# November 2026

## Alto Walden Woods

ASSISTED LIVING

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|---|---|
| **01**<br>9:00 AM - COFFEE/CHATS<br>10:00 AM - LIVE STREAM CHURCH FBCPC<br>2:00 PM - BINGO W/ JUDY<br>3:30 PM - OPEN TABLE: | **02**<br>9:00 AM - COFFEE/MUSIC<br>10:00 AM - EXERCISE W/ SELECT<br>10:30 AM - RISE & GRIND SOCIAL<br>1:00 PM - CORNHOLE TOURNAMENT<br>2:00 PM - POKER CLUB<br>3:00 PM - BINGO<br>4:00 PM - ASK ALEXA SOCIAL | **03**<br>9:00 AM - COFFEE/NEWS<br>10:00 AM - EXERCISE W/ RIO<br>10:30 AM - COZY CUP CAFE<br>1:00 PM - RESIDENT PLANNING/CALENDAR REVIEW (AR)<br>3:00 PM - BINGO<br>4:00 PM - ASK ALEXA SOCIAL | **04**<br>9:00 AM - COFFEE/CHATS<br>10:00 AM - EXERCISE W/ SELECT<br>10:30 AM - GETTING TO KNOW YOU (ONE ON ONE)<br>1:00 PM - TRIP TO WALMART<br>2:00 PM - POKER CLUB<br>3:00 PM - BINGO<br>4:00 PM - ASK ALEXA SOCIAL | **05**<br>9:00 AM - COFFEE/MUSIC<br>10:00 AM - EXERCISE W/ RIO<br>10:30 AM - COFFEE & COMPANY SOCIAL<br>1:00 PM - FISHING TRIP- MEDARD PARK<br>3:00 PM - BINGO<br>4:00 PM - ASK ALEXA SOCIAL | **06**<br>9:00 AM - COFFEE/NEWS<br>10:00 AM - EXERCISE W/ SELECT<br>10:30 AM - SIPS & SMILES SOCIAL<br>1:00 PM - BASKETBALL TOURNAMENT<br>2:00 PM - POKER CLUB<br>3:00 PM - BINGO<br>4:00 PM - ASK ALEXA SOCIAL | **07**<br>9:00 AM - COFFEE/CHATS<br>1:00 PM - WALKING CLUB<br>2:00 PM - BINGO W/ JUDY |
| **08**<br>9:00 AM - COFFEE/MUSIC<br>10:00 AM - LIVE STREAM CHURCH FBCPC<br>2:00 PM - BINGO W/ JUDY<br>3:30 PM - OPEN TABLE: | **09**<br>10:00 AM - EXERCISE W/ RIO<br>10:30 AM - RISE & GRIND SOCIAL<br>1:00 PM - PUMPKIN CREAM ORANGE SODA BAR<br>2:00 PM - POKER CLUB<br>3:00 PM - BINGO<br>4:00 PM - ASK ALEXA SOCIAL | **10**<br>9:00 AM - COFFEE/NEWS<br>10:00 AM - EXERCISE W/ SELECT<br>10:30 AM - CUP OF KINDNESS SOCIAL<br>1:00 PM - FOOD ART- CARAMEL APPLE PRETZEL BITES<br>3:00 PM - BINGO<br>4:00 PM - ASK ALEXA SOCIAL | **11**<br>**Veterans Day**<br>9:00 AM - COFFEE/MUSIC<br>10:00 AM - EXERCISE W/ RIO<br>10:30 AM - BIBLE STUDY- FBCPC<br>11:00 AM - ALLEGRO STANDS TOGETHER: VETERANS DAY TRIBUTE<br>2:00 PM - POKER CLUB<br>3:00 PM - BINGO<br>4:00 PM - ASK ALEXA SOCIAL | **12**<br>9:00 AM - COFFEE/CHATS<br>10:00 AM - EXERCISE W/ SELECT<br>10:30 AM - FRIENDS & FELLOWSHIP SOCIAL<br>1:00 PM - TRIP TO TWISTIE TREAT<br>3:00 PM - BINGO<br>4:00 PM - ASK ALEXA SOCIAL | **13**<br>9:00 AM - COFFEE/NEWS<br>10:00 AM - EXERCISE W/ RIO<br>10:30 AM - BREW CREW SOCIAL<br>1:00 PM - NOVEMBER BIRTHDAYS CELEBRATION<br>2:00 PM - POKER CLUB<br>3:00 PM - BINGO<br>4:00 PM - ASK ALEXA SOCIAL | **14**<br>9:00 AM - COFFEE/MUSIC<br>1:00 PM - WALKING CLUB<br>2:00 PM - BINGO W/ JUDY |
