November 2026

Spring Arbor of Greensboro

ASSISTED LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 9:45 AM - Worship Service (SR) 10:30 AM - Sunday Moring Hymns (AR) 1:30 PM - Ball Badminton (AR) 2:00 PM - Family Feud (AR) 3:00 PM - Category Mania (AR)	**02** 9:30 AM - Wise & Well (AR) 10:00 AM - TV Trivia (AR) 10:30 AM - Wheel of Fortune (AR) 1:30 PM - Manicure Monday (AR) 3:00 PM - Sing-Fit (AR) 5:30 PM - Book Club (L)	**03** 9:30 AM - Wise & Well (AR) 10:00 AM - Devotional Reading 10:30 AM - Hymns Sing-A-Long 1:30 PM - Ceramics with Sarah (AR) 3:00 PM - Bingo 5:00 PM - Pokeno (AR)	**04** 9:30 AM - Morning Trivia 10:00 AM - LiveWell with Legacy (AR) 12:00 PM - Fall Leaves Road Trip (O) 2:00 PM - Music with Mood Swingz (SR) 3:00 PM - Spelling Bee (AR) 5:00 PM - Bingo	**05** 9:30 AM - Wise & Well (AR) 10:00 AM - Choir (L) 10:30 AM - Bible Study 2:00 PM - Bingo (AR) 3:00 PM - Password (AR) 5:00 PM - Wheel of Fortune (AR)	**06** 9:30 AM - Morning Yoga (AR) 10:00 AM - Cooking Club (AR) 2:00 PM - Landmarks 2:30 PM - Sing Fit (SR) 3:30 PM - Corn Hole (AR)	**07** 9:30 AM - Morning Trivia (AR) 10:00 AM - Morning Stretch (AR) 10:30 AM - Bocce Ball (AR) 1:00 PM - Candy Bingo 2:00 PM - MLA Dance Studio (SR) 3:00 PM - Wheel of Fortune (AR)
08 9:45 AM - Worship Service (SR) 10:30 AM - Sunday Moring Hymns (AR) 1:00 PM - Corn Hole and Popcorn (AR) 2:00 PM - Pokeno (AR) 3:00 PM - General Store (GS)	**09** 9:30 AM - Wise & Well (AR) 10:00 AM - Jeopardy (AR) 1:30 PM - Manicure Monday (AR) 3:00 PM - Sing-Fit (AR) 5:30 PM - Book Club (L)	**10** 9:30 AM - Wise & Well (AR) 10:00 AM - Devotional Reading 10:30 AM - Cello with Lloyd Eubanks (LR) 2:00 PM - Bingo (AR) 3:00 PM - Karaoke (AR) 6:00 PM - Two for the Road Concert (SR)	**11** **Veterans Day** 9:30 AM - Morning Trivia 10:00 AM - Allegro Stands Together: Veterans Day Tribute (SR) 11:15 AM - Veterans Day Luncheon (AR) 2:00 PM - Art from the Heart (AR) 3:00 PM - Veterans Day Facts and Fun (AR) 5:00 PM - Bingo	**12** 9:30 AM - Wise & Well (AR) 10:00 AM - Bell Choir (SR) 10:30 AM - Bible Study 2:00 PM - Bingo (AR) 3:00 PM - Bowling (AR) 5:00 PM - Wheel of Fortune (AR)	**13** 9:30 AM - Morning Yoga (AR) 10:00 AM - Music Trivia (AR) 10:30 AM - Music with Ronnie (SR) 2:00 PM - Ice Cream Social (AR) 3:00 PM - Name that Tune (AR) 3:30 PM - Hee Haw - TV (AR)	**14** 9:30 AM - Morning Stretch (AR) 10:00 AM - Morehead Church Sing-A-Long (L) 1:00 PM - Candy Bingo 2:15 PM - Sing Fit (AR) 3:00 PM - Password (AR)
