

October 2026

Spring Arbor of Wilson
ASSISTED LIVING



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Changes and Additions to the calendar will be posted on the daily sheets and hall calendar. Please see Rosie to sign up for Outings!	Meal Times Breakfast 7:40-8:40 Lunch 12:00-1:00 Dinner 5:00-6:00 Beauty Shop Hours Every Tuesday 12:45-5:15 PM	Locations Activity Room (AR) Dining Room (DR) Living Room (LR) Sunroom (S)		10:00 AM - Wise & Well with Broad River (AR) 01 11:00 AM - Balloon Darts (AR) 1:00 PM - Open Gym 2:00 PM - Porch Party with Ice Cream 2:30 PM - Movie Matinee (AR) 6:30 PM - Singing with Farmington Heights' Church Group (AR)	10:00 AM - Wise & Well with Broad River (AR) 02 11:00 AM - Flower Arrangements (AR) 1:00 PM - Open Gym 2:30 PM - Bingo (DR) 3:30 PM - Happy Hour (DR)	10:00 AM - Morning Stretch (AR) 03 10:30 AM - Pacemakers (AR) 11:00 AM - Brain Game Activity Sheets (AR) 2:30 PM - Snack Bingo (DR)
9:30 AM - Sunday School (AR) 04 11:00 AM - Hayes Barton Church Service (AR) 2:00 PM - Surprise Dessert Treat (DR) 3:00 PM - Grace Baptist Church Choir (AR)	10:00 AM - Wise & Well with Broad River (AR) 05 11:00 AM - Book Club (LR) 1:00 PM - Open Gym 2:00 PM - Bible Study with Michelle (AR) 3:15 PM - Music Therapy (DR) 4:00 PM - Puzzle Club (LR)	10:00 AM - Wise & Well with Broad River (AR) 06 11:00 AM - Blissful Blankets Project (AR) 1:00 PM - Open Gym 2:30 PM - Bingo (DR) 3:30 PM - Mocktails & Merriment (DR)	10:00 AM - Wise & Well with Broad River (AR) 07 10:30 AM - Witch Scavenger Hunt *Prize* 11:30 AM - Music with Dave Schwartz (AR) 1:00 PM - Open Gym 2:00 PM - Plinko (AR) 3:00 PM - Manicures (AR)	8:00 AM - Breakfast Outing to Cracker Barrel 08 10:00 AM - Wise & Well with Broad River (AR) 11:00 AM - Axe Throwing (AR) 1:00 PM - Open Gym 2:00 PM - Art from the Heart (AR) 3:30 PM - Tower Stack Game (AR)	10:00 AM - Wise & Well with Broad River (AR) 09 11:00 AM - Cornhole (AR) 1:00 PM - Open Gym 2:30 PM - Bingo (DR) 3:30 PM - Happy Hour (DR)	10:00 AM - Morning Stretch (AR) 10 10:30 AM - Pacemakers (AR) 11:00 AM - Brain Game Activity Sheets (AR) 2:30 PM - Snack Bingo (DR)
9:30 AM - Sunday School (AR) 11 11:00 AM - Hayes Barton Church Service (AR) 2:00 PM - Surprise Dessert Treat (DR)	Columbus Day 12 10:00 AM - Wise & Well with Broad River (AR) 11:00 AM - Book Club (LR) 1:00 PM - Open Gym 2:00 PM - Hangman (AR) 3:15 PM - Singfit (AR) 4:00 PM - Puzzle Club (LR)	10:00 AM - Wise & Well with Broad River (AR) 13 11:00 AM - Blissful Blankets Project (AR) 1:00 PM - Open Gym 2:30 PM - Bingo (DR) 3:30 PM - Mocktails & Merriment (DR) 6:30 PM - Kangaroo Gang (AR)	10:00 AM - Wise & Well with Broad River (AR) 14 11:00 AM - Left, Right, Center Game (AR) 1:00 PM - Open Gym 1:00 PM - Shopping Outing to Dollar General 3:00 PM - Manicures (AR)	10:00 AM - Wise & Well with Broad River (AR) 15 11:00 AM - Penny Pitching (AR) 1:00 PM - Open Gym 2:00 PM - Porch Party with Ice Cream 3:00 PM - Candy Gamble (AR)	10:00 AM - Wise & Well with Broad River (AR) 16 11:00 AM - Flower Arrangements (AR) 1:00 PM - Open Gym 2:30 PM - Bingo (DR) 3:30 PM - Happy Hour (DR)	10:00 AM - Morning Stretch (AR) 17 10:30 AM - Pacemakers (AR) 11:00 AM - Brain Game Activity Sheets (AR) 2:30 PM - Snack Bingo (DR)