| **15**<br>9:00 AM - COFFEE/CHATS<br>10:00 AM - LIVE STREAM CHURCH FBCPC<br>2:00 PM - BINGO W/ JUDY<br>3:30 PM - OPEN TABLE: | **16**<br>9:00 AM - COFFEE/MUSIC<br>10:00 AM - EXERCISE W/ SELECT<br>10:30 AM - GETTING TO KNOW YOU (ONE ON ONE)<br>1:00 PM - RESIDENT COUNCIL MEETING<br>2:00 PM - POKER CLUB<br>3:00 PM - BINGO<br>4:00 PM - ASK ALEXA SOCIAL | **17**<br>9:00 AM - COFFEE/NEWS<br>10:00 AM - EXERCISE W/ RIO<br>10:30 AM - COZY CUP CAFE SOCIAL<br>1:30 PM - ART THERAPY W/ SELECT<br>3:00 PM - BINGO<br>4:00 PM - ASK ALEXA SOCIAL | **18**<br>9:00 AM - COFFEE/CHATS<br>10:00 AM - EXERCISE W/ SELECT<br>10:45 AM - LUNCH BUNCH- FAZOLI'S<br>2:00 PM - POKER CLUB<br>3:00 PM - BINGO<br>4:00 PM - ASK ALEXA SOCIAL | **19**<br>9:00 AM - COFFEE/MUSIC<br>10:00 AM - EXERCISE W/ RIO<br>10:30 AM - RISE & GRIND SOCIAL<br>1:00 PM - THANKFUL THURSADY- PLANT CITY FIRE DEPT<br>3:00 PM - BINGO<br>4:00 PM - ASK ALEXA SOCIAL | **20**<br>9:00 AM - COFFEE/NEWS<br>10:00 AM - EXERCISE W/ SELECT<br>10:30 AM - SIPS & SMILES SOCIAL<br>1:00 PM - ZUMBA<br>2:00 PM - POKER CLUB<br>3:00 PM - BINGO<br>4:00 PM - ASK ALEXA SOCIAL | **21**<br>9:00 AM - COFFEE/CHATS<br>1:00 PM - WALKING CLUB<br>2:00 PM - BINGO W/ JUDY |
| **22**<br>9:00 AM - COFFEE/MUSIC<br>10:00 AM - LIVE STREAM CHURCH FBCPC<br>2:00 PM - BINGO W/ JUDY<br>3:30 PM - OPEN TABLE: | **23**<br>9:00 AM - COFFEE/MUSIC<br>10:00 AM - EXERCISE W/ RIO<br>10:30 AM - RISE & GRIND SOCIAL<br>1:00 PM - LINE DANCING<br>2:00 PM - POKER CLUB<br>3:00 PM - BINGO<br>4:00 PM - ASK ALEXA SOCIAL | **24**<br>9:00 AM - COFFEE/NEWS<br>10:00 AM - EXERCISE W/ SELECT<br>10:30 AM - FRIENDS & FELLOWSHIP SOCIAL<br>1:00 PM - TRIP TO DOLLAR GENERAL<br>3:00 PM - BINGO<br>4:00 PM - ASK ALEXA SOCIAL | **25**<br>9:00 AM - COFFEE/MUSIC<br>10:00 AM - EXERCISE W/ RIO<br>10:30 AM - BIBLE STUDY- FBCPC<br>1:00 PM - GAMEBOX WORKOUT- WHACK-A-MOLE<br>2:00 PM - POKER CLUB<br>3:00 PM - BINGO<br>4:00 PM - ASK ALEXA SOCIAL | **26**<br>**Thanksgiving Day**<br>7:30 AM - MACY'S THANKSGIVING DAY PARADE WATCH PARTY<br>10:00 AM - EXERCISE W/ SELECT<br>1:00 PM - FRIENDSGIVING SOCIAL<br>3:00 PM - BINGO<br>4:00 PM - ASK ALEXA SOCIAL | **27**<br>**Day after Thanksgiving Day**<br>9:00 AM - COFFEE/NEWS<br>10:00 AM - EXERCISE W/ RIO<br>1:00 PM - ICE CREAM BAR<br>2:00 PM - POKER CLUB<br>3:00 PM - BINGO<br>4:00 PM - ASK ALEXA SOCIAL | **28**<br>9:00 AM - COFFEE/MUSIC<br>1:00 PM - WALKING CLUB<br>2:00 PM - BINGO W/ JUDY |
| **29**<br>9:00 AM - COFFEE/CHATS<br>10:00 AM - LIVE STREAM CHURCH FBCPC<br>2:00 PM - BINGO W/ JUDY<br>3:30 PM - OPEN TABLE: | **30**<br>9:00 AM - COFFEE/MUSIC<br>10:00 AM - EXERCISE W/ SELECT<br>10:30 AM - COZY CUP CAFE SOCIAL<br>1:00 PM - ZUMBA<br>2:00 PM - POKER CLUB<br>3:00 PM - BINGO<br>4:00 PM - ASK ALEXA SOCIAL | **Locations**<br>ACTIVITIES ROOM (AR) | **Dimensions**<br>Social | | | |

