November 2026

Spring Arbor of Frederick

ASSISTED LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 **All Saints Day** **9:30 AM** Morning Hymn Sing-Along (CF) **10:30 AM** National Shrine Mass & Communion with St. Joseph's (S) **11:00 AM** Spring Arbor Sunday Church (LR) **1:30 PM** "Fall Back" Spa Hour (AR) **2:30 PM** Floral Arranging: Mums in Mugs (AR) **4:00 PM** Pumpkin Latte Happy Hour (CF) **6:00 PM** Cornhole Guided by Linda (200H)	**02** **All Souls Day** **9:30 AM** Enjoy a Cup of Coffee & Chat With a Friend ✋ (CF) **10:00 AM** Wise & Well Exercise Group with BAYADA (100H) **11:00 AM** Book Club (200HL) **1:30 PM** Scenic Drive- Please Sign Up with Receptionist⭐ (O) **1:30 PM** Self-Guided Activities (While Group is on the Outing) ✋ (AR) **4:00 PM** Bocce Ball (200H) **6:00 PM** Happy Hour BINGO!! (200H)	**03** **Election Day** **9:30 AM** Enjoy a Cup of Coffee & Chat With a Friend ✋ (CF) **10:30 AM** Morning Chair Yoga (100H) **11:00 AM** Solve the Daily Wordle & Crossword (CF) **2:00 PM** BINGO Auction (AR) **4:00 PM** Dice Games Happy Hour (CF) **6:00 PM** Theater Time Tuesday - Remarkably Bright Creatures (2026) (S)	**04** **Amazing Chimpanzees Day** **9:30 AM** Enjoy a Cup of Coffee & Chat With a Friend ✋ (CF) **10:00 AM** Wise & Well Exercise Group with BAYADA (100H) **11:00 AM** St. Joseph's Divinity & Prayer with Mark (S) **11:00 AM** Wise & Well Talk with BAYADA (100H) **1:30 PM** Shopping Trip to Giant (O) **1:30 PM** Self-Guided Activities (While the Group is on the Outting) (AR) **1:30 PM** Pet Visits with Gusti **4:00 PM** Happy Hour Family Feud (CF) **6:00 PM** BINGO (200H)	**05** **Firewood Day** **9:30 AM** Bible Study with Patrick (AR) **10:30 AM** Morning Stretch & Tai Chi (100H) **11:00 AM** Book Club (200HL) **1:30 PM** Food Service Committee (AR) **2:30 PM** Bocce Ball (LR) **4:00 PM** Trivia Happy Hour (CF) **6:00 PM** Theater Time Thursday- The Carer (2016) (S)	**06** **Marooned Without a Compass Day** **9:30 AM** Enjoy a Cup of Coffee & Chat With a Friend ✋ (CF) **10:00 AM** Wise & Well Exercise Group with BAYADA (100H) **11:00 AM** Multi Card / Nickel BINGO (Bring your pennies to cash in for nickels!) (AR) **1:30 PM** Drama Club (AR) **2:30 PM** Map Coasters (AR) **4:00 PM** Happy Hour & UNO! (CF) **6:00 PM** BINGO! (200H)	**07** **Notary Public Day** **9:30 AM** Enjoy a Cup of Coffee & Chat With a Friend ✋ (CF) **10:00 AM** Walk & Roll Club (FL) **11:00 AM** We C.A.R.E - Bocce Ball (C) **1:30 PM** Crochet Club **2:30 PM** Poker: 5 Card Draw! (200HL) **4:00 PM** Happy Hour & Skip-Bo (CF) **6:00 PM** Resident Guided Axe Throwing (200H)
08 **Rose National Emblem Day** **9:30 AM** Morning Hymn Sing-Along (CF) **10:30 AM** National Shrine Mass & Communion with St. Joseph's (S) **11:00 AM** Spring Arbor Sunday Church (LR) **1:30 PM** - 3p Guided Paint and Sip (AR) **2:30 PM** Croquet (200H) **4:00 PM** Pumpkin Latte Happy Hour (CF) **6:00 PM** Cornhole Guided by Linda (200H)	**09** **National Recycling Week** **7:00 AM** National Recycling Week **9:30 AM** Enjoy a Cup of Coffee & Chat With a Friend ✋ (CF) **10:00 AM** Wise & Well Exercise Group with BAYADA (100H) **11:00 AM** Book Club (200HL) **1:30 PM** Shopping Trip to TJ-MAXX (O) **1:30 PM** Self-Guided Activities (While Group is on the Outing) ✋ (AR) **4:00 PM** Bocce Ball (200H) **6:00 PM** Happy Hour BINGO!! (200H)	**10** **Marine Corps Anniversary** **9:30 AM** Enjoy a Cup of Coffee & Chat With a Friend ✋ (CF) **10:30 AM** Morning Chair Yoga (100H) **11:00 AM** Hymn Sing with Fiddler Norm (LR) **1:30 PM** Stories of Valor: Hearing Stories from Marines (S) **2:30 PM** Games with the Cool Kidz Club (AR) **4:00 PM** Dice Games Happy Hour (CF) **6:00 PM** Theater Time Tuesday - How to Train Your Dragon (2025) (S)	**11** **Veterans Day** **9:30 AM** Enjoy a Cup of Coffee & Chat With a Friend ✋ (CF) **10:00 AM** Wise & Well Exercise Group with BAYADA (100H) **11:00 AM** Allegro Stands Together: Veterans Celebration (LR) **11:00 AM** St. Joseph's Divinity & Prayer with Mark (S) **1:00 PM** Spa Day- Come Get Pampered (AR) **1:30 PM** Pet Visits with Gusti **4:00 PM** Happy Hour Family Feud (CF) **6:00 PM** BINGO (200H) **6:00 PM** Evening Hymn Sing with Patrick & Lisa (LR)	**12** **Mocktail Day** **9:30 AM** Bible Study with Patrick (AR) **10:30 AM** Morning Stretch & Tai Chi (100H) **11:00 AM** Book Club (200HL) **1:00 PM** Spa Day- Come Get Pampered (AR) **4:00 PM** Trivia Happy Hour (CF) **6:00 PM** Theater Time Thursday- Rio LOBO (1970) (S)	**13** **Harvest Celebrations Day** **9:30 AM** Enjoy a Cup of Coffee & Chat With a Friend ✋ (CF) **10:00 AM** Wise & Well Exercise Group with BAYADA (100H) **11:00 AM** Multi Card / Nickel BINGO (Bring your pennies to cash in for nickels!) (AR) **2:00 PM** Ladies Bubble Tea with Janet (LR) **4:00 PM** Happy Hour & UNO! (CF) **6:00 PM** BINGO! (200H)	**14** **Pickle Day** **9:30 AM** Enjoy a Cup of Coffee & Chat With a Friend ✋ (CF) **10:00 AM** Walk & Roll Club (FL) **11:00 AM** We C.A.R.E Fall Leaves Wreath of Thanks Craft **2:00 PM** Holiday Dance Performance with MMPAC (100H) **4:00 PM** Happy Hour & Skip-Bo (CF) **6:00 PM** Resident Guided Axe Throwing (200H)
15 **Georgia O'Keefe Day** **9:30 AM** Morning Hymn Sing-Along (CF) **10:30 AM** National Shrine Mass & Communion with St. Joseph's (S) **11:00 AM** Spring Arbor Sunday Church (LR) **1:30 PM** Creating Votive Holders for Thanksgiving Dinner (AR) **2:00 PM** Barnesville Baptist Church (LR) **4:00 PM** Pumpkin Latte Happy Hour (CF) **6:00 PM** Cornhole Guided by Linda (200H)	**16** **Aviation History Day** **9:30 AM** Enjoy a Cup of Coffee & Chat With a Friend ✋ (CF) **10:00 AM** Wise & Well Exercise Group with BAYADA (100H) **11:00 AM** Book Club (200HL) **1:30 PM** Shopping Trip to Boscovs (O) **1:30 PM** Self-Guided Activities (While Group is on the Outing) ✋ (AR) **1:30 PM** Green Bean Snapping Bonanza (AR) **4:00 PM** Bocce Ball (200H) **6:00 PM** Happy Hour BINGO!! (200H)	**17** **World Peace Day** **7:00 AM** World Peace Day **9:30 AM** Enjoy a Cup of Coffee & Chat With a Friend ✋ (CF) **10:30 AM** Morning Chair Yoga (100H) **11:00 AM** Solve the Daily Wordle & Crossword (CF) **1:00 PM** Green Bean Snapping Bonanza (AR) **2:00 PM** Monthly Birthday Celebration (CF) **2:30 PM** Piano Serenade with Dale & Garrey (LR) **4:00 PM** Dice Games Happy Hour (CF) **6:00 PM** Theater Time Tuesday - Son in Law (1993) (S)	**18** **Glue It Day** **9:30 AM** Enjoy a Cup of Coffee & Chat With a Friend ✋ (CF) **10:00 AM** Wise & Well Exercise Group with BAYADA (100H) **11:00 AM** St. Joseph's Divinity & Prayer with Mark (S) **1:30 PM** Operation Christmas Child