 Wheel of Fortune (BL)	10:00 Daily Mass (BL) 10:30 Morning Walking Group Stroll (PG) 11:00 Words and More: Vocabulary & Word Games (BL) 1:30 Lifelong Learning: Hand Printing Craft (FL) 2:00 Frozen Blueberry Treats (BL) 3:00 Ensemble Courtyard Fitness (BL) 3:30 Warm Hand Towel Spa (BL) 4:00 Midweek: Ensemble Music Group (BL) 6:00 Deal or No Deal: Senior Living Game Show Experience (BL)	10:00 Mass & Meditation (BL) 10:30 Groovin' to the 70's Day Exercise (PG) 11:00 History On This Day (FL) 12:30 Jumbo Word Game (BL) 1:30 One on One Conversations: Life Stories & Meaningful Connections (FL) 2:00 Snack & Chat: Social (BL) 2:30 Virtual Travelog: Explore the Wonders of Ancient Egypt (BL) 3:30 Warm Hand Towel Spa (BL) 4:00 Garden Sensory Walk: Explore Nature's Sights and Scents (PG) 6:00 Wheel of Fortune (BL)	10:00 Eucharist (BL) 10:30 Energizing Friday with Exercise (BL) 11:00 Unscramble Word Game (BL) 12:30 Courtyard Exploration (PG) 1:30 The Price is Right Day Game Show Experience (FL) 2:00 Expressive Art & Music (BL) 3:30 1930's Classics Sing-Along and Music Trivia 4:00 Cornhole Practice Exercise (PG) 6:00 Deal or No Deal: Senior Living Game Show Experience (BL)	10:00 Mass & Meditation (BL) 10:30 Kick off Saturday Workout (BL) 11:00 Vocabulary Word Games (BL) 12:30 Ensemble I Spy Game (BL) 1:30 Fidgets Discovery (FL) 3:00 Fireside Resident Storytelling (FL) 3:30 Movie Making History: The Birth of Cinema (FL) 4:00 National Play Outside Day Nature Scavenger Hunt (PG) 6:00 Wheel of Fortune (BL)
10:00 Eucharist (BL) 10:30 Sunday Flexing Courtyard Walk (PG) 11:00 Discussion Flip Cards (BL) 12:30 Sunday Word Find Puzzles (BL) 1:30 Today's History: National Read a Book Day (SL) 2:30 Coffee Ice Cream Social (EK) 3:00 Nature Walk Exploration Adventure (PG) 4:00 Senior Hymns Sing-Along (FL) 6:00 Nectar Virtual Concert Series: Yaima Live Music Experience (BL)	10:00 Meditation Mass (BL) 10:30 Tai Chi Movements (FL) 11:00 Vocabulary Word Games (BL) 12:30 Labor Day Nostalgic Group Discussion (BL) 1:30 Jumbo Words Challenge (FL) 2:00 Ensemble Walking Group (PG) 2:30 One on One Conversations: Life Stories & Meaningful Connections (FL) 3:30 Outdoor Garden Club (PG) 6:00 Deal or No Deal: Senior Living Game Show Experience (BL)	10:00 Communion (BL) 10:30 Fitness - Strength & Stretch (FL) 11:00 Word Search Game (BL) 12:30 Beanbag Toss Game (PG) 1:30 History On This Day (BL) 2:30 Sip & Create Art Session (EK) 3:30 Warm Hand Towel Spa (BL) 4:00 Ensemble Band and Sing-Along (BL) 6:00 Wheel of Fortune (BL)	10:00 Daily Mass (BL) 10:30 Scenic Drive: Uptown History & Storytelling (PG) 11:00 Vocabulary Word Games (BL) 1:30 Bake Shop: Rainbow Cookies (FL) 2:00 Snack & Chat: Social (BL) 3:00 Ensemble Courtyard Fitness (BL) 3:30 Warm Hand Towel Spa (BL) 4:00 Midweek: Ensemble Music Group (BL) 6:00 Deal or No Deal: Senior Living Game Show Experience (BL)	