November 2026

Alto Wheaton Senior Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **AD** Day Light Savings Time **11:00** Trivia with Jeanne (AR) **11:30** Chair Volleyball (AR) **2:00** Ice Cream Social (B) **2:00** Sunday Bingo with Caroline (AR) **2:30** Afternoon Documentary (T) **3:00** Gin Rummy Card Club (AR) **6:00** Movie Night (T)	**2** **10:30** Morning Reflections (AR) **11:00** Trivia Questions (AR) **11:30** Exercise with Legacy (AR) **1:00** Quiddler (AR) **1:30** Guided Meditation (T) **2:30** DuPage Historical Presents: The 250th Anniversary of the United States (AR) **3:30** Jeopardy Watch Party (T) **6:00** Movie Night (T)	**3** **10:30** Morning Reflections (AR) **11:00** Walgreens Shopping Outing (O) **11:00** White Board Puzzles (AR) **11:30** Seated Exercise- Weights (AR) **1:00** Rumikub Game (B) **2:15** Manicures with Lifestyle (AR) **3:30** Jeopardy Watch Party (T) **6:00** After Dinner Poker Club (AR) **6:00** Movie Night (T)	**4** **9:30** Walking Club (FL) **10:30** Morning Reflections (AR) **11:00** Video Trivia (AR) **11:30** Seated Exercise- Weights (AR) **1:00** Book Club Meeting (T) **2:30** Bingo Bonanza! (AR) **3:30** Jeopardy Watch Party (T) **EV** The Chef's Table - Dinner Experience (DR) **6:00** Movie Night (T)	**5** **10:00** Good News & Views (AR) **10:30** Morning Reflections (AR) **11:00** Trivia Questions (AR) **11:30** Seated Exercise - Bands (AR) **1:00** “Fill in the Blank” Game (AR) **2:30** Live! Noreen and Michael (AR) **3:30** Jeopardy Watch Party (T) **6:00** Movie Night (T)	**6** **10:30** Morning Reflections (AR) **11:00** White Board Puzzles (AR) **11:30** Seated Exercise -Weights (AR) **1:00** Rumikub (B) **2:00** Happy Hour! (AR) **3:30** Jeopardy Watch Party (T) **6:00** Movie Night (T)	**7** **10:30** Morning Reflections (AR) **11:00** Trivia Questions (AR) **11:30** Seated Exercise - Bands (AR) **1:00** Let's Play Games! 1-4pm (AR) **2:30** TV Series: A Man on the Inside (Ep. 6 &7 Netflix) (T) **6:00** Movie Night (T)
8 **11:00** Trivia with Jeanne (AR) **11:30** Chair Volleyball (AR) **2:00** Ice Cream Social (B) **2:00** Sunday Bingo with Isa (AR) **2:30** Afternoon Documentary (T) **3:00** Gin Rummy Card Club (AR) **6:00** Movie Night (T)	**9** **10:30** Morning Reflections (AR) **11:00** Trivia Questions (AR) **11:30** Exercise with Legacy (AR) **1:00** Quiddler (AR) **1:30** Guided Meditation (T) **2:30** Virtual Concert (AR) **3:30** Jeopardy Watch Party (T) **6:00** Movie Night (T)	**10** **10:30** Morning Reflections (AR) **11:00** Dollar Tree Outing (O) **11:00** White Board Puzzles (AR) **11:30** Seated Exercise- Weights (AR) **1:00** Rumikub Game (B) **2:30** Root Beer Float Social (AR) **3:30** Jeopardy Watch Party (T) **6:00** After Dinner Poker Club (AR) **6:00** Movie Night (T)	**11** **AD** Veteran's Day **7:00** First Responder's Pancake Breakfast (DR) **10:30** Morning Reflections (AR) **11:00** Video Trivia (AR) **11:30** Seated Exercise- Weights (AR) **1:00** Book Club Meeting (T) **2:30** Veteran's Day Pinning Ceremony (AR) **3:30** Jeopardy Watch Party (T) **6:00** Movie Night (T)	**12** **10:00** Good News & Views (AR) **10:30** Morning Reflections (AR) **11:00** Trivia Questions (AR) **11:30** Sit & Tone with David (AR) **1:00** “Fill in the Blank” Game (AR) **1:30** Rosary Group (T) **2:30** Ed Collins Live Piano (AR) **3:30** Jeopardy Watch Party (T) **6:00** Movie Night (T)	**13** **10:30** Morning Reflections (AR) **11:00** White Board Puzzles (AR) **11:30** Seated Exercise- Weights (AR) **1:00** Rumikub (B) **1:30** Communion w. Rev. Joanne (T) **2:00** Happy Hour! (AR) **3:30** Jeopardy Watch Party (T) **6:00** Movie Night (T)	**14** **10:30** Morning Reflections (AR) **11:00** Trivia Questions (AR) **11:30** Seated Exercise - Bands (AR) **1:00** Let's Play Games! 1-4pm (AR) **2:30** TV Series: A Man on the Inside (Ep. 8 & S2 Ep. 1 Netflix) (T) **6:00** Movie Night (T)
15 **11:00** Trivia with Jeanne (AR) **11:30** Chair Volleyball (AR) **2:00** Ice Cream Social (B) **2:00** Sunday Bingo with Isa (AR) **2:30** Afternoon Documentary (T) **3:00** Gin Rummy Card Club (AR) **6:00** Movie Night (T)	**16** **10:30** Morning Reflections (AR) **11:00** Trivia Questions (AR) **11:30** Exercise with Legacy (AR) **1:00** Quiddler (AR) **1:30** Guided Meditation (T) **2:30** Penny Auction (AR) **3:30** Jeopardy Watch Party (T) **6:00** Movie Night (T)	**17** **10:30** Morning Reflections (AR) **11:00** White Board Puzzles (AR) **11:30** Seated Exercise- Weights (AR) **12:00** Bring in Lunch (AR) **1:00** Rumikub Game (B) **2:15** Manicures with Lifestyle (AR) **3:30** Jeopardy Watch Party (T) **6:00** After Dinner Poker Club (AR) **6:00** Movie Night (T)	**18** **AD** Library Drop off Day **9:30** Walking Club (FL) **10:00** Communion w/ Dcn Dan (AR) **10:30** Morning Reflections (AR) **11:00** Video Trivia (AR) **11:30** Seated Exercise- Weights (AR) **1:00** Book Club Meeting (T) **2:30** Activity Planning Meeting (AR) **3:30** Jeopardy Watch Party (T) **EV** Family Bingo Night (DR)	**19** **10:00** Good News & Views (AR) **10:30** Morning Reflections (AR) **11:00** Trivia Questions (AR) **11:30** Seated Exercise - Bands (AR) **1:00** “Fill in the Blank” Game (AR) **2:30** John Behling Live! (AR) **3:30** Jeopardy Watch Party (T) **6:00** Movie Night (T)	**20** **10:30** Morning Reflections (AR) **11:00** White Board Puzzles (AR) **11:30** Seated Exercise -Weights (AR) **1:00** Rumikub (B) **2:00** Happy Hour! (AR) **3:30** Jeopardy Watch Party (T) **6:00** Movie Night (T)	**21** **10:30** Morning Reflections (AR) **11:00** Trivia Questions (AR) **11:30** Seated Exercise - Bands (AR) **1:00** Let's Play Games! 1-4pm (AR) **2:30** TV Series: A Man on the Inside (Ep. 2 &3 Netflix) (T) **6:00** Movie Night (T)
