

October 2026

Spring Arbor of Severna Park
ASSISTED LIVING



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Locations Cottage (C) Activity Studio (AS) Activity Area (AA) Cafe (C) Outing (O) Fireplace Room (FR)				10:00 AM - Melody Music Therapy (C) 01 11:00 AM - Drum Cardio (AS) 1:00 PM - Open Studio (AS) 2:00 PM - Lucky Duck Bingo (AS) 3:30 PM - Mix & Mingle (AS) 4:00 PM - A-Z Trivia (AS) 6:15 PM - Hallmark Theater Movie (AS)	10:00 AM - Exercise with Bayada (AA) 02 11:00 AM - Bible Message/Communion with Rev. Hase (C) 1:00 PM - Open Studio (AS) 2:00 PM - We C.A.R.E. Club (C) 3:00 PM - Happy Hour (C) 4:00 PM - Card Games/Residents' Choice (C) 6:15 PM - Friday Night Flick (AS)	10:00 AM - Coffee & Chronicle (AS) 03 10:30 AM - Partner Up Puzzling (AS) 11:00 AM - Table Games (AS) 1:00 PM - Open Studio (AS) 2:00 PM - B I N G O (AS) 3:30 PM - Afternoon Social (AS) 4:00 PM - Left, Center, Right (AS) 6:15 PM - Saturday Night Movie (AS)
10:00 AM - Church Streamed (C) 04 10:45 AM - Hymn Sing (C) 11:15 AM - Bible Quiz (C) 1:00 PM - Open Studio (AS) 2:00 PM - Game On (AS) 3:00 PM - Sundae Sunday Social (AS) 4:00 PM - Rummikub (AS) 6:15 PM - Sunday Night Cinema (AS)	10:00 AM - Exercise with Bayada (C) 05 11:00 AM - Scenic Drive with Kathy (O) 1:00 PM - Open Studio (AS) 2:00 PM - Musical Memories with Ernie (C) 3:15 PM - Word Breakdown (AS) 4:00 PM - Name that Tune (AS) 6:15 PM - Hallmark Theater Movie (AS)	10:00 AM - Prayer & Communion (C) 06 11:00 AM - Brain Teasers (AS) 1:00 PM - Open Studio (AS) 2:00 PM - Sweet Treat Bingo (AS) 3:30 PM - Mix & Mingle 4:00 PM - Poker w/Chrissy (AS) 6:15 PM - Community Card Games (AS)	10:00 AM - Exercise with Bayada 07 11:00 AM - Armchair Travel (AS) 12:00 PM - Men's Pizza & Beer Lunch (C) 1:00 PM - Open Studio (AS) 2:00 PM - Singing to the Classics (AS) 3:00 PM - Wine Wednesday (C) 4:00 PM - Kings in the Corner (C) 6:15 PM - Board Games (AS)	10:00 AM - Melody Music Therapy (C) 08 11:00 AM - Drum Cardio (AS) 1:00 PM - Open Studio (AS) 2:00 PM - Lucky Duck Bingo (AS) 3:30 PM - Resident Council Meeting (AS) 4:00 PM - Wheel of Fortune (AS) 6:15 PM - Hallmark Theater Movie (AS)	10:00 AM - Exercise with Bayada (AA) 09 11:00 AM - Pokeno (AS) 1:00 PM - Open Studio (AS) 2:00 PM - We C.A.R.E. Club (C) 3:00 PM - Birthday Bash w/Wilma & Sal (C) 4:00 PM - Card Games/Residents' Choice (C) 6:15 PM - Friday Night Flick (AS)	10:00 AM - Coffee & Chronicle (AS) 10 10:30 AM - Balloon Volleyball (AS) 11:00 AM - Let's Play UNO (AS) 1:00 PM - Open Studio (AS) 2:00 PM - B I N G O (AS) 3:30 PM - Afternoon Social (AS) 4:00 PM - Mexican Train (AS) 6:15 PM - Saturday Night Movie (AS)
