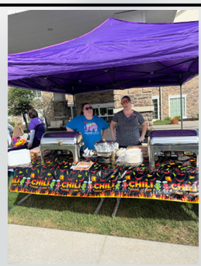
NOVEMBER 2026

Alto Overland Park-Ensemble

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **9:00** Daily Loop Reading (ER) **9:30** Noodle Ball Exercise (ER) **10:00** Hydration Cart (DR) **11:00** Lets Worship Together (A) **1:00** Johnny Carson Show (MR) **2:30** Let's Have A Snack (DR) **3:30** 3:25-Chiefs vs. Denver (A) **6:00** Sunday Night at the Movies (D)	**2** **9:00** Daily Loop Reading (ER) **9:30** Noodle Ball Exercise (ER) **10:00** Hydration Cart (DR) **10:30** Bible Study (A) **1:30** Walking Club (A) **2:30** Let's Have A Snack (DR) **3:30** Lets Play A Game (DR) **6:00** Monday Night at the Movies (D)	**3** **9:00** Daily Loop Reading (ER) **9:00** Reading with Joyce (ER) **9:30** Noodle Ball Exercise (ER) **10:00** Baking in Mom's Kitchen (B) **10:00** Catholic Communion (D) **10:00** Hydration Cart (DR) **2:00** Bingo (A) **2:30** Let's Have A Snack (DR) **3:00** Trivia Tuesday (A) **6:00** Tuesday Night Movie (D)	**4** **9:00** Daily Loop Reading (ER) **9:30** Noodle Ball Exercise (ER) **10:00** Manicures (A) **1:00** Beauty Salon Time (A) **2:00** 2:00-Music w/Katie (DR) **2:30** Let's Have A Snack (DR) **3:00** Manicures (DR) **6:00** Wednesday Night Movie (D)	**5** **9:00** Daily Loop Reading (ER) **9:30** Noodle Ball Exercise (ER) **10:00** Hydration Cart (DR) **1:00** Parachute ball game (A) **2:00** Music with Andrea (MR) **2:30** Let's Have A Snack (DR) **3:00** Puzzles and Music Hour (A) **6:00** Thursday Night Movie (D)	**6** **9:00** Daily Loop Reading (ER) **9:30** Noodle Ball Exercise (ER) **10:00** Hydration Cart (DR) **10:30** Brain Works (A) **1:00** Ball swat game (A) **2:30** Let's Have A Snack (DR) **3:00** Music on TV (DR) **6:00** Fun Film Friday's (D)	**7** **9:00** Daily Loop Reading (ER) **9:30** Noodle Ball Exercise (ER) **10:00** Hydration Cart (DR) **10:00** Trivia (A) **1:00** Memory Baskets (A) **2:30** Let's Have A Snack (DR) **3:00** Puzzles, Mazes and Word Searches (A) **6:00** Saturday Night Movie (D)
8 **9:00** Daily Loop Reading (ER) **9:30** Noodle Ball Exercise (ER) **10:00** Hydration Cart (DR) **11:00** Lets Worship Together (A) **12:00** Chiefs vs. Jets (DR) **3:30** Movie on IN2L (A) **6:00** Sunday Night at the Movies (D)	**9** **9:00** Daily Loop Reading (ER) **9:30** Noodle Ball Exercise (ER) **10:00** Hydration Cart (DR) **10:00** Ladies Tea (D) **10:30** Bible Study (A) **1:30** Walking Club (A) **2:30** Let's Have A Snack (DR) **3:30** Lets Play A Game (DR) **6:00** Monday Night at the Movies (D)	**10** **9:00** Daily Loop Reading (ER) **9:30** Noodle Ball Exercise (ER) **10:00** Baking in Mom's Kitchen (B) **10:00** Catholic Communion (D) **10:00** Hydration Cart (DR) **2:00** Bingo (A) **2:00** Music with DJ Gem (DR) **2:30** Let's Have A Snack (DR) **3:00** Trivia Tuesday (A) **6:00** Tuesday Night Movie (D)	**11** **9:00** Daily Loop Reading (ER) **9:30** Noodle Ball Exercise (ER) **10:00** Bus Outing (O) **1:00** Beauty Salon Time (A) **2:00** Memory Baskets (DR) (DR) **2:30** Let's Have A Snack (DR) **3:00** Manicures (DR) **6:00** Wednesday Night Movie (D)	**12** **9:00** Daily Loop Reading (ER) **9:30** Noodle Ball Exercise (ER) **10:00** Hydration Cart (DR) **1:00** Parachute ball game (A) **2:30** Let's Have A Snack (DR) **3:00** Puzzles and Music Hour (A) **6:00** Thursday Night Movie (D)	**13** **9:00** Daily Loop Reading (ER) **9:30** Noodle Ball Exercise (ER) **10:00** Hydration Cart (DR) **10:30** Brain Works (A) **1:00** Ball swat game (A) **2:00** Music w/Katie (A) **2:30** Let's Have A Snack (DR) **3:00** Music on TV (DR) **6:00** Fun Film Friday's (D)	**14** **9:00** Daily Loop Reading (ER) **9:30** Noodle Ball Exercise (ER) **10:00** Hydration Cart (DR) **10:00** Trivia (A) **1:00** Memory Baskets (A) **2:30** Let's Have A Snack (DR) **3:00** Puzzles, Mazes and Word Searches (A) **6:00** Saturday Night Movie (D)
15 **9:00** Daily Loop Reading (ER) **9:30** Noodle Ball Exercise (ER) **10:00** Hydration Cart (DR) **11:00** Lets Worship Together (A) **12:00** Chiefs vs. Atlanta (MR) **2:30** Let's Have A Snack (DR) **3:30** Movie on IN2L (A) **6:00** Sunday Night at the Movies (D)	**16** **9:00** Daily Loop Reading (ER) **9:30** Noodle Ball Exercise (ER) **10:00** Hydration Cart (DR) **10:30** Bible Study (A) **10:30** Live Music with Rob McHenry (DR) **1:30** Walking Club (A) **2:30** Let's Have A Snack (DR) **3:30** Lets Play A Game (DR) **6:00** Monday Night at the Movies (D)	**17** **9:00** Daily Loop Reading (ER) **9:30** Noodle Ball Exercise (ER) **10:00** Baking in Mom's Kitchen (B) **10:00** Catholic Communion (D) **10:00** Hydration Cart (DR) **2:00** Bingo (A) **2:30** Let's Have A Snack (DR) **3:00** Trivia Tuesday (A) **6:00** Tuesday Night Movie (D)	**18** **9:00** Daily Loop Reading (ER) **9:30** Noodle Ball Exercise (ER) **10:00** Hydration Cart (DR) **1:00** Beauty Salon Time (A) **2:00** Music w/ Katie (DR) **2:30** Let's Have A Snack (DR) **3:00** Manicures (DR) **6:00** Wednesday Night Movie (D)	**19** **9:00** Daily Loop Reading (ER) **9:30** Noodle Ball Exercise (ER) **10:00** Hydration Cart (DR) **1:00** Parachute ball game (A) **2:00** Monthly Birthday Party (DR) **3:00** Puzzles and Music Hour (A) **6:00** Thursday Night Movie (D)	**20** **9:00** Daily Loop Reading (ER) **9:30** Noodle Ball Exercise (ER) **10:00** Hydration Cart (DR) **10:45** Noodle Ball w/ Curtis (A) **1:00** Ball swat game (A) **2:30** Let's Have A Snack (DR) **3:00** Music on TV (DR) **6:00** Fun Film Friday's (D)	**21** **9:00** Daily Loop Reading (ER) **9:30** Noodle Ball Exercise (ER) **10:00** Hydration Cart (DR) **10:00** Trivia (A) **1:00** Memory Baskets (A) **2:30** Let's Have A Snack (DR) **3:00** Puzzles, Mazes and Word Searches (A) **6:00** Saturday Night Movie (D)
