November 2026

Spring Arbor of Leesburg

ASSISTED LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 **Happy Birthday Maggie W.** 9:30 AM - Morning Documentary (S) 10:00 AM - Sunday Sitcoms (S) 11:00 AM - Worship Service with Connie and Joe (AR) 1:00 PM - NFL Football-Sunroom and Cafe (C) 1:30 PM - Church Service with Rev. David, Nancy, and Bill (AR) 3:00 PM - Brain Games (AR) 6:00 PM - Evening Movie (S)	**02** 9:15 AM - Catholic Divine Mercy Prayer (L) 9:15 AM - Breakfast Outing 9:30 AM - Catholic Communion (L) 10:00 AM - Exercise with Bayada (WC) 11:00 AM - NYT Games (AR) 1:00 PM - Music with Peter and Lauren (AR) 2:00 PM - Country Store (200 Hall) 3:00 PM - Wowzitude: Online Travel Tour 6:00 PM - Evening Movie (S)	**03** 10:00 AM - Walking Club (AR) 10:45 AM - Bingo (AR) 1:00 PM - Sing-Along with Maggie (AR) 2:00 PM - Piano with Susan (AR) 3:00 PM - We C.A.R.E. Program-Jellyfish Day (AR) 6:00 PM - Evening Movie (S)	**04** 10:00 AM - Exercise with Bayada (WC) 11:00 AM - Short Stories with Mike (S) 1:00 PM - Rosary with Barbara S. (L) 2:00 PM - Fall Lantern Painting (AR) 3:30 PM - Wine Down Wednesday (C) 6:00 PM - Evening Movie (S)	**05** 9:15 AM - Bible Study with Maggie (AR) 10:00 AM - Seated Yoga with Tiffaney (WC) 11:00 AM - Brain Games (AR) 1:00 PM - Jeopardy 1:00 PM - Visit with Leslie and Shine (LR) 2:30 PM - Murder In A Small Town 3:00 PM - New Resident Social 6:00 PM - Evening Movie (S)	**06** 10:00 AM - Exercise with Bayada (WC) 11:00 AM - Manicures (AR) 1:00 PM - Resident Led-Bridge Club 2:00 PM - Hearts and Harmonies (AR) 3:15 PM - Happy Hour sponsored by Sencura 6:00 PM - Evening Movie (S)	**07** 10:00 AM - Coffee and Treats (C) 11:00 AM - Morning Documentary (S) 1:00 PM - BINGO (AR) 2:00 PM - Hot Cider Social 3:00 PM - Brain Games (AR) 6:00 PM - Evening Movie (S)
08 9:30 AM - Morning Documentary (S) 10:00 AM - Sunday Sitcoms (S) 11:00 AM - Worship Service with Connie and Joe (AR) 1:00 PM - NFL Football-Sunroom and Cafe (C) 1:30 PM - Church Service with Rev. David, Nancy, and Bill (AR) 3:00 PM - Brain Games (AR) 6:00 PM - Evening Movie (S)	**09** 9:15 AM - Catholic Divine Mercy Prayer (L) 9:30 AM - Catholic Communion (L) 10:00 AM - Exercise with Bayada (WC) 11:00 AM - NYT Games (AR) 1:00 PM - Fall Wind Chimes 2:00 PM - Veteran's Day History Documentary 3:00 PM - Resident Birthday Party Sponsored by Right At Home 6:00 PM - Evening Movie (S)	**10** 10:00 AM - Volleyball Practice 10:45 AM - Bingo (AR) 1:00 PM - Sing-Along with Maggie (AR) 2:00 PM - Piano with Susan (AR) 3:00 PM - We C.A.R.E. Program National Science Day (AR) 6:00 PM - Evening Movie (S)	**11** **Happy Birthday Nancy F.