# November 2026

## Alto Walden Woods

MEMORY CARE

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|---|---|
| **01**<br>9:30 AM - MUSIC/HYMNS<br>10:30 AM - LIVE STREAM CHURCHFBCPC<br>3:30 PM - MARATHON | **02**<br>9:30 AM - MUSIC/DANCING<br>10:30 AM - CHAIR EXERCISES<br>1:30 PM - SIMON SAYS<br>2:30 PM - MANICURE MONDAY<br>3:30 PM - TABLE TOP STAMPS<br>6:00 PM - HANG W/ FRIENDS | **03**<br>9:30 AM - MUSIC/DANCING<br>10:30 AM - MORNING STROLL<br>1:30 PM - CONNECT FOUR (PENDING WEATHER)<br>2:30 PM - LIVE STREAM ANIMAL VIDEOS<br>3:30 PM - ADULT COLORING<br>6:00 PM - PORCH SITTING W/ FRIENDS (PENDING WEATHER) | **04**<br>9:30 AM - MUSIC/CHATS<br>10:30 AM - FIT, FAB, FUN<br>1:30 PM - BALLOON VOLLEYBALL<br>2:30 PM - BINGO<br>3:30 PM - SENSORY BOOKS<br>6:00 PM - HANG W/ FRIENDS | **05**<br>9:30 AM - MUSIC/DANCING<br>10:30 AM - MORNING STRETCHES<br>1:30 PM - MATCHING CARD GAME<br>2:30 PM - TIC-TAC-TOE<br>3:30 PM - WOOD PAINTING<br>6:00 PM - CONNECT W/ FRIENDS | **06**<br>9:30 AM - MUSIC/COFFEE<br>10:30 AM - CHAIR EXERCISES<br>1:30 PM - DIY JEWELRY<br>2:30 PM - BINGO<br>3:30 PM - NATURE WALK<br>6:00 PM - HANG W/ FRIENDS | **07**<br>9:30 AM - MUSIC/COFFEE<br>10:30 AM - DANCING TO OLDIES<br>3:30 PM - TV TIME- RESIDENTS CHOICE |
| **08**<br>9:30 AM - MUSIC/HYMNS<br>10:30 AM - LIVE STREAM CHURCHFBCPC<br>3:30 PM - MARATHON | **09**<br>9:30 AM - MUSIC/CHATS<br>10:30 AM - MORNING STROLL<br>1:00 PM - PUMPKIN CREAM SODA SOCIAL<br>2:30 PM - MANICURE MONDAY<br>3:30 PM - BEAN BAG TOSS<br>6:00 PM - HANG W/ FRIENDS | **10**<br>9:30 AM - MUSIC/DANCING<br>10:30 AM - MORNING STROLL<br>1:00 PM - FOOD ART- CARAMEL APPLE PRETZEL BITES<br>2:30 PM - WATERCOLOR PAINTING<br>3:30 PM - LIVE ZOO WATCH<br>6:00 PM - PORCH SITTING W/ FRIENDS | **11**<br>**Veterans Day**<br>9:30 AM - MUSIC/COFFEE<br>10:30 AM - BIBLE STUDY- FBCPC<br>11:00 AM - ALLEGRO STANDS TOGETHER: VETERANS DAY TRIBUTE<br>2:30 PM - BINGO<br>6:00 PM - PORCH SITTING W/ FRIENDS (PENDING WEATHER) | **12**<br>9:30 AM - MUSIC/CHATS<br>10:30 AM - MORNING STRETCHES<br>1:30 PM - RING TOSS<br>2:30 PM - ADULT COLORING<br>3:30 PM - FUNNY ANIMAL VIDEOS<br>6:00 PM - HANG W/ FRIENDS | **13**<br>9:30 AM - MUSIC/DANCING<br>10:30 AM - FIT, FAB, FUN<br>1:00 PM - NOVEMBER BIRTHDAYS CELEBRATION<br>2:30 PM - BINGO<br>3:30 PM - NATURE WALK<br>6:00 PM - CONNECT W/ FRIENDS | **14**<br>9:30 AM - MUSIC/COFFEE<br>10:30 AM - DANCE OFF<br>3:30 PM - TV TIME- RESIDENTS CHOICE |
