November 2026

Spring Arbor of Wilmington

ASSISTED LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 **Word Searches, Crossword Puzzles & Other Fun Word Games in the Activity Room** 9:00 AM - Independent Porch Conversations & Socializing (1 1/2 Hours) 10:30 AM - Church Service with Ron Culp (1 Hour) 2:00 PM - Board Games in the Activity Room (2 Hours)	**02** 9:00 AM - Wise & Well with Legacy's Emily (1 hour) 10:00 AM - Fall Family Feud (1Hour) 1:00 PM - UNCW Group Activity (2 Hours) 4:00 PM - Men's Club (1 Hour)	**03** 9:00 AM - Gratitude Garland (1 Hour) 10:30 AM - Devotions (1 Hour) 2:00 PM - Bingo (1 Hour) 3:00 PM - Crafters' Corner: Woodland Leaf Animals (1 1/2 Hours)	**04** 9:00 AM - Wise & Well with Legacy's Emily (1 hour) 10:00 AM - Autumn Adventure Scavenger Hunt (2 Hours) 2:00 PM - Flower Arrangement (1 Hour) 3:00 PM - Live Music with Luis in the Cottage (1 Hour) 6:30 PM - After Dinner Music with Luis (1 Hour)	**05** **National Donut Day!** 9:00 AM - Donuts & Coffee Social (1 Hour) 10:00 AM - Pretty Nails (2 Hours) 2:00 PM - Pine Valley Methodist Church Choir Group (1 Hour) 3:30 PM - Love and Connection (1 Hour)	**06** 9:00 AM - Wise & Well with Legacy's Emily (1 hour) 10:00 AM - Out & About (1 1/2 Hours) 2:00 PM - Bingo wtih Liberty's Ashley (1 Hour) 3:00 PM - Paint n' Sip: Pumpkins (1 1/2 Hours)	**07** **Word Searches, Crossword Puzzles & Other Fun Word Games in the Activity Room** 10:30 AM - Puzzle Club in the Sunroom (2 Hours) 2:00 PM - Board Games in the Activity Room (2 Hours)
08 **Word Searches, Crossword Puzzles & Other Fun Word Games in the Activity Room** 9:00 AM - Independent Porch Conversations & Socializing (1 1/2 Hours) 10:30 AM - Church Service with Ron Culp (1 Hour) 2:00 PM - Board Games in the Activity Room (2 Hours)	**09** **Happy Birthday Barbara D.** 9:00 AM - Wise & Well with Legacy's Emily (1 hour) 11:00 AM - Culinary Creations - Flavors of Fall (1 Hour) 1:00 PM - UNCW Activity (2 Hours) 3:00 PM - Pumpkin Mousse Cheesecake Tasting (1 Hour) 4:00 PM - Men's Club (1 Hour)	**10** 9:00 AM - Veterans Day Coloring (1 Hour) 10:30 AM - Devotions (1 Hour) 2:00 PM - Veteran's Day Documentary Part 1 (45 Minutes) 3:30 PM - Veteran's Day Trivia (1 Hour)	**11** **Veterans Day** 9:00 AM - Wise & Well with Legacy's Emily (1 hour) 10:30 AM - Josh Farley 1:15 PM - Veteran's Day Documentary (45 Minutes) 2:00 PM - Veterans Recognition Ceremony (1 1/2 Hours)	**12** **Happy Birthday Donatila L.** 9:00 AM - Harvest Theme Spot the Difference (1 Hour) 10:00 AM - Pretty Nails (2 Hours) 1:30 PM - Red Hat Society (2 Hours) 3:30 PM - This or That Autumn Edition (1 Hour)	**13** 9:00 AM - Wise & Well with Legacy's Emily (1 hour) 10:00 AM - Out & About (1 1/2 Hours) 2:00 PM - Legends of the Past: John Chapman "Johnny Appleseed" (1 Hour) 3:00 PM - Carmel Apple Bar (1 Hour)	**14** **Word Searches, Crossword Puzzles & Other Fun Word Games in the Activity Room** 10:30 AM - Puzzle Club in the Sunroom (2 Hours) 2:00 PM - Board Games in the Activity Room (2 Hours)
