

October 2026

RoseWood Village Greenbrier

ASSISTED LIVING



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Locations Coastal Cove (CC) Courtyard (C) Dining Room (DR) Library (L) Lobby (L) Main Street (MS) 27	 28	 29	 30	10:00 - Just Us Art Program (L) 11:00 - Tai Chi Seated Stretching (L) 1:30 - The Story of Life Interviews 3:00 - Oktoberfest Craft: Scherenschnitte (CC) 4:00 - Scrabble (L) 6:30 - Courtyard Stroll (C) 01	9:45 - Balloon Ball (L) 10:30 - Bible Study (L) 11:15 - Bingo Prize (L) 1:30 - Scenic Drive 3:00 - Oktoberfest Party (CC) 6:30 - Nightly News (L) 02	10:30 - Courtyard Walk (C) 11:15 - Bingo (L) 1:30 - Balloon Ball with UVA Students (L) 2:30 - Movie Matinee: (L) 6:30 - Nightly News (L) 03
10:30 - Documentary (L) 1:30 - CrossLife Community Church (L) 3:00 - Bridge (CC) 4:00 - Candy Corn Bowling (L) 04	10:00 - Cardio Drumming with BrightStar (L) 11:00 - Book Club (L) 2:30 - Fox Fitness Class (L) 3:00 - Singalong with Hannah (CC) 4:00 - Manicures (CC) 6:30 - Courtyard Stroll (C) 05	9:45 - Balloon Ball (L) 10:30 - Fluid Art with Sandra (CC) 11:00 - Knitting and Crocheting Club (L) 1:30 - The Story of Life Interviews 4:00 - Bingo (L) 06	9:45 - Seated Zumba (L) 10:30 - Craft: Sculpting Fall (CC) 11:30 - Courtyard Walk (C) 1:30 - Quiet Reading (CC) 2:30 - Fox Fitness Class (L) 3:00 - Travelogue: Checking out the Czech Republic (L) 4:00 - Manicures (CC) 07	10:15 - Art Club: The Art of René Magritte (L) 11:00 - Tai Chi Seated Stretching (L) 1:30 - Bible Verses and Spiritual Coloring (L) 3:00 - What's Your Verdict? (L) 4:00 - Scrabble (L) 6:30 - Courtyard Stroll (C) 08	9:45 - Balloon Ball (L) 10:30 - Bible Study (L) 11:15 - Bingo Prize (L) 3:00 - Happy Hour (CC) 6:30 - Nightly News (L) 09	10:30 - Easy Stretch (L) 11:15 - Bingo (L) 1:30 - Board Games with UVA students (L) 2:30 - Movie Matinee: (L) 6:30 - Nightly News (L) 10
10:30 - Documentary (L) 1:30 - CrossLife Community Church (L) 3:00 - Bridge (CC) 4:00 - Pop Up Golf (L) 11	Columbus Day 9:45 - Balloon Ball (L) 10:30 - Book Club 2:30 - Fox Fitness Class (L) 4:00 - Manicures (CC) 6:30 - Courtyard Stroll (C) 12	9:45 - Balloon Ball (L) 10:30 - Educational Presentation by Loving Arms (L) 11:00 - Knitting and Crocheting Club (L) 2:00 - Live from Lublin, Poland: From Renaissance Splendor to a City of Memory (L) 4:00 - Bingo (L) 13	9:45 - Seated Zumba (L) 10:30 - Decorating Pumpkins (CC) 11:30 - Courtyard Walk (C) 1:30 - Quiet Reading (CC) 2:30 - Fox Fitness Class (L) 3:00 - Therapy Dog - Clover (L) 4:00 - Manicures (CC) 14	Pumpkin Competition Begins 10:15 - Reader's Theatre: Boo Who? (L) 11:00 - Tai Chi Seated Stretching (L) 1:30 - The Story of Life Interviews 