

October 2026

Alto Overland Park: Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				9:15am Visiting with Neighbors (L) 10:00am Sit and Lift with Legacy (ER) 10:30am C.O.A Recorded Mass (ER) 1:00pm The Daily Drop In 3:00pm Easy Bingo (B) 6:30pm Movie Night (ER)	9:30am Morning Chat (L) 10:00am Morning Stretch (ER) 10:00am New Resident Meet and Greet (B) 1:00pm The Daily Drop In 3:30pm Happy Hour w/ Brother John (B) 6:30pm Movie Night (ER)	9:15am Saturday Morning Social (L) 10:00am Morning Exercise (ER) 11:00am Buzzwords Game (L) 1:00pm The Daily Drop In 3:00pm Advanced Bingo (B) 6:30pm Movie Night (ER)
10:00am Church of Ascension Recorded Mass (ER) 1:00pm Church of the Resurrection Satellite Service (Recorded) (ER) 3:25pm Chiefs vs Raiders (B) 6:00pm (Resident Led) Table Games (L) 6:30pm Movie Night (ER)	10:00am Beginner's Chair Yoga (ER) 10:30am Spiritual Reflections (ER) 2:00pm Trivia Time (ER) 3:00pm Anita's Silent Movies (ER) 5:30pm Puzzling with Friends (CS) 6:30pm Movie Night (ER)	9:30am Catholic Comm. and Rosary (ER) 10:00am Exercise with Legacy (ER) 10:00am Flu Clinic (CS) 2:00pm Painting Party w/ Mandi (CS) 3:00pm Advanced Bingo (B) 6:30pm Movie Night (ER)	9:15am Current Events (L) 10:00am Chair Zumba w/ Katie (ER) 11:00am Bible Study (ER) 1:00pm The Daily Drop In 2:00pm Resident Council Meeting (DR) 3:00pm Hooked on Books: Book Club (ER) 4:00pm Wine Down Wednesday (B) 6:30pm Movie Night (ER)	9:15am Visiting with Neighbors (L) 10:00am Sit and Lift with Legacy (ER) 10:30am Chapel Service with Chaplain Turner (ER) 1:00pm C.O.A Recorded Mass (ER) 2:00pm Art w/ Andrea (CS) 3:00pm Easy Bingo (B) 6:30pm Movie Night (ER)	9:00am Shopping Trip :Walmart (L) 9:30am Morning Chat (L) 10:00am Morning Stretch (ER) 1:00pm The Daily Drop In 3:30pm Happy Hour with Katie Hurcomb (B) 6:30pm Movie Night (ER)	9:15am Saturday Morning Social (L) 10:00am Morning Exercise (ER) 11:00am Buzzwords Game (L) 1:00pm The Daily Drop In 1:30pm Music w/ Steve Kakacek (L) 3:00pm Advanced Bingo (B) 6:30pm Movie Night (ER)
10:00am Church of Ascension Recorded Mass (ER) 1:00pm Church of the Resurrection Satellite Service (Recorded) (ER) 2:00pm Movie Matinee (ER) 6:00pm (Resident Led) Table Games (L) 6:30pm Movie Night (ER)	Indigenous Peoples' Day 10:00am Beginner's Chair Yoga (ER) 10:30am Spiritual Reflections (ER) 2:00pm Trivia Time (ER) 3:00pm Retro TV: Dragnet (ER) 5:30pm Puzzling with Friends (CS) 6:30pm Movie Night (ER)	9:30am Catholic Comm. and Rosary (CS) 10:00am Tuesday Move and Groove (ER) 10:45am Friendship Circle (ER) 1:00pm The Daily Drop In 2:00pm Painting Party w/ Mandi (CS) 3:00pm Advanced Bingo (B) 6:30pm Movie Night (ER)	9:15am Current Events (L) 10:00am Chair Zumba w/ Katie (ER) 11:00am Bible Study (ER) 1:00pm The Daily Drop In 3:00pm Uncorked and Decanted (B) 4:00pm Wine Down Wednesday (B) 6:30pm Movie Night (ER)	9:15am Visiting with Neighbors (L) 10:00am Sit and Lift with Legacy (ER) 10:30am Rob McHenry performs (ER) 1:00pm The Daily Drop In 2:00pm The Dining Experience with Chef Tim (DR) 3:00pm Easy Bingo (B) 6:30pm Movie Night (ER)	9:30am Morning Chat (L) 10:00am Morning Stretch (ER) 1:00pm The Daily Drop In 3:30pm Happy Hour w/ Brother John (B) 6:30pm Movie Night (ER)	9:15am Saturday Morning Social (L) 10:00am Morning Exercise (ER) 11:00am Buzzwords Game (L) 1:00pm The Daily Drop In 3:00pm Advanced Bingo (B) 6:30pm Movie Night (ER)
