November 2026

Spring Arbor of Crossville

MEMORY CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 9:45 AM - Snack & Devotion 10:30 AM - Devotion with Craig 2:00 PM - Coloring Circle 2:30 PM - Daily Chronicle 4:00 PM - Music in the Dining Room	**02** 9:45 AM - Snack & Devotion 10:00 AM - Reading with Wayne 10:30 AM - Chair Yoga with Therapy 1:30 PM - Daily Tribune 2:00 PM - Monday Manicures 3:00 PM - Friends Chat 6:00 PM - Magazine Monday	**03** 9:45 AM - Snack & Devotion 10:00 AM - Sit & Stretch 10:30 AM - Word Scramble 1:30 PM - Daily Tribune 2:00 PM - Noodle Hockey 3:00 PM - H20 Chill	**04** 9:45 AM - Snack & Devotion 10:00 AM - Exercise 11:00 AM - Library Concert 1:30 PM - Daily Tribune 2:00 PM - Country Drive 6:00 PM - Evening News	**05** 9:45 AM - Snack & Devotion 10:00 AM - Catholic Communion 10:30 AM - Stretch and Tone 1:30 PM - Daily Tribune 2:00 PM - Fall Canvas Painting 3:00 PM - Sweet Tea Sipping	**06** 9:45 AM - Snack & Devotion 10:00 AM - Flex & Stretch w/ Therapy 10:30 AM - Finish the Phrase 12:00 PM - Piano Music with Will 1:30 PM - Daily Tribune 2:00 PM - Bingo 6:00 PM - Movie Night	**07** 9:45 AM - Snack & Devotion 10:30 AM - Walk the Block 12:00 PM - Saturday Football Watching 2:00 PM - Puzzles with Friends 2:30 PM - Daily Tribune 4:00 PM - C&C Gospel
08 9:45 AM - Snack & Devotion 10:30 AM - Devotion with Craig 2:00 PM - Coloring Circle 2:30 PM - Daily Chronicle 4:00 PM - Music in the Dining Room	**09** 9:45 AM - Snack & Devotion 10:00 AM - Reading with Wayne 10:30 AM - Chair Yoga with Therapy 1:30 PM - Daily Tribune 2:00 PM - Monday Manicures 3:00 PM - Friends Chat 6:00 PM - Magazine Monday	**10** 9:45 AM - Snack & Devotion 10:00 AM - Sit & Stretch 10:30 AM - Richard Allen Music 1:30 PM - Daily Tribune 2:00 PM - Entertainment with Erin and Will 3:00 PM - Root beer Floats	**11** **Veterans Day** 9:30 AM - Snack & Devotion 9:45 AM - Allegro Stands Together Veterans Day Tribute 11:00 AM - Cornerstone Devotion and Singing 12:00 PM - Veterans Lunch 1:30 PM - Daily Tribune 2:00 PM - Country Drive 6:00 PM - Evening News	**12** 9:45 AM - Snack & Devotion 10:00 AM - Catholic Communion 10:15 AM - Walk the Block 10:30 AM - John Geroge and Friends Music 1:30 PM - Daily Tribune 2:00 PM - Cooking Club 3:00 PM - Sweet Tea Sipping 6:00 PM - Family Ornament Making	**13** 9:45 AM - Snack & Devotion 10:00 AM - Flex & Stretch w/ Therapy 10:30 AM - Left, Right, Center 1:30 PM - Daily Tribune 2:00 PM - Bingo 6:00 PM - Movie Night	**14** 9:45 AM - Snack & Devotion 10:00 AM - Morning Stretch 10:30 AM - Crochet Club 12:00 PM - Saturday Football Watching 1:30 PM - Daily Tribune 2:00 PM - Bingo 4:00 PM - Music in the Dining Room
