

October 2026

White Springs Senior Living
ASSISTED LIVING



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>Locations</u> 3rd FL Multi Purpose Room (3FMPR) 1st FL LR (1FL) Lobby (L) Bistro (B) 2nd FL Salon (2FS)	<u>Dimensions</u>			Beauty Salon Visits W/ Dana! 10:00 AM Exercise with Mattie from BAYADA!!! (3FMPR) 11:00 AM Outing: Giant Grocery Store 1:30 PM Current Events Chat (3FMPR) 2:30 PM Happy Hour -Nashville Standard	10:00 AM Exercise with Mattie from BAYADA!!! (3FMPR) 11:00 AM Ladies Coffee Talk Time! (3FMPR) 1:00 PM Cranium Crunch with Josie!!! (3FMPR) 2:00 PM Hand & Foot Card Game Group 4:00 PM Friday Trivia with Josie! (1FL) 6:00 PM Friday Movie TV Series- Netflix-Bridgerton	HAPPY BIRTHDAY ALICE F.!!! 8:00 AM Daily Chronicle Handout 10:00 AM Wise & Well! 1:30 PM Bingo, Bingo, Bingo! (3FMPR) 2:30 PM Saturday-Movie Time: The Outsiders 3:00 PM Resident Led - Poker Social
10:45 AM St John's Live Worship Services (3FMPR) 1:30 PM Bishop Vince's Mass & Communion 2:30 PM Sunday Fun Day Movie - Walk the Line 6:00 PM Resident Led Sunday Family Game Night: Scrabble!	8:00 AM Daily Chronicle Handout 10:00 AM Wise & Well!!! (3FMPR) 11:00 AM Axe Throwing (L) 2:30 PM Bingo, Bingo, Bingo! (3FMPR) 2:30 PM Vet to Vet Coffee Social (B) 3:30 PM ART Class: Air Dry Clay Pumpkins (3FMPR) 6:00 PM Monday TV Series: Grey's Anatomy"	9:30 AM Eucharist from St Johns Church Visit 10:00 AM Exercise with Mattie from BAYADA!!! (3FMPR) 11:00 AM Ladies Coffee Talk Time! (3FMPR) 1:30 PM Poker Pals - White Springs Tournament! 4:00 PM Tuesday Trivia	10:00 AM Midweek Yoga Class!! (3FMPR) 10:45 AM Bingo, Bingo, Bingo! (3FMPR) 11:00 AM Resident Led Cards: Rummy 1:30 PM Bible Study (3FMPR) 2:30 PM Cookin' with Kellin and Josie: Chocolate Covered Pretzels (3FMPR) 4:00 PM Crossword Puzzle Group!! 6:15 PM Virtual Worship Service	Beauty Salon Visits W/ Dana! 10:00 AM Exercise with Mattie from BAYADA!!! (3FMPR) 11:00 AM Outing: Asian Garden Chinese Restaurant 1:30 PM Current Events Chat (3FMPR) 2:00 PM Hand & Foot Card Game Group 4:00 PM Thursday Trivia!!	9:00 AM Flu and Covid Vaccine Clinic 10:00 AM Exercise with Mattie from BAYADA!!! (3FMPR) 11:00 AM Ladies Coffee Talk Time! (3FMPR) 1:00 PM Cranium Crunch with Josie!!! (3FMPR) 2:30 PM Happy Hour -Becky Mccauley 6:00 PM Friday Movie TV Series- Netflix-Bridgerton	Walk to End Alzheimer's in Manassas! 8:00 AM Daily Chronicle Handout 10:00 AM Wise & Well! 1:30 PM Bingo, Bingo, Bingo! (3FMPR) 2:30 PM Saturday-Movie Time: The Goonies 3:00 PM Resident Led - Poker Social
10:45 AM St John's Live Worship Services (3FMPR) 1:30 PM Bishop Vince's Mass & Communion 2:30 PM Sunday Fun Day Movie - Mama Mia! 6:00 PM Resident Led Sunday Family Game Night: Scrabble!	8:00 AM Daily Chronicle Handout 10:00 AM Wise & Well!!! (3FMPR) 11:00 AM Jewelry Making with Kellin (3FMPR) 2:30 PM Bingo, Bingo, Bingo! (3FMPR) 3:30 PM ART Class: Cork Pumpkins (3FMPR) 6:00 PM Monday TV Series: Grey's Anatomy"	9:30 AM Eucharist from St Johns Church Visit 10:00 AM Exercise with Mattie from BAYADA!!! (3FMPR) 11:00 AM Ladies Coffee Talk Time! (3FMPR) 1:30 PM Poker Pals - White Springs Tournament! 