

October 2026

Spring Arbor of Winchester
ASSISTED LIVING



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>Locations</u>	<u>Dimensions</u>			9:30 AM - What's Your Verdict? 10:00 AM - Communion with Rev. Martin (LR) 10:30 AM - Hymn Sing (LR) 1:30 PM - Chair Volleyball 2:30 PM - Halloween Door Decorating (AR) 3:30 PM - October Trivia (AR) 6:00 PM - Bingo	9:30 AM - Shopping Outing: Walmart 9:30 AM - Self-Guided Activities While Group Is on Outing (AR) 10:30 AM - Wise & Well: Exercise with Bayada (Gym) 1:00 PM - Bible Study with Brittney (Sunroom) 2:00 PM - Happy Hour with Rob Yeakle 3:00 PM - Fit Minds (AR) 6:00 PM - Bingo	10:00 AM - Walking Club 10:30 AM - Art From the Heart 1:30 PM - Movie Matinee and Popcorn 6:00 PM - Bingo
9:00 AM - Spiritual Reflections (Pick Up in AR) 10:00 AM - Hymn Sing with Karen (LR) 10:30 AM - Themed Bingo 12:30 PM - Catholic Communion 3:00 PM - Music with Mary (LR) 6:00 PM - Bingo	9:30 AM - Tai Chi with Donna (Sunroom) 10:30 AM - Wise & Well: Exercise with Bayada (Gym) 1:30 PM - Oktoberfest Celebration! 2:30 PM - Music Therapy with Jay 3:00 PM - Scrabble 3:30 PM - Halloween Door Decorating Contest! (AR) 6:00 PM - Bingo	8:30 AM - Hairdresser (Salon) 9:30 AM - Chair Yoga 10:30 AM - Drama Club 1:30 PM - Personal Pizza Jack O' Lanterns 2:00 PM - Mathew's Piano Performance 3:30 PM - Nail Spa & I Love Lucy 6:00 PM - Bingo	10:30 AM - Wise & Well: Exercise with Bayada (Gym) 11:00 AM - Lunch Outing and Pumpkin Picking at West Oaks Farm Market 11:00 AM - Self-Guided Activities While Group Is on Outing (AR) 2:00 PM - Wine Down Wednesday 3:00 PM - Pumpkin Painting (AR) 6:00 PM - Bingo	9:30 AM - Bible Study with Pastor Dave 10:30 AM - Hymn Sing (LR) 1:30 PM - Apple Taste Test (AR) 2:00 PM - Chair Travel 3:00 PM - Cottage Mixer (Meet in Foyer) 6:00 PM - Bingo	9:30 AM - Self-Guided Activities While Group Is on Outing (AR) 9:30 AM - Shopping Outing: Dollar Tree 10:30 AM - Wise & Well: Exercise with Bayada (Gym) 1:30 PM - UNO 2:00 PM - Happy Hour with Dave 3:00 PM - Fit Minds (AR) 6:00 PM - Bingo	10:00 AM - Walking Club 10:30 AM - Art From the Heart 1:30 PM - Movie Matinee and Popcorn 6:00 PM - Bingo
9:00 AM - Spiritual Reflections (Pick Up in AR) 10:30 AM - Themed Bingo 12:30 PM - Catholic Communion 1:30 PM - In Person Opequon Presbyterian Church Service (Sunroom) 3:00 PM - Music with Mary 6:00 PM - Bingo	Columbus Day 9:30 AM - Tai Chi with Donna (Sunroom) 10:30 AM - Wise & Well: Exercise with Bayada (Gym) 1:30 PM - History of Columbus Day 2:30 PM - Music Therapy with Jay 3:00 PM - Scrabble 6:00 PM - Mike Crites and The Half Notes (LR)	8:30 AM - Hairdresser (Salon) 9:30 AM - Baking Cinnamon Apple Bites 10:30 AM - Drama Club 1:30 PM - Kathy Davis Performance 3:30 PM - Drama Club Performance! 