15 9:45 AM - Snack & Devotion 10:30 AM - Devotion with Craig 2:00 PM - Coloring Circle 2:30 PM - Daily Chronicle 4:00 PM - Music in the Dining Room	**16** 9:45 AM - Snack & Devotion 10:00 AM - Reading with Wayne 10:30 AM - Chair Yoga with Therapy 1:30 PM - Daily Tribune 2:00 PM - Monday Manicures 3:00 PM - Friends Chat 6:00 PM - Magazine Monday	**17** 9:45 AM - Snack & Devotion 10:00 AM - Sit & Stretch 11:00 AM - Lunch Outing 1:30 PM - Daily Tribune 2:00 PM - Activities with Maddie 3:00 PM - Apple Cider Social	**18** 9:45 AM - Snack & Devotion 10:00 AM - Exercise 11:00 AM - Library Concert 1:30 PM - Daily Tribune 2:00 PM - Country Drive 6:00 PM - Evening News	**19** 9:45 AM - Snack & Devotion 10:00 AM - Catholic Communion 10:30 AM - Music with Charlie 11:45 AM - Thanksgiving Family Meal 1:30 PM - Daily Tribune 2:00 PM - Resident Monthly Birthday Party 3:00 PM - Sweet Tea Sipping	**20** 9:45 AM - Snack & Devotion 10:00 AM - Flex & Stretch w/ Therapy 10:30 AM - Thanksgiving Trivia 12:00 PM - Piano Music with Will 1:30 PM - Daily Tribune 2:00 PM - Bingo 6:00 PM - Movie Night	**21** 9:45 AM - Snack & Devotion 10:30 AM - Walk the Block 12:00 PM - Saturday Football Watching 2:00 PM - Puzzles with Friends 2:30 PM - Daily Tribune 4:00 PM - C&C Gospel
22 9:45 AM - Snack & Devotion 10:30 AM - Devotion with Craig 2:00 PM - Coloring Circle 2:30 PM - Daily Chronicle 4:00 PM - Music in the Dining Room	**23** 9:45 AM - Snack & Devotion 10:00 AM - Reading with Wayne 10:30 AM - Chair Yoga with Therapy 1:30 PM - Daily Tribune 2:00 PM - Monday Manicures 3:00 PM - Friends Chat 6:00 PM - Magazine Monday	**24** 9:45 AM - Snack & Devotion 10:00 AM - Sit & Stretch 10:30 AM - Resident Council 1:30 PM - Daily Tribune 2:00 PM - Jan and Gordon Music 3:00 PM - Ice Cream Sandwiches	**25** 9:45 AM - Snack & Devotion 10:00 AM - Exercise 10:30 AM - Thankful Hearts, Happy Memories 11:00 AM - Cornerstone Devotion and Singing 1:30 PM - Daily Tribune 2:00 PM - His Call Gospel 6:00 PM - Evening News	**26** **Thanksgiving Day** 9:00 AM - Macy's Day Parade 9:45 AM - Snack & Devotion 10:00 AM - Catholic Communion 10:30 AM - Stretch and Tone 1:30 PM - Daily Tribune 2:00 PM - Cornhole 3:00 PM - Sweet Tea Sipping	**27** **Day after Thanksgiving Day** 9:45 AM - Snack & Devotion 10:00 AM - Flex & Stretch w/ Therapy 10:30 AM - Left, Right, Center 1:30 PM - Daily Tribune 2:00 PM - Bingo 6:00 PM - Movie Night	**28** 9:45 AM - Snack & Devotion 10:00 AM - Morning Stretch 10:30 AM - Crochet Club 12:00 PM - Saturday Football Watching 1:30 PM - Daily Tribune 2:00 PM - Bingo 4:00 PM - Music in the Dining Room
29 9:45 AM - Snack & Devotion 10:30 AM - Devotion with Craig 2:00 PM - Coloring Circle 2:30 PM - Daily Chronicle 4:00 PM - Music in the Dining Room	**30** 9:45 AM - Snack & Devotion 10:00 AM - Reading with Wayne 10:30 AM - Chair Yoga with Therapy 1:30 PM - Daily Tribune 2:00 PM - Monday Manicures 3:00 PM - Friends Chat 6:00 PM - Magazine Monday	**Locations**	**Dimensions**			