2:30 PM Traditional Inspiration Music with Jane and Ellie!! 4:00 PM Tuesday Trivia	10:00 AM Midweek Yoga Class!! (3FMPR) 10:45 AM Bingo, Bingo, Bingo! (3FMPR) 11:00 AM Resident Led Cards: Rummy 1:30 PM Bible Study (3FMPR) 2:30 PM Cookin' Class: Biscoff Cheesecake Cups with Kellin and Cindy C.!! (3FMPR) 4:00 PM Crossword Puzzle Group!! 6:15 PM Virtual Worship Service	Beauty Salon Visits W/ Dana! HAPPY BIRTHDAY GRACE C.!!! 10:00 AM Exercise with Mattie from BAYADA!!! (3FMPR) 11:00 AM Outing: Buckland Farm Market and Brewery 1:30 PM Current Events Chat (3FMPR) 2:00 PM Hand & Foot Card Game Group 4:00 PM Thursday Trivia! (1FL)	10:00 AM Exercise with Mattie from BAYADA!!! (3FMPR) 11:00 AM Ladies Coffee Talk Time! (3FMPR) 1:00 PM Cranium Crunch with Josie!!! (3FMPR) 2:30 PM Happy Hour - Jamie Rose 6:00 PM Friday Movie TV Series- Netflix-Bridgerton	8:00 AM Daily Chronicle Handout 10:00 AM Wise & Well! 1:30 PM Bingo, Bingo, Bingo! (3FMPR) 2:30 PM Saturday-Movie Time: Into the Woods 3:00 PM Resident Led - Poker Social
10:45 AM St John's Live Worship Services (3FMPR) 1:30 PM Bishop Vince's Mass & Communion 2:30 PM Sunday Fun Day Movie -If These Walls Could Talk 6:00 PM Resident Led Sunday Family Game Night: Scrabble!	8:00 AM Daily Chronicle Handout 10:00 AM Wise & Well!!! (3FMPR) 2:30 PM Bingo, Bingo, Bingo! (3FMPR) 3:30 PM ART Class: Guided Painting with Josie! (3FMPR) 6:00 PM Monday TV Series: Grey's Anatomy"	9:30 AM Eucharist from St Johns Church Visit 10:00 AM Exercise with Mattie from BAYADA!!! (3FMPR) 11:00 AM Ladies Coffee Talk Time! (3FMPR) 1:30 PM Poker Pals - White Springs Tournament! 3:00 PM Breast Cancer Awareness Party! (3FMPR) 4:00 PM Tuesday Trivia	10:00 AM Midweek Yoga Class!! (3FMPR) 10:45 AM Bingo, Bingo, Bingo! (3FMPR) 11:00 AM Resident Led Cards: Rummy 1:30 PM Bible Study (3FMPR) 2:30 PM Cookin' with Kellin and Josie: Apple Crisp (3FMPR) 3:45 PM Resident Council Meeting 6:15 PM Virtual Worship Service	Beauty Salon Visits W/ Dana! 10:00 AM Exercise with Mattie from BAYADA!!! (3FMPR) 11:00 AM Outing: Lark Brewing Co. 1:30 PM Current Events Chat (3FMPR) 2:00 PM Hand & Foot Card Game Group 4:00 PM Thursday Trivia!!	HAPPY BIRTHDAY JOE G.!!! 10:00 AM Exercise with Mattie from BAYADA!!! (3FMPR) 11:00 AM Ladies Coffee Talk Time! (3FMPR) 1:00 PM Cranium Crunch with Josie!!! (3FMPR) 2:30 PM Happy Hour - Christman Wood 6:00 PM Friday Movie TV Series- Netflix-Bridgerton	8:00 AM Daily Chronicle Handout 10:00 AM Wise & Well! 1:30 PM Bingo, Bingo, Bingo! (3FMPR) 2:30 PM Saturday-Movie Time: Three Men and a Baby 3:00 PM Resident Led - Poker Social
