

October 2026

Spring Arbor of Crossville
MEMORY CARE



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>Locations</u>	<u>Dimensions</u>			9:45 AM - Morning Snack & Devotion 10:00 AM - Catholic Communion 10:15 AM - Walk the Block 10:30 AM - Mennonite Choir 1:30 PM - Daily Chronicle 2:00 PM - Country Drive 3:00 PM - Sweet Tea on the Patio	9:45 AM - Morning Snack & Devotion 10:00 AM - Flex & Stretch w/ Therapy 10:30 AM - Left, Right, Center 12:00 PM - Piano Music with Will 1:30 PM - Daily Chronicle 2:00 PM - Bingo 6:00 PM - Movie Night	9:45 AM - Morning Snack & Devotion 10:00 AM - Exercise 10:30 AM - Crochet Club 1:30 PM - Daily Chronicle 2:00 PM - Bingo 4:00 PM - Music in the Dining Room
9:45 AM - Morning Snack & Devotion 10:30 AM - Devotion with Craig 2:30 PM - Daily Chronicle 4:00 PM - Music in the Dining Room	9:45 AM - Morning Snack & Devotion 10:00 AM - Reading with Wayne 10:30 AM - Chair Yoga with Therapy 1:30 PM - Daily Chronicle 2:00 PM - Monday Manicures 3:00 PM - Friends Chat 6:00 PM - Magazine Monday	9:45 AM - Morning Snack & Devotion 10:00 AM - Sit & Stretch 10:30 AM - The Plateau Pluckers 1:30 PM - Daily Chronicle 2:00 PM - Country Drive 3:00 PM - Puzzles with Friends	9:45 AM - Morning Snack & Devotion 10:00 AM - Exercise 11:00 AM - Concert at the Library 1:30 PM - Daily Chronicle 2:00 PM - Tea Party with Laverne 6:00 PM - Evening News	9:45 AM - Morning Snack & Devotion 10:00 AM - Catholic Communion 10:30 AM - John George and Friends 1:30 PM - Daily Chronicle 2:00 PM - Early Voting with the Election Commission 3:00 PM - Sweet Tea on the Patio	9:45 AM - Morning Snack & Devotion 10:00 AM - Flex & Stretch w/ Therapy 10:30 AM - Left, Right, Center 1:30 PM - Daily Chronicle 2:00 PM - Bingo 6:00 PM - Movie Night	9:45 AM - Morning Snack & Devotion 10:30 AM - Walk the Block 2:30 PM - Daily Chronicle 4:00 PM - Music in the Dining Room
9:45 AM - Morning Snack & Devotion 10:30 AM - Devotion with Craig 2:30 PM - Daily Chronicle 4:00 PM - Music in the Dining Room	Columbus Day 9:45 AM - Morning Snack & Devotion 10:00 AM - Reading with Wayne 10:30 AM - Chair Yoga with Therapy 1:30 PM - Daily Chronicle 2:00 PM - Monday Manicures 3:00 PM - Friends Chat 6:00 PM - Magazine Monday	9:45 AM - Morning Snack & Devotion 10:00 AM - Sit & Stretch 10:30 AM - Richard Allen Music 1:30 PM - Daily Chronicle 2:00 PM - Entertainment with Erin and Will 3:00 PM - Popsicles and Chill	9:45 AM - Morning Snack & Devotion 10:00 AM - Exercise 10:30 AM - Finish the Phrase 11:00 AM - Cornerstone Devotion and Singing 1:30 PM - Daily Chronicle 2:00 PM - Movie and Popcorn 6:00 PM - Evening News	9:45 AM - Morning Snack & Devotion 10:00 AM - Catholic Communion 10:30 AM - Music with Charlie 1:30 PM - Daily Chronicle 2:00 PM - Resident Monthly Birthday Party 3:00 PM - Church of God Singing	9:45 AM - Morning Snack & Devotion 10:00 AM - Flex & Stretch w/ Therapy 10:30 AM - Entertainment with David 12:00 PM - Piano Music with Will 1:30 PM - Daily Chronicle 2:00 PM - Bingo 6:00 PM - Movie Night	9:45 AM - Morning Snack & Devotion 10:00 AM - Walk the block with Friends 2:00 PM - Puzzles 2:30 PM - Daily Chronicle 4:00 PM - Music in the Dining Room
9:45 AM - Morning Snack & Devotion 10:30 AM - Devotion with Craig 2:30 PM - Daily Chronicle 4:00 PM - Music in the Dining Room	9:45 AM - Morning Snack & Devotion 10:00 AM - Reading with Wayne 10:30 AM - Chair Yoga with Therapy 1:30 PM - Daily Chronicle 2:00 PM - Monday Manicures 3:00 PM - Friends Chat 6:00 PM - Magazine Monday	9:45 AM - Morning Snack & Devotion 10:00 AM - Sit & Stretch 10:30 AM - Word Scramble 1:30 PM - Daily Chronicle 2:00 PM - Activities with Maddie 3:00 PM - Orange Creamsicle Floats	9:45 AM - Morning Snack & Devotion 10:00 AM - Exercise 11:00 AM - Library Concert 1:30 PM - Daily Chronicle 2:30 PM - Halloween Craft 6:00 PM - Evening News	9:45 AM - Morning Snack & Devotion 10:00 AM - Catholic Communion 1:30 PM - Daily Chronicle 2:00 PM - Jan and Gordon Music 3:00 PM - Sweet Tea on the Patio 6:30 PM - Pumpkin Pathways	9:45 AM - Morning Snack & Devotion 10:00 AM - Flex & Stretch w/ Therapy 10:30 AM - Resident Council 1:30 PM - Daily Chronicle 2:00 PM - Bingo 6:00 PM - Movie Night	9:45 AM - Morning Snack & Devotion 10:30 AM - Walk the Block 2:30 PM - Daily Chronicle 4:00 PM - Music in the Dining Room
9:45 AM - Morning Snack & Devotion 10:30 AM - Devotion with Craig 2:30 PM - Daily Chronicle 4:00 PM - Music in the Dining Room	9:45 AM - Morning Snack & Devotion 10:00 AM - Reading with Wayne 10:30 AM - Chair Yoga with Therapy 1:30 PM - Daily Chronicle 2:00 PM - Monday Manicures 3:00 PM - Friends Chat 6:00 PM - Magazine Monday	9:45 AM - Morning Snack & Devotion 10:00 AM - Sit & Stretch 10:45 AM - Lunch Outing 1:30 PM - Daily Chronicle 2:00 PM - Friend Fued 3:00 PM - Pet Therapy with Sebastien	9:45 AM - Morning Snack & Devotion 10:00 AM - Exercise 10:30 AM - Halloween Trivia 11:00 AM - Cornerstone Devotion and Singing 1:30 PM - Daily Chronicle 2:00 PM - His Call Gospel Singing 6:00 PM - Evening News	9:45 AM - Morning Snack & Devotion 10:00 AM - Catholic Communion 10:15 AM - Balloon Volleyball 1:30 PM - Daily Chronicle 2:00 PM - Bingo 3:00 PM - Sweet Tea and Chat with Friends	9:30 AM - Crab Orchard Elementary Kindergarten Trick or Treat 10:15 AM - Morning Snack & Devotion 10:30 AM - Flex & Stretch w/ Therapy 1:30 PM - Daily Chronicle 2:00 PM - Halloween Party 6:00 PM - Movie Night	Halloween 9:45 AM - Morning Snack & Devotion 10:00 AM - Exercise 10:30 AM - Crochet Club 1:30 PM - Daily Chronicle 2:00 PM - Bingo 4:00 PM - Music in the Dining Room