November 2026

Spring Arbor of Bristol

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 10:30 AM - Gospel Music (2) (S2) 11:00 AM - Daily News 11:15 AM - Puzzle & Packet (IR) (IR) 3:00 PM - Sunday Leisure Time (1) (S1) 4:00 PM - Aromatherapy (2) (S2) 4:30 PM - Walk with a Friend- Resident Choice 6:15 PM - Central Baptist Church (DR)	**02** **Deviled Eggs Day** 10:30 AM - Fall into Fun with Therapy (2) (S2) 11:00 AM - Daily News 11:30 AM - Moment of Faith (2) (S2) 2:00 PM - Finish the Saying w/ Kristi (S2) 3:00 PM - Tell your Stories w/ Kristi (S2) 4:00 PM - Music Appreciation Country (2) (S2) 5:30 PM - Movie Mondays (2) (S2)	**03** **National Sandwich Day** 9:00 AM - Salon Time (BS) (BS) 10:30 AM - Exercises with Ivy (2) (S2) 11:00 AM - Daily News 11:30 AM - Tuesday Spiritual Moments (2) (S2) 2:00 PM - Fall Bingo Fun (2) (S2) 3:30 PM - Talk about West Virginia (2) (S2) 4:30 PM - Happy Feet Club 5:30 PM - Andy Griffith	**04** 10:30 AM - Spa Day with Nails (BS) (BS) 11:00 AM - Daily News 1:30 PM - Autumn Bright Minds with Therapy (2) (S2) 2:00 PM - Friendship Cafe (S2) 3:30 PM - Wednesday Devotion (2) (S2) 4:30 PM - Seasonal Coloring Circle: Adult Coloring (2) (S2) 5:30 PM - Western Wednesdays (S2)	**05** **National Donut Day** 10:30 AM - Bowling Bash w/ Ivy (S2) 11:00 AM - Daily News 11:30 AM - Thursday Reflection & Prayer (2) (S2) 1:00 PM - Companion Visits (IR) (IR) 2:00 PM - Fortune Roulette Interactive Games (2) (S2) 3:00 PM - Armchair Travel West Virginia(2) (S2) 4:30 PM - Walk around the World Club	**06** 10:30 AM - Lets get our Groove on Chair Exercises (S2) 11:00 AM - Daily News 11:30 AM - Faith & Reflection Fridays (2) (S2) 1:30 PM - Resident & Food Council (S2) 2:00 PM - Bingo with Ivy (2) (S2) 3:30 PM - Word Games (2) (S2) 4:00 PM - Word Challenge Brain Boosters (S2) 5:30 PM - Comedy Movie Fridays (1) (S1)	**07** 9:30 AM - Reminisce and Recall Trivia (DR) 10:30 AM - Avoca Christian Church Bible Study (D) (DR) 11:00 AM - Daily News 2:00 PM - Crafts with Music (2) (S2) 3:00 PM - One on One Time with Ivy (101) (1O1) 4:00 PM - Fall Word Challenge (2) (S2) 4:30 PM - Memory Care Virtual Storyteller (S2) 5:30 PM - Saturday Movie Matinee (1) (S1)
08 10:30 AM - Gospel Music (2) (S2) 11:00 AM - Daily News 11:15 AM - Puzzle & Packet (IR) (IR) 3:00 PM - Sunday Leisure Time (1) (S1) 4:00 PM - Aromatherapy (2) (S2) 4:30 PM - Walk with a Friend- Resident Choice	**09** 10:30 AM - Fall into Fun with Therapy (2) (S2) 11:00 AM - Daily News 11:30 AM - Moment of Faith (2) (S2) 2:00 PM - Finish the Saying w/ Kristi (S2) 3:00 PM - Tell your Stories w/ Kristi (S2) 4:00 PM - Music Appreciation Country (2) (S2) 5:30 PM - Movie Mondays (2) (S2)	**10** **National Vanilla Cupcake Day** 9:00 AM - Salon Time (BS) (BS) 10:30 AM - Exercises with Ivy (2) (S2) 11:00 AM - Daily News 11:30 AM - Tuesday Spiritual Moments (2) (S2) 2:00 PM - Fall Bingo Fun (2) (S2) 3:30 PM - Talk about West Virginia (2) (S2) 4:30 PM - Happy Feet Club 5:30 PM - Andy Griffith	**11** **Veterans Day** 10:30 AM - Spa Day