

October 2026

Spring Arbor Clover Hill
ASSISTED LIVING



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>Locations</u> Exercise Room (ER) Activity Room (AR) Dining Room (DR)	<u>Dimensions</u>			9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:30 AM - Jeopardy 2:00 PM - Musical Entertainment: Singing with Rodger 3:00 PM - Afternoon Snack 4:00 PM - Chair Exercise (ER)	9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 2:00 PM - Maryville High School 3:00 PM - Afternoon Snack 4:00 PM - Chair Exercise (ER) 10:30 PM - Corn Hole	9:30 AM - Pet Therapy 10:00 AM - Morning Snack and Devotion 10:30 AM - Games 2:00 PM - Puzzles (AR) 3:00 PM - Afternoon Snack 4:00 PM - Walking Club
10:00 AM - Morning Snack and Devotion 10:30 AM - Color and Relax (AR) 2:00 PM - Sunday Church Service (DR) 3:00 PM - Afternoon Snack 4:00 PM - Walking Club	Manicure Monday 9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:30 AM - Lunch Out: Cheddars 2:00 PM - Clover Hill Chorus 3:00 PM - Afternoon Snack 4:00 PM - Chair Exercise (ER)	9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:30 AM - Church Service - Floyd Oliver 2:00 PM - Musical Entertainment: Singing with Jimmy 3:00 PM - Afternoon Snack 4:00 PM - Chair Exercise (ER)	9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:00 AM - Maple Lane: Bus 1 2:00 PM - Maple Lane: Bus 2 3:00 PM - Afternoon Snack 4:00 PM - Chair Exercise (ER) 6:00 PM - River Oaks	9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:30 AM - BINGO 2:00 PM - Grace Community Church Visit 2:45 PM - Monthly Birthday Party 4:00 PM - Chair Exercise (ER)	9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:30 AM - Lunch Out: Cheddars 2:00 PM - Maryville High School 3:00 PM - Afternoon Snack 4:00 PM - Chair Exercise (ER)	10:00 AM - Morning Snack and Devotion 10:30 AM - Games 2:00 PM - Puzzles (AR) 3:00 PM - Afternoon Snack 4:00 PM - Walking Club
10:00 AM - Morning Snack and Devotion 10:30 AM - Color and Relax (AR) 2:00 PM - Sunday Church Service (DR) 3:00 PM - Afternoon Snack 4:00 PM - Walking Club	Manicure Monday 9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:30 AM - Craft: Pumpkin Painting 2:00 PM - Movie Monday 3:00 PM - Afternoon Snack 4:00 PM - Chair Exercise (ER)	9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:30 AM - Church Service - Floyd Oliver 2:00 PM - Musical Entertainment: Singing with Jessy 3:00 PM - Afternoon Snack 4:00 PM - Chair Exercise (ER)	9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:30 AM - Bowling 2:00 PM - Craft: Pumpkin Painting 3:00 PM - Afternoon Snack 3:30 PM - Pet Therapy	9:00 AM - Foot Clinic 9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:30 AM - Small Groups 2:00 PM - Resident Voices 3:00 PM - Afternoon Snack 4:00 PM - Chair Exercise (ER)	9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 2:00 PM - Maryville High School 3:00 PM - Afternoon Snack 4:00 PM - Chair Exercise (ER)	10:00 AM - Morning Snack and Devotion 10:30 AM - Games 2:00 PM - Puzzles (AR) 3:00 PM - Afternoon Snack 4:00 PM - Walking Club
10:00 AM - Morning Snack and Devotion 10:30 AM - Color and Relax (AR) 2:00 PM - Sunday Church Service (DR) 3:00 PM - Afternoon Snack 4:00 PM - Walking Club	Manicure Monday 9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:00 AM - Stepping Stones & Lunch Out to Shoney's 2:00 PM - Clover Hill Chorus 3:00 PM - Afternoon Snack 3:00 PM - Beltone Hearing Checks 4:00 PM - Chair Exercise (ER)	9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:30 AM - Church Service - Floyd Oliver 1:30 PM - Voting 2:00 PM - Games 3:00 PM - Afternoon Snack 4:00 PM - Chair Exercise (ER)	9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:30 AM - Lunch Out: Shoney's 2:00 PM - Volleyball 3:00 PM - Afternoon Snack 4:00 PM - Chair Exercise (ER)	9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:30 AM - BINGO 2:00 PM - Trivia 3:00 PM - Afternoon Snack 4:00 PM - Chair Exercise (ER)	9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:30 AM - WACK-WACK 2:00 PM - Maryville High School 3:00 PM - Afternoon Snack 4:00 PM - Girl Scouts: Trick or Treat	10:00 AM - Morning Snack and Devotion 10:30 AM - Games 2:00 PM - Puzzles (AR) 3:00 PM - Afternoon Snack 4:00 PM - Walking Club
10:00 AM - Morning Snack and Devotion 10:30 AM - Color and Relax (AR) 2:00 PM - Sunday Church Service (DR) 3:00 PM - Afternoon Snack 4:00 PM - Walking Club	Manicure Monday 9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:30 AM - Card Club 1:30 PM - Spa Day 3:00 PM - Afternoon Snack 4:00 PM - Chair Exercise (ER)	9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:30 AM - Church Service - Floyd Oliver 2:00 PM - Traveling Tuesday 3:00 PM - Afternoon Snack 4:00 PM - Chair Exercise (ER)	9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:30 AM - BUNCO 2:00 PM - Volleyball 3:00 PM - Afternoon Snack 3:30 PM - Pet Therapy	9:30 AM - The Morning Stretch 9:30 AM - Scenic Drive: Foothills Parkway 10:00 AM - Morning Snack and Devotion 2:00 PM - Pong 3:00 PM - Afternoon Snack 4:00 PM - Chair Exercise (ER)	9:30 AM - The Morning Stretch 9:30 AM - Scenic Drive: Foothills Parkway 10:00 AM - Morning Snack and Devotion 2:00 PM - Maryville High School 3:00 PM - Afternoon Snack 4:00 PM - Chair Exercise (ER)	10:00 AM - Morning Snack and Devotion 10:30 AM - Games 2:00 PM - Puzzles (AR) 3:00 PM - Afternoon Snack 4:00 PM - Walking Club

* Activities are subject to change