9:30 AM - Sunday School (AR) 18 11:00 AM - Hayes Barton Church Service (AR) 2:00 PM - Surprise Dessert Treat (DR) 3:00 PM - Sing-Along with Marci (AR)	10:00 AM - Wise & Well with Broad River (AR) 19 11:00 AM - Book Club (LR) 1:00 PM - Open Gym 2:00 PM - Bible Study with Michelle (AR) 3:15 PM - Music Therapy (DR) 4:00 PM - Puzzle Club (LR)	10:00 AM - Wise & Well with Broad River (AR) 20 11:00 AM - Blissful Blankets Project (AR) 1:00 PM - Open Gym 2:30 PM - Bingo (DR) 3:30 PM - Mocktails & Merriment (DR)	10:00 AM - Wise & Well with Broad River (AR) 21 10:30 AM - Pet Therapy Cheergiver Visit with Reed 11:30 AM - Music with Dave Schwartz (AR) 1:00 PM - Open Gym 1:00 PM - Joy Ride with Milkshakes 3:00 PM - Manicures (AR)	10:00 AM - Wise & Well with Broad River (AR) 22 11:15 AM - Bowling (AR) 1:00 PM - Open Gym 2:00 PM - Human Slot Machine (AR) 3:30 PM - Tabletop Horse Racing (AR)	10:00 AM - Wise & Well with Broad River (AR) 23 11:00 AM - Chair Volleyball (AR) 1:00 PM - Open Gym 2:30 PM - Bingo (DR) 3:30 PM - Happy Hour (DR)	10:00 AM - Morning Stretch (AR) 24 10:30 AM - Pacemakers (AR) 11:00 AM - Brain Game Activity Sheets (AR) 2:30 PM - Snack Bingo (DR)
9:30 AM - Sunday School (AR) 25 11:30 AM - Bible Study with West Nash Church (AR) 2:00 PM - Surprise Dessert Treat (DR)	10:00 AM - Wise & Well with Broad River (AR) 26 11:00 AM - Book Club (LR) 1:00 PM - Open Gym 2:00 PM - Resident Council Meeting (AR) 3:00 PM - Music with Mike and Kelly (AR) 4:00 PM - Puzzle Club (LR) 6:30 PM - Kangaroo Gang (AR)	10:00 AM - Wise & Well with Broad River (AR) 27 11:00 AM - Cooking Crew (AR) 1:00 PM - Open Gym 2:30 PM - Bingo (DR) 3:30 PM - Taste Testers (DR)	10:00 AM - Wise & Well with Broad River (AR) 28 10:45 AM - Wheel of Fortune (AR) 12:00 PM - Lunch Bunch Group in Sunroom *Must Sign Up* (S) 1:00 PM - Open Gym 2:00 PM - Skee-Ball and Donuts (AR) 3:00 PM - Manicures (AR)	10:00 AM - Wise & Well with Broad River (AR) 29 11:00 AM - Netting for Apples with Broad River (AR) 1:00 PM - Open Gym 2:30 PM - Halloween Party (DR)	10:00 AM - Wise & Well with Broad River (AR) 30 11:00 AM - Flower Arrangements (AR) 1:00 PM - Open Gym 2:30 PM - Bingo (DR) 3:30 PM - Happy Hour (DR)	Halloween 31 10:00 AM - Morning Stretch (AR) 10:30 AM - Pacemakers (AR) 11:00 AM - Brain Game Activity Sheets (AR) 2:30 PM - Snack Bingo (DR) 6:30 PM - Pass Out Candy to Trick or Treaters

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MEMORY CARE



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>Locations</u> Activity Room (AR) Dining Room (DR) Living Room (LR)	<u>Dimensions</u>			National Pumpkin Spice Day 01 9:00 AM - Royal Treatment (AR) 10:00 AM - Pumpkin Spice Snacks (DR) 10:30 AM - Parachute (LR) 1:00 PM - Relaxing Moments (LR) 2:00 PM - Community Scoop & Snack (DR) 3:30 PM - Card Games (LR) 6:00 PM - Devotional & Snack (DR)	9:00 AM - Royal Treatment (AR) 02 10:00 AM - Morning Snack (DR) 10:30 AM - Wise & Well (LR) 1:00 PM - Relaxing Moments (LR) 3:00 PM - Afternoon Movie & Popcorn (LR) 6:00 PM - Penny Ante & Snack (AR)	9:00 AM - Royal Treatment (AR) 03 10:00 AM - Morning Snack (DR) 10:30 AM - Manicures (AR) 1:00 PM - Relaxing Moments (LR) 2:00 PM - Snack & Chat (DR) 3:30 PM - Pedicures (AR) 6:00 PM - TV Land & Snack (LR)
