November 2026

Spring Arbor Cottage of Salisbury

MEMORY CARE

SPRING ARBOR
Senior Living by Allegro

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 10:00 - Sunday Morning Coffee Cart Trolley 11:00 - Church of the Epiphany Service 1:30 - Cottage Stories 2:00 - Ice Cream Shop Stop 3:00 - Silver Sneaker Club 4:00 - Sunday Afternoon Matinee	**02** 9:30 - Beauty Shop Stop 10:30 - Grace in Motion with Abundant Days 11:30 - Name That State 2:30 - Wise & Well w/ Stacey: Bayada 3:30 - Arts & Crafts: Fall Themed Bookmarks 4:30 - Rock & Pop 6:30 - Monday Night Musical Sing-Along	**03** 10:00 - Pom-Pom's with Renee 10:30 - Cottage Coffee on Wheels: Featuring- Summer Twist Refreshers 2:00 - Kevin Sings the Classics 3:15 - Whip Cream Head Game 4:15 - Fit for Summer Stretches 6:00 - Popcorn & a Movie	**04** 10:00 - Scenic Ride 11:00 - Thanksgiving Trivia 2:30 - Wise & Well with Bayada 3:30 - Country Western Wednesday with Brad Spivey 4:00 - Walking Wednesday Club 6:30 - Laverne & Shirley Show	**05** 10:00 - Afternoon Tea Etiquette Class with Katie 11:00 - Puzzle Mania 12:00 - Outing to the the Queen's Library Tea Room 2:00 - Bible Study with Father T 3:00 - Games in the Game Room 4:00 - Musical Sing-Along 6:30 - Partridge Family Show	**06** 10:00 - Decorating Pumpkin Wood Cutting Boards 11:30 - Jeopardy 2:00 - Cottage Treat Trolley 3:30 - Mocktail and Mingle Hour: Apple Bellini Mocktail 6:30 - Around the World with National Geo.	**07** 10:00 - Sip & Color 11:00 - Rise and Shine Exercise 2:00 - Trivia Competition 3:00 - Musical Sing-Along 4:00 - Puzzle Mania 6:30 - The Carol Burnett Show
08 10:00 - Sunday Morning Coffee Cart Trolley 11:00 - Church of the Epiphany Service 1:30 - Cottage Stories 2:00 - Ice Cream Shop Stop 3:00 - Silver Sneaker Club 4:00 - Sunday Afternoon Matinee	**09** 9:30 - Beauty Shop Stop 10:00 - Pet Shop Stop with Renee 11:30 - Name That State 2:30 - Wise & Well w/ Stacey: Bayada 3:15 - Hoop & Ball Game 4:30 - Rock & Pop 6:30 - Monday Night Musical Sing-Along	**10** 10:00 - Cottage Coffee on Wheels: Featuring Autumn Brewing 10:45 - Jammin' with Jillson 2:00 - Busy Bakers: Spiced Pear Cobbler 4:15 - Fall for Fitness Stretches 6:00 - Popcorn & a Movie	**11** **Veterans Day** 10:00 - Veteran's Day Celebration with Chapters 10:30 - Musical Entertainment with Jaime Lloyd 2:30 - Wise & Well with Bayada 3:15 - Scenic Ride 4:00 - Walking Wednesday Club 6:30 - Laverne & Shirley Show	**12** 10:00 - Decoupage Pumpkins 11:00 - Puzzle Mania 2:00 - Outing to the Four Seasons 3:00 - Games in the Game Room: Axe Throwing Competition with "Beer" 4:00 - Musical Sing-Along 6:30 - Partridge Family Show	**13** 10:30 - Melodies in Motion with Abundant Days 11:30 - Jeopardy 2:00 - Cottage Treat Trolley 2:30 - Visit to the "General Store" 3:30 - Mocktail and Mingle Hour: 6:30 - Around the World with National Geo.	**14** 10:00 - Sip & Color 11:00 - Rise and Shine Exercise 2:00 - Trivia Competition 3:00 - Musical Sing-Along 4:00 - Puzzle Mania 6:30 - The Carol Burnett Show
