

October 2026

Spring Arbor of Frankfort
ASSISTED LIVING



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>Locations</u> Activity Area (AA) Upstairs Sitting Area (USA) Out of Facility (OOF) Outside (O) In Facility (IF) Dining Room (DR) Therapy Gym (TG)	<u>Dimensions</u>			10:00 AM - Cognitive Puzzles w/Friends (AA) 01 10:30 AM - Devotions w/Dan (USA) 11:00 AM - Lunch Bunch Tammy's Dinner (OOF) 11:00 AM - Gardening w/Friends (O) 1:30 PM - Hand & Foot Game w/Friends (AA) 2:30 PM - Pumpkin Crafts (AA) 6:00 PM - Cards with Friends (AA)	7:00 AM - Happy Birthday Jonelle! (IF) 02 10:00 AM - Scrabble Game with Friends (AA) 10:30 AM - Devotions with Carol & David (USA) 11:00 AM - Walk w/Friends (IF) 1:00 PM - Manicures 2:00 PM - Bingo 6:00 PM - Games & Cards w/Friends (AA)	10:00 AM - Word Searches w/Friends (AA) 03 10:30 AM - Devotions & Gospel Music (USA) 11:00 AM - Walk w/Friends (IF) 1:00 PM - Name that Tune! (AA) 3:00 PM - Movie w/Popcorn - Resident Choice 6:00 PM - Cards with Friends (AA)
10:00 AM - Cognitive Puzzles w/Friends (AA) 04 10:30 AM - Devotions & Gospel (USA) 11:00 AM - Walk w/Friends (IF) 1:00 PM - Board Games w/ Friends (AA) 3:00 PM - Hand and Foot Game (AA) 6:00 PM - Cards with Friends (AA)	7:00 AM - Happy Birthday Brenda! (IF) 05 10:00 AM - World Puzzles Social w/Coffee (AA) 10:30 AM - Devotions with Gene Metts (USA) 11:00 AM - Walk w/Friends (USA) 11:30 AM - Magic Quilt Activity (AA) 1:00 PM - Manicure Mondays (AA) 2:00 PM - Bingo (AA) 6:00 PM - Cards w/Friends (USA)	7:00 AM - Happy Birthday Jean! (IF) 06 10:00 AM - Scrabble Game with Friends (AA) 10:30 AM - Devotions & Gospel w/ Carla Phillips (AA) 11:00 AM - Sit & Be Fit with Therapy (USA) 11:00 AM - Lunch Bunch Sage Cafe' (OOF) 2:00 PM - Jean's 100th Birthday (AA) 4:00 PM - Hand and Foot Game (AA) 6:00 PM - Cards with Friends (AA)	10:00 AM - Word Puzzles w/Friends (AA) 07 10:30 AM - Devotions with Jack Brewer (USA) 11:00 AM - Walk w/Friends 11:00 AM - Balloon Fun with Cathie (AA) 1:00 PM - Fun with Meighan (AA) 2:00 PM - Fall Painting Class (AA) 3:30 PM - Wine Wednesday (AA) 6:00 PM - Cards w/Friends	10:00 AM - Cognitive Puzzles w/Friends (AA) 08 10:30 AM - Devotions w/Norman (USA) 11:00 AM - Dollar Tree (OOF) 11:00 AM - Gardening w/Friends (O) 1:30 PM - Hand & Foot Game w/Friends (AA) 2:00 PM - VFW Bingo (AA) 6:00 PM - Cards with Friends (AA)	10:00 AM - Scrabble Game with Friends (AA) 09 10:30 AM - Devotions with Carol & David (USA) 11:00 AM - Walk w/Friends (IF) 1:00 PM - Manicures 2:00 PM - Bingo 6:00 PM - Games & Cards w/Friends (AA) 6:00 PM - Witches Night out in Downtown Frankfort (OOF)	10:00 AM - Word Searches w/Friends (AA) 10 10:30 AM - Devotions & Gospel Music (USA) 11:00 AM - Halloween Decorating Party (IF) 11:00 AM - Walk w/Friends (IF) 3:00 PM - Movie w/Popcorn - Resident Choice 6:00 PM - Cards with Friends (AA)
