



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Locations Sun Room (SR) Activity Room (AR) Front Porch (FP) Library (L) Outing (O) Living Room (LR) General Store (GS)	Dimensions ● Creative ● Spiritual ● Cognitive ● Social ● Physical			9:30 AM - Wise & Well ● 10:00 AM - Bell Choir (SR) ● 10:30 AM - Bible Study ● 2:00 PM - Bingo (AR) ● 3:00 PM - Karaoke (AR) ● 5:00 PM - Wheel of Fortune (AR)	9:30 AM - Morning Yoga ● 10:00 AM - Morning Trivia (AR) ● 10:30 AM - Sing Fit (AR) ● 2:00 PM - Cornhole (AR) ● 3:00 PM - Jeopardy (AR)	9:30 AM - Morning Stretch ● 10:00 AM - Craft Class (AR) 1:00 PM - Candy Bingo ● 2:00 PM - Dominoes (AR)
9:30 AM - Morning Stretch ● 9:45 AM - Worship Service (SR) ● 11:00 AM - Sunday Moring Hymns (AR) ● 1:30 PM - Expressive Art (AR) ● 3:00 PM - Popcorn and Drink on the Front Porch (FP)	9:30 AM - Wise & Well 10:00 AM - Gardening Club ● 1:30 PM - Manicure Monday (AR) 3:00 PM - Sing-Fit ● 5:30 PM - Book Club (L)	9:30 AM - Wise & Well 10:00 AM - Devotional Reading 10:30 AM - Hymns Sing-A-Long ● 1:30 PM - Ceramics with Sarah (AR) 3:00 PM - Bingo ● 5:00 PM - Pokeno (AR)	9:30 AM - Morning Trivia 10:00 AM - LiveWell with Legacy (AR) ● 10:45 AM - Rody's Tavern Outing (O) ● 2:00 PM - Music with Mood Swingz (SR) ● 3:00 PM - Spelling Bee (AR) 5:00 PM - Bingo	9:30 AM - Wise & Well ● 10:00 AM - Choir (L) ● 10:30 AM - Bible Study ● 2:00 PM - Bingo (AR) ● 3:00 PM - Dominoes (AR) ● 5:00 PM - Wheel of Fortune (AR)	9:30 AM - Morning Yoga ● 10:00 AM - Name that Tune (AR) ● 10:30 AM - Music with Ronnie (SR) ● 1:30 PM - Landmarks (AR) ● 2:30 PM - Sing Fit (SR) ● 3:30 PM - Would you Rather (AR)	9:30 AM - Morning Stretch 10:00 AM - Morning Trivia (AR) ● 10:30 AM - Bocca Ball (AR) 1:00 PM - Candy Bingo ● 2:00 PM - Guess who? (AR)
9:30 AM - Morning Stretch ● 9:45 AM - Worship Service (SR) ● 11:00 AM - Sunday Moring Hymns (AR) ● 1:00 PM - Name that Tune (AR) ● 2:15 PM - Ice Cream on the Front Porch (FP)	Columbus Day 9:30 AM - Wise & Well 10:00 AM - Gardening Club ● 1:30 PM - Manicure Monday (AR) 3:00 PM - Sing-Fit ● 5:30 PM - Book Club (L)	9:30 AM - Wise & Well 10:00 AM - Devotional Reading ● 10:30 AM - Cello with Lloyd Eubanks (LR) ● 2:00 PM - Bingo (AR) ● 3:00 PM - Travel Tuesday (AR) ● 6:00 PM - Two for the Road Concert (SR)	9:30 AM - Morning Trivia 10:00 AM - LiveWell with Legacy (AR) ● 10:30 AM - Karaoke (AR) ● 2:00 PM - Art from the Heart (AR) ● 3:30 PM - Roll the Dice (AR) 5:00 PM - Bingo	9:30 AM - Wise & Well ● 10:00 AM - Bell Choir (SR) ● 10:30 AM - Bible Study ● 2:00 PM - Bingo (AR) ● 3:00 PM - Ball Badminton (AR) ● 5:00 PM - Wheel of Fortune (AR)	9:30 AM - Morning Yoga ● 10:00 AM - TV Trivia of the 60's (AR) ● 10:30 AM - Sing Fit (AR) ● 2:00 PM - Expressive Art (AR) ● 3:00 PM - Karaoke (AR)	● 9:30 AM - Morning Trivia (AR) ● 10:00 AM - Morning Stretch (SR) ● 10:30 AM - Dominoes (AR) ● 1:00 PM - Ice Cream on the Front Porch (FP) 2:00 PM - Candy Bingo ● 3:00 PM - Card Games (AR) ● 5:00 PM - Wheel of Forture (AR)