10:00am Church of Ascension Recorded Mass (ER) 1:00pm Church of the Resurrection Satellite Service (Recorded) (ER) 3:25pm Chiefs vs Chargers (B) 6:00pm (Resident Led) Table Games (L) 6:30pm Movie Night (ER)	10:00am Beginner's Chair Yoga (ER) 10:30am Spiritual Reflections (ER) 2:00pm Trivia Time (ER) 3:00pm Retro TV: Dragnet (ER) 5:30pm Puzzling with Friends (CS) 6:30pm Movie Night (ER)	9:30am Catholic Comm. and Rosary (CS) 10:00am Morning Safari Stretch w/ Legacy (ER) 10:45am Journey through Africa (ER) 2:00pm Africa Painting (CS) 3:30pm Taste of Africa Family Dinner (B) 6:30pm Movie Night: The African Queen (ER)	9:15am Current Events (L) 10:00am Chair Zumba w/ Katie (ER) 11:00am Bible Study (ER) 1:00pm The Daily Drop In 4:00pm Wine Down Wednesday (B) 6:30pm Movie Night (ER)	9:15am Visiting with Neighbors (L) 10:00am Sit and Lift with Legacy (ER) 1:00pm The Daily Drop In 2:00pm Art w/ Andrea (CS) 3:00pm Easy Bingo (B) 6:30pm Movie Night (ER)	9:30am Morning Chat (L) 10:00am Morning Stretch (ER) 1:00pm The Daily Drop In 3:30pm Happy Hour with Katie Hurcomb (B) 6:30pm Movie Night (ER)	9:15am Saturday Morning Social (L) 10:00am Morning Exercise (ER) 11:00am Buzzwords Game (L) 1:00pm The Daily Drop In 2:00pm Blue Skies Quartet (DR) 3:00pm Advanced Bingo (B) 6:30pm Movie Night (ER)
10:00am Church of Ascension Recorded Mass (ER) 1:00pm Church of the Resurrection Satellite Service (Recorded) (ER) 2:00pm Movie Matinee (ER) 6:00pm (Resident Led) Table Games (L) 6:30pm Movie Night (ER) 7:20pm Chiefs vs Seahawks (B)	10:00am Beginner's Chair Yoga (ER) 10:30am Spiritual Reflections (ER) 2:00pm Trivia Time (ER) 3:00pm Retro TV: Dragnet (ER) 5:30pm Puzzling with Friends (CS) 6:30pm Movie Night (ER)	9:30am Catholic Comm. and Rosary (CS) 10:00am Tuesday Move and Groove (ER) 10:45am Friendship Circle (ER) 1:00pm The Daily Drop In 2:00pm Alligator Shoes Performs (CS) 3:00pm Music Bingo w/ Kate Dixon (B) 6:30pm Movie Night (ER)	9:15am Current Events (L) 10:00am Chair Zumba w/ Katie (ER) 11:00am Bible Study (ER) 1:00pm The Daily Drop In 2:00pm Brother John Preforms (DR) 3:00pm Wine Down Wednesday (B) 4:00pm Little Boo Crew Halloween Parade (DR) 6:30pm Movie Night (ER)	9:15am Visiting with Neighbors (L) 10:00am Sit and Lift with Legacy (ER) 1:00pm The Daily Drop In 3:00pm Easy Bingo (B) 6:30pm Movie Night (ER)	9:30am Morning Chat (L) 10:00am Morning Stretch (ER) 1:00pm The Daily Drop In 2:30pm Halloween Costume Contest (DR) 3:30pm Happy Hour (B) 6:30pm Movie Night (ER)	Halloween 9:15am Spooky Saturday Morning Social (L) 10:00am Morning Exercise (ER) 11:00am Halloween Buzzwords Game (L) 1:00pm The Daily Drop In 2:00pm Spooky Show w/ Nina (DR) 3:00pm Advanced Bingo (B) 6:30pm Movie Night (ER)