22 **11:00** Trivia with Jeanne (AR) **11:30** Chair Volleyball (AR) **2:00** Ice Cream Social (B) **2:00** Sunday Bingo with Isa (AR) **2:30** Afternoon Documentary (T) **3:00** Gin Rummy Card Club (AR) **6:00** Movie Night (T)	**23** **10:30** Morning Reflections (AR) **11:00** Trivia Questions (AR) **11:30** Exercise with Legacy (AR) **1:00** Quiddler (AR) **1:30** Guided Meditation (T) **2:30** John Boda Presents: Hoagy Carmichael- Stardust (AR) **3:30** Jeopardy Watch Party (T) **6:00** Movie Night (T)	**24** **10:30** Morning Reflections (AR) **11:00** White Board Puzzles (AR) **11:30** Out to lunch Outing (O) **11:30** Sit & Tone with David (AR) **1:00** Rumikub Game (B) **2:30** Monthly Donuts w/ Chef (AR) **3:30** Jeopardy Watch Party (T) **6:00** After Dinner Poker Club (AR) **6:00** Movie Night (T)	**25** **9:30** Walking Club (FL) **10:30** Morning Reflections (AR) **11:00** Video Trivia (AR) **11:30** Seated Exercise- Weights (AR) **1:00** Book Club Meeting (T) **2:30** Universal Yum Snacks (AR) **3:30** Jeopardy Watch Party (T) **6:00** Movie Night (T)	**26** **MO** Televised Thanksgiving Day Parade (T) **11:00** Traditional Thanksgiving Meal 11:00am -1:00pm (DR) **2:00** Tim Wilsey Presents (AR) **4:00** Boxed Meal Deliveries **6:00** Movie Night (T)	**27** **10:30** Morning Reflections (AR) **11:00** White Board Puzzles (AR) **11:30** Seated Exercise- Weights (AR) **1:00** Rumikub (B) **1:30** Communion w. Rev. Joanne (T) **2:00** Happy Hour! (AR) **3:30** Jeopardy Watch Party (T) **6:00** Movie Night (T)	**28** **10:30** Morning Reflections (AR) **11:00** Trivia Questions (AR) **11:30** Seated Exercise - Bands (AR) **1:00** Let's Play Games! 1-4pm (AR) **2:30** TV Series: A Man on the Inside (Ep. 4 & 5 Netflix) (T) **6:00** Movie Night (T)
29 **11:00** Trivia with Jeanne (AR) **11:30** Chair Volleyball (AR) **2:00** Ice Cream Social (B) **2:00** Sunday Bingo with Isa (AR) **2:30** Afternoon Documentary (T) **3:00** Gin Rummy Card Club (AR) **6:00** Movie Night (T)	**30** **10:30** Morning Reflections (AR) **11:00** Trivia Questions (AR) **11:30** Health Talk with Legacy (AR) **1:00** Quiddler (AR) **1:30** Guided Meditation (T) **2:00** Bingo Bonanza! (AR) **3:00** Resident Council Meeting (AR) **3:30** Jeopardy Watch Party (T) **6:00** Movie Night (T)					