9:00 AM - Royal Treatment (AR) 04 10:00 AM - Morning Snack (DR) 10:30 AM - Sunday School (LR) 1:00 PM - Relaxing Moments (LR) 2:00 PM - Afternoon Snack (DR) 6:00 PM - Gospel Sing-Along & Snack (LR)	National Do Something Nice Day 05 9:00 AM - Royal Treatment (AR) 10:00 AM - Morning Snack (DR) 10:30 AM - Wise & Well (LR) 1:00 PM - Relaxing Moments (LR) 2:00 PM - Afternoon Snack (DR) 2:30 PM - Music Therapy (LR) 3:00 PM - Bible Study w/ Michelle (LR) 6:00 PM - Cottage Choice & Snack (DR)	9:00 AM - Beauty Shop Stop 06 10:00 AM - Morning Snack (DR) 10:30 AM - Art From the Heart (Pretzel Art) (AR) 1:00 PM - Relaxing Moments (LR) 2:00 PM - Snack & Chat (DR) 3:30 PM - Choir Practice (LR) 6:00 PM - Happy Thoughts & Snack (AR)	9:00 AM - Royal Treatment (AR) 07 10:00 AM - Morning Snack (DR) 11:00 AM - Dave Swartz (LR) 1:00 PM - Relaxing Moments (LR) 2:00 PM - Coffee Club (DR) 2:30 PM - Wise & Well (LR) 6:00 PM - Cottage Stories & Snack (LR)	9:00 AM - Royal Treatment (AR) 08 10:00 AM - Morning Snack (DR) 10:30 AM - Sound of Music (LR) 1:00 PM - Relaxing Moments (AR) 2:00 PM - Hydration Bar & Snack (DR) 3:30 PM - Balloon Swat (DR) 6:00 PM - Devotional & Snack (DR)	9:00 AM - Royal Treatment (AR) 09 10:00 AM - Morning Snack (DR) 10:30 AM - Wise & Well (LR) 1:00 PM - Relaxing Moments (LR) 3:00 PM - Afternoon Movie & Popcorn (LR) 6:00 PM - Mind Joggers & Snack (AR)	9:00 AM - Royal Treatment (AR) 10 10:00 AM - Morning Snack (DR) 10:30 AM - Pedicures (AR) 1:00 PM - Relaxing Moments (LR) 2:00 PM - Snack & Chat (DR) 3:30 PM - Manicures (AR) 6:00 PM - TV Land & Snack (AR)
9:00 AM - Royal Treatment (AR) 11 10:00 AM - Morning Snack (DR) 10:30 AM - Sunday School (LR) 1:00 PM - Relaxing Moments (LR) 2:30 PM - Afternoon Snack (DR) 6:00 PM - Gospel Sing-Along & Snack (LR)	9:00 AM - Royal Treatment (AR) 12 10:00 AM - Morning Snack (DR) 10:30 AM - Wise & Well (LR) 1:00 PM - Relaxing Moments (LR) 2:00 PM - Afternoon Snack (DR) 3:30 PM - Tabletop Games (AR) 6:00 PM - Cottage Choice & Snack (AR)	National Train Your Brain Day 13 9:00 AM - Beauty Shop Stop 10:00 AM - Morning Snack (DR) 10:30 AM - Puzzled (AR) 1:00 PM - Relaxing Moments (LR) 2:00 PM - Snack & Chat (DR) 3:30 PM - Ring Toss / Bowling 6:00 PM - Movie & Snack (LR)	National Dessert Day 14 9:00 AM - Royal Treatment (AR) 10:00 AM - Morning Snack (DR) 10:30 AM - Baking Club (DR) 1:00 PM - Relaxing Moments (LR) 2:00 PM - Coffee Club (DR) 2:30 PM - Wise & Well (LR) 6:00 PM - Cottage Stories & Snack (AR)	9:00 AM - Royal Treatment (AR) 15 10:00 AM - Morning Snack (DR) 10:30 AM - Scavenger Hunt 1:00 PM - Relaxing Moments (LR) 2:00 PM - Community Scoop & Snack 3:30 PM - Bubble Blast (LR) 6:00 PM - Devotional & Snack (DR)	9:00 AM - Royal Treatment (AR) 16 10:00 AM - Morning Snack (DR) 10:30 AM - Wise & Well (LR) 1:00 PM - Relaxing Moments (LR) 3:00 PM - Afternoon Movie & Popcorn (LR) 6:00 PM - Book Club & Snack (LR)	9:00 AM - Royal Treatment (AR) 17 10:00 AM - Morning Snack (DR) 10:30 AM - Pedicures (AR) 1:00 PM - Relaxing Moments (LR) 2:00 PM - Snack & Chat (DR) 3:30 PM - Manicures (AR) 6:00 PM - TV Land & Snack (LR)