15 **Word Searches, Crossword Puzzles & Other Fun Word Games in the Activity Room** **Word Searches, Crossword Puzzles & Other Fun Word Games in the Activity Room** 9:00 AM - Independent Porch Conversations & Socializing (1 1/2 Hours) 10:30 AM - Church Service with Ron Culp (1 Hour) 2:00 PM - Board Games in the Activity Room (2 Hours)	**16** **National Button Day!** 9:00 AM - Wise & Well with Legacy's Emily (1 hour) 10:30 AM - Pumpkin Button Craft (2 Hours) 1:00 PM - UNCW Activity (2 Hours) 3:00 PM - Fall Snack Mix (1 Hour) 4:00 PM - Men's Club (1 Hour)	**17** 10:30 AM - Devotions (1 Hour) 11:00 AM - Harvest Trivia (1 Hour) 1:00 PM - Thanksgiving Jeopardy (1 Hour) 3:00 PM - Making Leaf Wreaths (1 Hour)	**18** 9:00 AM - Wise & Well with Legacy's Emily (1 hour) 10:30 AM - Harvest BINGO (1 1/2 Hours) 2:00 PM - Q Tip Paint (1 Hour) 3:00 PM - Live Music with Luis in the Cottage (1 Hour)	**19** 10:00 AM - Pretty Nails (2 Hours) 11:00 AM - Word Search with UNCW's Brooke (1 Hour) 2:00 PM - Art Class with Lesa's' Visiting Angels (1 1/2 Hours) 3:30 PM - Name that Tune (1 Hour)	**20** 9:00 AM - Wise & Well with Legacy's Emily (1 hour) 10:00 AM - Out & About (1 1/2 Hours) 1:30 PM - Pilgrim Life-Documentary (1 Hour)	**21** **Word Searches, Crossword Puzzles & Other Fun Word Games in the Activity Room** 10:30 AM - Puzzle Club in the Sunroom (2 Hours) 2:00 PM - Board Games in the Activity Room (2 Hours)
22 **Word Searches, Crossword Puzzles & Other Fun Word Games in the Activity Room** 9:00 AM - Independent Porch Conversations & Socializing (1 1/2 Hours) 10:30 AM - Church Service with Ron Culp (1 Hour) 2:00 PM - Board Games in the Activity Room (2 Hours)	**23** 9:00 AM - Wise & Well with Legacy's Emily (1 hour) 10:30 AM - Thanksgiving Trivia (1 Hour) 4:00 PM - Men's Club (1 Hour) 5:00 PM - Friends & Family Thanksgiving Feast (3 Hours)	**24** 9:30 AM - Wheel of Fortune-Thanksgiving Edition (1 Hour) 10:30 AM - Devotions (1 Hour) 2:00 PM - The Mayflower (1 Hour) 3:30 PM - Gratitude Dice Game (1 Hour)	**25** 9:00 AM - Wise & Well with Legacy's Emily (1 hour) 10:00 AM - Thanksgiving I Spy- Vol 1, Puzzle #2 (1 Hour) 1:30 PM - Thanksgiving Documentary (1 Hour) 3:00 PM - Live Music with Luis in the Cottage (1 Hour) 6:30 PM - After Dinner Music with Luis (1 Hour)	**26** **Thanksgiving Day** 10:00 AM - Walking Club (1 Hour) 3:30 PM - Pie Taste Test (1 1/2 Hours)	**27** **Day after Thanksgiving Day** 9:00 AM - Wise & Well with Legacy's Emily (1 hour) 10:00 AM - Out & About (1 1/2 Hours) 2:00 PM - Bingo (1 Hour) 3:00 PM - Crafters' Corner: 3D Paper Pumpkins (1 1/2 Hours)	**28** **Word Searches, Crossword Puzzles & Other Fun Word Games in the Activity Room** 10:30 AM - Puzzle Club in the Sunroom (2 Hours) 2:00 PM - Board Games in the Activity Room (2 Hours)