6:00 PM - Bingo	9:30 AM - Write Word 10:30 AM - Wise & Well: Exercise with Bayada (Gym) 2:00 PM - Wine Down Wednesday with Jeff Fuss 3:00 PM - Explore The Mysteries of Ancient Egypt (AR) 6:00 PM - Bingo	9:30 AM - Fluffy Sock Pumpkins Craft 10:30 AM - Hymn Sing (LR) 1:30 PM - Chair Volleyball 2:00 PM - Carmel Apple Bar Social 3:00 PM - History of The Jack O' Lantern 6:00 PM - Bingo	9:30 AM - Self-Guided Activities While Group Is on Outing (AR) 10:30 AM - Shopping Outing: Thrift Store 10:30 AM - Wise & Well: Exercise with Bayada (Gym) 1:00 PM - Bible Study with Brittney (Sunroom) 2:00 PM - Happy Hour 3:00 PM - Fit Minds (AR) 6:00 PM - Bingo	10:00 AM - Walking Club 10:30 AM - Art From the Heart 1:30 PM - Movie Matinee and Popcorn 6:00 PM - Bingo
9:00 AM - Spiritual Reflections (Pick Up in AR) 10:30 AM - Themed Bingo 12:30 PM - Catholic Communion 3:00 PM - Music with Mary (LR) 6:00 PM - Bingo	9:30 AM - Tai Chi with Donna (Sunroom) 10:30 AM - Wise & Well: Exercise with Bayada (Gym) 1:30 PM - What Am I? 2:30 PM - Music Therapy with Jay 3:00 PM - Scrabble 6:00 PM - Bingo	8:30 AM - Hairdresser (Salon) 9:30 AM - Beaded Corn Craft 10:30 AM - Drama Club 1:30 PM - Chair Yoga 2:00 PM - Monster Mash Social 3:30 PM - Nail Spa & I Love Lucy 6:00 PM - Bingo	9:30 AM - Baking White Chocolate Pumpkin Cookies 10:30 AM - Wise & Well: Exercise with Bayada (Gym) 2:00 PM - Wine Down Wednesday with Bayada 6:00 PM - Bingo	9:30 AM - Bible Study with Pastor Dave 10:30 AM - Hymn Sing (LR) 1:30 PM - Star of the Month - Kate Winslet 2:00 PM - Therapy Dog Visit with Apollo 3:00 PM - Cottage Mixer (Meet in Foyer) 6:00 PM - Bingo	9:30 AM - JWHS Choir Performance (LR) 10:30 AM - Wise & Well: Exercise with Bayada (Gym) 1:30 PM - UNO 2:00 PM - Happy Hour with Medicine Wind 3:00 PM - Fit Minds (AR) 6:00 PM - Bingo	10:00 AM - Walking Club 10:30 AM - Art From the Heart 1:30 PM - Movie Matinee and Popcorn 6:00 PM - Hunter O' Neil Performance (LR)
9:00 AM - Spiritual Reflections (Pick Up in AR) 10:30 AM - Themed Bingo 12:30 PM - Catholic Communion 3:00 PM - Music with Mary 6:00 PM - Bingo	9:30 AM - Tai Chi with Donna (Sunroom) 10:30 AM - Wise & Well: Exercise with Bayada (Gym) 1:30 PM - Making Carmel Apple Cider Punch 2:00 PM - Hocus Pocus Watch Party (AR) 3:30 PM - Scrabble 6:00 PM - Mike Crites and The Half Notes (LR)	8:30 AM - Hairdresser (Salon) 9:30 AM - Baking Pumpkin Angel Food Cake 10:30 AM - Drama Club 1:30 PM - The History of Classic Monster Movies (AR) 2:30 PM - Music Therapy with Jessica 3:30 PM - Nail Spa & Golden Girls 6:00 PM - Bingo	9:30 AM - Write Word 10:30 AM - Wise & Well: Exercise with Bayada (Gym) 1:30 PM - Believable or Batty? Game (AR) 2:00 PM - Wine Down Wednesday with Valerie 3:00 PM - History of The Gunfight at the O.K. Corral (AR) 6:00 PM - Bingo	9:30 AM - Birthday Cake Baking 10:30 AM - Hymn Sing (LR) 1:30 PM - Chair Volleyball 2:30 PM - Bobbing For Apples Game (AR) 3:30 PM - Food Committee and Resident Council 6:00 PM - Bingo	9:30 AM - Country Store 10:30 AM - Wise & Well: Exercise with Bayada (Gym) 1:00 PM - Bible Study with Brittney (Sunroom) 2:00 PM - Happy Hour October Birthday Celebration 3:30 PM - Fit Minds (AR) 6:00 PM - Bingo	Halloween 10:00 AM - Walking Club 10:30 AM - Art From the Heart 1:30 PM - Movie Matinee and Popcorn 6:00 PM - Bingo