Packing Party (AR) **1:30 PM** Pet Visits with Gusti **4:00 PM** Happy Hour Family Feud (CF) **6:00 PM** Documentaries and Charcuterie with Bridging Life (AR)	**19** **International Men's Day** **9:30 AM** Bible Study with Patrick (AR) **10:30 AM** Morning Stretch & Tai Chi (100H) **11:00 AM** Book Club (200HL) **11:45 AM** Men's Group Luncheon & Kegger (CR) **4:00 PM** Trivia Happy Hour (CF) **5:00 PM** FAMILY THANKSGIVING DINNER (FL)	**20** **A Preposterous, Silly, Kooky Day** **9:30 AM** Enjoy a Cup of Coffee & Chat With a Friend ✋ (CF) **10:00 AM** Wise & Well Exercise Group with BAYADA (100H) **11:00 AM** Multi Card / Nickel BINGO (Bring your pennies to cash in for nickels!) (AR) **1:30 PM** Drama Club (AR) **3:00 PM** Music with Matthew (LR) **4:00 PM** Happy Hour & UNO! (CF) **6:00 PM** BINGO! (200H)	**21** **Up, Up, and Away Day** **9:30 AM** Enjoy a Cup of Coffee & Chat With a Friend ✋ (CF) **10:00 AM** Walk & Roll Club (FL) **11:00 AM** We C.A.R.E - Mosaic Coaster Craft (C) **1:30 PM** Crochet Club **2:30 PM** Poker: 5 Card Draw! (200HL) **4:00 PM** Happy Hour & Skip-Bo (CF) **6:00 PM** Resident Guided Axe Throwing (200H)
22 **Let the Games Begin** **9:30 AM** Morning Hymn Sing-Along (CF) **10:30 AM** National Shrine Mass & Communion with St. Joseph's (S) **11:00 AM** Spring Arbor Sunday Church (LR) **1:30 PM** Tic Tac Toe Canvas Bag Craft (AR) **2:30 PM** Pipe Cleaner Flowers (AR) **4:00 PM** Pumpkin Latte Happy Hour (CF) **6:00 PM** Cornhole Guided by Linda (200H)	**23** **Fibonacci Day** **9:30 AM** Enjoy a Cup of Coffee & Chat With a Friend ✋ (CF) **10:00 AM** Wise & Well Exercise Group with BAYADA (100H) **11:00 AM** Book Club (200HL) **1:30 PM** Scenic Drive- Please Sign Up with Receptionist⭐ (O) **1:30 PM** Self-Guided Activities (While Group is on the Outing) ✋ (AR) **4:00 PM** Bocce Ball (200H) **6:00 PM** Happy Hour BINGO!! (200H)	**24** **Happy Birthday, Nancy S!** **Happy Birthday Herbert, Mr. Shuck, Shuck S.** **9:30 AM** Enjoy a Cup of Coffee & Chat With a Friend ✋ (CF) **10:30 AM** Morning Chair Yoga (100H) **11:00 AM** Cutting Snowflakes With Garrey (AR) **1:30 PM** Making Patriotic Door Hangers for our Veterans (AR) **2:30 PM** Games with the Cool Kidz Club (AR) **4:00 PM** Dice Games Happy Hour (CF) **6:00 PM** Theater Time Tuesday - Sully (2016) (S)	**25** **Try Something Vegan Day** **9:30 AM** Enjoy a Cup of Coffee & Chat With a Friend ✋ (CF) **10:00 AM** Wise & Well Exercise Group with BAYADA (100H) **11:00 AM** St. Joseph's Divinity & Prayer with Mark (S) **1:30 PM** Shopping trip to Target (O) **1:30 PM** Pet Visits with Gusti **2:30 PM** Resident Council (AR) **4:00 PM** Happy Hour Family Feud (CF) **6:00 PM** Dinner Bunch- Texas Roadhouse (O)	**26** **Thanksgiving Day** **7:00 AM** Thanksgiving BINGO! (200H) **9:30 AM** Bible Study with Patrick (AR) **10:30 AM** Morning Stretch & Tai Chi (100H) **11:00 AM** Book Club (200HL) **1:30 PM** Bocce Ball (LR) **4:00 PM** Trivia Happy Hour (CF) **6:00 PM** Theater Time Thursday- Always (1989) (S)	**27** **Day after Thanksgiving Day** **9:30 AM** Enjoy a Cup of Coffee & Chat With a Friend ✋ (CF) **10:00 AM** Wise & Well Exercise Group with BAYADA (100H) **11:00 AM** Multi Card / Nickel BINGO (Bring your pennies to cash in for nickels!) (AR) **1:30 PM** Drama Club (AR) **2:30 PM** Poker: 5 Card Draw (200HL) **4:00 PM** Happy Hour & UNO! (CF) **6:00 PM** BINGO! (200H)	**28** **Happy Birthday, Norma S!** **9:30 AM** Enjoy a Cup of Coffee & Chat With a Friend ✋ (CF) **10:00 AM** Walk & Roll Club (FL) **11:00 AM** We C.A.R.E Community Gratitude Tree **1:30 PM** Badminton (200H) **2:30 PM** Autumn Family Feud (CF) **4:00 PM** Happy Hour & Skip-Bo (CF) **6:00 PM** Dinner at "Way Off Broadway" (O)