Happy Birthday!

Wishing these residents a very happy birthday!

Janice "Jan" S. – 6th
Dencil T. – 10th
Micki O. – 12th
Connie W. – 16th
Audrey K. – 17th
Cynthia J. – 17th
Helaine R. – 21st
David "Dave" S. – 26th
Patricia "Pat" M. – 31st



Locations

Location Key

B = Bistro
CS = Creative Studio
DR = Dining Room
ER = Entertainment Room
LP = Large Patio
L = Lobby
PDR = Private Dining Room

All activities are subject to change!

October 2026

Alto Overland Park-Ensemble



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
9:00 Daily Loop Reading (ER) 4 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 11:00 Lets Worship Together (A) 1:00 Johnny Carson Show (MR) 2:30 Let's Have A Snack (DR) 3:30 Movie on IN2L (A) 6:00 Sunday Night at the Movies (D)	9:00 Daily Loop Reading (ER) 5 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 10:30 Bible Study (A) 1:30 Walking Club (A) 2:30 Let's Have A Snack (DR) 3:30 Lets Play A Game (DR) 6:00 Monday Night at the Movies (D)	9:00 Daily Loop Reading (ER) 6 9:30 Noodle Ball Exercise (ER) 10:00 Baking in Mom's Kitchen (B) 10:00 Catholic Communion (D) 10:00 Hydration Cart (DR) 2:00 Bingo (A) 2:30 Let's Have A Snack (DR) 3:00 Trivia Tuesday (A) 6:00 Tuesday Night Movie (D)	9:00 Daily Loop Reading (ER) 7 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 1:00 Beauty Salon Time (A) 2:00 Music W/ Katie (DR) 2:30 Let's Have A Snack (DR) 3:00 Manicures (DR) 6:00 Wednesday Night Movie (D)	9:00 Daily Loop Reading (ER) 8 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 1:00 Parachute ball game (A) 2:30 Let's Have A Snack (DR) 3:00 Puzzles and Music Hour (A) 6:00 Thursday Night Movie (D)	9:00 Daily Loop Reading (ER) 9 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 10:30 Brain Works (A) 1:00 Ball swat game (A) 2:30 Let's Have A Snack (DR) 3:00 Music on TV (DR) 6:00 Fun Film Friday's (D)	9:00 Daily Loop Reading (ER) 10 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 10:00 Trivia (A) 1:00 Memory Baskets (A) 2:30 Let's Have A Snack (DR) 3:00 Puzzles, Mazes and Word Searches (A) 6:00 Saturday Night Movie (D)
9:00 Daily Loop Reading (ER) 11 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 11:00 Lets Worship Together (A) 2:30 Let's Have A Snack (DR) 3:30 Movie on IN2L (A) 6:00 Sunday Night at the Movies (D)	9:00 Daily Loop Reading (ER) 12 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 10:00 Ladies Tea (D) 10:30 Bible Study (A) 1:30 Walking Club (A) 2:30 Let's Have A Snack (DR) 3:30 Lets Play A Game (DR) 6:00 Monday Night at the Movies (D)	9:00 Daily Loop Reading (ER) 13 9:30 Noodle Ball Exercise (ER) 10:00 Catholic Communion (D) 11:00 Family Picnic (LP) 2:00 Music with DJ Gem (DR) 2:00 Root Beer Floats w/Christine (DR) 3:00 Trivia Tuesday (A) 6:00 Tuesday Night Movie (D)	9:00 Daily Loop Reading (ER) 14 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 1:00 Beauty Salon Time (A) 2:00 Memory Baskets (DR) 2:30 Let's Have A Snack (DR) 3:00 Manicures (DR) 6:00 Wednesday Night Movie (D)	9:00 Daily Loop Reading (ER) 15 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 1:00 Parachute ball game (A) 2:00 Monthly Birthday Party (DR) 3:00 Puzzles and Music Hour (A) 6:00 Thursday Night Movie (D)	9:00 Daily Loop Reading (ER) 16 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 10:30 Brain Works (A) 1:00 Ball swat game (A) 2:30 Let's Have A Snack (DR) 3:00 Music on TV (DR) 6:00 Fun Film Friday's (D)	9:00 Daily Loop Reading (ER) 17 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 10:00 Trivia (A) 1:00 Memory Baskets (A) 2:30 Let's Have A Snack (DR) 3:00 Puzzles, Mazes and Word Searches (A) 6:00 Saturday Night Movie (D)