9:30 AM - Morning Stretch ● 9:45 AM - Worship Service (SR) ● 11:00 AM - Sunday Moring Hymns (AR) 2:00 PM - General Store (GS) ● 3:00 PM - Cornhole and Lemonade (FP) ● 5:00 PM - Bingo (AR)	9:30 AM - Wise & Well 10:00 AM - Gardening Club ● 1:30 PM - Manicure Monday (AR) 3:00 PM - Sing-Fit ● 5:30 PM - Book Club (L)	9:30 AM - Wise & Well 10:00 AM - Devotional Reading 10:30 AM - Hymns Sing-A-Long ● 2:00 PM - Birthday Social (SR) 3:00 PM - Bingo ● 5:30 PM - Music with Joel (SR)	9:30 AM - Morning Trivia 10:00 AM - LiveWell with Legacy (AR) ● 10:45 AM - Pizza Outing (O) ● 3:00 PM - Spelling Bee (AR) ● 5:30 PM - Get to Know Your Neighbor (SR)	9:30 AM - Wise & Well ● 10:00 AM - Choir (L) ● 10:30 AM - Bible Study ● 2:00 PM - Bingo (AR) ● 3:00 PM - Hockey (AR) ● 5:00 PM - Wheel of Fortune (AR)	9:30 AM - Morning Yoga ● 10:00 AM - Cooking Club (AR) ● 1:30 PM - Landmarks (AR) ● 2:30 PM - Sing Fit (SR) ● 3:30 PM - Deal or No Deal (AR)	9:30 AM - Morning Stretch ● 10:00 AM - Landmarks (AR) ● 10:30 AM - Roll the Dice (AR) 1:00 PM - Candy Bingo ● 2:00 PM - Jeopardy (AR)
9:30 AM - Morning Stretch ● 9:45 AM - Worship Service (SR) ● 11:00 AM - Sunday Moring Hymns (AR) ● 1:00 PM - Cornhole and Popcorn (FP) ● 2:00 PM - General Store (GS)	9:30 AM - Wise & Well 10:00 AM - Gardening Club ● 1:00 PM - Maxie B's Outing ● 3:30 PM - Sing-Fit (AR) ● 5:30 PM - Book Club (L)	9:30 AM - Wise & Well 10:00 AM - Devotional Reading 10:30 AM - Hymns Sing-A-Long 2:00 PM - Bingo ● 3:00 PM - Red Hat Society (AR) ● 5:00 PM - Pokeno (AR)	9:30 AM - Morning Trivia 10:00 AM - LiveWell with Legacy (AR) ● 10:30 AM - Piano Music with Pat (L) ● 2:00 PM - Password (AR) ● 3:00 PM - Karaoke (AR) ● 5:00 PM - Trunk and Treat (FP)	9:30 AM - Wise & Well ● 10:00 AM - Bell Choir (SR) ● 10:30 AM - Bible Study ● 1:00 PM - Resident Council (AR) ● 2:00 PM - Bingo (AR) ● 3:00 PM - Volleyball (AR) ● 5:00 PM - Wheel of Fortune (AR)	9:30 AM - Morning Yoga 10:00 AM - Music Trivia of the 70's (AR) ● 10:30 AM - Sing Fit (AR) ● 2:00 PM - Halloween Party (SR) ● 3:00 PM - Jewelry Making (AR)	Halloween 9:30 AM - Morning Stretch ● 10:00 AM - Cooking with Renee (AR) 1:00 PM - Candy Bingo ● 2:00 PM - Halloween Password (AR) ● 3:00 PM - "Spooky" Sundaes (AR)

October 2026

Spring Arbor of Greensboro
MEMORY CARE