10:00 Mass & Meditation (BL) 10:45 Cornhole Practice Exercise (PG) 11:00 Tone Up Thursday (FL) 12:30 Virtual Travelog: Yellow Daisy Day at Stone Mountain Park (BL) 1:30 One on One Conversations: Life Stories & Meaningful Connections (FL) 2:30 Snack and Chat: Cranberry Mocktails (BL) 3:30 Warm Hand Towel Spa (BL) 4:00 Garden Sensory Walk: Explore Nature's Sights and Scents (PG) 6:00 Wheel of Fortune (BL)	AD Rosh Hashanah Jewish New Year 10:00 Eucharist (BL) 10:30 Energizing Friday with Exercise (BL) 11:00 Virtual: 9/11 Remembered: A Reflective Museum Experience (BL) 12:30 Courtyard Exploration (PG) 1:30 Live Entertainment with Karl D (FL) 2:00 Expressive Art & Music (BL) 3:30 1930's Songs Sing-Along and Music Trivia (FL) 4:00 Cornhole Practice Exercise (PG) 6:00 Deal or No Deal: Senior Living Game Show Experience (BL)	AD Craft & Vendor Fair 10:00 Mass & Meditation (BL) 10:30 Kick off Saturday Workout (BL) 11:00 Vocabulary Word Games (BL) 12:30 Ensemble I Spy Game (BL) 1:30 Classic Movie Screening: Lassie (1954) (FL) 3:00 Fireside Resident Storytelling (FL) 3:30 Movie Making History: Photography in 1839 (FL) 4:00 Courtyard Sightseeing Stroll and Nature Observation (PG) 6:00 Wheel of Fortune (BL)
AD Grandparent's Day AD National Assisted Living Week "Shining Through the Years" 10:00 Eucharist (BL) 10:30 Sunday Flexing Courtyard Walk (PG) 11:00 Discussion Flip Cards (BL) 12:30 Sunday Word Find Puzzles (BL) 1:30 Grandparent's Day Jazz with Love Celebration (SL) 2:30 Sip & Create Art Session (EK) 3:00 Nature Walk Exploration Adventure (PG) 4:00 Senior Hymns Sing-Along (FL) 6:00 Nectar Virtual Concert Series: Yaima Live Music Experience (BL)	AD National Assisted Living Week "Shining Through the Years" AD Spirit Day - Shine Day 10:00 Meditation Mass (BL) 10:30 Tai Chi Movements (FL) 11:00 Vocabulary Word Games (BL) 12:30 History On This Day: "The Star-Spangled Banner" (BL) 1:30 Jumbo Words Challenge (FL) 2:00 Ensemble Walking Group (PG) 2:30 One on One Conversations: Life Stories & Meaningful Connections (FL) 3:30 Outdoor Garden Club (PG) 4:00 Ensemble Choir Practice (BL) 6:00 Deal or No Deal: Senior Living Game Show Experience (BL)	AD National Assisted Living Week "Shining Through the Years" AD Spirit Day - Jersey or Favorite Sports Team Day 10:00 Communion (BL) 10:30 Fitness - Strength & Stretch (FL) 10:30 Watercolor Art with Paul (SL) 11:00 Soulful Music: Back Down Memory Lane by Minnie Riperton (BL) 12:30 Beanbag Toss Game (PG) 1:30 Classic Movie: Seven-Year Itch (BL) 2:30 Sip & Create Art Session (EK) 3:30 Warm Hand Towel Spa (BL) 4:00 Ensemble Band and Sing-Along (BL) 6:00 Wheel of Fortune (BL)	AD National Assisted Living Week "Shining Through the Years" AD Spirit Day: Alto Day 10:00 Daily Mass (BL) 10:30 Senior Strength and Fitness Circuit (PG) 11:00 Vocabulary Word Games (BL) 1:30 Spotlight: Residents Careers Discussion (FL) 2:00 Peaches and Ice Cream Snack Treat (BL) 3:00 Ensemble Courtyard Fitness (BL) 3:30 Warm Hand Towel Spa (BL) 4:00 Midweek: Ensemble Music Group (BL) 5:00 Alzheimer's & Dementia Caregiver Support (PD) 6:00 Deal or No Deal: Senior Living Game Show Experience (BL)	AD National Assisted Living Week "Shining Through the Years" AD Spirit Day: Sunflower or any Flower Day! 10:00 Mass & Meditation (BL) 10:45 "Shining Through the Years" with Nicole "The Key" (FFLR) 11:00 Tone Up Thursday (FL) 12:30 Jumbo Word Game (BL) 1:30 Live Entertainment with Blaise (FL) 2:30 Virtual: Name That Tool Game (BL) 3:30 Warm Hand Towel Spa (BL) 4:00 Garden Sensory Walk: Explore Nature's Sights and Scents (PG) 6:00 Wheel of Fortune (BL)	AD National Assisted Living Week "Shining Through the Years" AD Spirit Day: Bright and Bold Day - Neon Colors 10:00 Eucharist (BL) 11:00 Unscramble Word Game (BL) 12:30 Courtyard Exploration (PG) 1:30 Pictures Guessing Game (FL) 2:00 Expressive Art & Music (BL) 3:30 1930's Songs Sing-Along and Music Trivia (FL) 4:00 Cornhole Practice Exercise (PG) 6:00 Deal or No Deal: Senior Living Game Show Experience (BL)	AD National Assisted Living Week "Shining Through the Years" 10:00 Mass & Meditation (BL) 10:30 Kick off Saturday Workout (BL) 11:00 Vocabulary Word Games (BL) 12:30 Documentary & Discussion: Red Panda Day (BL) 1:30 Fidgets Discovery (FL) 3:00 Fireside Resident Storytelling (FL) 3:30 Movie Making History: The Wizard of Oz (FL) 4:00 Courtyard Sightseeing Stroll and Nature Observation (PG) 6:00 Wheel of Fortune (BL)
10:00 Eucharist (BL) 10:30 Sunday Flexing Courtyard Walk (PG) 11:00 Discussion Flip Cards (BL) 12:30 Sunday Word Find Puzzles (BL) 1:30 Today's History (SL) 2:30 Sip & Create Art Session (EK) 3:00 Nature Walk Exploration Adventure (PG) 4:00 Senior Hymns Sing-Along (FL) 6:00 Nectar Virtual Concert Series: Yaima Live Music Experience (BL)	10:00 Meditation Mass (BL) 10:30 Tai Chi Movements (FL) 11:00 Vocabulary Word Games (BL) 12:30 Music Appreciation Day: Earth, Wind & Fire 1978 (BL) 1:30 Jumbo Words Challenge (FL) 2:00 Ensemble Walking Group (PG) 2:30 One on One Conversations: Life Stories & Meaningful Connections (FL) 3:30 Outdoor Garden Club (PG) 4:00 Ensemble Choir Practice (BL) 6:00 Deal or No Deal: Senior Living Game Show Experience (BL)	Autumn Equinox 10:00 Communion (BL) 10:30 Fitness - Strength & Stretch (FL) 11:00 Elephant Appreciation Day: Art & Trivia (BL) 12:30 Beanbag Toss Game (PG) 1:30 History On This Day: Autumn Season Begins (BL) 2:30 Sip & Create Art Session (EK) 3:30 Warm Hand Towel Spa (BL) 4:00 Ensemble Band and Sing-Along (BL) 6:00 Wheel of Fortune (BL)	10:00 Daily Mass (BL) 10:30 Scenic Drive: Uptown History & Storytelling (PG) 11:00 Vocabulary Word Games (BL) 1:30 Lifelong Learning: Cool Whip and Strawberries Dessert Art (FL) 2:00 Coffee & Chat: A Social Gathering (EK) 3:00 