November 2026

Spring Arbor Clover Hill

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 10:00 AM - Morning Snack and Devotion 10:30 AM - Color and Relax (AR) 2:00 PM - Sunday Church Service (DR) 3:00 PM - Afternoon Snack 4:00 PM - Walking Club	**02** **Manicure Monday** 9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:30 AM - Lunch Out: Olive Garden 2:00 PM - Clover Hill Chorus 3:00 PM - Afternoon Snack 4:00 PM - Chair Exercise (ER)	**03** 9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:30 AM - Church Service - Floyd Oliver 2:00 PM - Musical Entertainment: Singing with Jimmy (AR) 3:00 PM - Afternoon Snack 4:00 PM - Chair Exercise (ER)	**04** 9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:30 AM - Lunch Out: Olive Garden 2:00 PM - Wheel of Fortune (DR) 3:00 PM - Afternoon Snack 4:00 PM - Chair Exercise (ER) 6:00 PM - River Oaks (AR)	**05** 9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:30 AM - Card Club 2:00 PM - Chair Volleyball (DR) 3:00 PM - Afternoon Snack 4:00 PM - Brain Games (ER)	**06** 9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:00 AM - Scenic Drive 2:00 PM - Maryville High School: Fall Tea Party 3:00 PM - Afternoon Snack 4:00 PM - Fit Minds (AR)	**07** 10:00 AM - Morning Snack and Devotion 10:30 AM - Games 2:00 PM - Puzzles (AR) 3:00 PM - Afternoon Snack 4:00 PM - Walking Club
08 10:00 AM - Morning Snack and Devotion 10:30 AM - Color and Relax (AR) 2:00 PM - Sunday Church Service (DR) 3:00 PM - Afternoon Snack 4:00 PM - Walking Club	**09** **Manicure Monday** 9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:30 AM - CRAFT: Pinecone Turkeys (AR) 2:00 PM - Friendship Chior 3:00 PM - Afternoon Snack 4:00 PM - Chair Exercise (ER)	**10** 9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:30 AM - Church Service - Floyd Oliver 2:00 PM - Musical Entertainment: Singing with Jessy 3:00 PM - Afternoon Snack 4:00 PM - Chair Exercise (ER)	**11** 7:00 AM - Clover Hill Classroom 9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:30 AM - Allegro Stands Together: Veterans Day Tribute 2:00 PM - Penny Auction (AR) 3:00 PM - Afternoon Snack 4:00 PM - Chair Exercise (ER)	**12** 9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:00 AM - Scenic Drive 2:00 PM - Grace Community Church Visit (AR) 2:45 PM - Monthly Birthday Party (AR) 3:00 PM - Afternoon Snack 4:00 PM - Chair Exercise (ER)	**13** 9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:00 AM - Scenic Drive 2:00 PM - Maryville High School 3:00 PM - Afternoon Snack 4:00 PM - Fit Minds (AR)	**14** 10:00 AM - Morning Snack and Devotion 10:30 AM - Games 2:00 PM - Puzzles (AR) 3:00 PM - Afternoon Snack 4:00 PM - Walking Club
15 10:00 AM - Morning Snack and Devotion 10:30 AM - Color and Relax (AR) 2:00 PM - Sunday Church Service (DR) 3:00 PM - Afternoon Snack 4:00 PM - Walking Club	**16** **Manicure Monday** 9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:00 AM - Stepping Stones Preschool Visit 2:00 PM - Resident Voices 3:00 PM - Afternoon Snack 4:00 PM - Chair Exercise (ER)	**17** 9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:30 AM - Church Service - Floyd Oliver 10:30 AM - Musical Entertainment: Kory Lawrence (DR) 3:00 PM - Afternoon Snack 4:00 PM - Chair Exercise (ER)	**18** 9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:30 AM - Lunch Out: Small Town BBQ 2:00 PM - Jeopardy (DR) 3:00 PM - Afternoon Snack 4:00 PM - Chair Exercise (ER)	**19** 9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:30 AM - Operation Christmas Child Drop Off 12:00 PM - Resident Choice (DR) 2:00 PM - Piano Recital (AR) 3:00 PM - Afternoon Snack 4:00 PM - Chair Exercise (ER)	**20** 9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:30 AM - Lunch Out: Small Town BBQ 2:00 PM - Maryville High School 3:00 PM - Afternoon Snack 4:00 PM - Fit Minds (AR)	**21** 10:00 AM - Morning Snack and Devotion 10:30 AM - Games 2:00 PM - Puzzles (AR) 3:00 PM - Afternoon Snack 4:00 PM - Walking Club
22 10:00 AM - Morning Snack and Devotion 10:30 AM - Color and Relax (AR) 2:00 PM - Sunday Church Service (DR) 3:00 PM - Afternoon Snack 4:00 PM - Walking Club	**23** **Manicure Monday** 9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:30 AM - Cooking Class: Thanksgiving Cookies (AR) 2:00 PM - Movie Monday (AR) 3:00 PM - Afternoon Snack 4:00 PM - Chair Exercise (ER)	**24** 9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:30 AM - Church Service - Floyd Oliver 2:00 PM - BINGO (AR) 3:00 PM - Afternoon Snack 4:00 PM - Chair Exercise (ER)	**25** 9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:30 AM - BUNCO (AR) 1:00 PM - Clover Hill Classroom 2:00 PM - Clover Hill Chorus (ER) 3:00 PM - Afternoon Snack 4:00 PM - Chair Exercise (ER)	**26** 8:30 AM - Macy's Thanksgiving Day Parade 10:00 AM - Morning Snack and Devotion 10:30 AM - Thanksgiving Color and Relax 2:00 PM - Puzzles 3:00 PM - Afternoon Snack	**27** 9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:30 AM - Bowling (AR) 2:00 PM - Thanksgiving: Card Club 3:00 PM - Afternoon Snack 4:00 PM - Fit Minds (ER)	**28** 10:00 AM - Morning Snack and Devotion 10:30 AM - Games 2:00 PM - Puzzles (AR) 3:00 PM - Afternoon Snack 4:00 PM - Walking Club
29 10:00 AM - Morning Snack and Devotion 10:30 AM - Color and Relax (AR) 2:00 PM - Sunday Church Service (DR) 3:00 PM - Afternoon Snack 4:00 PM - Walking Club	**30** **Manicure Monday** 9:30 AM - The Morning Stretch 10:00 AM - Morning Snack and Devotion 10:30 AM - Family Feud (DR) 2:00 PM - Chair Volleyball 3:00 PM - Afternoon Snack 4:00 PM - Brain Games (ER)	**Locations** Dining Room (DR) Exercise Room (ER) Activity Room (AR)	**Dimensions** Physical Social Spiritual Cognitive Creative			

* Activities are subject to change