29 **Word Searches, Crossword Puzzles & Other Fun Word Games in the Activity Room** 9:00 AM - Independent Porch Conversations & Socializing (1 1/2 Hours) 10:30 AM - Church Service with Ron Culp (1 Hour) 2:00 PM - Board Games in the Activity Room (2 Hours)	**30** 9:00 AM - Wise & Well with Legacy's Emily (1 hour) 10:00 AM - Harvest Fest: Minute to Win-It Games (2 Hours)	**01**	**02**	**03**	**04**	**05**

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MEMORY CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 9:00 AM - Royal Treatment 10:00 AM - Munch & Mingle 10:30 AM - Baloon Toss 10:30 AM - Furry Friends 11:30 AM - Who Am I 11:45 AM - Refresh 1:00 PM - Rest & Relaxation 2:00 PM - Munch & Mingle	**02** 9:00 AM - Royal Treatment 10:00 AM - Munch & Mingle 10:30 AM - Fall Into Creativity 10:30 AM - Wise & Well 11:00 AM - Thanksgiving Reminisce 11:45 AM - Refresh 1:00 PM - Rest & Relaxation 2:00 PM - Munch & Mingle	**03** 9:00 AM - Royal Treatment 10:00 AM - Munch & Mingle 11:00 AM - Scent of The Season 11:45 AM - Refresh 1:00 PM - Rest & Relaxation 2:00 PM - Munch & Mingle	**04** 9:00 AM - Royal Treatment 10:00 AM - Munch & Mingle 11:45 AM - Refresh 1:00 PM - Rest & Relaxation 2:00 PM - Munch & Mingle 3:00 PM - Midweek Melodies with Luis	**05** 9:00 AM - Royal Treatment 10:00 AM - Munch & Mingle 11:45 AM - Refresh 1:00 PM - Rest & Relaxation 2:00 PM - Munch & Mingle	**06** 9:00 AM - Royal Treatment 10:00 AM - Munch & Mingle 10:00 AM - Out & About (1 1/2 Hours) 11:45 AM - Refresh 1:00 PM - Rest & Relaxation 2:00 PM - Munch & Mingle	**07** **Happy Birthday Kila F.** 9:00 AM - Royal Treatment 10:00 AM - Munch & Mingle 11:45 AM - Refresh 1:00 PM - Rest & Relaxation 2:00 PM - Munch & Mingle
08 9:00 AM - Royal Treatment 10:00 AM - Munch & Mingle 10:30 AM - Furry Friends 11:45 AM - Refresh 1:00 PM - Rest & Relaxation 2:00 PM - Munch & Mingle	**09** 9:00 AM - Royal Treatment 10:00 AM - Munch & Mingle 10:30 AM - Name That Tune 10:30 AM - Wise & Well 11:45 AM - Refresh 1:00 PM - Rest & Relaxation 2:00 PM - Munch & Mingle	**10** 9:00 AM - Royal Treatment 10:00 AM - Munch & Mingle 10:30 AM - Hungry Hippos 11:45 AM - Refresh 1:00 PM - Rest & Relaxation 2:00 PM - Munch & Mingle	**11** **Happy Birthday Barbara P.** **Veterans Day** 9:00 AM - Royal Treatment 10:00 AM - Munch & Mingle 10:30 AM - Travel Club 11:00 AM - Lei Day 11:45 AM - Refresh 1:00 PM - Rest & Relaxation 2:00 PM - Munch & Mingle 3:00 PM - Midweek Melodies with Luis	**12** 9:00 AM - Royal Treatment 10:00 AM - Munch & Mingle 10:30 AM - Sports Hour 11:45 AM - Refresh 1:00 PM - Rest & Relaxation 1:30 PM - Red Hat Society (2 Hours) 2:00 PM - Munch & Mingle	**13** 9:00 AM - Royal Treatment 10:00 AM - Munch & Mingle 10:00 AM - Out & About (1 1/2 Hours) 11:45 AM - Refresh 1:00 PM - Rest & Relaxation 2:00 PM - Munch & Mingle	**14** 9:00 AM - Royal Treatment 10:00 AM - Munch & Mingle 11:45 AM - Refresh 1:00 PM - Rest & Relaxation 2:00 PM - Munch & Mingle