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>Locations</u>	<u>Dimensions</u>			9:00 AM - ROYAL TREATMENT 9:00 AM - C2 Bell Choir 9:30 AM - C1 Dominoes 9:30 AM - C2 Basketball 10:00 AM - C1 & C2 Refresh 10:30 AM - C1 & C2 Garden Club 1:00 PM - C1 & C2 Relaxation Time 2:00 PM - C1 & C2 Speedball 3:00 PM - C1 & C2 Block Construction	9:00 AM - ROYAL TREATMENT 9:30 AM - C1 & C2 Noodle Ball 10:00 AM - C1 & C2 Refresh 10:30 AM - C1 & C2 Cottage Stories 11:00 AM - C1 & C2 You've Got Mail! 1:00 PM - C1 & C2 Relaxation Time 2:00 PM - C1 & C2 Memory Boost 3:00 PM - C1 & C2 Sing-Fit Music	9:00 AM - ROYAL TREATMENT 9:30 AM - C1 & C2 Table Ball 10:00 AM - C1 & C2 Color Your Day 10:30 AM - C1 & C2 Refresh & Snack Time 1:00 PM - C1 & C2 Relaxation Time 2:00 PM - C1 & C2 Cinema in Living Room 3:00 PM - C1 & C2 Oldies Music
9:00 AM - ROYAL TREATMENT 10:00 AM - C1 & C2 Sunday Morning Hymns 10:30 AM - C1 & C2 Refresh & Snack Time 1:00 PM - C1 & C2 Relaxation Time 2:00 PM - C1 & C2 Sitcom	9:00 AM - ROYAL TREATMENT 9:30 AM - C2 Tennis 9:30 AM - C1 Hula Hoop Fun 10:00 AM - C1 & C2 Refresh 10:30 AM - C2 Sewing Club 10:30 AM - C1 Color Your Canvas 12:30 PM - C1 & C2 Memory Boost 1:00 PM - C1 & C2 Relaxation Time 2:00 PM - C1 & C2 Piece by Piece 3:00 PM - C1 & C2 Sing-Fit Music	9:00 AM - ROYAL TREATMENT 9:30 AM - C2 Smoothie Making 9:30 AM - C1 Cornhole 10:00 AM - C1 Refresh 11:00 AM - C1 & C2 Baby Joy 1:00 PM - C1 & C2 Relaxation Time 2:00 PM - C1 & C2 Happy Hour Social 3:00 PM - C1 & C2 Dice Game 3:30 PM - C1 & C2 Garden Stroll	9:00 AM - ROYAL TREATMENT 9:30 AM - C1 & C2 Manicures 10:00 AM - C2 Refresh 10:30 AM - C2 Cornhole 10:30 AM - C1 Smoothie Making 11:00 AM - C1 Table Ball 12:30 PM - C1 & C2 Devotional Readings 1:00 PM - C1 & C2 Relaxation Time 2:00 PM - C1 & C2 Hockey 3:00 PM - C1 & C2 Ping Pong	9:00 AM - ROYAL TREATMENT 9:00 AM - C1 Bell Choir 9:30 AM - C1 Tennis 9:30 AM - C2 Hula Hoop Fun 10:00 AM - C1 & C2 Refresh 10:30 AM - C1 & C2 Garden Club 1:00 PM - C1 & C2 Relaxation Time 2:00 PM - C1 & C2 Soft and Sweet Creations 3:00 PM - C1 & C2 Parachute Fun	9:00 AM - ROYAL TREATMENT 9:30 AM - C1 & C2 Noodle Ball 10:00 AM - C1 & C2 Refresh 10:30 AM - C1 & C2 Cottage Stories 11:00 AM - C1 & C2 You've Got Mail! 1:00 PM - C1 & C2 Relaxation Time 2:00 PM - C1 & C2 Memory Boost 3:00 PM - C1 & C2 Sing-Fit Music	9:00 AM - ROYAL TREATMENT 9:30 AM - C1 & C2 Table Ball 10:00 AM - C1 & C2 Color Your Day 10:30 AM - C1 & C2 Refresh & Snack Time 1:00 PM - C1 & C2 Relaxation Time 2:00 PM - C1 & C2 Cinema in Living Room 3:00 PM - C1 & C2 Oldies Music