29 **Little Women Day** **7:00 AM** Lifelong Learning- Aviation Mysteries (S) **9:30 AM** Morning Hymn Sing-Along (CF) **10:30 AM** National Shrine Mass & Communion with St. Joseph's (S) **11:00 AM** Spring Arbor Sunday Church (LR) **1:30 PM** Lifelong Learning- Gilded Gold: Airline Travel in the 1950's & 1960's (S) **4:00 PM** Pumpkin Latte Happy Hour (CF) **6:00 PM** Cornhole Guided by Linda (200H)	**30** **Crazy Hat Day** **9:30 AM** Enjoy a Cup of Coffee & Chat With a Friend ✋ (CF) **10:00 AM** Wise & Well Exercise Group with BAYADA (100H) **11:00 AM** Book Club (200HL) **1:30 PM** Scenic Drive- Please Sign Up with Receptionist⭐ (O) **1:30 PM** Self-Guided Activities (While Group is on the Outing) ✋ (AR) **4:00 PM** Bocce Ball (200H) **6:00 PM** Happy Hour BINGO!! (200H)	**Locations** Cafe (CF) Sunroom (S) Living Room (LR) Activity Room (AR) 200 Hallway (200H) 100 Hallway (100H) 200 Hallway Library (200HL) Outing (O) Front Lobby (FL) Cottage (C) Conference Room (CR)	**Dimensions** Physical Creative Social Cognitive Spiritual			

* Activities are subject to change

November 2026

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MEMORY CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 **Day Of The Dead** **9:30 AM** Morning Movement **10:30 AM** Chronicles and Devotions **11:00 AM** Spring Arbor Sunday Church **2:00 PM** Making Conchas **3:00 PM** Snack & Tover Time (AR) **3:30 PM** Legends of Mexico: Exploring Folklore and Tradition **6:00 PM** Classic TV	**02** **Diwali** **All Soul's Day** **9:30 AM** Morning Movement **10:30 AM** Chronicles and Devotions **11:00 AM** Bingo **2:00 PM** Making Soul Cakes **3:00 PM** Snack & Tover Time **3:30 PM** Learn How All Soul's Day Is Celebrated Around The World **6:00 PM** Classical Music Hour	**03** **Times We Treasure Tuesday** **9:30 AM** Morning Movement **10:30 AM** Chronicles and Devotions **11:00 AM** Snack Time Cooking Club **2:00 PM** Scrapbooking **3:00 PM** Snack & Tover Time (AR) **3:30 PM** Truth or Not? Cliche Edition **6:00 PM** Classic Hollywood Movies	**04** **Candy Day** **9:30 AM** Morning Movement **10:30 AM** Chronicles and Devotions **11:00 AM** Wise and Well Exercise **2:00 PM** Pipe Cleaner Lollipops **3:00 PM** Snack & Tover Time **3:30 PM** Candy Trivia **6:00 PM** Classic Game Shows	**05** **Firewood Day** **9:30 AM** Morning Movement **10:30 AM** Chronicles and Devotions **11:00 AM** Spiritual Eldercare **2:00 PM** Fall Leaf Stamping Craft **3:00 PM** Hot Cocoa Social **3:30 PM** Tabletop Bowling **6:00 PM** Youtube Golden Oldies Concerts	**06** **Hoops Day** **9:30 AM** Morning Movement **10:30 AM** Chronicles and Devotions **11:00 AM** Wise and Well Exercise **2:00 PM** Flower Arranging (AR) **2:30 PM** Snack & Tover Time (AR) **3:00 PM** Scenic Drive (O)	**07** **Shopping Reminder Saturday** **9:30 AM** Morning Movement **10:30 AM** Chronicles and Devotions **11:00 AM** We C.A.R.E - Bocce Ball (C) **2:30 PM** Wine Down Happy Hour **3:30 PM** Family Feud **6:00 PM** Classic TV