Alto
Senior Living by Allegro

Happy Birthday!



Kit R. – 9th

Mary O. – 13th

Jim S. – 23rd

Locations

1 = 1st Floor
2 = 2nd Floor Hallway
3 = 3rd Floor Hallway
4 = 4th Floor
AR = Activity Room
B = Bistro
DR = Dining Room
FL = Front Lobby
G = Gazebo
L = Library
P = Outdoor Patio
O = Outing
T = Theater

November 2026

Alto Wheaton Ensemble

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **9:30** Spa with Care (GR) **9:45** Chronicle & News (BR) **10:45** Residents Choice Church (SK) **11:15** Seated Yoga Stretching (BR) **1:30** Sing Along (GR) **2:30** Creative Crafts (GR) **3:30** Bingo (SK) **6:00** Classic Movies (SK)	**2** **9:30** Spa with Care (GR) **9:45** Chronicle & News (BR) **10:45** Exercise with Us! (BR) **1:30** Baking with Jeanne (SK) **2:30** Green House Club (GR) **3:00** World Tour (GR) **6:00** Classic Movies (SK)	**3** **9:30** Spa with Care (GR) **9:45** Chronicle & News (BR) **10:45** Exercise with Us! (BR) **1:30** Trips & Tales w/ Tommy (O) **2:45** Songs & Senses (SK) **6:00** Classic Movies (SK)	**4** **9:30** Spa with Care (GR) **9:45** Chronicle & News (BR) **10:30** Deacon Dan Communion (BR) **10:45** Exercise with Us! (BR) **10:50** Manicures with Mya (SK) **11:00** Jane's Devotions (BR) **1:30** Word Brain Games (BR) **2:30** JoJo the Singer (BR) **3:30** Happy Hour (BR) **6:00** Classic Movies (SK)	**5** **9:30** Spa with Care (GR) **9:45** Chronicle & News (BR) **10:45** Exercise with Us! (BR) **11:00** Exercise with Dave (BR) **1:30** Toss and Talk (BR) **2:00** Puppets & Stories w/ Abigail (BR) **3:00** Ice Cream Social (GR) **3:30** Virtual Concerts (SK) **6:00** Classic Movies (SK)	**6** **9:30** Spa with Care (GR) **9:45** Chronicle & News (BR) **10:45** Exercise with Us! (BR) **1:45** Green House Club (P) **6:00** Classic Movies (SK)	**7** **9:45** Chronicle & News (BR) **10:45** Exercise with Us! (BR) **1:30** Poetry w/ Abigail (SK) **2:30** Rick Steves Travel (SK) **3:00** Balloon Games (SK) **3:30** Virtual Concerts (SK) **6:00** Classic Movies (SK)
8 **9:30** Spa with Care (GR) **9:45** Chronicle & News (BR) **10:45** Residents Choice Church (SK) **11:15** Seated Yoga Stretching (BR) **1:30** Sing Along (GR) **2:30** Creative Crafts (GR) **3:30** Bingo (SK) **6:00** Classic Movies (SK)	**9** **9:30** Spa with Care (GR) **9:45** Chronicle & News (BR) **10:45** Exercise with Us! (BR) **1:30** Baking with Jeanne (SK) **2:30** Green House Club (GR) **3:00** World Tour (GR) **6:00** Classic Movies (SK)	**10** **9:30** Spa with Care (GR) **9:45** Chronicle & News (BR) **10:45** Exercise with Us! (BR) **1:30** Trips & Tales w/ Tommy (O) **2:45** Songs & Senses (SK) **6:00** Classic Movies (SK)	**11** **AD** VETERANS DAY **9:30** Spa with Care (GR) **9:45** Chronicle & News (BR) **10:45** Exercise with Us! (BR) **10:50** Manicures with Mya (SK) **11:00** Jane's Devotions (BR) **1:30** Word Brain Games (BR) **2:30** Heather Singer (BR) **3:30** Happy Hour (BR) **6:00** Classic Movies (SK)	**12** **9:30** Spa with Care (GR) **9:45** Chronicle & News (BR) **10:45** Exercise with Us! (BR) **1:30** Toss and Talk (BR) **2:00** Puppets & Stories w/ Abigail (BR) **3:00** Ice Cream Social (GR) **3:30** Virtual Concerts (SK) **6:00** Classic Movies (SK)	**13** **9:30** Spa with Care (GR) **9:45** Chronicle & News (BR) **10:45** Exercise with Us! (BR) **1:45** Green House Club (P) **2:00** Hand Massage w/ Annie (GR) **6:00** Classic Movies (SK)	**14** **9:45** Chronicle & News (BR) **10:45** Exercise with Us! (BR) **1:30** Poetry w/ Abigail (SK) **2:30** Rick Steves Travel (SK) **3:00** Balloon Games (SK) **3:30** Virtual Concerts (SK) **6:00** Classic Movies (SK)