15 **Happy Birthday Patricia H.** 9:00 AM - Royal Treatment 10:00 AM - Munch & Mingle 10:30 AM - Furry Friends 11:45 AM - Refresh 1:00 PM - Rest & Relaxation 2:00 PM - Munch & Mingle	**16** 9:00 AM - Royal Treatment 10:00 AM - Munch & Mingle 10:30 AM - Wise & Well 10:30 AM - Building with Buttons 11:45 AM - Refresh 1:00 PM - Rest & Relaxation 2:00 PM - Munch & Mingle	**17** 9:00 AM - Royal Treatment 10:00 AM - Munch & Mingle 10:00 AM - Homemade Bread Day 10:30 AM - Moving and Grooving 11:45 AM - Refresh 1:00 PM - Rest & Relaxation 2:00 PM - Munch & Mingle	**18** 9:00 AM - Royal Treatment 10:00 AM - Munch & Mingle 11:45 AM - Refresh 1:00 PM - Rest & Relaxation 2:00 PM - Munch & Mingle 3:00 PM - Midweek Melodies with Luis	**19** 9:00 AM - Royal Treatment 10:00 AM - Munch & Mingle 10:30 AM - Fall Finds and Feelings 11:45 AM - Refresh 1:00 PM - Rest & Relaxation 2:00 PM - Munch & Mingle	**20** 9:00 AM - Royal Treatment 10:00 AM - Munch & Mingle 10:00 AM - Out & About (1 1/2 Hours) 11:45 AM - Refresh 1:00 PM - Rest & Relaxation 2:00 PM - Munch & Mingle	**21** 9:00 AM - Royal Treatment 10:00 AM - Munch & Mingle 11:45 AM - Refresh 1:00 PM - Rest & Relaxation 2:00 PM - Munch & Mingle
22 9:00 AM - Royal Treatment 10:00 AM - Munch & Mingle 10:30 AM - Furry Friends 11:45 AM - Refresh 1:00 PM - Rest & Relaxation 2:00 PM - Munch & Mingle	**23** 9:00 AM - Royal Treatment 10:00 AM - Munch & Mingle 10:30 AM - Wise & Well 11:45 AM - Refresh 1:00 PM - Rest & Relaxation 2:00 PM - Munch & Mingle 5:00 PM - Friends & Family Thanksgiving Feast (3 Hours)	**24** 9:00 AM - Royal Treatment 10:00 AM - Munch & Mingle 10:30 AM - Zoo Tour 11:45 AM - Refresh 1:00 PM - Rest & Relaxation 2:00 PM - Munch & Mingle	**25** 9:00 AM - Royal Treatment 10:00 AM - Munch & Mingle 10:00 AM - Movie Matinee 11:45 AM - Refresh 1:00 PM - Rest & Relaxation 2:00 PM - Munch & Mingle 3:00 PM - Midweek Melodies with Luis	**26** **Thanksgiving Day** 9:00 AM - Royal Treatment 10:00 AM - Munch & Mingle 10:30 AM - Music Bingo 11:30 AM - Spill The Tea 11:45 AM - Refresh 1:00 PM - Rest & Relaxation 2:00 PM - Munch & Mingle	**27** **Day after Thanksgiving Day** 9:00 AM - Royal Treatment 10:00 AM - Munch & Mingle 10:00 AM - Out & About (1 1/2 Hours) 11:45 AM - Refresh 1:00 PM - Rest & Relaxation 2:00 PM - Munch & Mingle	**28** 9:00 AM - Royal Treatment 10:00 AM - Munch & Mingle 11:45 AM - Refresh 1:00 PM - Rest & Relaxation 2:00 PM - Munch & Mingle
29 9:00 AM - Royal Treatment 10:00 AM - Munch & Mingle 10:30 AM - Furry Friends 11:45 AM - Refresh 1:00 PM - Rest & Relaxation 2:00 PM - Munch & Mingle	**30** 9:00 AM - Royal Treatment 10:00 AM - Munch & Mingle 10:30 AM - Wise & Well 11:45 AM - Refresh 1:00 PM - Rest & Relaxation 2:00 PM - Munch & Mingle	**01**	**02**	**03**	**04**	**05**

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