October 2026

Spring Arbor of Winchester
MEMORY CARE



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>Locations</u>	<u>Dimensions</u>			10:00 AM - Cottage Baking 10:30 AM - The Royal Treatment: Nail Spa 2:00 PM - Leaf Tail Squirrel Craft 3:00 PM - Halloween Door Decorating 4:00 PM - Poetry Café	9:45 AM - Wise & Well: Exercise with Bayada* 10:30 AM - Bloom & Color 2:00 PM - October Trivia 3:15 PM - Rob Yeakle Performance 4:00 PM - Toss and Talk	9:30 AM - Reading The Daily Chronicle 10:00 AM - Weekend Brunch Bites 10:30 AM - Tovertafel Exploration 2:30 PM - Movie Matinee with Refreshments
9:30 AM - Reading The Daily Chronicle 10:00 AM - Morning Tunes 2:30 PM - Spiritual Reflections 3:00 PM - Tovertafel Games	10:00 AM - Reading The Daily Chronicle 10:30 AM - Oktoberfest Celebration! 2:00 PM - Mike Crites and the Half Notes 3:30 PM - Music Therapy with Jay 4:00 PM - Bloom & Color	10:00 AM - The Wellness Kitchen 11:00 AM - The Royal Treatment: Aromatherapy Massage 2:00 PM - Chair Exercise 3:00 PM - Mathew's Piano Performance 4:00 PM - Candy Corn Toss	8:30 AM - The Royal Treatment: Hairdresser 9:00 AM - Reading The Daily Chronicle 9:45 AM - Wise & Well: Exercise with Bayada 10:30 AM - Tovertafel Games 2:00 PM - Personal Pizza Jack O' Lanterns 3:30 PM - High Low Card Game	10:00 AM - Cottage Baking 10:30 AM - The Royal Treatment: Nail Spa 2:00 PM - Apple Taste Test 3:00 PM - Assisted Living Mixer Gardening 4:00 PM - Witch Bingo	9:45 AM - Wise & Well: Exercise with Bayada* 10:30 AM - Bloom & Color 2:00 PM - Fall - Would You Rather 3:00 PM - Pumpkin Painting 4:00 PM - Toss and Talk	9:30 AM - Reading The Daily Chronicle 10:00 AM - Weekend Brunch Bites 10:30 AM - Tovertafel Exploration 2:30 PM - Movie Matinee with Refreshments
9:30 AM - Reading The Daily Chronicle 10:00 AM - Morning Tunes 2:30 PM - Spiritual Reflections 3:00 PM - Tovertafel Games	Columbus Day 10:00 AM - Reading The Daily Chronicle 10:30 AM - Sunrise Cinema 2:30 PM - Comfort & Care Spa 3:00 PM - History of Columbus Day 3:30 PM - Music Therapy with Jay 4:00 PM - Fall Charades	10:00 AM - The Wellness Kitchen 11:00 AM - The Royal Treatment: Aromatherapy Massage 2:00 PM - Thriller Chair Exercise 3:00 PM - Guess The Candy 4:00 PM - Pondering Prompts	8:30 AM - The Royal Treatment: Hairdresser 9:00 AM - Reading The Daily Chronicle 9:45 AM - Wise & Well: Exercise with Bayada 10:30 AM - Tovertafel Games 2:00 PM - Golden Oldies Sing Along 3:30 PM - Spooky Pictionary	10:00 AM - Cottage Baking 10:30 AM - The Royal Treatment: Nail Spa 2:00 PM - Bobbing For Apples Game 3:00 PM - Zombie Says! 4:00 PM - Poetry Café	9:45 AM - Wise & Well: Exercise with Bayada* 10:30 AM - Bloom & Color 2:00 PM - History of The Jack O' Lantern 3:00 PM - Toss and Talk 4:00 PM - Finish the Halloween Phrase	9:30 AM - Reading The Daily Chronicle 10:00 AM - Weekend Brunch Bites 10:30 AM - Tovertafel Exploration 2:30 PM - Movie Matinee with Refreshments