HAPPY BIRTHDAY NANCY E.!!! HAPPY BIRTHDAY IRENE P.!!! 10:45 AM St John's Live Worship Services (3FMPR) 1:30 PM Bishop Vince's Mass & Communion 2:30 PM Sunday Fun Day Movie - A River Runs Through It 6:00 PM Resident Led Sunday Family Game Night: Scrabble!	HAPPY BIRTHDAY STUART M.!!! 8:00 AM Daily Chronicle Handout 10:00 AM Wise & Well!!! (3FMPR) 11:00 AM Manicures with Kellin (2FS) 2:30 PM Bingo, Bingo, Bingo! (3FMPR) 3:30 PM Pumpkin Painting and Carving! (3FMPR) 6:00 PM Monday TV Series: Grey's Anatomy"	9:30 AM Eucharist from St Johns Church Visit 10:00 AM Exercise with Mattie from BAYADA!!! (3FMPR) 11:00 AM Ladies Coffee Talk Time! (3FMPR) 1:30 PM Poker Pals - White Springs Tournament! 2:30 PM Traditional Inspiration Music with Jane and Ellie!! (1FL) 4:00 PM Tuesday Trivia	10:00 AM Midweek Yoga Class!! (3FMPR) 10:45 AM Bingo, Bingo, Bingo! (3FMPR) 11:00 AM Resident Led Cards: Rummy 1:30 PM Bible Study (3FMPR) 2:30 PM Cookin' with Kellin and Josie: Caramel Apple Bar (3FMPR) 4:00 PM Crossword Puzzle Group!! 6:15 PM Virtual Worship Service	Beauty Salon Visits W/ Dana! 10:00 AM Exercise with Mattie from BAYADA!!! (3FMPR) 11:00 AM Outing: Messick Farm Market 1:30 PM Current Events Chat (3FMPR) 2:00 PM Hand & Foot Card Game Group 4:00 PM Thursday Trivia! (1FL)	9:30 AM Trick or Treating with Jack and Jill Preschool!! (B) 10:00 AM Exercise with Mattie from BAYADA!!! (3FMPR) 11:00 AM Ladies Coffee Talk Time! (3FMPR) 1:00 PM Halloween Cookie Decorating! (3FMPR) 2:30 PM Happy Hour - V & G Acoustic 6:00 PM Friday Movie TV Series- Netflix-Bridgerton	HAPPY HALLOWEEN!! 8:00 AM Daily Chronicle Handout 10:00 AM Wise & Well! 1:30 PM Bingo, Bingo, Bingo! (3FMPR) 2:30 PM Saturday-Movie Time: Young Frankenstein 3:00 PM Resident Led - Poker Social

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October 2026

White Springs Senior Living
MEMORY CARE



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>Locations</u> Dining Room (DR) Cottage (C) Lobby (L) 3rd FL Multi Purpose Room (3FMPR)	<u>Dimensions</u>			8:30 AM Today's Weather 9:30 AM The Daily Chronicle (DR) 11:00 AM Wise & Well Group Exercise Class with Bayada! 11:30 AM Refresh Program! (DR) 1:00 PM Live Music with Ron Howard! (C) 3:00 PM Brain Games!! (DR) 4:30 PM Refresh Dinner Program! (DR) 5:30 PM Reminiscing Circle 7:00 PM Sitcom Social Wind Down Time! 01	8:30 AM Today's Weather 9:30 AM The Daily Chronicle (DR) 10:00 AM Wise & Well Group Exercise Class!! 11:30 AM Refresh Program! (DR) 1:00 PM Friday Bingo with Madison! (DR) 3:30 PM Friday Art and Fun! (DR) 4:30 PM Refresh Dinner Program! (DR) 6:00 PM Puzzle & Word Game Social! (DR) 7:00 PM Sitcom Social Wind Down Time! 02	8:30 AM Today's Weather 9:30 AM The Daily Chronicle (DR) 10:00 AM Wise & Well Exercise Class! (DR) 11:30 AM Refresh Program! (DR) 1:30 PM Saturday Craft with Madison! (C) 2:30 PM Brain Games! (C) 3:30 PM Tovertafel Table 4:30 PM Refresh Dinner Program! (DR) 6:00 PM Saturday Evening Sitcom Social!! 03