22 **9:00** Daily Loop Reading (ER) **9:30** Noodle Ball Exercise (ER) **10:00** Hydration Cart (DR) **11:00** Lets Worship Together (A) **12:00** Chiefs vs. Arizona (DR) **3:30** Movie on IN2L (A) **6:00** Sunday Night at the Movies (D)	**23** **9:00** Daily Loop Reading (ER) **9:30** Noodle Ball Exercise (ER) **10:00** Hydration Cart (DR) **10:00** Men's Social (D) **10:30** Bible Study (A) **1:30** Walking Club (A) **2:00** Music w/ Katie (DR) **3:30** Lets Play A Game (DR) **6:00** Monday Night at the Movies (D)	**24** **9:00** Daily Loop Reading (ER) **9:30** Noodle Ball Exercise (ER) **10:00** Baking in Mom's Kitchen (B) **10:00** Catholic Communion (D) **10:00** Hydration Cart (DR) **2:00** Music w/DJ Gem (A) **2:30** Let's Have A Snack (DR) **3:00** Trivia Tuesday (A) **6:00** Tuesday Night Movie (D)	**25** **9:00** Daily Loop Reading (ER) **9:30** Noodle Ball Exercise (ER) **10:00** Hydration Cart (DR) **1:00** Beauty Salon Time (A) **2:00** Memory Baskets (DR) (DR) **2:30** Let's Have A Snack (DR) **3:00** Manicures (DR) **6:00** Wednesday Night Movie (D)	**26** **9:00** Daily Loop Reading (ER) **9:30** Noodle Ball Exercise (ER) **10:00** Hydration Cart (DR) **1:00** Parachute ball game (A) **2:30** Let's Have A Snack (DR) **3:00** Puzzles and Music Hour (A) **7:00** Chiefs vs. Buffalo (D)	**27** **9:00** Daily Loop Reading (ER) **9:30** Noodle Ball Exercise (ER) **10:00** Hydration Cart (DR) **10:30** Brain Works (A) **1:00** Ball swat game (A) **2:00** Happy Hour (A) **2:30** Let's Have A Snack (DR) **3:00** Music on TV (DR) **6:00** Fun Film Friday's (D)	**28** **9:00** Daily Loop Reading (ER) **9:30** Noodle Ball Exercise (ER) **10:00** Hydration Cart (DR) **10:00** Trivia (A) **1:00** Memory Baskets (A) **2:30** Let's Have A Snack (DR) **3:00** Puzzles, Mazes and Word Searches (A) **6:00** Saturday Night Movie (D)
29 **9:00** Daily Loop Reading (ER) **9:30** Noodle Ball Exercise (ER) **10:00** Hydration Cart (DR) **11:00** Lets Worship Together (A) **1:00** Johnny Carson Show (MR) **2:30** Let's Have A Snack (DR) **3:30** Movie on IN2L (A) **6:00** Sunday Night at the Movies (D)	**30** **9:00** Daily Loop Reading (ER) **9:30** Noodle Ball Exercise (ER) **10:00** Hydration Cart (DR) **10:30** Bible Study (A) **1:30** Walking Club (A) **2:30** Let's Have A Snack (DR) **3:30** Lets Play A Game (DR) **6:00** Monday Night at the Movies (D)					