| **15**<br>9:30 AM - MUSIC/HYMNS<br>10:30 AM - LIVE STREAM CHURCHFBCPC<br>3:30 PM - MARATHON | **16**<br>9:30 AM - MUSIC/COFFEE<br>10:30 AM - CHAIR EXERCISES<br>1:30 PM - SING-A-LONG TO OLDIES<br>2:30 PM - MANICURE MONDAY<br>3:30 PM - BOWLING<br>6:00 PM - HANG W/ FRIENDS | **17**<br>9:30 AM - MUSIC/DANCING<br>10:30 AM - MORNING STROLL<br>1:30 PM - ART THERAPY W/ SELECT<br>2:30 PM - RING TOSS<br>3:30 PM - SIMON SAYS<br>6:00 PM - PORCH SITTING W/ FRIENDS (PENDING WEATHER) | **18**<br>9:30 AM - MUSIC/CHATS<br>10:30 AM - FIT, FAB, FUN<br>1:30 PM - PARACHUTE TOSS<br>2:30 PM - BINGO<br>3:30 PM - ADULT COLORING<br>6:00 PM - HANG W/ FRIENDS | **19**<br>9:30 AM - MUSIC/DANCING<br>10:30 AM - MORNING STRETCHES<br>1:30 PM - FISHING GAME<br>2:30 PM - BALLOON TOSS W/ NOODLES<br>3:30 PM - LIVE SHARK VIDEOS<br>6:00 PM - CONNECT W/ FRIENDS | **20**<br>9:00 AM - MUSIC/DANCING<br>10:30 AM - CHAIR EXERCISES<br>1:30 PM - PUZZLES<br>2:30 PM - BINGO<br>3:30 PM - NATURE WALK<br>6:00 PM - HANG W/ FRIENDS | **21**<br>9:30 AM - MUSIC/COFFEE<br>10:30 AM - DANCING TO OLDIES<br>3:30 PM - TV TIME- RESIDENTS CHOICE |
| **22**<br>9:30 AM - MUSIC/HYMNS<br>10:30 AM - LIVE STREAM CHURCHFBCPC<br>3:30 PM - MARATHON | **23**<br>9:30 AM - MUSIC/CHATS<br>10:30 AM - CHAIR EXERCISES<br>1:30 PM - TABLE TOP STAMPS<br>2:30 PM - MANICURE MONDAY<br>3:30 PM - VISIT FROM PERCY THE CAT<br>6:00 PM - HANG W/ FRIENDS | **24**<br>9:30 AM - MUSIC/DANCING<br>10:30 AM - MORNING STROLL<br>1:30 PM - BINGO<br>2:30 PM - FUNNY BABY VIDEOS<br>3:30 PM - BOWLING<br>6:00 PM - PORCH SITTING W/ FRIENDS | **25**<br>9:30 AM - MUSIC/COFFEE<br>10:30 AM - BIBLE STUDY- FBCPC<br>2:30 PM - BINGO<br>3:30 PM - FALL WOOD PAINTING<br>6:00 PM - PORCH SITTING W/ FRIENDS (PENDING WEATHER) | **26**<br>**Thanksgiving Day**<br>7:30 AM - MACY'S THANKSGIVING DAY PARADE WATCH PARTY<br>9:30 AM - MUSIC/CHATS<br>10:30 AM - MORNING STRETCHES<br>1:30 PM - FRIENDSGIVING SOCIAL<br>3:30 PM - MATCHING CARD GAME<br>6:00 PM - HANG W/ FRIENDS | **27**<br>**Day after Thanksgiving Day**<br>9:30 AM - MUSIC/COFFEE<br>10:30 AM - STRETCHES<br>1:30 PM - TABLE TOP STAMPS<br>2:30 PM - BINGO<br>3:30 PM - NATURE WALK<br>6:00 PM - CONNECT W/ FRIENDS | **28**<br>9:30 AM - MUSIC/COFFEE<br>10:30 AM - DANCE OFF<br>3:30 PM - TV TIME- RESIDENTS CHOICE |
| **29**<br>9:30 AM - MUSIC/HYMNS<br>10:30 AM - LIVE STREAM CHURCHFBCPC<br>3:30 PM - MARATHON | **30**<br>9:30 AM - MUSIC/COFFEE<br>10:30 AM - CHAIR EXERCISES<br>1:30 PM - DANCE PARTY<br>2:30 PM - MANICURE MONDAY<br>3:30 PM - LIVE ZOO WATCH<br>6:00 PM - HANG W/ FRIENDS | **Locations** | **Dimensions** | | | |

* Activities are subject to change