November 2026

Spring Arbor of Frankfort

ASSISTED LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 10:00 AM - Cognitive Puzzles w/Friends (AA) 10:30 AM - Devotions & Gospel (USA) 11:00 AM - Walk w/Friends (IF) 1:00 PM - Board Games w/ Friends (AA) 3:00 PM - Hand and Foot Game (AA) 6:00 PM - Cards with Friends (AA)	**02** 10:00 AM - World Puzzles Social w/Coffee (AA) 10:30 AM - Devotions with Gene Metts (USA) 11:00 AM - Walk w/Friends (USA) 1:00 PM - Manicure Mondays (AA) 2:00 PM - Bingo (AA) 3:00 PM - Canvas Quilting Patterns for Autumn 6:00 PM - Cards w/Friends (USA) 6:00 PM - Cards with Friends (AA)	**03** 10:00 AM - Scrabble Game with Friends (AA) 10:30 AM - devotional w/ Carla Phillips 11:00 AM - Sit & Be Fit with Therapy (USA) 11:00 AM - Election Day (OOF) 3:00 PM - Picasso-fy-Your Picture (AA) 6:00 PM - Cards with Friends (AA)	**04** 10:00 AM - Autumn Word Search- Vol 1., Puzzle #11 10:00 AM - Word Puzzles w/Friends (AA) 10:30 AM - Devotions with Jack Brewer (USA) 11:00 AM - Balloon Fun w/ Cathie (AA) 11:00 AM - Walk w/Friends 1:00 PM - Fun with Meighan (AA) 2:00 PM - Bingo (AA) 3:30 PM - Wine Wednesday (AA) 6:00 PM - Cards w/Friends	**05** 10:00 AM - Cognitive Puzzles w/Friends (AA) 10:30 AM - Devotions w/Dan (USA) 11:00 AM - Lunch Bunch Tammy's Dinner (OOF) 11:00 AM - Gardening w/Friends (O) 1:30 PM - Hand & Foot Game w/Friends (AA) 6:00 PM - Cards with Friends (AA)	**06** 10:00 AM - Scrabble Game with Friends (AA) 10:30 AM - Devotions with Carol & David (USA) 11:00 AM - Walk w/Friends (IF) 1:00 PM - Manicures 2:00 PM - Bingo 6:00 PM - Games & Cards w/Friends (AA)	**07** 10:00 AM - Word Searches w/Friends (AA) 10:30 AM - Devotions & Gospel Music with Nick (USA) 11:00 AM - Walk w/Friends (IF) 11:00 AM - Sitting Start 11:00 AM - Veterans Day Parade Downtown Frankfort (OOF) 3:00 PM - Movie w/Popcorn - Resident Choice 6:00 PM - Cards with Friends (AA)
08 10:00 AM - Cognitive Puzzles w/Friends (AA) 10:30 AM - Devotions & Gospel (USA) 11:00 AM - Walk w/Friends (IF) 1:00 PM - Board Games w/ Friends (AA) 3:00 PM - Hand and Foot Game (AA) 6:00 PM - Cards with Friends (AA)	**09** 10:00 AM - World Puzzles Social w/Coffee (AA) 10:30 AM - Devotions with Gene Metts and Doug Kilby (USA) 11:00 AM - Walk w/Friends (USA) 1:00 PM - Manicure Mondays (AA) 2:00 PM - Bingo (AA) 6:00 PM - Cards w/Friends (USA) 6:00 PM - Cards with Friends (AA)	**10** 10:00 AM - Scrabble Game with Friends (AA) 10:30 AM - Devotional w/ Renita 11:00 AM - Sit & Be Fit with Therapy (USA) 2:00 PM - Stewart Homeschool Choir (DR) 3:00 PM - Pixel Perfect: Drawing Animals 35 (AA) 6:00 PM - Cards with Friends (AA)	**11** 10:00 AM - Word Puzzles w/Friends (AA) 10:30 AM - Devotions with Jack Brewer (USA) 11:00 AM - Balloon Fun w/ Cathie (AA) 11:00 AM - Allegro Stands Together: Veterans Day Tribute (DR) 11:45 AM - Veterans Day Honor Celebration at Farmers Market Pavilion (OOF) 1:00 PM - Fun with Meighan (AA) 2:00 PM - Bingo with Renita (AA) 3:30 PM - Wine Wednesday (AA) 6:00 PM - Cards w/Friends	**12** 10:00 AM - Cognitive Puzzles w/Friends (AA) 10:30 AM - Devotions w/Norman (USA) 11:00 AM - Gardening w/Friends (O) 1:30 PM - Hand & Foot Game w/Friends (AA) 2:00 PM - VFW Bingo (AA) 5:00 PM - Capital Stroll Christmas tree lighting and Chorus at Old State Capitol 6:00 PM - Cards with Friends (AA)	**13** 10:00 AM - Scrabble Game with Friends (AA) 10:30 AM - Devotions with Carol & David (USA) 11:00 AM - Walk w/Friends (IF) 1:00 PM - Manicures 2:00 PM - Bingo 6:00 PM - Games & Cards w/Friends (AA)	**14** 10:00 AM - Word Searches w/Friends (AA) 10:30 AM - Devotions & Gospel Music with Nick (USA) 11:00 AM - Walk w/Friends (IF) 3:00 PM - Movie w/Popcorn - Resident Choice 3:00 PM - Sunflower Pinecone Craft Fall Crafts (AA) 6:00 PM - Cards with Friends (AA)