Alto
Senior Living by Allegro

Happy Birthday!

Helen T. - 5th
Frank M. - 23rd

Alz. Support Group
November 4th
6:30pm-8pm

Happy Thanksgiving to all..

Locations

A = Activity Room
O = Community Outing
D = Den
DR = Dining Room
LP = Large Patio
MR = Music Room
PDR = Private Dining Room
SR = Sensory Room

November 2026

Alto Overland Park: Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00am Church of Ascension Recorded Mass (ER) 1:00pm Church of the Resurrection Satellite Service (Recorded) (ER) 2:00pm Movie Matinee (ER) 6:00pm (Resident Led) Table Games (L) 6:30pm Movie Night (ER)	**2** 10:00am Beginner's Chair Yoga (ER) 10:30am Spiritual Reflections (ER) 2:00pm Art w/ Andrea (CS) 3:00pm Anita's Silent Movies (ER) 5:30pm Puzzling with Friends (CS) 6:30pm Movie Night (ER)	**3** Election Day 9:30am Catholic Comm. and Rosary (CS) 10:00am Exercise with Legacy (ER) 10:45am Friendship Circle (ER) 2:00pm Activity Planning Meeting (ER) 3:00pm Advanced Bingo (B) 6:30pm Movie Night (ER)	**4** 9:15am Current Events (L) 10:00am Chair Zumba w/ Katie (ER) 11:00am Bible Study (ER) 2:00pm Resident Council Meeting (DR) 3:00pm Hooked on Books: Book Club (ER) 4:00pm Wine Down Wednesday (B) 6:30pm Movie Night (ER)	**5** 9:15am Jackie on Piano (L) 10:00am Sit and Lift with Legacy (ER) 2:00pm Documentary 3:00pm Easy Bingo (B) 6:30pm Movie Night (ER)	**6** 9:30am Morning Chat (L) 10:00am NEW! Vitality In Motion Exercise (ER) 2:00pm Coloring Designs (CS) 3:30pm Happy Hour w/ Brother John (B) 6:30pm Movie Night (ER)	**7** 10:00am Morning Exercise (ER) 11:00am Buzzwords Game (L) 3:00pm Advanced Bingo (B) 6:30pm Movie Night (ER)
8 10:00am Church of Ascension Recorded Mass (ER) 1:00pm Church of the Resurrection Satellite Service (Recorded) (ER) 2:00pm Movie Matinee (ER) 6:00pm (Resident Led) Table Games (L) 6:30pm Movie Night (ER)	**9** 10:00am Beginner's Chair Yoga (ER) 10:30am Spiritual Reflections (ER) 2:00pm Trivia Time (ER) 3:00pm Retro TV: The Dick Van Dyke Show (ER) 5:30pm Puzzling with Friends (CS) 6:30pm Movie Night (ER)	**10** 9:30am Catholic Comm. and Rosary (CS) 10:00am Tuesday Move and Groove (ER) 10:45am Friendship Circle (ER) 2:00pm NEW! Learning Mahjong (CS) 3:00pm Advanced Bingo (B) 6:30pm Movie Night (ER)	**11** Veterans Day 9:15am Current Events (L) 10:00am Chair Zumba w/ Katie (ER) 11:00am Bible Study (ER) 2:00pm Allegro Stands Together: Veteran's Day Tribute (DR) 3:00pm Uncorked and Decanted (B) 4:00pm Wine Down Wednesday (B) 6:30pm Movie Night (ER)	**12** 9:15am Visiting with Neighbors (L) 10:00am Sit and Lift with Legacy (ER) 10:30am Chapel Service with Chaplain Turner (ER) 2:00pm The Dining Experience with Chef Tim (DR) 3:00pm Easy Bingo (B) 6:30pm Movie Night (ER)	**13** 9:00am Shopping Trip :Walmart (L) 9:30am Morning Chat (L) 10:00am NEW! Vitality In Motion Exercise (ER) 3:30pm Happy Hour with Katie Hurcomb (B) 6:30pm Movie Night (ER)	**14** 9:15am Saturday Morning Social (L) 10:00am Morning Exercise (ER) 11:00am Buzzwords Game (L) 1:30pm Music w/ Steve Kakacek (L) 3:00pm Advanced Bingo (B) 6:30pm Movie Night (ER)