* Activities are subject to change

November 2026

Spring Arbor of Crossville

MEMORY CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 **9:45 AM** Snack & Devotion **10:30 AM** Devotion with Craig **2:00 PM** Coloring Circle **2:30 PM** Daily Chronicle **4:00 PM** Music in the Dining Room	02 **9:45 AM** Snack & Devotion **10:00 AM** Reading with Wayne **10:30 AM** Chair Yoga with Therapy **1:30 PM** Daily Tribune **2:00 PM** Monday Manicures **3:00 PM** Friends Chat **6:00 PM** Magazine Monday	03 **9:45 AM** Snack & Devotion **10:00 AM** Sit & Stretch **10:30 AM** Word Scramble **1:30 PM** Daily Tribune **2:00 PM** Noodle Hockey **3:00 PM** H20 Chill	04 **9:45 AM** Snack & Devotion **10:00 AM** Exercise **11:00 AM** Library Concert **1:30 PM** Daily Tribune **2:00 PM** Country Drive **6:00 PM** Evening News	05 **9:45 AM** Snack & Devotion **10:00 AM** Catholic Communion **10:30 AM** Stretch and Tone **1:30 PM** Daily Tribune **2:00 PM** Fall Canvas Painting **3:00 PM** Sweet Tea Sipping	06 **9:45 AM** Snack & Devotion **10:00 AM** Flex & Stretch w/ Therapy **10:30 AM** Finish the Phrase **12:00 PM** Piano Music with Will **1:30 PM** Daily Tribune **2:00 PM** Bingo **6:00 PM** Movie Night	07 **9:45 AM** Snack & Devotion **10:30 AM** Walk the Block **12:00 PM** Saturday Football Watching **2:00 PM** Puzzles with Friends **2:30 PM** Daily Tribune **4:00 PM** C&C Gospel
08 **9:45 AM** Snack & Devotion **10:30 AM** Devotion with Craig **2:00 PM** Coloring Circle **2:30 PM** Daily Chronicle **4:00 PM** Music in the Dining Room	09 **9:45 AM** Snack & Devotion **10:00 AM** Reading with Wayne **10:30 AM** Chair Yoga with Therapy **1:30 PM** Daily Tribune **2:00 PM** Monday Manicures **3:00 PM** Friends Chat **6:00 PM** Magazine Monday	10 **9:45 AM** Snack & Devotion **10:00 AM** Sit & Stretch **10:30 AM** Richard Allen Music **1:30 PM** Daily Tribune **2:00 PM** Entertainment with Erin and Will **3:00 PM** Root beer Floats	11 **Veterans Day** **9:30 AM** Snack & Devotion **9:45 AM** Allegro Stands Together Veterans Day Tribute **11:00 AM** Cornerstone Devotion and Singing **12:00 PM** Veterans Lunch **1:30 PM** Daily Tribune **2:00 PM** Country Drive **6:00 PM** Evening News	12 **9:45 AM** Snack & Devotion **10:00 AM** Catholic Communion **10:15 AM** Walk the Block **10:30 AM**John Geroge and Friends **1:30 PM** Daily Tribune **2:00 PM** Cooking Club **3:00 PM** Sweet Tea Sipping **6:00 PM** Family Ornament Making	13 **9:45 AM** Snack & Devotion **10:00 AM** Flex & Stretch w/ Therapy **10:30 AM** Left, Right, Center **1:30 PM** Daily Tribune **2:00 PM** Bingo **6:00 PM** Movie Night	14 **9:45 AM** Snack & Devotion **10:00 AM** Morning Stretch **10:30 AM** Crochet Club **12:00 PM** Saturday Football Watching **1:30 PM** Daily Tribune **2:00 PM** Bingo **4:00 PM** Music in the Dining Room
15 **9:45 AM** Snack & Devotion **10:30 AM** Devotion with Craig **2:00 PM** Coloring Circle **2:30 PM** Daily Chronicle **4:00 PM** Music in the Dining Room	16 **9:45 AM** Snack & Devotion **10:00 AM** Reading with Wayne **10:30 AM** Chair Yoga with Therapy **1:30 PM** Daily Tribune **2:00 PM** Monday Manicures **3:00 PM** Friends Chat **6:00 PM** Magazine Monday	17 **9:45 AM** Snack & Devotion **10:00 AM** Sit & Stretch **11:00 AM** Lunch Outing **1:30 PM** Daily Tribune **2:00 PM** Activities with Maddie **3:00 PM** Apple Cider Social	18 **9:45 AM** Snack & Devotion **10:00 AM** Exercise **11:00 AM** Library Concert **1:30 PM** Daily Tribune **2:00 PM** Country Drive **6:00 PM** Evening News	19 **9:45 AM** Snack & Devotion **10:00 AM** Catholic Communion **10:30 AM** Music with Charlie **11:45 AM** Thanksgiving Family Meal **1:30 PM** Daily Tribune **2:00 PM** Resident Monthly Birthday Party **3:00 PM** Sweet Tea Sipping	20 **9:45 AM** Snack & Devotion **10:00 AM** Flex & Stretch w/ Therapy **10:30 AM** Thanksgiving Trivia **12:00 PM** Piano Music with Will **1:30 PM** Daily Tribune **2:00 PM** Bingo **6:00 PM** Movie Night	21 **9:45 AM** Snack & Devotion **10:30 AM** Walk the Block **12:00 PM** Saturday Football Watching **2:00 PM** Puzzles with Friends **2:30 PM** Daily Tribune **4:00 PM** C&C Gospel