8:30 AM Today's Weather 9:30 AM Service with Chaplain Perry! (DR) 10:00 AM Sunday Morning Choga with Micky!!! (DR) 11:30 AM Refresh Program! (DR) 3:30 PM Tovertafel Table 4:30 PM Refresh Dinner Program! (DR) 6:00 PM Puzzle Party! (DR) 6:30 PM Sunday Family Movie Night! (DR) 04	8:30 AM Today's Weather 9:30 AM The Daily Chronicle (DR) 9:30 AM Wise & Well Group Exercise Class 10:30 AM Fresh Hot Coffee & Story Reading with Madison! (DR) 11:30 AM Refresh Program! (DR) 1:30 PM Monday Arts and Crafts: Ghost Garland (DR) 3:30 PM Board Games with Madison! (DR) 4:30 PM Refresh Dinner Program! (DR) 6:00 PM Puzzle & Word Game Social! (DR) 7:00 PM Sitcom Social Wind Down Time! 05	8:30 AM Today's Weather 10:30 AM Music with Madison!! (DR) 11:00 AM Wise & Well Group Exercise Class with Bayada! 11:00 AM Outing: Messick Farm Market 11:30 AM Refresh Program! (DR) 1:30 PM Coloring and Crafts! (DR) 2:30 PM Tuesday IN2L Trivia! (DR) 3:00 PM Tovertafel Table 4:30 PM Refresh Dinner Program! (DR) 6:00 PM Virtual Travel Guide with IN2L 7:00 PM Sitcom Social Wind Down Time! 06	8:30 AM Today's Weather 9:30 AM Pet Therapy Visit from Poppy! (DR) 10:30 AM Wednesday Yoga!! (DR) 11:30 AM Refresh Program! (DR) 1:30 PM Cooking with Kellin: Chocolate Covered Pretzels (DR) 2:30 PM Cardio Drumming! 4:30 PM Refresh Dinner Program! (DR) 6:00 PM Devotions Hour and Virtual Worship 7:00 PM Sitcom Social Wind Down Time! 07	8:30 AM Today's Weather 9:30 AM The Daily Chronicle (DR) 10:30 AM Live music with Mary Shapiro! (C) 11:00 AM Wise & Well Group Exercise Class with Bayada! 11:30 AM Refresh Program! (DR) 3:00 PM Brain Games!! (DR) 4:30 PM Refresh Dinner Program! (DR) 5:30 PM Reminiscing Circle 7:00 PM Sitcom Social Wind Down Time! 08	8:30 AM Today's Weather 9:30 AM The Daily Chronicle (DR) 10:00 AM Wise & Well Group Exercise Class!! 11:30 AM Refresh Program! (DR) 1:00 PM Friday Bingo with Madison! (DR) 3:30 PM Friday Art and Fun! (DR) 4:30 PM Refresh Dinner Program! (DR) 6:00 PM Puzzle & Word Game Social! (DR) 7:00 PM Sitcom Social Wind Down Time! 09	8:30 AM Today's Weather 9:30 AM The Daily Chronicle (DR) 10:00 AM Wise & Well Exercise Class! (DR) 11:30 AM Refresh Program! (DR) 3:30 PM Tovertafel Table 4:30 PM Refresh Dinner Program! (DR) 6:00 PM Saturday Evening Sitcom Social!! 10
8:30 AM Today's Weather 9:30 AM Service with Chaplain Perry! (DR) 10:00 AM Sunday Morning Choga with Micky!!! (DR) 11:30 AM Refresh Program! (DR) 3:30 PM Tovertafel Table 4:30 PM Refresh Dinner Program! (DR) 6:00 PM Puzzle Party! (DR) 6:30 PM Sunday Family Movie Night! (DR) 11	8:30 AM Today's Weather 9:30 AM The Daily Chronicle (DR) 9:30 AM Wise & Well Group Exercise Class 10:30 AM Fresh Hot Coffee & Story Reading with Madison! (DR) 11:30 AM Refresh Program! (DR) 1:30 PM Monday Arts and Crafts: Pumpkin Painting (DR) 3:30 PM Board Games with Madison! (DR) 4:30 PM Refresh Dinner Program! (DR) 6:00 PM Puzzle & Word Game Social! (DR) 7:00 PM Sitcom Social Wind Down Time! 12	8:30 AM Today's Weather 10:30 AM Music with Madison!! (DR) 11:00 AM Wise & Well Group Exercise Class with Bayada! 