08 **Diwali** **9:30 AM** Morning Movement **10:30 AM** Chronicles and Devotions **11:00 AM** Spring Arbor Sunday Church **1:30 PM** Pet Visits with Chloe (LR) **2:00 PM** Hymnal Sing with Noah (LR) **3:00 PM** Snack & Tover Time (AR) **3:30 PM** The Festival of Lights: Diwali **6:00 PM** Classic TV	**09** **National Recycling Week** **9:30 AM** Morning Movement **10:30 AM** Chronicles and Devotions **11:00 AM** Bingo **2:00 PM** Bottle Cap Magnets **3:00 PM** Snack & Tover Time **3:30 PM** Mixed Up Recycling Puzzle **6:00 PM** Classical Music Hour	**10** **Happy Birthday, Deritha "Ann" B!** **Operator, Please!** **9:30 AM** Morning Movement **10:30 AM** Chronicles and Devotions **11:00 AM** Snack Time Cooking Club **2:00 PM** Tea Party Glam **3:00 PM** Ladies Tea **3:00 PM** Snack & Tover Time (AR) **6:00 PM** Classic Hollywood Movies	**11** **Happy Birthday Jill G.** **Veterans Day** **9:30 AM** Morning Movement **10:30 AM** Chronicles and Devotions **11:00 AM** Wise and Well Exercise **11:00 AM** Allegro Stands Together: Veterans Celebration (LR) **2:00 PM** Watercolor Poppies **3:00 PM** Snack & Tover Time **3:30 PM** Finish the Line: Patriotic Edition **6:00 PM** Classic Game Shows	**12** **Pizza with Everything (Except Anchovies) Day** **9:30 AM** Morning Movement **10:30 AM** Chronicles and Devotions **11:00 AM** Spiritual Eldercare **11:45 AM** Men's Group Luncheon (AR) **2:00 PM** Build Your Own Pizza **3:00 PM** Hot Cocoa Social **3:30 PM** Deep Dish Pizza Puzzle **6:00 PM** Youtube Golden Oldies Concerts	**13** **World Kindness Day** **9:30 AM** Morning Movement **10:30 AM** Chronicles and Devotions **11:00 AM** Wise and Well Exercise **1:00 PM** Dr. Bob the Singing Dentist & Joe the Plumber (LR) **2:30 PM** Snack & Tover Time (AR) **3:00 PM** Scenic Drive (O)	**14** **Pickle Day** **9:30 AM** Morning Movement **10:30 AM** Chronicles and Devotions **11:00 AM** We C.A.R.E Fall Leaves Wreath of Thanks Craft **2:00 PM** Holiday Dance Performance with MMPAC (100H) **3:30 PM** Wine Down Happy Hour **6:00 PM** Classic TV
15 **America Recycles Day** **9:30 AM** Morning Movement **10:30 AM** Chronicles and Devotions **11:00 AM** Spring Arbor Sunday Church **2:00 PM** Bottle Stamped Flowers **3:00 PM** Barnesville Baptist Church **3:00 PM** Snack & Tover Time (AR) **6:00 PM** Classic TV	**16** **Happy Birthday, Claire E!** **International Day for Tolerance** **9:30 AM** Morning Movement **10:30 AM** Chronicles and Devotions **11:00 AM** Bingo **1:30 PM** Spa Day **3:00 PM** Snack & Tover Time **6:00 PM** Classical Music Hour	**17** **Take a Hike Day** **7:00 AM** Monthly Birthday Celebration (AR) **9:30 AM** Morning Movement **10:30 AM** Chronicles and Devotions **11:00 AM** Snack Time Cooking Club **2:00 PM** Piano Serenade with Dale & Garrey (400H) **3:00 PM** Snack & Tover Time (AR) **6:00 PM** Classic Hollywood Movies	**18** **Glue It Day** **9:30 AM** Morning Movement **10:30 AM** Chronicles and Devotions **11:00 AM** Wise and Well Exercise **2:00 PM** Axe Throwing **3:00 PM** Snack & Tover Time **3:30 PM** Swirl Glue Suncatcher **6:00 PM** Documentaries and Charcuterie with Bridging Life (AR)	**19** **International Men's Day** **9:30 AM** Morning Movement **10:30 AM** Chronicles and Devotions **11:00 AM** Spiritual Eldercare **3:00 PM** Hot Cocoa Social **3:30 PM** Music Therapy with Notable Progressions (LR) **5:00 PM** FAMILY THANKSGIVING DINNER (FL) **6:00 PM** Youtube Golden Oldies Concerts	**20** **Say "Cheese" Day** **9:30 AM** Morning Movement **10:30 AM** Chronicles and Devotions **11:00 AM** Wise and Well Exercise **2:00 PM** Flower Arranging (AR) **2:00 PM** Music with Matthew (400H) **2:30 PM** Snack & Tover Time (AR) **6:00 PM** Movie Night!	