

October 2026

Alto Wheaton Ensemble



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				9:30 Spa with Care (GR) 9:45 Chronicle & News (BR) 11:00 Exercise with Dave (BR) 1:30 Toss and Talk (BR) 2:00 Hand Massage w/ Annie (GR) 2:30 Ice Cream Social (GR) 3:30 Virtual Concerts (SK) 6:00 Classic Movies (SK)	9:30 Spa with Care (GR) 9:45 Chronicle & News (BR) 10:45 Exercise with Us! (BR) 1:45 Garden Club (P) 2:30 JoJo the Singer (SK) 6:00 Classic Movies (SK)	9:45 Chronicle & News (BR) 10:45 Exercise with Us! (BR) 2:00 Rick Steves Travel (SK) 3:00 Balloon Games (SK) 3:30 Virtual Concerts (SK) 6:00 Classic Movies (SK)
9:30 Spa with Care (GR) 9:45 Chronicle & News (BR) 10:45 Residents Choice Church (SK) 11:15 Seated Yoga Stretching (BR) 1:30 Sing Along (GR) 2:30 Creative Crafts (GR) 3:30 Bingo (SK) 6:00 Classic Movies (SK)	9:30 Spa with Care (GR) 9:45 Chronicle & News (BR) 10:45 Exercise with Us! (BR) 1:30 Baking with Jeanne (SK) 2:30 Kym the Singer 3:30 World Tour (GR) 6:00 Classic Movies (SK)	9:30 Spa with Care (GR) 9:45 Chronicle & News (BR) 10:45 Exercise with Us! (BR) 1:30 Special Music Outing to Wheaton Collage (O) 2:45 Songs & Senses (SK) 6:00 Classic Movies (SK)	9:30 Spa with Care (GR) 9:45 Chronicle & News (BR) 10:30 Deacon Dan Communion (BR) 10:45 Exercise with Us! (BR) 10:50 Manicures with Mya (SK) 11:00 Jane's Devotions (BR) 1:30 Word Brain Games (BR) 3:30 Happy Hour w/ Chef (BR) 6:00 Classic Movies (SK)	9:30 Spa with Care (GR) 9:45 Chronicle & News (BR) 10:45 Exercise with Us! (BR) 1:30 Toss and Talk (BR) 2:30 Ice Cream Social (GR) 3:30 Virtual Concerts (SK) 6:00 Classic Movies (SK)	9:30 Spa with Care (GR) 9:45 Chronicle & News (BR) 10:45 Exercise with Us! (BR) 1:45 Green House Club (P) 2:30 Devin Star on Piano (BR) 6:00 Classic Movies (SK)	9:45 Chronicle & News (BR) 10:45 Exercise with Us! (BR) 2:00 Rick Steves Travel (SK) 3:00 Balloon Games (SK) 3:30 Virtual Concerts (SK) 6:00 Classic Movies (SK)
9:30 Spa with Care (GR) 9:45 Chronicle & News (BR) 10:45 Residents Choice Church (SK) 11:15 Seated Yoga Stretching (BR) 1:30 Sing Along (GR) 2:30 Creative Crafts (GR) 3:30 Bingo (SK) 6:00 Classic Movies (SK)	9:30 Spa with Care (GR) 9:45 Chronicle & News (BR) 10:45 Exercise with Us! (BR) 1:30 Baking with Jeanne (SK) 2:30 Accordion w/ Mike (BR) 3:30 World Tour (GR) 6:00 Classic Movies (SK)	9:30 Spa with Care (GR) 9:45 Chronicle & News (BR) 10:30 Music Fun w/ Children (BR) 11:00 Exercise with Us! (BR) 1:30 Trips & Tales w/ Tommy (O) 2:45 Songs & Senses (SK) 6:00 Classic Movies (SK)	9:30 Spa with Care (GR) 9:45 Chronicle & News (BR) 10:45 Exercise with Us! (BR) 11:00 Jane's Devotions (BR) 1:30 Heather Singer (BR) 1:30 Word Brain Games (BR) 3:30 Happy Hour (BR) 6:00 Classic Movies (SK)	9:30 Spa with Care (GR) 9:45 Chronicle & News (BR) 11:00 Exercise with Dave (BR) 1:30 Toss and Talk (BR) 2:30 Ice Cream Social (GR) 3:30 Virtual Concerts (SK) 6:00 Classic Movies (SK)	9:30 Spa with Care (GR) 9:45 Chronicle & News (BR) 10:45 Exercise with Us! (BR) 1:45 Green House Club (P) 6:00 Classic Movies (SK)	9:45 Chronicle & News (BR) 10:45 Exercise with Us! (BR) 2:00 Rick Steves Travel (SK) 2:30 Ruth on Piano (BR) 3:00 Balloon Games (SK) 3:30 Virtual Concerts (SK) 6:00 Classic Movies (SK)