November 2026

Spring Arbor of Crossville

MEMORY CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
22 **9:45 AM** Snack & Devotion **10:30 AM** Devotion with Craig **2:00 PM** Coloring Circle **2:30 PM** Daily Chronicle **4:00 PM** Music in the Dining Room	23 **9:45 AM** Snack & Devotion **10:00 AM** Reading with Wayne **10:30 AM** Chair Yoga with Therapy **1:30 PM** Daily Tribune **2:00 PM** Monday Manicures **3:00 PM** Friends Chat **6:00 PM** Magazine Monday	24 **9:45 AM** Snack & Devotion **10:00 AM** Sit & Stretch **10:30 AM** Resident Council **1:30 PM** Daily Tribune **2:00 PM** Jan and Gordon Music **3:00 PM** Ice Cream Sandwiches	25 **9:45 AM** Snack & Devotion **10:00 AM** Exercise **10:30 AM** Thankful Hearts, Happy Memories **11:00 AM** Cornerstone Devotion and Singing **1:30 PM** Daily Tribune **2:00 PM** His Call Gospel **6:00 PM** Evening News	26 **Thanksgiving Day** **9:00 AM** Macy's Day Parade **9:45 AM** Snack & Devotion **10:00 AM** Catholic Communion **10:30 AM** Stretch and Tone **1:30 PM** Daily Tribune **2:00 PM** Cornhole **3:00 PM** Sweet Tea Sipping	27 **Day after Thanksgiving Day** **9:45 AM** Snack & Devotion **10:00 AM** Flex & Stretch w/ Therapy **10:30 AM** Left, Right, Center **1:30 PM** Daily Tribune **2:00 PM** Bingo **6:00 PM** Movie Night	28 **9:45 AM** Snack & Devotion **10:00 AM** Morning Stretch **10:30 AM** Crochet Club **12:00 PM** Saturday Football Watching **1:30 PM** Daily Tribune **2:00 PM** Bingo **4:00 PM** Music in the Dining Room
29 **9:45 AM** Snack & Devotion **10:30 AM** Devotion with Craig **2:00 PM** Coloring Circle **2:30 PM** Daily Chronicle **4:00 PM** Music in the Dining Room	30 **9:45 AM** Snack & Devotion **10:00 AM** Reading with Wayne **10:30 AM** Chair Yoga with Therapy **1:30 PM** Daily Tribune **2:00 PM** Monday Manicures **3:00 PM** Friends Chat **6:00 PM** Magazine Monday			**Resident Birthdays** **Shirley Nov 11** **Peg Nov 15** **Eleanor Nov 29**	**Special Events** **Honoring Our Veterans Nov 11** **Family Ornament Making Nov 12** **Thanksgiving Family Meal Nov 19th**	**Outings** **Lunch at Ruby Tuesdays on Nov 17th** **Library Concerts** **Nov 4th** **Nov 18th**

* Activities are subject to change