15 10:00am Church of Ascension Recorded Mass (ER) 1:00pm Church of the Resurrection Satellite Service (Recorded) (ER) 2:00pm Movie Matinee (ER) 6:00pm (Resident Led) Table Games (L) 6:30pm Movie Night (ER)	**16** 10:00am Beginner's Chair Yoga (ER) 10:30am Spiritual Reflections (ER) 2:00pm Trivia Time (ER) 3:00pm Retro TV: Diagnosis Murder (ER) 5:30pm Puzzling with Friends (CS) 6:30pm Movie Night (ER)	**17** 9:30am Catholic Comm. and Rosary (CS) 10:00am Exercise with Legacy (ER) 10:45am Friendship Circle (ER) 2:00pm Arts and Crafts (CS) 3:00pm Advanced Bingo (B) 6:30pm Movie Night (ER)	**18** 9:15am Current Events (L) 10:00am Chair Zumba w/ Katie (ER) 11:00am Bible Study (ER) 2:00pm Just the 2 of Us performs (DR) 4:00pm Wine Down Wednesday (B) 6:30pm Movie Night (ER)	**19** 9:15am Visiting with Neighbors (L) 10:00am Sit and Lift with Legacy (ER) 10:30am Rob McHenry performs (ER) 3:00pm Easy Bingo (B) 6:30pm Movie Night (ER)	**20** 9:30am Morning Chat (L) 11:00am Lunch Bunch: Cracker Barrel (L) 3:30pm Happy Hour with Katie Hurcomb (B) 6:30pm Movie Night (ER)	**21** 9:15am Saturday Morning Social (L) 10:00am Morning Exercise (ER) 11:00am Buzzwords Game (L) 3:00pm Advanced Bingo (B) 6:30pm Movie Night (ER)
22 10:00am Church of Ascension Recorded Mass (ER) 1:00pm Church of the Resurrection Satellite Service (Recorded) (ER) 2:00pm Movie Matinee (ER) 6:00pm (Resident Led) Table Games (L) 6:30pm Movie Night (ER)	**23** 10:00am Beginner's Chair Yoga (ER) 10:30am Spiritual Reflections (ER) 2:00pm Trivia Time (ER) 3:00pm Retro TV: The Dick Van Dyke Show (ER) 5:30pm Puzzling with Friends (CS) 6:30pm Movie Night (ER)	**24** 9:30am Catholic Comm. and Rosary (CS) 10:00am Tuesday Move and Groove (ER) 10:45am Friendship Circle (ER) 2:00pm Alligator Shoes Performs (CS) 3:00pm Advanced Bingo (B) 6:30pm Movie Night (ER)	**25** 9:15am Shopping Trip: Target (L) 10:00am Chair Zumba w/ Katie (ER) 11:00am Bible Study (ER) 2:00pm Do Over Duo Performs (DR) 4:00pm Wine Down Wednesday (B) 6:30pm Movie Night (ER)	**26** Thanksgiving Day 9:15am Thanksgiving Day Parade Showing (ER) 10:00am Exercise w/ Emily (ER) 2:00pm Easy Bingo (B) 6:30pm Movie Night (ER)	**27** Black Friday 9:30am Morning Chat (L) 10:00am NEW! Vitality In Motion Exercise (ER) 3:30pm Happy Hour with Katie Hurcomb (B) 6:30pm Movie Night (ER)	**28** 9:15am Saturday Morning Social (L) 10:00am Morning Exercise (ER) 11:00am Buzzwords Game (L) 3:00pm Advanced Bingo (B) 6:30pm Movie Night (ER)
29 10:00am Church of Ascension Recorded Mass (ER) 1:00pm Church of the Resurrection Satellite Service (Recorded) (ER) 2:00pm Movie Matinee (ER) 6:00pm (Resident Led) Table Games (L) 6:30pm Movie Night (ER)	**30** 10:00am Beginner's Chair Yoga (ER) 10:30am Spiritual Reflections (ER) 2:00pm Bingo Store (ER) 3:00pm Retro TV: Diagnosis Murder (ER) 5:30pm Puzzling with Friends (CS) 6:30pm Movie Night (ER)					

Alto
Senior Living by Allegro

Happy Birthday!

Wishing these residents a very happy birthday!

Judith "Judy" B. - 2nd
Louise M. - 12th
Carolyn F. - 13th
Marilyn E. - 14th
Steve U. - 18th
Caroline S. - 19th
Doris P. - 21st



Locations

B = Bistro
CS = Creative Studio
DR = Dining Room
ER = Entertainment Room
LP = Large Patio
L = Lobby
PDR = Private Dining Room

All activities are subject to change!