15 **9:30** Spa with Care (GR) **9:45** Chronicle & News (BR) **10:45** Residents Choice Church (SK) **11:15** Seated Yoga Stretching (BR) **1:30** Sing Along (GR) **2:30** Creative Crafts (GR) **3:30** Bingo (SK) **6:00** Classic Movies (SK)	**16** **9:30** Spa with Care (GR) **9:45** Chronicle & News (BR) **10:45** Exercise with Us! (BR) **1:30** Baking with Jeanne (SK) **2:30** Green House Club (GR) **3:00** World Tour (GR) **6:00** Classic Movies (SK)	**17** **9:30** Spa with Care (GR) **9:45** Chronicle & News (BR) **10:45** Exercise with Us! (BR) **1:30** Trips & Tales w/ Tommy (O) **2:45** Songs & Senses (SK) **6:00** Classic Movies (SK)	**18** **9:30** Spa with Care (GR) **9:45** Chronicle & News (BR) **10:45** Exercise with Us! (BR) **10:50** Manicures with Mya (SK) **11:00** Jane's Devotions (BR) **1:30** Word Brain Games (BR) **2:30** Happy Hour (BR) **6:00** Classic Movies (SK)	**19** **9:30** Spa with Care (GR) **9:45** Chronicle & News (BR) **10:45** Exercise with Us! (BR) **11:00** Exercise with Dave (BR) **1:30** Toss and Talk (BR) **2:00** Puppets & Stories w/ Abigail (BR) **3:00** Ice Cream Social (GR) **3:30** Virtual Concerts (SK) **6:00** Classic Movies (SK)	**20** **9:30** Spa with Care (GR) **9:45** Chronicle & News (BR) **10:45** Exercise with Us! (BR) **1:45** Green House Club (P) **6:00** Classic Movies (SK)	**21** **9:45** Chronicle & News (BR) **10:45** Exercise with Us! (BR) **1:30** Poetry w/ Abigail (SK) **2:30** Ruth on Piano (SK) **3:30** Balloon Games (SK) **4:00** Virtual Concerts (SK) **6:00** Classic Movies (SK)
22 **9:30** Spa with Care (GR) **9:45** Chronicle & News (BR) **10:45** Residents Choice Church (SK) **11:15** Seated Yoga Stretching (BR) **1:30** Sing Along (GR) **2:30** Creative Crafts (GR) **3:30** Bingo (SK) **6:00** Classic Movies (SK)	**23** **9:30** Spa with Care (GR) **9:45** Chronicle & News (BR) **10:45** Exercise with Us! (BR) **1:30** Baking with Jeanne (SK) **1:30** John Boda Singing (BR) **2:30** Green House Club (GR) **3:00** World Tour (GR) **6:00** Classic Movies (SK)	**24** **9:30** Spa with Care (GR) **9:45** Chronicle & News (BR) **10:45** Exercise with Us! (BR) **1:30** Trips & Tales w/ Tommy (O) **2:45** Songs & Senses (SK) **6:00** Classic Movies (SK)	**25** **9:30** Spa with Care (GR) **9:45** Chronicle & News (BR) **10:45** Exercise with Us! (BR) **10:50** Manicures with Mya (SK) **11:00** Jane's Devotions (BR) **1:30** Word Brain Games (BR) **2:30** Happy Hour (BR) **6:00** Classic Movies (SK)	**26** **AD** THANKSGIVING **9:30** Spa with Care (GR) **9:45** Chronicle & News (BR) **10:45** Exercise with Us! (BR) **1:20** Tim Wilsey Music (BR) **1:30** Toss and Talk (BR) **3:00** Ice Cream Social (GR) **3:30** Virtual Concerts (SK) **6:00** Classic Movies (SK)	**27** **9:30** Spa with Care (GR) **9:45** Chronicle & News (BR) **10:45** Exercise with Us! (BR) **1:45** Green House Club (P) **2:30** Devin Star on Piano (BR) **6:00** Classic Movies (SK)	**28** **9:45** Chronicle & News (BR) **10:45** Exercise with Us! (BR) **2:30** Rick Steves Travel (SK) **3:00** Balloon Games (SK) **3:30** Virtual Concerts (SK) **6:00** Classic Movies (SK)
29 **9:30** Spa with Care (GR) **9:45** Chronicle & News (BR) **10:45** Residents Choice Church (SK) **11:15** Seated Yoga Stretching (BR) **1:30** Sing Along (GR) **2:30** Creative Crafts (GR) **3:30** Bingo (SK) **6:00** Classic Movies (SK)	**30** **9:30** Spa with Care (GR) **9:45** Chronicle & News (BR) **10:45** Exercise with Us! (BR) **1:30** Baking with Jeanne (SK) **2:30** Green House Club (GR) **3:00** World Tour (GR) **6:00** Classic Movies (SK)					

Happy Birthday!

Nancy S.
Saturday the 7th

Patrick "Pat" L.
Saturday the 7th

William "Bill" L.
Wednesday the 18th

John D.
Sunday the 29th



Locations

1 = 1st Floor
2 = 2nd Floor Hallway
3 = 3rd Floor Hallway
4 = 4th Floor Patio
AR = Activity Room
B = Bistro
BR = Blue Room
BRP = Blue Room Patio
DR = Dining Room
EK = Emerald Kitchen
FL = Front Lobby
G = Gazebo
GR = Green Room
L = Library
P = Outdoor Patio
O = Outing
PDR = Private Dining Room
SK = Saphire Kitchen
T = Theater
FC = Fitness Center