3:00 - Pumpkin Tasting with BrightStar (DR) 4:00 - Scrabble (L) 6:30 - Courtyard Stroll (C) 15	9:45 - Balloon Ball (L) 10:30 - Bible Study (L) 11:15 - Bingo Prize (L) 1:30 - Trip to the Voting Polls 3:30 - 100th Birthday Party (DR) 6:30 - Nightly News (L) 16	10:30 - Courtyard Walk (C) 11:15 - Bingo (L) 1:30 - Voting for the Pumpkin Contest with UVA Students 2:30 - Movie Matinee: (L) 6:30 - Nightly News (L) 17
10:30 - Documentary (L) 1:30 - CrossLife Community Church (L) 3:00 - Seated Football (L) 3:00 - Bridge (CC) 18	9:45 - Balloon Ball (L) 10:30 - Book Club (L) 2:30 - Fox Fitness Class (L) 3:00 - Singalong with Hannah (CC) 4:00 - Manicures (CC) 6:30 - Courtyard Stroll (C) 19	9:45 - Balloon Ball (L) 10:15 - Reader's Theatre: Shaping What Matters (L) 11:00 - Knitting and Crocheting Club (L) 1:30 - The Story of Life Interviews 3:00 - Pumpkin Tasting with BrightStar (DR) 4:00 - Bingo (L) 20	9:45 - Seated Zumba (L) 10:30 - Craft, Tissue Paper Illuminated Sun (CC) 11:30 - Courtyard Walk (C) 1:30 - Quiet Reading (CC) 2:30 - Fox Fitness Class (L) 3:00 - Kids for Christ (DR) 4:00 - Manicures (CC) 21	11:00 - Tai Chi Seated Stretching (L) 1:30 - Bible Verses and Spiritual Coloring (L) 3:00 - Smooth Sailing Dance Program (DR) 4:00 - Scrabble (L) 6:30 - Courtyard Stroll (C) 22	9:45 - Balloon Ball (L) 10:30 - Bible Study (L) 11:15 - Bingo Prize (L) 2:00 - Predental Society Discussion and Games (L) 3:00 - Happy Hour (CC) 6:30 - Nightly News (L) 23	10:30 - Easy Stretch (L) 11:15 - Bingo (L) 1:30 - Balloon Ball with UVA Students (L) 2:30 - Movie Matinee: (L) 6:30 - Nightly News (L) 24
10:30 - Documentary (L) 1:30 - CrossLife Community Church (L) 3:00 - Bridge (CC) 4:00 - Candy Corn Bowling (L) 25	9:45 - Balloon Ball (L) 10:30 - Book Club (L) 2:30 - Fox Fitness Class (L) 3:00 - Creative Costume Creations (L) 4:15 - Manicures (CC) 6:30 - Courtyard Stroll (C) 26	9:45 - Balloon Ball (L) 10:15 - Fall Leaves Craft (CC) 11:00 - Knitting and Crocheting Club (L) 2:00 - Concert: Peter & Ellen Trio (DR) 3:00 - Residents Council (L) 4:00 - Bingo (L) 27	9:45 - Seated Zumba (L) 11:30 - Courtyard Walk (C) 1:30 - Quiet Reading (CC) 2:30 - Fox Fitness Class (L) 3:00 - Halloween Party (CC) 28	11:00 - Tai Chi Seated Stretching (L) 1:30 - The Story of Life Interviews 3:00 - Scrabble (L) 4:00 - Manicures (CC) 6:30 - Courtyard Stroll (C) 29	9:45 - Balloon Ball (L) 10:30 - Bible Study (L) 11:15 - Bingo Prize (L) 3:00 - Spooky Happy Hour 6:30 - Nightly News (L) 30	Halloween 10:30 - Easy Stretching (L) 11:15 - Bingo (L) 1:30 - Reminiscing about Halloween with UVA Students (L) 3:00 - Melodies with Michelle 4:00 - Candy Corn Bowling (L) 6:30 - Nightly News (L) 31