15 10:00 - Sunday Morning Coffee Cart Trolley 11:00 - Church of the Epiphany Service 1:30 - Cottage Stories 2:00 - Ice Cream Shop Stop 3:00 - Silver Sneaker Club 4:00 - Sunday Afternoon Matinee	**16** 9:30 - Beauty Shop Stop 10:00 - Come with Me: History in the Making: Greek Mythology 11:30 - Name That State 2:30 - Wise & Well w/ Stacey: Bayada 3:30 - Giant Bucket Tic-Tac-Toe 4:30 - Rock & Pop 6:30 - Monday Night Musical Sing-Along	**17** 10:00 - Pom-Pom's with Renee 10:30 - Cottage Coffee on Wheels: Featuring- Summer Twist Refreshers 2:00 - November Resident Birthday Celebration 3:00 - Bounce and Score Cup Pong 4:15 - Fall for Fitness Stretches 6:00 - Popcorn & a Movie	**18** 10:00 - Scenic Ride: Leaf Peeping 2:30 - Wise & Well with Bayada 3:30 - Sip and Paint: A History of Watercolor 4:15 - Walking Wednesday Club 6:30 - Laverne & Shirley Show	**19** 10:00 - Beanbag Toss Competition 11:00 - Puzzle Mania 2:00 - Fall Coffees and Pumpkin Donuts 3:00 - Musical Sing-Along with Martha 4:00 - Thanksgiving Family and Resident Dinner	**20** 10:30 - Abundant Art with Abundant Days 11:30 - Jeopardy 2:00 - Cottage Treat Trolley 2:30 - Word Game: Going Camping? 3:30 - Mocktail and Mingle Hour: "Smore's Galore" 6:30 - Around the World with National Geo.	**21** 10:00 - Sip & Color 11:00 - Rise and Shine Exercise 2:00 - Trivia Competition 3:00 - Musical Sing-Along 4:00 - Puzzle Mania 6:30 - The Carol Burnett Show
22 10:00 - Sunday Morning Coffee Cart Trolley 11:00 - Church of the Epiphany Service 1:30 - Cottage Stories 2:00 - Ice Cream Shop Stop 3:00 - Silver Sneaker Club 4:00 - Sunday Afternoon Matinee	**23** 10:00 - Come with Me: History in the Making: The Alhambra 11:30 - Name That State 2:30 - Wise & Well w/ Stacey: Bayada 4:30 - Rock & Pop 6:30 - Monday Night Musical Sing-Along	**24** 9:30 - Bible Study with Gina 10:30 - Cottage Coffee on Wheels: Featuring Autumn Brewing 11:30 - History in the Making: Facts and Trivia 2:00 - Busy Bakers: mini french toast crackers 4:15 - Fall for Fitness Stretches 6:00 - Popcorn & a Movie	**25** 10:00 - Scenic Ride: Men's Only Foxtail Coffee Shop 11:00 - Comics with Carl 2:30 - Wise & Well with Bayada 3:15 - "Sip and Wine" Autumn "Wine" Tasting 4:00 - Walking Wednesday Club 6:30 - Laverne & Shirley Show	**26** **Thanksgiving Day** 10:00 - Fall Line Up: Fall Coffee Tasters 11:00 - Macy's Day Parade 2:00 - Air Hockey 3:00 - Games in the Game Room: Don't Touch the Color 4:00 - Musical Sing-Along 6:30 - Partridge Family Show	**27** **Day after Thanksgiving Day** 10:30 - Make My Day Game Show with Abundant Days 11:30 - Jeopardy 2:00 - Cottage Treat Trolley 3:30 - Mocktail and Mingle Hour: Music with Mike 6:30 - Around the World with National Geo.	**28** 10:00 - Sip & Color 11:00 - Rise and Shine Exercise 2:00 - Trivia Competition 3:00 - Musical Sing-Along 4:00 - Puzzle Mania 6:30 - The Carol Burnett Show
29 10:00 - Sunday Morning Coffee Cart Trolley 11:00 - Church of the Epiphany Service 1:30 - Cottage Stories 2:00 - Ice Cream Shop Stop 3:00 - Silver Sneaker Club 4:00 - Sunday Afternoon Matinee	**30** 9:30 - Beauty Shop Stop 10:00 - Come with Me: History in the Making: The Colosseum, Italy 11:30 - Name That State 2:30 - Wise & Well w/ Stacey: Bayada 4:30 - Rock & Pop 6:30 - Monday Night Musical Sing-Along	**Dimensions** Cognitive Creative Physical Social Spiritual				

* Activities are subject to change