15 9:45 AM - Worship Service (SR) 10:30 AM - Sunday Moring Hymns (AR) 1:30 PM - Complete the Phrase (AR) 2:30 PM - Expressive Art (AR)	**16** 9:30 AM - Wise & Well (AR) 10:00 AM - Morning Trivia (AR) 10:30 AM - Roll the Dice (AR) 1:30 PM - Manicure Monday (AR) 3:00 PM - Sing-Fit (AR) 5:30 PM - Book Club (L)	**17** 9:30 AM - Wise & Well (AR) 10:00 AM - Devotional Reading 10:30 AM - Hymns Sing-A-Long 2:00 PM - Birthday Social (SR) 3:00 PM - Bingo (AR) 5:30 PM - Music with Joel (SR)	**18** 9:30 AM - Morning Trivia 10:00 AM - LiveWell with Legacy (AR) 10:30 AM - Kabuto Restaurant Outing (O) 3:00 PM - Spelling Bee (AR) 5:00 PM - Bingo 5:30 PM - Get to Know your Neighbor (SR)	**19** 9:30 AM - Wise & Well (AR) 10:00 AM - Choir (L) 10:30 AM - Bible Study 1:30 PM - Resident Council (AR) 2:00 PM - Bingo (AR) 3:00 PM - Give Thanks and Recipe (AR) 5:00 PM - Wheel of Fortune (AR)	**20** 9:30 AM - Morning Yoga (AR) 10:00 AM - Cooking Club (AR) 1:30 PM - Landmarks (AR) 2:30 PM - Sing Fit (SR) 3:30 PM - Nature Walk (OU)	**21** 9:30 AM - Morning Trivia (AR) 10:00 AM - Gate City Baptist Crafts (AR) 1:00 PM - Ice Cream Social 2:00 PM - Candy Bingo (AR) 3:00 PM - Card Games (AR) 5:00 PM - Wheel of Fortune (AR)
22 9:00 AM - Morning Stretch (AR) 9:45 AM - Worship Service (SR) 10:30 AM - Sunday Moring Hymns (AR) 2:00 PM - General Store (GS) 3:00 PM - Cornhole and Popcorn (AR) 5:00 PM - Bingo (AR)	**23** 9:30 AM - Wise & Well (AR) 10:00 AM - Thanksgiving Fun (AR) 1:30 PM - Manicure Monday (AR) 3:00 PM - Sing-Fit (AR) 5:30 PM - Book Club (L)	**24** 9:30 AM - Wise & Well (AR) 10:00 AM - Devotional Reading 10:30 AM - Hymns Sing-A-Long 12:30 PM - Mystery Trip Outing (O) 3:00 PM - Bingo (AR) 5:00 PM - Pokeno (AR)	**25** 9:30 AM - Morning Trivia 10:00 AM - LiveWell with Legacy (AR) 10:30 AM - Piano Music with Pat (L) 2:00 PM - Dominoes (AR) 3:00 PM - Password (AR) 5:00 PM - Bingo	**26** **Thanksgiving Day** 9:30 AM - Wise & Well (AR) 10:00 AM - Bible Study 10:30 AM - Hymns Sing-A-Long (AR) 1:00 PM - Bingo (AR)	**27** **Day after Thanksgiving Day** 9:30 AM - Morning Yoga (AR) 10:00 AM - Morning Trivia (AR) 10:30 AM - Sing Fit (AR) 1:30 PM - Would you Rather (AR) 2:00 PM - Bowling (AR) 3:00 PM - Karaoke (AR)	**28** 9:30 AM - Morning Trivia (AR) 10:00 AM - Morning Exercise (AR) 10:30 AM - Bocca Ball (AR) 1:00 PM - Candy Bingo 2:15 PM - Ice Cream in the Activity Room (AR) 3:00 PM - Name your Tune (AR)
29 9:45 AM - Worship Service (SR) 10:30 AM - Sunday Moring Hymns (AR) 1:30 PM - Popcorn with Elvis (AR) 2:30 PM - Expressive Art (AR)	**30** 9:30 AM - Wise & Well (AR) 10:00 AM - TV Shows Trivia (AR) 12:30 PM - Nail Salon Outing (O) 3:00 PM - Sing-Fit (AR) 5:30 PM - Book Club (L)	**Locations** Sun Room (SR) Activity Room (AR) Library (L) Outing (O) General Store (GS) Living Room (LR) Outdoors (OU)	**Dimensions** Spiritual Physical Cognitive Social Creative			

* Activities are subject to change