10:00 AM - Church Streamed (C) 11 10:45 AM - Crafting with Chrissy (AS) 1:00 PM - Open Studio (AS) 2:00 PM - Qwirkle (AS) 3:00 PM - Popcorn Social (AS) 4:00 PM - Skip-bo Card Game (AS) 6:15 PM - Sunday Night Cinema (AS)	10:00 AM - Exercise with Bayada (C) 12 11:00 AM - Scenic Drive with Kathy (O) 1:00 PM - Open Studio (AS) 2:00 PM - Musical Memories with Ernie (C) 3:15 PM - Cranium Crunches (AS) 4:00 PM - Family Feud (AS) 6:15 PM - Hallmark Theater Movie (AS)	10:00 AM - Prayer & Communion (C) 13 10:30 AM - Chair Massage with Diane (FR) 1:00 PM - Open Studio (AS) 2:00 PM - Sweet Treat Bingo (AS) 3:30 PM - Mix & Mingle 4:00 PM - Poker w/Chrissy (AS) 6:15 PM - Evening Card Games	10:00 AM - Exercise with Bayada 14 11:00 AM - Armchair Travel (AS) 11:30 AM - Lunch at Szechuan Inn (O) 1:00 PM - Open Studio (AS) 2:00 PM - Singing with Suzi Q (AS) 3:00 PM - Wine Wednesday (C) 4:00 PM - Card Game: Rummy (C) 6:15 PM - Activity Packs & Puzzles (AS)	10:00 AM - Melody Music Therapy (C) 15 11:00 AM - Wellness Talk with Rachele (AS) 1:00 PM - Open Studio (AS) 2:00 PM - Lucky Duck Bingo (AS) 3:30 PM - Mix & Mingle (AS) 4:00 PM - A-Z Trivia (AS) 6:15 PM - Hallmark Theater Movie (AS)	10:00 AM - Exercise with Bayada (AA) 16 11:00 AM - Bible Message/Communion with Rev. Hase 1:00 PM - Open Studio (AS) 2:00 PM - We C.A.R.E. Club (C) 3:00 PM - Happy Hour (C) 4:00 PM - Card Games/Residents' Choice (C) 6:15 PM - Friday Night Flick (AS)	10:00 AM - Coffee & Chronicle (AS) 17 10:30 AM - Partner Up Puzzling (AS) 11:00 AM - Table Games (AS) 1:00 PM - Open Studio (AS) 2:00 PM - B I N G O (AS) 3:30 PM - Afternoon Social (AS) 4:00 PM - Left, Center, Right (AS) 6:15 PM - Saturday Night Movie (AS)
10:00 AM - Walk to End Alzheimer's: Spring Arbor Purple Walk (FR) 18 1:00 PM - Open Studio (AS) 2:00 PM - Game On (AS) 2:00 PM - Church Streamed (C) 3:00 PM - Sundae Sunday Social (AS) 4:00 PM - Rummikub (AS) 6:15 PM - Sunday Night Cinema (AS)	10:00 AM - Exercise with Bayada (C) 19 11:00 AM - Scenic Drive with Kathy (O) 1:00 PM - Open Studio (AS) 2:00 PM - Musical Memories with Ernie (C) 3:15 PM - Word Breakdown (AS) 4:00 PM - Name that Tune (AS) 6:15 PM - Hallmark Theater Movie (AS)	10:00 AM - Prayer & Communion (C) 20 11:00 AM - Brain Teasers (AS) 1:00 PM - Open Studio (AS) 2:00 PM - Sweet Treat Bingo (AS) 3:30 PM - Mix & Mingle 4:00 PM - Poker w/Chrissy (AS) 6:15 PM - Community Card Games (AS)	10:00 AM - Exercise with Bayada 21 11:00 AM - Armchair Travel (AS) 1:00 PM - Open Studio (AS) 2:00 PM - Singing to the Classics (AS) 3:00 PM - Wine Wednesday (C) 3:00 PM - Jazz by Kenny J. (C) 4:00 PM - Kings in the Corner (C) 6:15 PM - Board Games (AS)	10:00 AM - Melody Music Therapy (C) 22 11:00 AM - Drum Cardio (AS) 1:00 PM - Open Studio (AS) 2:00 PM - Lucky Duck Bingo (AS) 3:30 PM - Mix & Mingle (AS) 4:00 PM - Wheel of Fortune (AS) 6:15 PM - Hallmark Theater Movie (AS)	10:00 AM - Exercise with Bayada (AA) 23 11:00 AM - Pokeno (AS) 1:00 PM - Open Studio (AS) 2:00 PM - We C.A.R.E. Club (C) 3:00 PM - Happy Hour (C) 4:00 PM - Card Games/Residents' Choice (C) 6:15 PM - Friday Night Flick (AS)	10:00 AM - Coffee & Chronicle (AS) 24 10:30 AM - Balloon Volleyball (AS) 11:00 AM - Let's Play UNO (AS) 1:00 PM - Open Studio (AS) 2:00 PM - B I N G O (AS) 3:30 PM - Afternoon Social (AS) 4:00 PM - Mexican Train (AS) 6:15 PM - Saturday Night Movie (AS)
10:00 AM - Church Streamed (C) 25 10:45 AM - Crafting with Chrissy (AS) 1:00 PM - Open Studio (AS) 2:00 PM - Qwirkle (AS) 3:00 PM - Popcorn Social (AS) 4:00 PM - Skip-bo Card Game (AS) 6:15 PM - Sunday Night Cinema (AS)	10:00 AM - Exercise with Bayada (C) 26 11:00 AM - Scenic Drive with Kathy (O) 1:00 PM - Open Studio (AS) 2:00 PM - Musical Memories with Ernie (C) 3:15 PM - Cranium Crunches (AS) 4:00 PM - Family Feud (AS) 6:15 PM - Hallmark Theater Movie (AS)	10:00 AM - Prayer & Communion (C) 27 10:30 AM - Chair Massage with Diane (FR) 1:00 PM - Open Studio (AS) 2:00 PM - Sweet Treat Bingo (AS) 3:30 PM - Mix & Mingle 4:00 PM - Poker w/Chrissy (AS) 6:15 PM - Evening Card Games	10:00 AM - Exercise with Bayada 28 11:00 AM - Armchair Travel (AS) 1:00 PM - Open Studio (AS) 2:00 PM - Singing with Suzi Q (AS) 3:00 PM - Wine Wednesday (C) 4:00 PM - Card Game: Rummy (C) 6:15 PM - Activity Packs & Puzzles (AS)	10:00 AM - Melody Music Therapy (C) 29 11:00 AM - Drum Cardio (AS) 1:00 PM - Open Studio (AS) 2:00 PM - Lucky Duck Bingo (AS) 3:30 PM - Mix & Mingle (AS) 4:00 PM - A-Z Trivia (AS) 6:15 PM - Hallmark Theater Movie (AS)	10:00 AM - Exercise with Bayada (AA) 30 11:00 AM - Bible Stories with Bill 1:00 PM - Open Studio (AS) 2:00 PM - We C.A.R.E. Club (C) 3:00 PM - Witches' Brew Happy Hour (C) 4:00 PM - Card Games/Residents' Choice (C) 6:15 PM - Friday Night Flick (AS)	10:00 AM - Coffee & Chronicle (AS) 31 10:30 AM - Partner Up Puzzling (AS) 11:00 AM - Table Games (AS) 1:00 PM - Open Studio (AS) 2:00 PM - B I N G O (AS) 3:30 PM - Afternoon Social (AS) 4:00 PM - Left, Center, Right (AS) 6:15 PM - Saturday Night Movie (AS)

* Activities are subject to change

October 2026

Spring Arbor of Severna Park
MEMORY CARE