* Activities are subject to change

October 2026

RoseWood Village Greenbrier
MEMORY CARE



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Locations Bistro (B) Coastal Cove (CC) Courtyard (C) Dining Room (DR) Living Room (LR) Main Street (MS) 27	 28	 29	 30	9:30 - Morning Greeting and Refresh (LR) 10:30 - Tai Chi Seated Stretching (LR) 11:00 - Singalong with Hannah 1:00 - Rest & Relaxation 2:00 - Life Story Interviews 3:00 - Documentary (LR) 01	10:00 - Scenic Drive 11:15 - Bible Study (LR) 1:00 - Rest & Relaxation 3:00 - Oktoberfest Party (CC) 4:00 - Candy Corn Bowling (LR) 6:00 - Friday Night Feature 02	9:45 - Balloon Ball (LR) 10:15 - Jigsaw Puzzles 1:00 - Rest & Relaxation 2:30 - Sip and Chat (LR) 3:00 - Movie Matinee (LR) 03
9:45 - Balloon Ball (LR) 11:00 - Jigsaw Puzzles with UVA students 1:00 - Rest & Relaxation 3:00 - Movie Matinee 04	9:45 - Balloon Ball (LR) 10:00 - Singalong with Hannah 11:00 - Finish That Phrase 1:00 - Rest & Relaxation 3:00 - Fox Fitness Class (LR) 4:00 - Fall Sensory Activity 6:00 - Classic Movie Monday 05	9:30 - Moving to Music 10:00 - Trivia 11:00 - Documentary 1:00 - Rest & Relaxation 2:00 - Life Story Interviews 3:00 - Crafting Fall Leaf Garlands (B) 4:00 - Singalong with Hannah (LR) 06	9:30 - Walking Club (C) 10:00 - You Be the Judge 11:00 - Cottage Scrapbook Nook (B) 1:00 - Rest & Relaxation 3:00 - Fox Fitness Class (LR) 3:30 - Sip and Chat 4:00 - Harmonize with Hannah (LR) 07	9:30 - Morning Greeting and Refresh (LR) 10:30 - Tai Chi Seated Stretching (LR) 11:00 - Singalong with Hannah 1:00 - Rest & Relaxation 2:00 - Life Story Interviews 3:00 - Documentary (LR) 08	9:30 - Moving to Music (LR) 10:00 - Singalong with Hannah 11:15 - Bible Study (LR) 1:00 - Rest & Relaxation 3:00 - Cooking: Caramelized Apples (B) 4:00 - Pop Up Golf 6:00 - Friday Night Feature 09	9:45 - Balloon Ball (LR) 10:15 - Coloring 1:00 - Rest & Relaxation 2:30 - Sip and Chat (LR) 3:00 - Movie Matinee (LR) 10
9:45 - Balloon Ball (LR) 10:00 - Musical Movements 11:00 - Coloring (DR) 1:00 - Rest & Relaxation 3:00 - Movie Matinee 11	Columbus Day 9:45 - Balloon Ball (LR) 10:00 - Singalong with Hannah 11:00 - Finish That Phrase 1:00 - Rest & Relaxation 3:00 - Fox Fitness Class (LR) 4:00 - Fall Sensory Activity 6:00 - Classic Movie Monday 12	9:45 - Balloon Ball (LR) 10:00 - Trivia 11:00 - Documentary 1:00 - Rest & Relaxation 2:00 - Life Story Interviews 3:00 - Painting Pumpkins 4:00 - Singalong with Hannah (LR) 13	9:30 - Walking Club (C) 10:00 - Music Workshop with Jim Gagnon 11:00 - Rhymes with Fall 1:00 - Rest & Relaxation 3:00 - Fox Fitness Class (LR) 3:30 - Sip and Chat 4:00 - Harmonize with Hannah (LR) 14	9:30 - Morning Greeting and Refresh (LR) 10:30 - Tai Chi Seated Stretching (LR) 11:00 - Singalong with Hannah 1:00 - Rest & Relaxation 2:00 - Life Story Interviews 3:00 - Pumpkin Tasting with BrightStar (DR) 4:00 - Sing Along with Suzie Q 15	9:30 - Moving to Music (LR) 10:30 - Carolyn Kinane - Harpist 11:15 - Bible Study (LR) 1:00 - Rest & Relaxation 3:30 - 100th Birthday Party (DR) 4:00 - Candy Corn Bowling (LR) 6:00 - Friday Night Feature 16	9:45 - Balloon Ball (LR) 11:00 - Jigsaw Puzzles (B) 1:00 - Rest & Relaxation 2:30 - Sip and Chat (LR) 3:00 - Movie Matinee (LR) 17