9:00 Daily Loop Reading (ER) 18 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 11:00 Lets Worship Together (A) 1:00 Johnny Carson Show (MR) 2:30 Let's Have A Snack (DR) 3:30 Movie on IN2L (A) 6:00 Sunday Night at the Movies (D)	9:00 Daily Loop Reading (ER) 19 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 10:30 Bible Study (A) 10:30 Live Music with Rob McHenry (DR) 1:30 Walking Club (A) 2:30 Let's Have A Snack (DR) 3:30 Lets Play A Game (DR) 6:00 Monday Night at the Movies (D)	9:00 Daily Loop Reading (ER) 20 9:30 Noodle Ball Exercise (ER) 10:00 Catholic Communion (D) 10:00 Let's talk about Africa (A) 2:00 Alto At Sea Africa (A) 2:30 Let's Have A Snack (DR) 3:00 Trivia Tuesday (A) 6:00 Tuesday Night Movie (D)	9:00 Daily Loop Reading (ER) 21 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 1:00 Beauty Salon Time (A) 2:00 Music w/Katie (DR) 2:30 Let's Have A Snack (DR) 3:00 Manicures (DR) 6:00 Wednesday Night Movie (D)	9:00 Daily Loop Reading (ER) 22 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 1:00 Parachute ball game (A) 2:30 Let's Have A Snack (DR) 3:00 Puzzles and Music Hour (A) 6:00 Thursday Night Movie (D)	9:00 Daily Loop Reading (ER) 23 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 10:30 Brain Works (A) 1:00 Ball swat game (A) 2:30 Let's Have A Snack (DR) 3:00 Music on TV (DR) 6:00 Fun Film Friday's (D)	9:00 Daily Loop Reading (ER) 24 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 10:00 Trivia (A) 1:00 Memory Baskets (A) 2:30 Let's Have A Snack (DR) 3:00 Puzzles, Mazes and Word Searches (A) 6:00 Saturday Night Movie (D)
9:00 Daily Loop Reading (ER) 25 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 11:00 Lets Worship Together (A) 2:30 Let's Have A Snack (DR) 3:30 Movie on IN2L (A) 6:00 Sunday Night at the Movies (D)	9:00 Daily Loop Reading (ER) 26 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 10:00 Men's Social (D) 10:30 Bible Study (A) 1:30 Walking Club (A) 2:30 Let's Have A Snack (DR) 3:30 Lets Play A Game (DR) 6:00 Monday Night at the Movies (D)	9:00 Daily Loop Reading (ER) 27 9:30 Noodle Ball Exercise (ER) 10:00 Baking in Mom's Kitchen (B) 10:00 Catholic Communion (D) 10:00 Hydration Cart (DR) 2:00 Music w/ DJ GEM (A) 2:30 Let's Have A Snack (DR) 3:00 Trivia Tuesday (A) 6:00 Tuesday Night Movie (D)	9:00 Daily Loop Reading (ER) 28 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 1:00 Beauty Salon Time (A) 2:00 Memory Baskets (DR) 2:30 Let's Have A Snack (DR) 3:00 Manicures (DR) 6:00 Wednesday Night Movie (D)	9:00 Daily Loop Reading (ER) 29 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 1:00 Parachute ball game (A) 2:30 Let's Have A Snack (DR) 3:00 Puzzles and Music Hour (A) 6:00 Thursday Night Movie (D)	9:00 Daily Loop Reading (ER) 30 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 10:30 Brain Works (A) 1:00 Ball swat game (A) 2:00 Halloween Happy Hour (A) 2:30 Let's Have A Snack (DR) 3:00 Music on TV (DR) 6:00 Fun Film Friday's (D)	9:00 Daily Loop Reading (ER) 31 9:30 Noodle Ball Exercise (ER) 10:00 Hydration Cart (DR) 10:00 Trivia (A) 1:00 Memory Baskets (A) 2:30 Let's Have A Snack (DR) 3:00 Puzzles, Mazes and Word Searches (A) 6:00 Saturday Night Movie (D)

Happy Birthday!

Mary V. – 1st
Harriet H. – 15th
Sandra H. – 19th
Joyce M. – 24th
Bob P. – 29th

Family Picnic on
Patio 10–13 from
11am–1pm.

Alz. Support Group
10–7–2026
6:30–8pm

Locations

A = Activity Room
B = Bistro
O = Community Outing
D = Den
DR = Dining Room
LP = Large Patio
L = Lobby
MR = Music Room
SR = Sensory Room