10:00 AM - Cognitive Puzzles w/Friends (AA) 11 10:30 AM - Devotions & Gospel (USA) 11:00 AM - Walk w/Friends (IF) 1:00 PM - Board Games w/ Friends (AA) 1:00 PM - Music Trivia (AA) 3:00 PM - Hand and Foot Game (AA) 6:00 PM - Cards with Friends (AA)	Columbus Day 12 10:00 AM - World Puzzles Social w/Coffee (AA) 10:30 AM - Devotions with Doug Kilby & Gene Metts (USA) 11:00 AM - Walk w/Friends (USA) 1:00 PM - Manicure Mondays (AA) 2:00 PM - Bingo (AA) 6:00 PM - Cards w/Friends (USA) 6:00 PM - Cards with Friends (AA)	7:00 AM - Happy Birthday Mary! (IF) 13 10:00 AM - Scrabble Game with Friends (AA) 11:00 AM - Sit & Be Fit with Therapy (USA) 11:00 AM - Aldi's (OOF) 2:00 PM - Candy Poker w/ all staff (AA) 3:30 PM - Pumpkin decorating Contest begins! (AA) 6:00 PM - Cards with Friends (AA)	10:00 AM - Word Puzzles w/Friends (AA) 14 10:30 AM - Devotions with Jack Brewer (USA) 11:00 AM - Walk w/Friends 11:00 AM - Balloon Fun with Cathie (AA) 1:00 PM - Fun with Meighan (AA) 2:00 PM - Bingo (AA) 3:30 PM - Wine Wednesday (AA) 6:00 PM - Cards w/Friends	10:00 AM - Cognitive Puzzles w/Friends (AA) 15 10:30 AM - Devotions w/Wes (USA) 11:00 AM - Gardening w/Friends (O) 1:30 PM - Hand & Foot Game w/Friends (AA) 2:00 PM - Stewart Homeschool Choir (DR) 6:00 PM - Cards with Friends (AA)	10:00 AM - Scrabble Game with Friends (AA) 16 10:30 AM - Devotions with Carol & David (USA) 11:00 AM - Walk w/Friends (IF) 2:00 PM - Bingo 3:00 PM - Elvis Endre Samu (DR) 6:00 PM - Games & Cards w/Friends (AA)	10:00 AM - Word Searches w/Friends (AA) 17 10:30 AM - Devotions & Gospel Music (USA) 11:00 AM - Walk w/Friends (IF) 3:00 PM - Movie w/Popcorn - Resident Choice 6:00 PM - Cards with Friends (AA)
10:00 AM - Cognitive Puzzles w/Friends (AA) 18 10:30 AM - Devotions & Gospel (USA) 11:00 AM - Walk w/Friends (IF) 1:00 PM - Board Games w/ Friends (AA) 3:00 PM - Hand and Foot Game (AA) 6:00 PM - Cards with Friends (AA)	10:00 AM - World Puzzles Social w/Coffee (AA) 19 10:30 AM - Devotions with Ron (USA) 11:00 AM - Walk w/Friends (USA) 1:00 PM - Manicure Mondays (AA) 2:00 PM - Bingo (AA) 6:00 PM - Cards w/Friends (USA) 6:00 PM - Cards with Friends (AA)	7:00 AM - Happy Birthday Doris! (IF) 20 10:00 AM - Scrabble Game with Friends (AA) 11:00 AM - Sit & Be Fit with Therapy (USA) 11:00 AM - Walmart (OOF) 2:00 PM - Making No bake Halloween Cookies (AA) 3:00 PM - October Birthday Party (AA) 4:00 PM - Wheel of Fortune (AA) 6:00 PM - Cards with Friends (AA)	10:00 AM - Word Puzzles w/Friends (AA) 21 10:30 AM - Devotions with Jack Brewer (USA) 11:00 AM - Walk w/Friends 11:00 AM - Balloon Fun with Cathie (AA) 1:00 PM - Fun with Meighan (AA) 2:00 PM - Bingo (AA) 3:30 PM - Wine Wednesday (AA) 6:00 PM - Cards w/Friends	10:00 AM - Cognitive Puzzles w/Friends (AA) 22 10:30 AM - Devotions w/Wes (USA) 11:00 AM - Lunch Bunch Cypress & Oak (OOF) 11:00 AM - Gardening w/Friends (O) 1:30 PM - Hand & Foot Game w/Friends (AA) 6:00 PM - Cards with Friends (AA) 6:00 PM - Murder Mystery Night at the Kentucky Hug (OOF)	10:00 AM - Scrabble Game with Friends (AA) 23 10:30 AM - Devotions with Carol & David (USA) 11:00 AM - Walk w/Friends (IF) 1:00 PM - Manicures 2:00 PM - Bingo 4:00 PM - Trunk or Treat Community Event (O) 5:30 PM - Halloween Costume Contest (DR) 6:00 PM - Games & Cards w/Friends (AA)	10:00 AM - Word Searches w/Friends (AA) 24 10:30 AM - Devotions & Gospel Music (USA) 11:00 AM - Walk w/Friends (IF) 3:00 PM - Movie w/Popcorn - Resident Choice 6:00 PM - Cards with Friends (AA)
10:00 AM - Cognitive Puzzles w/Friends (AA) 25 10:30 AM - Devotions & Gospel (USA) 11:00 AM - Walk w/Friends (IF) 1:00 PM - Board Games w/ Friends (AA) 3:00 PM - Hand and Foot Game (AA) 6:00 PM - Cards with Friends (AA)	10:00 AM - World Puzzles Social w/Coffee (AA) 26 10:30 AM - Devotions with Ron (USA) 11:00 AM - Walk w/Friends (USA) 1:00 PM - Manicure Mondays (AA) 2:00 PM - Bingo (AA) 6:00 PM - Cards w/Friends (USA)	10:00 AM - Scrabble Game with Friends (AA) 27 11:00 AM - Sit & Be Fit with Therapy (USA) 11:00 AM - Emily Luttrell from Public Library (IF) 11:00 AM - Bingo Store (AA) 2:30 PM - Resident Council Meeting (TG) 6:00 PM - Cards with Friends (AA)	10:00 AM - Word Puzzles w/Friends (AA) 28 10:30 AM - Devotions with Jack Brewer (USA) 11:00 AM - Walk w/Friends 11:00 AM - Balloon Fun with Cathie (AA) 1:00 PM - Fun with Meighan (AA) 2:00 PM - Bingo (AA) 3:30 PM - Wine Wednesday (AA) 6:00 PM - Cards w/Friends	10:00 AM - Cognitive Puzzles w/Friends (AA) 29 10:30 AM - Devotions w/Wes (USA) 11:00 AM - Lunch Bunch Limewater (OOF) 11:00 AM - Gardening w/Friends (O) 1:30 PM - Hand & Foot Game w/Friends (AA) 6:00 PM - Cards with Friends (AA)	10:00 AM - Scrabble Game with Friends (AA) 30 10:30 AM - Devotions with Carol & David (USA) 11:00 AM - Walk w/Friends (IF) 1:00 PM - Manicures 2:00 PM - Bingo 2:00 PM - Pumpkin decorating Contest winners announced (AA) 6:00 PM - Games & Cards w/Friends (AA)	Halloween 31 10:00 AM - Word Searches w/Friends (AA) 10:30 AM - Devotions & Gospel Music (USA) 11:00 AM - Walk w/Friends (IF) 4:00 PM - Costume Contest (DR) 6:00 PM - Cards with Friends (AA)