11:30 AM Refresh Program! (DR) 1:30 PM Coloring and Crafts! (DR) 2:30 PM Tuesday IN2L Trivia! (DR) 3:00 PM Tovertafel Table 4:30 PM Refresh Dinner Program! (DR) 6:00 PM Virtual Travel Guide with IN2L 7:00 PM Sitcom Social Wind Down Time! 13	8:30 AM Today's Weather 9:30 AM Pet Therapy Visit from Poppy! (DR) 10:30 AM Wednesday Yoga!! (DR) 11:30 AM Refresh Program! (DR) 1:30 PM Cooking with Kellin: Biscoff Cheesecake Cups (DR) 2:30 PM Balloon Volleyball! (C) 4:30 PM Refresh Dinner Program! (DR) 6:00 PM Devotions Hour and Virtual Worship 7:00 PM Sitcom Social Wind Down Time! 14	8:30 AM Today's Weather 9:30 AM The Daily Chronicle (DR) 11:00 AM Wise & Well Group Exercise Class with Bayada! 11:30 AM Refresh Program! (DR) 2:00 PM Live Music with Randy V.! (C) 3:00 PM Brain Games!! (DR) 4:30 PM Refresh Dinner Program! (DR) 5:30 PM Reminiscing Circle 7:00 PM Sitcom Social Wind Down Time! 15	8:30 AM Today's Weather 9:30 AM The Daily Chronicle (DR) 10:00 AM Wise & Well Group Exercise Class!! 11:30 AM Refresh Program! (DR) 1:00 PM Friday Bingo with Madison! (DR) 3:30 PM Friday Art and Fun! (DR) 4:30 PM Refresh Dinner Program! (DR) 6:00 PM Puzzle & Word Game Social! (DR) 7:00 PM Sitcom Social Wind Down Time! 16	HAPPY BIRTHDAY CHARLIE B.!!! 8:30 AM Today's Weather 9:30 AM The Daily Chronicle (DR) 10:00 AM Wise & Well Exercise Class! (DR) 11:30 AM Refresh Program! (DR) 1:30 PM Coloring and Crafts with Madison! (C) 2:30 PM Birthday Celebration!! (C) 3:30 PM Tovertafel Table 4:30 PM Refresh Dinner Program! (DR) 6:00 PM Saturday Evening Sitcom Social!! 17
8:30 AM Today's Weather 9:30 AM Service with Chaplain Perry! (DR) 10:00 AM Sunday Morning Choga with Micky!!! (DR) 11:30 AM Refresh Program! (DR) 3:30 PM Tovertafel Table 4:30 PM Refresh Dinner Program! (DR) 6:00 PM Puzzle Party! (DR) 6:30 PM Sunday Family Movie Night! (DR) 18	8:30 AM Today's Weather 9:30 AM The Daily Chronicle (DR) 9:30 AM Wise & Well Group Exercise Class 10:30 AM Fresh Hot Coffee & Story Reading with Madison! (DR) 11:30 AM Refresh Program! (DR) 1:30 PM Monday Arts and Crafts: Tie Blankets (DR) 3:30 PM Board Games with Madison! (DR) 4:30 PM Refresh Dinner Program! (DR) 6:00 PM Puzzle & Word Game Social! (DR) 7:00 PM Sitcom Social Wind Down Time! 19	8:30 AM Today's Weather 10:30 AM Music with Madison!! (DR) 11:00 AM Wise & Well Group Exercise Class with Bayada! 11:30 AM Refresh Program! (DR) 1:30 PM Coloring and Crafts! (DR) 2:30 PM Tuesday IN2L Trivia! (DR) 3:00 PM Tovertafel Table 4:30 PM Refresh Dinner Program! (DR) 6:00 PM Virtual Travel Guide with IN2L 7:00 PM Sitcom Social Wind Down Time! 20	8:30 AM Today's Weather 9:30 AM Pet Therapy Visit from Poppy! (DR) 10:30 AM Wednesday Yoga!! (DR) 11:30 AM Refresh Program! (DR) 1:30 PM Cooking with Kellin: Apple Crisp (DR) 2:30 PM Axe Throwing! (C) 4:30 PM Refresh Dinner Program! (DR) 6:00 PM Devotions Hour and Virtual Worship 7:00 PM Sitcom Social Wind Down Time! 21	8:30 AM Today's Weather 9:30 AM The Daily Chronicle (DR) 11:00 AM Wise & Well Group Exercise Class with Bayada! 11:30 AM Refresh Program! (DR) 1:00 PM Live Music with Joe Veltri! (C) 3:00 PM Brain Games!! (DR) 4:30 PM Refresh Dinner Program! (DR) 5:30 PM Reminiscing Circle 7:00 PM Sitcom Social Wind Down Time! 22	8:30 AM Today's Weather 9:30 AM The Daily Chronicle (DR) 10:00 AM Wise & Well Group Exercise Class!! 