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Locations Living Room (LR) Tovertafel Table (TT) Activity Area (AA) Sensory Spa (SS) Center Strip (CS)				10:00 AM - Melody Music Therapy (LR) 01 10:45 AM - Tovertafel Table Games & Tea (TT) 11:15 AM - Flower Arranging (AA) 1:00 PM - Rest & Relaxation (SS) 2:00 PM - Table Top Bowling (AA) 3:00 PM - Coffee & Chronicle (AA) 4:00 PM - Reminiscence Therapy (AA) 6:00 PM - TV Comedy Hour (AA)	10:00 AM - Sit & Stretch Yoga (AA) 02 10:30 AM - Tovertafel Table Games & Tea (TT) 11:00 AM - Sort It Out (AA) 1:00 PM - Rest & Relaxation (SS) 2:00 PM - We C.A.R.E. Club (AA) 3:00 PM - Mocktail Happy Hour (AA) 4:00 PM - Talk & Walk (AA) 6:00 PM - Friday Night Flick (AA)	10:00 AM - Art From The Heart (AA) 03 10:30 AM - Tovertafel Table Games & Tea (TT) 11:00 AM - Dice Duel (AA) 1:00 PM - Rest & Relaxation (SS) 2:00 PM - Basketball Toss (AA) 3:00 PM - Saturday Sip & Socialize (AA) 4:00 PM - Name 3 (AA) 6:00 PM - Classic TV (AA)
10:00 AM - Hymn Sing (AA) 04 10:30 AM - Tovertafel Table Games & Tea (TT) 1:00 PM - Rest & Relaxation (SS) 2:00 PM - Bible Bingo (AA) 3:00 PM - Snackivity (AA) 4:00 PM - Finishing Lines (AA) 6:00 PM - Evening Chat (LR)	10:00 AM - A Touch of Glam (AA) 05 10:30 AM - Tovertafel Table Games & Tea (TT) 11:00 AM - Exercise w/BAYADA (AA) 1:00 PM - Rest & Relaxation (SS) 2:00 PM - Finish The Lyrics (AA) 3:00 PM - Snack & Chat (AA) 4:00 PM - Roll-a-Ball Derby (AA) 6:00 PM - Game Show Night (AA)	10:00 AM - Tovertafel Games & Tea 06 10:45 AM - Prayer and Communion (LR) 11:00 AM - Famous Faces (AA) 1:00 PM - Rest & Relaxation (SS) 2:00 PM - Jazz by Kenny J. (LR) 3:00 PM - Soda Pop Social (AA) 3:30 PM - Nail Color Change (AA) 6:00 PM - TV Concert Series (AA)	10:00 AM - Partner Up Puzzling (AA) 07 10:30 AM - Snackivity (AA) 11:00 AM - Exercise w/BAYADA (AA) 1:00 PM - Rest & Relaxation (SS) 2:00 PM - Sing-Along (LR) 3:00 PM - Mix & Mingle (AA) 4:00 PM - BINGO (AA) 6:00 PM - Classic Movie Night (AA)	10:00 AM - Melody Music Therapy (LR) 08 10:45 AM - Tovertafel Table Games & Tea (TT) 11:15 AM - Music Box (AA) 1:00 PM - Rest & Relaxation (SS) 2:00 PM - Jumbo Bowling Bash (AA) 3:00 PM - Coffee & Chronicle (AA) 4:00 PM - Word Games (AA) 6:00 PM - TV Comedy Hour (AA)	10:00 AM - Chair One Fitness (AA) 09 10:30 AM - Tovertafel Table Games & Tea (TT) 11:00 AM - Color Therapy (AA) 1:00 PM - Rest & Relaxation (SS) 2:00 PM - We C.A.R.E. Club (AA) 3:00 PM - Mocktail Happy Hour (AA) 4:00 PM - Talk & Walk (AA) 6:00 PM - Friday Night Flick (AA)	10:00 AM - Cottage Baking (AA) 10 10:30 AM - Tovertafel Table Games & Tea (TT) 11:00 AM - Garden Fun (LR) 1:00 PM - Rest & Relaxation (SS) 2:00 PM - Cornhole Competition (AA) 3:00 PM - Saturday Sip & Socialize (AA) 4:00 PM - The Match Game (AA) 6:00 PM - Classic TV (AA)