* Activities are subject to change

October 2026

Spring Arbor of Frankfort
MEMORY CARE



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Locations</u> Activity Area (AA)	<u>Dimensions</u>			9:00 AM - Devotions/Songs 01 10:00 AM - Arts/Crafts 11:00 AM - Dicebreakers 1:00 PM - Beach Volleyball 2:30 PM - Pumpkin Crafts (AA) 4:00 PM - Memory Trivia 6:00 PM - Movie/popcorn	9:00 AM - Devotions/Songs 02 10:00 AM - Cardio Drumming 11:00 AM - Manicures 1:00 PM - Bingo 3:00 PM - Name that Tune 6:00 PM - News
9:00 AM - Devotions/Songs 04 10:00 AM - Scripture Trivia 11:00 AM - Finish the phrase 1:00 PM - Cornhole 2:00 PM - Cognitive Puzzles 4:00 PM - Old Shows 6:00 PM - Hangman Game (TV)	9:00 AM - Devotions/Songs 05 10:00 AM - Cardio Drumming 11:00 AM - Manicures/Grooming 1:00 PM - Bingo 3:00 PM - Beach Volleyball 6:00 PM - Movie/Snack	9:00 AM - Devotions/Songs 06 10:00 AM - Tie Dye Craft 11:00 AM - Would you Rather 1:00 PM - Finish Tie Dye Craft 3:00 PM - Song Quiz 5:30 PM - Movie Popcorn	9:00 AM - Devotions/Songs 07 10:00 AM - Zumba 11:00 AM - Yahtzee 1:00 PM - Beach Volleyball 3:00 PM - cognitive puzzles 6:00 PM - News	9:00 AM - Devotions/Songs 08 10:00 AM - Arts/Crafts 11:00 AM - Finish the Phrase 1:00 PM - Song Quiz 2:00 PM - Uno 4:00 PM - Cornhole 6:00 PM - Movie/Popcorn	9:00 AM - Devotions/Songs 09 10:00 AM - Cardio Drumming 11:00 AM - Manicures 1:00 PM - Memory Trivia 3:00 PM - Snack Activity 6:00 PM - Bowling
9:00 AM - Devotions/Songs 11	Columbus Day 12 9:00 AM - Devotions/Songs 10:00 AM - Cardio Drumming 11:00 AM - Manicures/Grooming 1:00 PM - Bingo	9:00 AM - Devotions/Songs 13 10:00 AM - Arts & Crafts	9:00 AM - Devotions/Songs 14 10:00 AM - Zumba	9:00 AM - Devotions/Songs 15 10:00 AM - Arts/Crafts	9:00 AM - Devotions/Songs 16 10:00 AM - Cardio Drumming 11:00 AM - Manicures
9:00 AM - Devotions/Songs 18	9:00 AM - Devotions/Songs 19 10:00 AM - Cardio Drumming 11:00 AM - Manicures/Grooming 1:00 PM - Bingo	9:00 AM - Devotions/Songs 20 10:00 AM - Arts & Crafts	9:00 AM - Devotions/Songs 21 10:00 AM - Zumba	9:00 AM - Devotions/Songs 22 10:00 AM - Arts/Crafts	9:00 AM - Devotions/Songs 23 10:00 AM - Cardio Drumming 11:00 AM - Manicures
9:00 AM - Devotions/Songs 25	9:00 AM - Devotions/Songs 26 10:00 AM - Cardio Drumming 11:00 AM - Manicures/Grooming 1:00 PM - Bingo	9:00 AM - Devotions/Songs 27 10:00 AM - Arts & Crafts	9:00 AM - Devotions/Songs 28 10:00 AM - Zumba	9:00 AM - Devotions/Songs 29 10:00 AM - Arts/Crafts	9:00 AM - Devotions/Songs 30 10:00 AM - Cardio Drumming 11:00 AM - Manicures