11:30 AM Refresh Program! (DR) 1:00 PM Friday Bingo with Madison! (DR) 3:30 PM Friday Art and Fun! (DR) 4:30 PM Refresh Dinner Program! (DR) 6:00 PM Puzzle & Word Game Social! (DR) 7:00 PM Sitcom Social Wind Down Time! 23	8:30 AM Today's Weather 9:30 AM The Daily Chronicle (DR) 10:00 AM Wise & Well Exercise Class! (DR) 11:30 AM Refresh Program! (DR) 3:30 PM Tovertafel Table 4:30 PM Refresh Dinner Program! (DR) 6:00 PM Saturday Evening Sitcom Social!! 24
8:30 AM Today's Weather 9:30 AM Service with Chaplain Perry! (DR) 10:00 AM Sunday Morning Choga with Micky!!! (DR) 11:30 AM Refresh Program! (DR) 3:30 PM Tovertafel Table 4:30 PM Refresh Dinner Program! (DR) 6:00 PM Puzzle Party! (DR) 6:30 PM Sunday Family Movie Night! (DR) 25	8:30 AM Today's Weather 9:30 AM The Daily Chronicle (DR) 9:30 AM Wise & Well Group Exercise Class 10:30 AM Fresh Hot Coffee & Story Reading with Madison! (DR) 11:30 AM Refresh Program! (DR) 1:30 PM Monday Arts and Crafts: Pumpkin Carving (DR) 3:30 PM Board Games with Madison! (DR) 4:30 PM Refresh Dinner Program! (DR) 6:00 PM Puzzle & Word Game Social! (DR) 7:00 PM Sitcom Social Wind Down Time! 26	8:30 AM Today's Weather 10:30 AM Outing: Dunkin Donuts! 10:30 AM Music with Madison!! (DR) 11:00 AM Wise & Well Group Exercise Class with Bayada! 11:30 AM Refresh Program! (DR) 1:30 PM Coloring and Crafts! (DR) 2:30 PM Tuesday IN2L Trivia! (DR) 3:00 PM Tovertafel Table 4:30 PM Refresh Dinner Program! (DR) 6:00 PM Virtual Travel Guide with IN2L 7:00 PM Sitcom Social Wind Down Time! 27	8:30 AM Today's Weather 9:30 AM Pet Therapy Visit from Poppy! (DR) 10:30 AM Wednesday Yoga!! (DR) 11:30 AM Refresh Program! (DR) 1:30 PM Cooking with Kellin: Caramel Apple Bar (DR) 2:30 PM Bowling!! (C) 4:30 PM Refresh Dinner Program! (DR) 6:00 PM Devotions Hour and Virtual Worship 7:00 PM Sitcom Social Wind Down Time! 28	8:30 AM Today's Weather 9:30 AM The Daily Chronicle (DR) 11:00 AM Wise & Well Group Exercise Class with Bayada! 11:30 AM Refresh Program! (DR) 1:30 PM Live Music with Kathy Davis! (C) 3:00 PM Brain Games!! (DR) 4:30 PM Refresh Dinner Program! (DR) 5:30 PM Reminiscing Circle 7:00 PM Sitcom Social Wind Down Time! 29	8:30 AM Today's Weather 9:30 AM Trick or Treating with Jack and Jill Preschool! (L) 9:30 AM The Daily Chronicle (DR) 10:00 AM Wise & Well Group Exercise Class!! 11:30 AM Refresh Program! (DR) 1:00 PM Halloween Cookie Decorating! (3FMPR) 3:30 PM Friday Art and Fun! (DR) 4:30 PM Refresh Dinner Program! (DR) 6:00 PM Puzzle & Word Game Social! (DR) 7:00 PM Sitcom Social Wind Down Time! 30	8:30 AM Today's Weather 9:30 AM The Daily Chronicle (DR) 10:00 AM Wise & Well Exercise Class! (DR) 11:30 AM Refresh Program! (DR) 1:30 PM Spooky Crafts with Madison! (C) 2:30 PM Halloween Movie Time! 4:30 PM Refresh Dinner Program! (DR) 6:00 PM Saturday Evening Sitcom Social!! 31

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