10:00 AM - Hymn Sing (AA) 11 10:30 AM - Tovertafel Table Games & Tea (TT) 11:00 AM - What's In The Bag? (AA) 1:00 PM - Rest & Relaxation (SS) 2:00 PM - Bible Bingo (AA) 3:00 PM - Sundae Sunday Social (AA) 4:00 PM - Armchair Travel (AA) 6:00 PM - Evening Reminiscing (LR)	10:00 AM - A Touch of Glam (AA) 12 10:30 AM - Tovertafel Table Games & Tea (TT) 11:00 AM - Exercise w/BAYADA (AA) 1:00 PM - Rest & Relaxation (SS) 2:00 PM - Musical Memories with Ernie (LR) 3:00 PM - Snack & Chat (AA) 4:00 PM - Balloon Volleyball (AA) 6:00 PM - Game Show Night (AA)	10:00 AM - Chair Massage with Diane (LR) 13 10:45 AM - Prayer and Communion (LR) 11:00 AM - Drum Cardio (AA) 1:00 PM - Rest & Relaxation (SS) 2:00 PM - Random Facts Trivia (AA) 2:30 PM - Football Toss (AA) 3:00 PM - Coffee Break (AA) 3:30 PM - Nail Color Change (AA) 6:00 PM - TV Concert Series (AA)	10:00 AM - Partner Up Puzzling (AA) 14 10:30 AM - Snackivity (AA) 11:00 AM - Exercise w/BAYADA (AA) 1:00 PM - Rest & Relaxation (SS) 2:00 PM - Sing-Along (LR) 3:00 PM - Mix & Mingle (AA) 4:00 PM - BINGO (AA) 6:00 PM - Classic Movie Night (AA)	10:00 AM - Melody Music Therapy (LR) 15 10:45 AM - Tovertafel Table Games & Tea (TT) 11:15 AM - Flower Arranging (AA) 1:00 PM - Rest & Relaxation (SS) 2:00 PM - Table Top Bowling (AA) 3:00 PM - Coffee & Chronicle (AA) 4:00 PM - Reminiscence Therapy (AA) 6:00 PM - TV Comedy Hour (AA)	10:00 AM - Sit & Stretch Yoga (AA) 16 10:30 AM - Tovertafel Table Games & Tea (TT) 11:00 AM - Sort It Out (AA) 1:00 PM - Rest & Relaxation (SS) 2:00 PM - We C.A.R.E. Club (AA) 3:00 PM - Mocktail Happy Hour (AA) 4:00 PM - Talk & Walk (AA) 6:00 PM - Friday Night Flick (AA)	10:00 AM - Art From The Heart (AA) 17 10:30 AM - Tovertafel Table Games & Tea (TT) 11:00 AM - Dice Duel (AA) 1:00 PM - Rest & Relaxation (SS) 2:00 PM - Basketball Toss (AA) 3:00 PM - Saturday Sip & Socialize (AA) 4:00 PM - Name 3 (AA) 6:00 PM - Classic TV (AA)
10:00 AM - Walk to End Alzheimer's: Spring Arbor Purple Walk (CS) 18 1:00 PM - Rest & Relaxation (SS) 2:00 PM - Bible Bingo (AA) 3:00 PM - Snackivity (AA) 4:00 PM - Finishing Lines (AA) 6:00 PM - Evening Chat (LR)	10:00 AM - A Touch of Glam (AA) 19 10:30 AM - Tovertafel Table Games & Tea (TT) 11:00 AM - Exercise w/BAYADA (AA) 1:00 PM - Rest & Relaxation (SS) 2:00 PM - Finish The Lyrics (AA) 3:00 PM - Snack & Chat (AA) 4:00 PM - Roll-a-Ball Derby (AA) 6:00 PM - Game Show Night (AA)	10:00 AM - Tovertafel Games & Tea 20 10:45 AM - Prayer and Communion (LR) 11:00 AM - Famous Faces (AA) 1:00 PM - Rest & Relaxation (SS) 2:00 PM - A-Z Trivia (AA) 2:30 PM - Household Chores (AA) 3:00 PM - Soda Pop Social (AA) 3:30 PM - Nail Color Change (AA) 6:00 PM - TV Concert Series (AA)	10:00 AM - Partner Up Puzzling (AA) 21 10:30 AM - Snackivity (AA) 11:00 AM - Exercise w/BAYADA (AA) 1:00 PM - Rest & Relaxation (SS) 2:00 PM - Sing-Along (LR) 3:00 PM - Mix & Mingle (AA) 4:00 PM - BINGO (AA) 6:00 PM - Classic Movie Night (AA)	10:00 AM - Melody Music Therapy (LR) 22 10:45 AM - Tovertafel Table Games & Tea (TT) 11:15 AM - Music Box (AA) 1:00 PM - Rest & Relaxation (SS) 2:00 PM - Jumbo Bowling Bash (AA) 3:00 PM - Coffee & Chronicle (AA) 4:00 PM - Word Games (AA) 6:00 PM - TV Comedy Hour (AA)	10:00 AM - Chair One Fitness (AA) 23 10:30 AM - Tovertafel Table Games & Tea (TT) 11:00 AM - Color Therapy (AA) 1:00 PM - Rest & Relaxation (SS) 2:00 PM - Singing with Wilma & Sal (AA) 3:00 PM - Mocktail Happy Hour (AA) 4:00 PM - Talk & Walk (AA) 6:00 PM - Friday Night Flick (AA)	10:00 AM - Cottage Baking (AA) 24 10:30 AM - Tovertafel Table Games & Tea (TT) 11:00 AM - Garden Fun (LR) 1:00 PM - Rest & Relaxation (SS) 2:00 PM - Cornhole Competition (AA) 3:00 PM - Saturday Sip & Socialize (AA) 4:00 PM - The Match Game (AA) 6:00 PM - Classic TV (AA)
10:00 AM - Hymn Sing (AA) 25 10:30 AM - Tovertafel Table Games & Tea (TT) 11:00 AM - What's In The Bag? (AA) 1:00 PM - Rest & Relaxation (SS) 2:00 PM - Bible Bingo (AA) 3:00 PM - Sundae Sunday Social (AA) 4:00 PM - Armchair Travel (AA) 6:00 PM - Evening Reminiscing (LR)	10:00 AM - A Touch of Glam (AA) 26 10:30 AM - Tovertafel Table Games & Tea (TT) 11:00 AM - Exercise w/BAYADA (AA) 1:00 PM - Rest & Relaxation (SS) 2:00 PM - Musical Memories with Ernie (LR) 3:00 PM - Snack & Chat (AA) 4:00 PM - Balloon Volleyball (AA) 6:00 PM - Game Show Night (AA)	10:00 AM - Chair Massage with Diane 27 10:45 AM - Prayer and Communion (LR) 11:00 AM - Drum Cardio (AA) 1:00 PM - Rest & Relaxation (SS) 2:00 PM - Random Facts Trivia (AA) 2:30 PM - Football Toss (AA) 3:00 PM - Coffee Break (AA) 3:30 PM - Nail Color Change (AA) 6:00 PM - TV Concert Series (AA)	10:00 AM - Partner Up Puzzling (AA) 28 10:30 AM - Snackivity (AA) 11:00 AM - Exercise w/BAYADA (AA) 1:00 PM - Rest & Relaxation (SS) 2:00 PM - Sing-Along (LR) 3:00 PM - Mix & Mingle (AA) 4:00 PM - BINGO (AA) 6:00 PM - Classic Movie Night (AA)	10:00 AM - Melody Music Therapy (LR) 29 10:45 AM - Tovertafel Table Games & Tea (TT) 11:15 AM - Flower Arranging (AA) 1:00 PM - Rest & Relaxation (SS) 2:00 PM - Table Top Bowling (AA) 3:00 PM - Coffee & Chronicle (AA) 4:00 PM - Reminiscence Therapy (AA) 6:00 PM - TV Comedy Hour (AA)	10:00 AM - Sit & Stretch Yoga (AA) 30 10:30 AM - Tovertafel Table Games & Tea (TT) 11:00 AM - Sort It Out (AA) 1:00 PM - Rest & Relaxation (SS) 2:00 PM - We C.A.R.E. Club (AA) 3:00 PM - Halloween Party (AA) 4:00 PM - Talk & Walk (AA) 6:00 PM - Friday Night Flick (AA)	10:00 AM - Art From The Heart (AA) 31 10:30 AM - Tovertafel Table Games & Tea (TT) 11:00 AM - Dice Duel (AA) 1:00 PM - Rest & Relaxation (SS) 2:00 PM - Basketball Toss (AA) 3:00 PM - Saturday Sip & Socialize (AA) 4:00 PM - Name 3 (AA) 6:00 PM - Classic TV (AA)

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