Ensemble Courtyard Fitness (BL) 3:30 Warm Hand Towel Spa (BL) 4:00 Midweek: Ensemble Music Group (BL) 6:00 Deal or No Deal: Senior Living Game Show Experience (BL)	AD Allegro at Sea "Africa" 10:00 Mass & Meditation (BL) 10:30 Allegro at Sea with Rita: African Cultural Music Journey (FL) 11:00 Tone Up Thursday (FL) 12:30 African Puzzle Maze Adventure (BL) 1:30 One on One Conversations: Life Stories & Meaningful Connections (FL) 2:30 African Theme Birthday Celebration (FL) 3:30 Warm Hand Towel Spa (BL) 4:00 Garden Sensory Walk: Explore Nature's Sights and Scents (PG) 5:30 After Dinner Entertainment with Paulo (FL) 6:00 Wheel of Fortune (BL)	10:00 Eucharist (BL) 10:30 Energizing Friday with Exercise (BL) 11:00 Unscramble Word Game (BL) 12:30 Courtyard Exploration (PG) 1:30 Pictures Guessing Game (FL) 2:00 Expressive Art & Music (BL) 3:30 1930's Songs Sing-Along and Music Trivia (FL) 4:00 Cornhole Practice Exercise (PG) 6:00 Deal or No Deal: Senior Living Game Show Experience (BL)	10:00 Mass & Meditation (BL) 10:30 Kick off Saturday Workout (BL) 11:00 Vocabulary Word Games (BL) 12:30 Ensemble I Spy Game (BL) 1:30 Fidgets Discovery (FL) 3:00 Fireside Resident Storytelling (FL) 3:30 Movie Making History: Gone With the Wind (FL) 4:00 Courtyard Sightseeing Stroll and Nature Observation (PG) 6:00 Wheel of Fortune (BL)
10:00 Eucharist (BL) 10:30 Sunday Flexing Courtyard Walk (PG) 11:00 Discussion Flip Cards (BL) 12:30 Sunday Word Find Puzzles (BL) 1:30 Today's History (SL) 2:30 Sip & Create Art Session (EK) 3:00 Nature Walk Exploration Adventure (PG) 4:00 Senior Hymns Sing-Along (FL) 6:00 Nectar Virtual Concert Series: Yaima Live Music Experience (BL)	10:00 Meditation Mass (BL) 10:30 Tai Chi Movements (FL) 11:00 Vocabulary Word Games (BL) 12:30 History On This Day (BL) 1:30 Jumbo Words Challenge (FL) 2:00 Ensemble Walking Group (PG) 2:30 One on One Conversations: Life Stories & Meaningful Connections (FL) 3:30 Outdoor Garden Club (PG) 4:00 Ensemble Choir Practice (BL) 6:00 Deal or No Deal: Senior Living Game Show Experience (BL)	10:00 Communion (BL) 10:30 Fitness - Strength & Stretch (FL) 11:00 Word Search Game (BL) 12:30 Beanbag Toss Game (PG) 1:30 History On This Day (BL) 2:30 Sip & Create Art Session (EK) 3:30 Warm Hand Towel Spa (BL) 4:00 Ensemble Band and Sing-Along (BL) 6:00 Wheel of Fortune (BL)	10:00 Daily Mass (BL) 10:30 Senior Fitness Circuit Training (BL) 11:00 Vocabulary Word Games (BL) 1:30 Citrus Sensory & Tasting Mandarin Orange (FL) 2:00 Coffee & Chat: A Social Gathering (EK) 3:00 Ensemble Courtyard Fitness (BL) 3:30 Warm Hand Towel Spa (BL) 4:00 Midweek: Ensemble Music Group (BL) 6:00 Deal or No Deal: Senior Living Game Show Experience (BL)			

Happy Birthday!

Charles, B. "Chuck" - 16th



Locations

BL = Back Living Room

EK = Ensemble Kitchen

FL = Fireside Living Room

SL = Fireside Living Room

PG = Patio Garden