9:30 Spa with Care (GR) 9:45 Chronicle & News (BR) 10:45 Residents Choice Church (SK) 11:15 Seated Yoga Stretching (BR) 1:30 Sing Along (GR) 2:30 Creative Crafts (GR) 3:30 Bingo (SK) 6:00 Classic Movies (SK)	9:30 Spa with Care (GR) 9:45 Chronicle & News (BR) 10:45 Exercise with Us! (BR) 1:30 John Boda Singing (BR) 2:30 Green House Club (GR) 3:00 World Tour (GR) 6:00 Classic Movies (SK)	9:30 Spa with Care (GR) 9:45 Chronicle & News (BR) 10:45 Exercise with Us! (BR) 1:30 Trips & Tales w/ Tommy (O) 2:45 Songs & Senses (SK) 6:00 Classic Movies (SK)	9:30 Spa with Care (GR) 9:45 Chronicle & News (BR) 10:45 Exercise with Us! (BR) 10:50 Manicures with Mya (SK) 11:00 Jane's Devotions (BR) 1:30 Word Brain Games (BR) 3:30 Happy Hour (BR) 6:00 Classic Movies (SK)	9:30 Spa with Care (GR) 9:45 Chronicle & News (BR) 10:45 Exercise with Us! (BR) 1:30 Toss and Talk (BR) 2:30 Ice Cream Social (GR) 3:30 Virtual Concerts (SK) 6:00 Classic Movies (SK)	9:30 Spa with Care (GR) 9:45 Chronicle & News (BR) 10:45 Exercise with Us! (BR) 1:45 Green House Club (P) 6:00 Classic Movies (SK)	9:45 Chronicle & News (BR) 10:45 Exercise with Us! (BR) 2:00 Rick Steves Travel (SK) 3:00 Balloon Games (SK) 3:30 Virtual Concerts (SK) 6:00 Classic Movies (SK)
9:30 Spa with Care (GR) 9:45 Chronicle & News (BR) 10:45 Residents Choice Church (SK) 11:15 Seated Yoga Stretching (BR) 1:30 Sing Along (GR) 2:30 Creative Crafts (GR) 3:30 Bingo (SK) 6:00 Classic Movies (SK)	9:30 Spa with Care (GR) 9:45 Chronicle & News (BR) 10:45 Exercise with Us! (BR) 1:30 Baking with Jeanne (SK) 2:30 Green House Club (GR) 3:00 World Tour (GR) 6:00 Classic Movies (SK)	9:30 Spa with Care (GR) 9:45 Chronicle & News (BR) 10:45 Exercise with Us! (BR) 1:30 Trips & Tales w/ Tommy (O) 2:45 Songs & Senses (SK) 6:00 Classic Movies (SK)	9:30 Spa with Care (GR) 9:45 Chronicle & News (BR) 10:45 Exercise with Us! (BR) 11:00 Jane's Devotions (BR) 1:30 Word Brain Games (BR) 3:30 Happy Hour (BR) 6:00 Classic Movies (SK)	9:30 Spa with Care (GR) 9:45 Chronicle & News (BR) 10:45 Exercise with Us! (BR) 1:20 Tim Wilsey Music (BR) 2:30 Ice Cream Social (GR) 3:30 Virtual Concerts (SK) 6:00 Classic Movies (SK)	9:30 Spa with Care (GR) 9:45 Chronicle & News (BR) 10:45 Exercise with Us! (BR) 1:45 Green House Club (P) 6:00 Classic Movies (SK)	AD HALLOWEEN 9:45 Chronicle & News (BR) 10:45 Exercise with Us! (BR) 2:00 Rick Steves Travel (SK) 3:00 Balloon Games (SK) 3:30 Virtual Concerts (SK) 6:00 Classic Movies (SK)

Happy Birthday!

Carolyn S.
Sunday the 11th



Locations

- 1 = 1st Floor
- 2 = 2nd Floor Hallway
- 3 = 3rd Floor Hallway
- 4 = 4th Floor Patio
- AR = Activity Room
- B = Bistro
- BR = Blue Room
- BRP = Blue Room Patio
- DR = Dining Room
- EK = Emerald Kitchen
- FL = Front Lobby
- G = Gazebo
- GR = Green Room
- L = Library
- P = Outdoor Patio
- O = Outing
- PDR = Private Dining Room
- SK = Saphire Kitchen