15 10:00 AM - Cognitive Puzzles w/Friends (AA) 10:30 AM - Devotions & Gospel (USA) 11:00 AM - Walk w/Friends (IF) 1:00 PM - Board Games w/ Friends (AA) 3:00 PM - Hand and Foot Game (AA) 6:00 PM - Cards with Friends (AA)	**16** 10:00 AM - World Puzzles Social w/Coffee (AA) 10:30 AM - Devotions with Ron (USA) 11:00 AM - Walk w/Friends (USA) 1:00 PM - Manicure Mondays (AA) 2:00 PM - Bingo (AA) 6:00 PM - Cards with Friends (AA)	**17** 10:00 AM - Scrabble Game with Friends (AA) 10:30 AM - devotional w gospel and music (USA) 11:00 AM - Sit & Be Fit with Therapy (USA) 2:00 PM - fall wreath making (AA) 3:00 PM - November Birthday Party! (DR) 6:00 PM - Cards with Friends (AA)	**18** 10:00 AM - Word Puzzles w/Friends (AA) 10:30 AM - Devotions with Jack Brewer (USA) 11:00 AM - Balloon Fun w/ Cathie (AA) 11:00 AM - Walk w/Friends 1:00 PM - Fun with Meighan (AA) 2:00 PM - Bingo (AA) 3:30 PM - Wine Wednesday (AA) 6:00 PM - Cards w/Friends	**19** 10:00 AM - Cognitive Puzzles w/Friends (AA) 10:30 AM - Devotions w/Norman (USA) 11:00 AM - Gardening w/Friends (O) 1:30 PM - Hand & Foot Game w/Friends (AA) 2:00 PM - Mary Todd & Abraham Lincon Performance 6:00 PM - Cards with Friends (AA)	**20** 10:00 AM - Scrabble Game with Friends (AA) 10:30 AM - Devotions with Carol & David (USA) 11:00 AM - Walk w/Friends (IF) 1:00 PM - Manicures 2:00 PM - Bingo 6:00 PM - Games & Cards w/Friends (AA)	**21** 10:00 AM - Word Searches w/Friends (AA) 10:30 AM - Devotions & Gospel Music with Nick (USA) 11:00 AM - Walk w/Friends (IF) 11:00 AM - Sitting Start 3:00 PM - Movie w/Popcorn - Resident Choice 6:00 PM - Cards with Friends (AA)
22 10:00 AM - Cognitive Puzzles w/Friends (AA) 10:30 AM - Devotions & Gospel (USA) 11:00 AM - Walk w/Friends (IF) 1:00 PM - Board Games w/ Friends (AA) 3:00 PM - Hand and Foot Game (AA) 6:00 PM - Cards with Friends (AA)	**23** 10:00 AM - World Puzzles Social w/Coffee (AA) 10:30 AM - Devotions with Ron (USA) 11:00 AM - Walk w/Friends (USA) 1:00 PM - Manicure Mondays (AA) 2:00 PM - Bingo (AA) 6:00 PM - Cards w/Friends (USA) 6:00 PM - Cards with Friends (AA)	**24** 7:00 AM - Garden Club: Indoor Winter Gardening 10:00 AM - Scrabble Game with Friends (AA) 10:30 AM - Devotional w gospel and music 11:00 AM - Sit & Be Fit with Therapy (USA) 2:30 PM - Resident Council Meeting (TG) 6:00 PM - Cards with Friends (AA)	**25** 7:00 AM - Happy Birthday James B.! (IF) 10:00 AM - Word Puzzles w/Friends (AA) 10:30 AM - Devotions with Jack Brewer (USA) 11:00 AM - Balloon Fun w/ Cathie (AA) 11:00 AM - Walk w/Friends 1:00 PM - Fun with Meighan (AA) 2:00 PM - Bingo (AA) 3:30 PM - Wine Wednesday (AA) 6:00 PM - Cards w/Friends	**26** 7:00 AM - Happy Thanksgiving! (IF) 10:00 AM - Cognitive Puzzles w/Friends (AA) 10:30 AM - Devotions w/Wes (USA) 11:00 AM - Gardening w/Friends (O) 12:00 PM - Thanksgiving Lunch (DR) 1:30 PM - Hand & Foot Game w/Friends (AA) 6:00 PM - Cards with Friends (AA)	**27** 10:00 AM - Scrabble Game with Friends (AA) 10:30 AM - Devotions with Carol & David (USA) 11:00 AM - Walk w/Friends (IF) 1:00 PM - Manicures 2:00 PM - Bingo 6:00 PM - Games & Cards w/Friends (AA)	**28** 7:00 AM - Happy Birthday Robert P.! (IF) 10:00 AM - Word Searches w/Friends (AA) 10:30 AM - Devotions & Gospel Music with Nick (USA) 11:00 AM - Walk w/Friends (IF) 3:00 PM - Movie w/Popcorn - Resident Choice 6:00 PM - Cards with Friends (AA)
29 10:00 AM - Cognitive Puzzles w/Friends (AA) 10:30 AM - Devotions & Gospel (USA) 11:00 AM - Walk w/Friends (IF) 1:00 PM - Board Games w/ Friends (AA) 3:00 PM - Hand and Foot Game (AA) 6:00 PM - Cards with Friends (AA)	**30** 10:00 AM - World Puzzles Social w/Coffee (AA) 10:30 AM - Devotions with Ron (USA) 11:00 AM - Bingo Store (AA) 11:00 AM - Walk w/Friends (USA) 1:00 PM - Manicure Mondays (AA) 2:00 PM - Bingo (AA) 6:00 PM - Cards w/Friends (USA) 6:00 PM - Cards with Friends (AA)	**Locations** Activity Area (AA) Upstairs Sitting Area (USA) In Facility (IF) Out of Facility (OOF) Outside (O) Dining Room (DR) Therapy Gym (TG)	**Dimensions** Spiritual Cognitive Social			