** **Veterans Day** 10:00 AM - Exercise with Bayada (WC) 10:30 AM - Allegro Stands Together: A Veteran's Day Tribute 1:00 PM - Red, White and Blue Door Hangars 1:00 PM - Rosary with Barbara S. (L) 3:30 PM - Wine Down Wednesday (C) 6:00 PM - Evening Movie (S)	**12** 9:15 AM - Bible Study with Maggie (AR) 10:00 AM - Seated Yoga with Tiffaney (WC) 11:00 AM - Brain Games (AR) 1:00 PM - Jeopardy 1:00 PM - Visit with Leslie and Shine (LR) 2:30 PM - Murder In A Small Town 6:00 PM - Evening Movie (S)	**13** 10:00 AM - Exercise with Bayada (WC) 11:00 AM - Manicures (AR) 1:00 PM - Local Scenic Drive (BO) 1:00 PM - Resident Led-Bridge Club 2:00 PM - Hearts and Harmonies (AR) 3:15 PM - Happy Hour 6:00 PM - Evening Movie (S)	**14** 10:00 AM - Coffee and Treats (C) 11:00 AM - Morning Documentary (S) 1:00 PM - BINGO (AR) 2:00 PM - Hot Cider Social 3:00 PM - Brain Games (AR) 6:00 PM - Evening Movie (S)
15 9:30 AM - Morning Documentary (S) 10:00 AM - Sunday Sitcoms (S) 11:00 AM - Worship Service with Connie and Joe (AR) 1:00 PM - NFL Football-Sunroom and Cafe (C) 1:30 PM - Church Service with Rev. David, Nancy, and Bill (AR) 3:00 PM - Brain Games (AR) 6:00 PM - Evening Movie (S)	**16** 9:15 AM - Catholic Divine Mercy Prayer (L) 9:30 AM - Catholic Communion (L) 10:00 AM - Exercise with Bayada (WC) 11:00 AM - NYT Games (AR) 1:00 PM - Paper Towel Roll Pumpkins 1:15 PM - Afternoon Shopping Trip to Trader Joe's 2:00 PM - Tree of Life 2:00 PM - Country Store (200 Hall) 3:00 PM - The War of 1812 Documentary 6:00 PM - Evening Movie (S)	**17** 10:00 AM - Corn Hole 10:45 AM - Bingo (AR) 1:00 PM - Sing-Along with Maggie (AR) 2:00 PM - Piano with Susan (AR) 3:00 PM - We C.A.R.E. Program National Sock Day (AR) 6:00 PM - Evening Movie (S)	**18** 10:00 AM - Exercise with Bayada (WC) 11:00 AM - Short Stories with Mike (S) 1:00 PM - Rosary with Barbara S. (L) 2:00 PM - Scarecrow Painting (AR) 3:30 PM - Wine Down Wednesday (C) 6:00 PM - Evening Movie (S)	**19** 9:15 AM - Bible Study with Maggie (AR) 10:00 AM - Seated Yoga with Tiffaney (WC) 11:00 AM - Brain Games (AR) 1:00 PM - Jeopardy 1:00 PM - Visit with Leslie and Shine (LR) 2:30 PM - Murder In A Small Town 6:00 PM - Evening Movie (S)	**20** 10:00 AM - Exercise with Bayada (WC) 11:00 AM - Manicures (AR) 1:00 PM - Resident Led-Bridge Club 2:00 PM - Hearts and Harmonies (AR) 3:15 PM - Happy Hour 6:00 PM - Evening Movie (S)	**21** 10:00 AM - Coffee and Treats (C) 11:00 AM - Morning Documentary (S) 1:00 PM - BINGO (AR) 2:00 PM - Hot Cider Social 3:00 PM - Brain Games (AR) 6:00 PM - Evening Movie (S)
22 9:30 AM - Morning Documentary (S) 10:00 AM - Sunday Sitcoms (S) 11:00 AM - Worship Service with Connie and Joe (AR) 1:00 PM - NFL Football-Sunroom and Cafe (C) 1:30 PM - Church Service with Rev. David, Nancy, and Bill (AR) 3:00 PM - Brain Games (AR) 3:30 PM - Music with Matthew Melvin 6:00 PM - Evening Movie (S)	**23** 9:15 AM - Catholic Divine Mercy Prayer (L) 9:30 AM - Catholic Communion (L) 10:00 AM - Exercise with Bayada (WC) 11:00 AM - NYT Games (AR) 1:00 PM - Tea with Annamarie (C) 3:00 PM - History of Thanksgiving Documentary 6:00 PM - Evening Movie (S)	**24** 10:00 AM - Spiro 100 Exercise Program 10:45 AM - Bingo (AR) 1:00 PM - Sing-Along with Maggie (AR) 2:00 PM - Piano with Susan (AR) 3:00 PM - We C.A.R.E. Program Pumpkin Pie Eating! (AR) 6:00 PM - Evening Movie (S)	**25** 10:00 AM - Exercise with Bayada (WC) 11:00 AM - Short Stories with Mike (S) 1:00 PM - Resident Council and Food Committee