9:00 AM - ROYAL TREATMENT 10:00 AM - C1 & C2 Sunday Morning Hymns 10:30 AM - C1 & C2 Refresh & Snack Time 1:00 PM - C1 & C2 Relaxation Time 2:00 PM - C1 & C2 Sitcom	Columbus Day 9:00 AM - ROYAL TREATMENT 9:30 AM - C2 Bowling 9:30 AM - C1 Wise & Well 10:00 AM - C1 & C2 Refresh 10:30 AM - C2 Color Your Canvas 10:30 AM - C1 Magnetic Fun 12:30 PM - C1 & C2 Memory Boost 1:00 PM - C1 & C2 Relaxation Time 2:00 PM - C1 & C2 Scenic Bus Ride 2:30 PM - C1 & C2 Piece by Piece 3:00 PM - C1 & C2 Sing-Fit Music	9:00 AM - ROYAL TREATMENT 9:30 AM - C2 Smoothie Making 9:30 AM - C1 Bowling 10:00 AM - C1 Refresh 10:30 AM - C1 & C2 Art From the Heart 11:00 AM - C1 & C2 Baby Joy 1:00 PM - C1 & C2 Relaxation Time 2:00 PM - C1 & C2 Happy Hour Social 3:00 PM - C1 & C2 Card Making 3:30 PM - C1 & C2 Garden Stroll	9:00 AM - ROYAL TREATMENT 9:30 AM - C1 & C2 Manicures 10:00 AM - C1 & C2 Refresh 10:30 AM - C1 Cello with Llyod Eubanks 10:30 AM - C2 Cottage Baking 12:30 PM - C1 & C2 Devotional Readings 1:00 PM - C1 & C2 Relaxation Time 2:00 PM - C1 & C2 Let's Go Fishing! 3:00 PM - C1 & C2 Watercolor Wednesday	9:00 AM - ROYAL TREATMENT 9:00 AM - C2 Bell Choir 9:30 AM - C1 & C2 Soccer 10:00 AM - C1 & C2 Refresh 10:30 AM - C1 & C2 Garden Club 1:00 PM - C1 & C2 Relaxation Time 2:00 PM - C1 & C2 Picture Bingo 3:00 PM - C1 & C2 Cottage Care Support Group 3:00 PM - C1 & C2 Volleyball	9:00 AM - ROYAL TREATMENT 9:30 AM - C1 & C2 Noodle Ball 10:00 AM - C1 & C2 Refresh 10:30 AM - C1 & C2 Cottage Stories 11:00 AM - C1 & C2 You've Got Mail! 1:00 PM - C1 & C2 Relaxation Time 2:00 PM - C1 & C2 Memory Boost 3:00 PM - C1 & C2 Sing-Fit Music	9:00 AM - ROYAL TREATMENT 9:30 AM - C1 & C2 Table Ball 10:00 AM - C1 & C2 Color Your Day 10:30 AM - C1 & C2 Refresh & Snack Time 1:00 PM - C1 & C2 Relaxation Time 2:00 PM - C1 & C2 Cinema in Living Room 3:00 PM - C1 & C2 Oldies Music
9:00 AM - ROYAL TREATMENT 10:00 AM - C1 & C2 Sunday Morning Hymns 10:30 AM - C1 & C2 Refresh & Snack Time 1:00 PM - C1 & C2 Relaxation Time 2:00 PM - C1 & C2 Sitcom	9:00 AM - ROYAL TREATMENT 9:30 AM - C1 & C2 Wise & Well 10:00 AM - C1 & C2 Refresh 10:30 AM - C2 Dominoes 10:30 AM - C1 Sewing Club 12:30 PM - C1 & C2 Memory Boost 1:00 PM - C1 & C2 Relaxation Time 2:00 PM - C1 & C2 Piece by Piece 3:00 PM - C1 & C2 Sing-Fit Music	9:00 AM - ROYAL TREATMENT 9:30 AM - C2 Smoothie Making 9:30 AM - C1 Basketball 10:00 AM - C1 Refresh 10:30 AM - C1 & C2 Jewelry Making 11:00 AM - C1 & C2 Baby Joy 1:00 PM - C1 & C2 Relaxation Time 2:00 PM - C1 & C2 Birthday Bash 3:00 PM - C1 & C2 Dice Game 3:30 PM - C1 & C2 Collage Making	National Apple Day 9:00 AM - ROYAL TREATMENT 9:30 AM - C1 & C2 Apple Craft 10:00 AM - C1 & C2 Apple Juice Refresh 10:30 AM - C1 & C2 Let's Bake an Apple Dessert 12:30 PM - C1 & C2 Devotional Readings 1:00 PM - C1 & C2 Relaxation Time 2:15 PM - C1 & C2 Music with Nancy 3:00 PM - C1 & C2 Apple Bobbing	9:00 AM - ROYAL TREATMENT 9:00 AM - C1 Bell Choir 9:30 AM - C1 & C2 Manicures 10:00 AM - C1 & C2 Refresh 10:30 AM - C2 Basketball 10:30 AM - C1 Candy Corn Bowling 11:00 AM - C1 & C2 Garden Club 1:00 PM - C1 & C2 Relaxation Time 2:00 PM - C1 & C2 Cone Ball Pass 3:00 PM - C1 & C2 Marble Run	9:00 AM - ROYAL TREATMENT 9:30 AM - C1 & C2 Noodle Ball 10:00 AM - C1 & C2 Refresh 10:30 AM - C1 & C2 Cottage Stories 11:00 AM - C1 & C2 You've Got Mail! 1:00 PM - C1 & C2 Relaxation Time 2:00 PM - C1 & C2 Memory Boost 3:00 PM - C1 & C2 Sing-Fit Music	9:00 AM - ROYAL TREATMENT 9:30 AM - C1 & C2 Table Ball 10:00 AM - C1 & C2 Color Your Day 10:30 AM - C1 & C2 Refresh & Snack Time 1:00 PM - C1 & C2 Relaxation Time 2:00 PM - C1 & C2 Cinema in Living Room 3:00 PM - C1 & C2 Oldies Music
9:00 AM - ROYAL TREATMENT 10:00 AM - C1 & C2 Sunday Morning Hymns 10:30 AM - C1 & C2 Refresh & Snack Time 1:00 PM - C1 & C2 Relaxation Time 2:00 PM - C1 & C2 Sitcom	9:00 AM - ROYAL TREATMENT 9:30 AM - C1 Candy Corn Cornhole 9:30 AM - C2 Spider Ring Toss 10:00 AM - C1 & C2 Refresh 10:30 AM - C1 & C2 Color Your Day 12:30 PM - C1 & C2 Memory Boost 1:00 PM - C1 & C2 Relaxation Time 2:00 PM - C1 & C2 Piece by Piece 3:00 PM - C1 & C2 Sing-Fit Music	9:00 AM - ROYAL TREATMENT 9:30 AM - C2 Smoothie Making 9:30 AM - C1 Candy Corn Ring Toss 10:00 AM - C1 Refresh 10:30 AM - C1 Cottage Baking 10:30 AM - C2 Cello with Llyod Eubanks 11:30 AM - C1 & C2 Bistro Outing 1:00 PM - C1 & C2 Relaxation Time 2:00 PM - C1 & C2 Happy Hour Social 3:00 PM - C1 & C2 Halloween Bingo	9:00 AM - ROYAL TREATMENT 9:30 AM - C1 & C2 Manicures 10:00 AM - C1 Refresh 10:30 AM - C2 Candy Corn Ring Toss 10:30 AM - C1 Halloween Craft 12:30 PM - C1 & C2 Devotional Readings 1:00 PM - C1 & C2 Relaxation Time 2:00 PM - C1 & C2 Halloween Cookie Decorating 5:00 PM - C1 & C2 Trunk and Treat	9:00 AM - ROYAL TREATMENT 9:00 AM - C2 Bell Choir 9:30 AM - C2 Candy Corn Cornhole 9:30 AM - C1 Spider Ring Toss 10:00 AM - C1 & C2 Refresh 10:30 AM - C1 & C2 Garden Club 1:00 PM - C1 & C2 Relaxation Time 2:00 PM - C1 & C2 Halloween Mini Golf 3:00 PM - C1 & C2 Halloween Fun!	9:00 AM - ROYAL TREATMENT 9:30 AM - C1 & C2 Noodle Ball 10:00 AM - C1 & C2 Refresh 10:30 AM - C1 & C2 Cottage Stories 11:00 AM - C1 & C2 You've Got Mail! 1:00 PM - C1 & C2 Relaxation Time 2:00 PM - C1 & C2 Halloween Craft 3:00 PM - C1 & C2 Sing-Fit Music	Halloween 9:00 AM - ROYAL TREATMENT 9:30 AM - C1 & C2 Table Ball 10:00 AM - C1 & C2 Color Your Day 10:30 AM - C1 & C2 Refresh & Snack Time 1:00 PM - C1 & C2 Relaxation Time 2:00 PM - C1 & C2 Cinema in Living Room 3:00 PM - C1 & C2 Oldies Music

* Activities are subject to change