9:30 AM - Reading The Daily Chronicle 10:00 AM - Morning Tunes 2:30 PM - Spiritual Reflections 3:00 PM - Tovertafel Games	10:00 AM - Reading The Daily Chronicle 10:30 AM - The Halloween Postcard Story 2:00 PM - Mike Crites and the Half Notes 3:30 PM - Music Therapy with Jay 4:00 PM - Bloom & Color	10:00 AM - The Wellness Kitchen 11:00 AM - The Royal Treatment: Aromatherapy Massage 2:00 PM - Monster Mash Social 3:00 PM - Giant UNO 4:00 PM - Halloween True or False	8:30 AM - The Royal Treatment: Hairdresser 9:00 AM - Reading The Daily Chronicle 9:45 AM - Wise & Well: Exercise with Bayada 10:30 AM - Tovertafel Games 2:00 PM - Halloween Fortune Teller 3:30 PM - High Low Card Game	10:00 AM - Cottage Baking 10:30 AM - The Royal Treatment: Nail Spa 2:00 PM - Pass The Pumpkin 3:00 PM - Assisted Living Mixer Gardening 4:00 PM - Poetry Café	9:45 AM - Wise & Well: Exercise with Bayada* 10:30 AM - Bloom & Color 2:00 PM - Halloween Rhyme Time 3:00 PM - Who Lives in the Haunted House? 4:00 PM - Halloween Reminiscing	9:30 AM - Reading The Daily Chronicle 10:00 AM - Weekend Brunch Bites 10:30 AM - Tovertafel Exploration 2:30 PM - Movie Matinee with Refreshments
9:30 AM - Reading The Daily Chronicle 10:00 AM - Morning Tunes 2:30 PM - Spiritual Reflections 3:00 PM - Tovertafel Games	10:00 AM - Reading The Daily Chronicle 10:30 AM - Sunrise Cinema 2:30 PM - Comfort & Care Spa 3:00 PM - Can You Picture This? 3:30 PM - Music Therapy with Jay 4:00 PM - Detective Puzzles	10:00 AM - The Wellness Kitchen 11:00 AM - The Royal Treatment: Aromatherapy Massage 2:00 PM - Witch's Brew Social 3:30 PM - Music Therapy with Jessica 4:00 PM - Pondering Prompts	8:30 AM - The Royal Treatment: Hairdresser 9:00 AM - Reading The Daily Chronicle 9:45 AM - Wise & Well: Exercise with Bayada 10:30 AM - Tovertafel Games 2:00 PM - Halloween Sing Along 3:30 PM - Halloween Traditions	10:00 AM - Cottage Baking 10:30 AM - The Royal Treatment: Nail Spa 2:00 PM - Believable or Batty? Game 3:00 PM - Witch Hat Ring Toss 4:00 PM - Poetry Café	9:45 AM - Wise & Well: Exercise with Bayada* 10:30 AM - Bloom & Color 2:00 PM - The History of Classic Monster Movies (AR) 3:00 PM - Toss and Talk 4:00 PM - Ghoulishly Funny Riddles!	Halloween 9:30 AM - Reading The Daily Chronicle 10:00 AM - Weekend Brunch Bites 10:30 AM - Tovertafel Exploration 2:30 PM - Movie Matinee with Refreshments

* Activities are subject to change