Meeting 2:00 PM - Autumn Leaf Painting (AR) 3:30 PM - Wine Down Wednesday (C) 6:00 PM - Evening Movie (S)	**26** **Thanksgiving Day** 9:15 AM - Bible Study with Maggie (AR) 10:00 AM - Turkey Trot Walk 11:00 AM - Brain Games (AR) 1:00 PM - Jeopardy 2:00 PM - What are you thankful for? 3:00 PM - Thanksgiving Movie 6:00 PM - Evening Movie (S)	**27** **Day after Thanksgiving Day** 10:00 AM - Exercise with Bayada (WC) 11:15 AM - Loudon County Library Visit 1:00 PM - Resident Led-Bridge Club 2:00 PM - Hearts and Harmonies (AR) 3:15 PM - Happy Hour 6:00 PM - Evening Movie (S)	**28** 10:00 AM - Coffee and Treats (C) 11:00 AM - Morning Documentary (S) 1:00 PM - BINGO (AR) 2:00 PM - Hot Cider Social 3:00 PM - Brain Games (AR) 6:00 PM - Evening Movie (S)
29 9:30 AM - Morning Documentary (S) 10:00 AM - Sunday Sitcoms (S) 11:00 AM - Worship Service with Connie and Joe (AR) 1:00 PM - NFL Football-Sunroom and Cafe (C) 1:30 PM - Church Service with Rev. David, Nancy, and Bill (AR) 3:00 PM - Brain Games (AR) 6:00 PM - Evening Movie (S)	**30** 9:15 AM - Catholic Divine Mercy Prayer (L) 9:30 AM - Catholic Communion (L) 10:00 AM - Exercise with Bayada (WC) 10:45 AM - Lunch Outing to Mamma Lucci's 11:00 AM - NYT Games (AR) 1:00 PM - Patterned Leaf Art 3:00 PM - Wowzitude: Online Travel Tour 6:00 PM - Evening Movie (S)	**Dimensions** Cognitive Creative Physical Social Spiritual		**Locations** Activity Room (AR) Activity Room-Cottage (AR) Bus Outing (BO) Cafe (C) Library (L) Living Room (LR) Sunroom (S) Wellness Center (WC)		Activity, location and time are subject to change. Please refer to the daily schedule at the front desk for the most current information. All activities last a minimum of 30 uness otherwise noted.

* Activities are subject to change

November 2026

Spring Arbor of Leesburg

MEMORY CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 10:30 AM - Music Appreciation 10:30 AM - Church with Connie and Joe (AR) 11:30 AM - Refresh Program 1:30 PM - Restful Relaxation 2:00 PM - Tovertafel Table Time 4:30 PM - Refresh Program 6:00 PM - Settle in with a Sitcom	**02** 9:00 AM - Exercise with Bayada 10:00 AM - Manicure Mondays 10:30 AM - Music Appreciation 11:00 AM - Morning Digest 11:30 AM - Refresh Program 1:30 PM - Restful Relaxation 2:00 PM - Tovertafel Table Time 2:30 PM - Art From the Heart 3:30 PM - Board Games 4:30 PM - Refresh Program 6:00 PM - Settle in with a Sitcom	**03** 9:00 AM - Scarf Dancing 10:30 AM - Service with Reverand and Nancy DeBose 10:30 AM - Music Appreciation 11:00 AM - Morning Digest 11:30 AM - Refresh Program 1:30 PM - Restful Relaxation 3:00 PM - We C.A.R.E. Program-Jellyfish Day (AR) 4:30 PM - Refresh Program 6:00 PM - Settle in with a Sitcom	**04** 9:00 AM - Exercise with Bayada 10:00 AM - Memory Games 10:30 AM - Music Appreciation 11:00 AM - Morning Digest 11:30 AM - Refresh Program 1:30 PM - Restful Relaxation 2:00 PM - Tovertafel Table Time 2:30 PM - Visit with Paco and Daisy 4:30 PM - Refresh Program 6:00 PM - Settle in with a Sitcom	**05** 9:00 AM - Balloon Volleyball (LR) 10:00 AM - Word Games 10:30 AM - Music Appreciation 11:00 AM - Morning Digest 11:30 AM - Refresh Program 1:00 PM - Visit with Leslie and Shine 1:30 PM - Restful Relaxation 2:00 PM - Tovertafel Table Time 2:30 PM - Chicken Soup for the Soul 4:30 PM - Refresh Program 6:00 PM - Settle in with a Sitcom	**06** 9:00 AM - Bowling 10:00 AM - Number Games 10:30 AM - Music Appreciation 11:00 AM - Morning Digest 11:30 AM - Refresh Program 1:30 PM - Restful Relaxation 2:00 PM - Piano with Susan 3:00 PM - Hearts and Harmonies 4:30 PM - Refresh Program 6:00 PM - Settle in with a Sitcom	**07** 9:30 AM - Coffee and Tea Social 10:30 AM - Music Appreciation 10:30 AM - Flower Arranging 11:00 AM - Morning Digest 11:30 AM - Refresh Program 1:30 PM - Restful Relaxation 2:00 PM - Tovertafel Table Time 3:00 PM - Cinema Saturday 4:30 PM - Refresh Program 6:00 PM - Settle in with a Sitcom
08 10:30 AM - Music Appreciation 10:30 AM - TV Church 11:00 AM - Morning Digest 11:30 AM - Refresh Program 1:30 PM - Restful Relaxation 2:00 PM - Tovertafel Table Time 4:30 PM - Refresh Program 6:00 PM - Settle in with a Sitcom	**09** 9:00 AM - Exercise with Bayada 10:00 AM - Manicure Mondays 10:30 AM - Music Appreciation 11:00 AM - Morning Digest 11:30 AM - Refresh Program 1:30 PM - Restful Relaxation 2:00 PM - Tovertafel Table Time 2:30 PM - Art From the Heart 4:30 PM - Refresh Program 6:00 PM - Settle in with a Sitcom	**10** 9:00 AM - Scarf Dancing 10:30 AM - Service with Reverand and Nancy DeBose 10:30 AM - Music Appreciation 11:00 AM - Morning Digest 11:30 AM - Refresh Program 1:30 PM - Restful Relaxation 3:00 PM - We C.A.R.E. Program National Science Day (AR) 4:30 PM - Refresh Program 6:00 PM - Settle in with a Sitcom	**11** **Veterans Day** 9:00 AM - Exercise with Bayada 10:30 AM - Allegro Stands Together: A Veteran's Day Tribute (AR) 10:30 AM - Music Appreciation 11:00 AM - Morning Digest 11:30 AM - Refresh Program 1:30 PM - Restful Relaxation 2:00 PM - Tovertafel Table Time 2:30 PM - Visit with Paco and Daisy 4:30 PM - Refresh Program 6:00 PM - Settle in with a Sitcom	**12** 9:00 AM - Balloon Volleyball (LR) 10:00 AM - Word Games 10:30 AM - Music Appreciation 11:00 AM - Morning Digest 11:30 AM - Refresh Program 1:00 PM - Visit with Leslie and Shine 1:30 PM - Restful Relaxation 2:00 PM - Tovertafel Table Time 2:30 PM - Chicken Soup for the Soul 4:30 PM - Refresh Program 6:00 PM - Settle in with a Sitcom	**13** 9:00 AM - Bowling 10:00 AM - Number Games 10:30 AM - Music Appreciation 11:00 AM - Morning Digest 11:30 AM - Refresh Program 1:15 PM - Local Scenic Drive 1:30 PM - Restful Relaxation 2:00 PM - Piano with Susan 3:00 PM - Hearts and Harmonies 4:30 PM - Refresh Program 6:00 PM - Settle in with a Sitcom	**14** 9:30 AM - Coffee and Tea Social 10:30 AM - Music Appreciation 10:30 AM - Flower Arranging 11:00 AM - Morning Digest 11:30 AM - Refresh Program 1:30 PM - Restful Relaxation 2:00 PM - Tovertafel Table Time 3:00 PM - Cinema Saturday 4:30 PM - Refresh Program 6:00 PM - Settle in with a Sitcom
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