**21** **Up Up and Away Day** **9:30 AM** Morning Movement **10:30 AM** Chronicles and Devotions **11:00 AM** We C.A.R.E - Mosaic Coaster Craft (C) **2:30 PM** Wine Down Happy Hour **3:30 PM** Balloon Stress Balls **6:00 PM** Classic TV
22 **Stir Up Sunday** **9:30 AM** Morning Movement **10:30 AM** Chronicles and Devotions **11:00 AM** Spring Arbor Sunday Church **1:30 PM** Pet Visits with Chloe (LR) **2:00 PM** Hymnal Sing with Noah (LR) **3:00 PM** Snack & Tover Time (AR) **3:30 PM** Pumpkin Taste Testing **6:00 PM** Classic TV	**23** **National Espresso Day** **9:30 AM** Morning Movement **10:30 AM** Chronicles and Devotions **11:00 AM** Bingo **2:00 PM** Dark Chocolate Espresso Mousse **3:00 PM** Snack & Tover Time **3:30 PM** Lattes and Laughs **6:00 PM** Classical Music Hour	**24** **Full Moon Day** **9:30 AM** Morning Movement **10:30 AM** Chronicles and Devotions **11:00 AM** Snack Time Cooking Club **3:00 PM** Snack & Tover Time (AR) **6:00 PM** Classic Hollywood Movies	**25** **Pumpkin Pie Day** **9:30 AM** Morning Movement **10:30 AM** Chronicles and Devotions **11:00 AM** Lunch Bunch (O) **11:00 AM** Wise and Well Exercise **2:00 PM** Baking Pumpkin Pies **3:00 PM** Snack & Tover Time **3:30 PM** What We Are Thankful For **6:00 PM** Classic Game Shows	**26** **Thanksgiving** **Thanksgiving Day** **9:30 AM** Morning Movement **10:30 AM** Chronicles and Devotions **11:00 AM** Spiritual Eldercare **2:00 PM** Turkey Headband Craft **3:00 PM** Hot Cocoa Social **3:30 PM** Turkey Hunting **6:00 PM** Youtube Golden Oldies Concerts	**27** **Shop Till You Drop Day** **Day after Thanksgiving Day** **9:30 AM** Morning Movement **10:30 AM** Chronicles and Devotions **11:00 AM** Wise and Well Exercise **2:00 PM** Flower Arranging (AR) **2:30 PM** Snack & Tover Time (AR) **3:00 PM** Scenic Drive (O)	**28** **Small Business Saturday** **9:30 AM** Morning Movement **10:30 AM** Chronicles and Devotions **11:00 AM** We C.A.R.E Community Gratitude Tree **2:30 PM** Wine Down Happy Hour **3:30 PM** Taste Around The World **6:00 PM** Dinner at "Way Off Broadway" (O)
29 **French Toast Day** **9:30 AM** Morning Movement **10:30 AM** Chronicles and Devotions **11:00 AM** Spring Arbor Sunday Church **2:00 PM** Cinnamon French Toast Casserole **3:00 PM** Snack & Tover Time (AR) **3:30 PM** Junk Drawer Detective **6:00 PM** Classic TV	**30** **Mason Jar Day** **9:30 AM** Morning Movement **10:30 AM** Chronicles and Devotions **11:00 AM** Bingo **2:00 PM** Mason Jar Hot Cocoa kits **3:00 PM** Snack & Tover Time **3:30 PM** Dice Game **6:00 PM** Classical Music Hour	**Locations** Activity Room (AR) Outing (O) Cottage (C) Living Room (LR) 100 Hallway (100H) 400 Hallway (400H) Front Lobby (FL)	**Dimensions** Creative Cognitive Physical Social Spiritual			

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