National Chocolate Cupcake Day 18 9:00 AM - Royal Treatment (AR) 10:00 AM - Morning Snack (DR) 10:30 AM - Sunday School (LR) 1:00 PM - Relaxing Moments (LR) 2:30 PM - Cupcakes and Milk (DR) 6:00 PM - Gospel Sing-Along & Snack (LR)	9:00 AM - Royal Treatment (AR) 19 10:00 AM - Morning Snack (DR) 10:30 AM - Wise & Well (LR) 1:00 PM - Relaxing Moments (LR) 2:00 PM - Afternoon Snack (DR) 2:30 PM - Music Therapy (LR) 3:00 PM - Bible Study w/ Michelle (LR) 6:00 PM - Cottage Choice & Snack (AR)	9:00 AM - Beauty Shop Stop 20 10:00 AM - Morning Snack (DR) 10:30 AM - Art From the Heart (AR) 1:00 PM - Relaxing Moments (LR) 2:00 PM - Snack & Chat (DR) 3:30 PM - Choir Practice (LR) 6:00 PM - Happy Thoughts & Snack (AR)	9:00 AM - Royal Treatment (AR) 21 10:00 AM - Morning Snack (DR) 10:30 AM - Pet Therapy 11:00 AM - Dave Swartz (LR) 1:00 PM - Relaxing Moments (LR) 2:00 PM - Coffee Club (DR) 2:30 PM - Wise & Well (LR) 6:00 PM - Cottage Stories & Snack (AR)	9:00 AM - Royal Treatment (AR) 22 10:00 AM - Porch Party 1:00 PM - Relaxing Moments (LR) 2:00 PM - Hydration Bar & Snack (DR) 3:30 PM - Connect Four 6:00 PM - Devotional & Snack (LR)	9:00 AM - Royal Treatment (AR) 23 10:00 AM - Morning Snack (DR) 10:30 AM - Wise & Well (LR) 1:00 PM - Relaxing Moments (LR) 3:00 PM - Afternoon Movie & Popcorn (LR) 6:00 PM - Would You Rather & Snack (LR)	9:00 AM - Royal Treatment (AR) 24 10:00 AM - Morning Snack (DR) 10:30 AM - Manicures (AR) 1:00 PM - Relaxing Moments (LR) 2:00 PM - Snack & Chat (DR) 3:30 PM - Pedicures (AR) 6:00 PM - TV Land & Snack (LR)
National I Care About You Day 25 9:00 AM - Royal Treatment (AR) 10:00 AM - Morning Snack (DR) 10:30 AM - Sunday School (LR) 1:00 PM - Relaxing Moments (LR) 2:00 PM - Afternoon Snack (DR) 6:00 PM - Gospel Sing-Along & Snack (LR)	9:00 AM - Royal Treatment (AR) 26 10:00 AM - Morning Snack (DR) 10:30 AM - Wise & Well (LR) 1:00 PM - Relaxing Moments (LR) 2:00 PM - Afternoon Snack (LR) 2:30 PM - First Baptist Church (LR) 6:00 PM - Cottage Choice & Snack (AR)	9:00 AM - Beauty Shop Stop 27 10:00 AM - Morning Snack (DR) 10:30 AM - Sound Of Music (LR) 1:00 PM - Relaxing Moments (LR) 2:00 PM - Snack & Chat (DR) 3:30 PM - Scavenger Hunt 6:00 PM - Movie & Snack (LR)	National Chocolate Day 28 9:00 AM - Royal Treatment (AR) 10:00 AM - Morning Snack (DR) 10:30 AM - Baking Club (Chocolate Eclair) (DR) 1:00 PM - Relaxing Moments (LR) 2:00 PM - Coffee Club (DR) 2:30 PM - Wise & Well (LR) 6:00 PM - Cottage Stories & Snack (LR)	9:00 AM - Royal Treatment (AR) 29 10:00 AM - Fall Porch Party 1:00 PM - Relaxing Moments (LR) 2:00 PM - Community Scoop & Snack (DR) 3:30 PM - Pumpkin Painting (AR) 6:00 PM - Devotional & Snack (DR)	9:00 AM - Royal Treatment (AR) 30 10:00 AM - Morning Snack (DR) 10:30 AM - Wise & Well (LR) 1:00 PM - Relaxing Moments (LR) 2:00 PM - Afternoon Snack (DR) 3:00 PM - Afternoon Movie & Popcorn (LR)	National Trick Or Treat Day 31 9:00 AM - Royal Treatment (AR) 10:00 AM - Morning Snack (DR) 10:30 AM - Manicures (AR) 1:00 PM - Relaxing Moments (LR) 2:00 PM - Snack & Chat (DR) 3:30 PM - Pedicures (AR) 6:00 PM - TV Land & Snack (LR)

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