9:45 - Balloon Ball (LR) 10:00 - Musical Movements 11:00 - Jigsaw Puzzles with UVA students 1:00 - Rest & Relaxation 3:00 - Movie Matinee 18	10:00 - Cardio Drumming with BrightStar (LR) 10:00 - Singalong with Hannah 11:00 - Finish That Phrase 1:00 - Rest & Relaxation 3:00 - Fox Fitness Class (LR) 4:00 - Fall Sensory Activity 6:00 - Classic Movie Monday 19	9:30 - Moving to Music 10:00 - Trivia 11:00 - Documentary 1:00 - Rest & Relaxation 2:00 - Life Story Interviews 3:00 - Pumpkin Tasting with BrightStar (DR) 4:00 - Singalong with Hannah (LR) 20	9:30 - Walking Club (C) 10:00 - You Be the Judge 1:00 - Rest & Relaxation 3:00 - Fox Fitness Class (LR) 3:30 - Sip and Chat 4:00 - Harmonize with Hannah (LR) 21	9:30 - Morning Greeting and Refresh (LR) 10:30 - Tai Chi Seated Stretching (LR) 11:00 - Singalong with Hannah 1:00 - Rest & Relaxation 2:00 - Life Story Interviews 3:00 - Smooth Sailing Dance Program (DR) 4:00 - Sing Along with Suzie Q 22	9:30 - Moving to Music (LR) 10:00 - Singalong with Hannah 11:15 - Bible Study (LR) 1:00 - Rest & Relaxation 3:00 - Vote for the Pumpkin Decorating Contest (MS) 4:00 - Pop Up Golf 6:00 - Friday Night Feature 23	9:45 - Balloon Ball (LR) 10:15 - Coloring 1:00 - Rest & Relaxation 2:30 - Sip and Chat (LR) 3:00 - Movie Matinee (LR) 24
9:45 - Balloon Ball (LR) 10:00 - Musical Movements 11:00 - Coloring (DR) 1:00 - Rest & Relaxation 3:00 - Movie Matinee 25	9:45 - Balloon Ball (LR) 10:00 - Singalong with Hannah 11:00 - Finish That Phrase 1:00 - Rest & Relaxation 3:00 - Fox Fitness Class (LR) 4:00 - Fall Sensory Activity 6:00 - Classic Movie Monday 26	9:30 - Moving to Music 10:00 - Trivia 11:00 - Documentary 1:00 - Rest & Relaxation 2:00 - Concert: Peter & Ellen Trio (DR) 3:00 - Creative Costume Creations (B) 4:00 - Singalong with Hannah (LR) 27	9:30 - Walking Club (C) 10:00 - Music Workshop with Jim Gagnon 11:00 - Rhymes with Fall 1:00 - Rest & Relaxation 3:00 - Fox Fitness Class (LR) 3:30 - Sip and Chat 4:00 - Harmonize with Hannah (LR) 28	9:30 - Morning Greeting and Refresh (LR) 10:30 - Tai Chi Seated Stretching (LR) 11:00 - Live from Thimphu, Bhutan: Life in the Heart of the Himalayas 1:00 - Rest & Relaxation 2:00 - Life Story Interviews 3:00 - Documentary (LR) 29	9:30 - Moving to Music (LR) 10:00 - Singalong with Hannah 11:15 - Bible Study (LR) 1:00 - Rest & Relaxation 3:00 - Autum Watercoloring (B) 4:00 - Candy Corn Bowling (LR) 6:00 - Friday Night Feature 30	Halloween 9:30 - Balloon Ball (LR) 10:00 - Melodies with Michelle (LR) 11:00 - Jigsaw Puzzles (B) 1:00 - Rest & Relaxation 2:30 - Sip and Chat (LR) 3:00 - Movie Matinee (LR) 31

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