with Nails (BS) (BS) 11:00 AM - Daily News 1:30 PM - Autumn Bright Minds with Therapy (2) (S2) 2:00 PM - Friendship Cafe (S2) 3:30 PM - Wednesday Devotion (2) (S2) 4:30 PM - Seasonal Coloring Circle: Adult Coloring (2) (S2) 5:30 PM - Western Wednesdays (S2)	**12** 10:30 AM - Bowling Bash w/ Ivy (S2) 11:00 AM - Daily News 11:30 AM - Thursday Reflection & Prayer (2) (S2) 1:00 PM - Companion Visits (IR) (IR) 2:00 PM - Venture Interactive Game (S2) 3:00 PM - Armchair Travel West Virginia(2) (S2) 4:30 PM - Walk around the World Club	**13** **Happy Birthday Leslie T.** 7:00 AM - TN High Anchor Club 11:00 AM - Daily News 11:30 AM - Faith & Reflection Fridays (2) (S2) 2:00 PM - Bingo with Ivy (2) (S2) 3:30 PM - Word Games (2) (S2) 4:00 PM - Word Challenge Brain Boosters (S2) 5:30 PM - Comedy Movie Fridays (1) (S1)	**14** 9:30 AM - Fit Minds with Ivy (S2) 11:00 AM - Daily News 11:00 AM - Blessing and Reflection (S2) 2:00 PM - Arts & Crafts with Music (2) (S2) 3:00 PM - One on One Time with Ivy (101) (1O1) 4:00 PM - Fall Word Challenge (2) (S2) 4:30 PM - TSO Life Games with Ivy (2) (S2) 5:30 PM - Saturday Movie Matinee (1) (S1)
15 10:30 AM - Gospel Music (2) (S2) 11:00 AM - Daily News 11:15 AM - Puzzle & Packet (IR) (IR) 3:00 PM - Sunday Leisure Time (1) (S1) 4:00 PM - Aromatherapy (2) (S2) 4:30 PM - Walk with a Friend- Resident Choice	**16** **National Fast Food Day** 10:30 AM - Fall into Fun with Therapy (2) (S2) 11:00 AM - Daily News 11:30 AM - Moment of Faith (2) (S2) 2:00 PM - Finish the Saying w/ Kristi (S2) 3:00 PM - Tell your Stories w/ Kristi (S2) 4:00 PM - Music Appreciation Country (2) (S2) 5:30 PM - Movie Mondays (2) (S2)	**17** **Happy Birthday Jerry G.** 9:00 AM - Salon Time (BS) (BS) 10:30 AM - Exercises with Ivy (2) (S2) 11:00 AM - Daily News 11:30 AM - Tuesday Spiritual Moments (2) (S2) 2:00 PM - Fall Bingo Fun (2) (S2) 3:30 PM - Talk about West Virginia (2) (S2) 4:30 PM - Happy Feet Club 5:30 PM - Andy Griffith	**18** 10:30 AM - Spa Day with Nails (BS) (BS) 11:00 AM - Daily News 1:30 PM - Autumn Bright Minds with Therapy (2) (S2) 2:00 PM - Friendship Cafe (S2) 3:30 PM - Wednesday Devotion (2) (S2) 4:30 PM - Seasonal Coloring Circle: Adult Coloring (2) (S2) 5:30 PM - Western Wednesdays (S2)	**19** 10:30 AM - Bowling Bash w/ Ivy (S2) 11:00 AM - Daily News 11:30 AM - Thursday Reflection & Prayer (2) (S2) 1:00 PM - Companion Visits (IR) (IR) 2:00 PM - Friend Feud Interactive Games (S2) 3:00 PM - Armchair Travel West Virginia(2) (S2) 4:30 PM - Walk around the World Club	**20** 10:30 AM - Lets get our Groove on Chair Exercises (S2) 11:00 AM - Daily News 11:30 AM - Faith & Reflection Fridays (2) (S2) 2:00 PM - Bingo with Ivy (2) (S2) 3:30 PM - Word Games (2) (S2) 4:00 PM - Word Challenge Brain Boosters (S2) 5:30 PM - Comedy Movie Fridays (1) (S1)	**21** 9:30 AM - Brain Busters (S2) 10:30 AM - Avoca Christian Church Bible Study (D) (DR) 11:00 AM - Daily News 2:00 PM - Crafts with Music (2) (S2) 3:00 PM - One on One Time with Ivy (101) (1O1) 4:00 PM - Fall Word Challenge (2) (S2) 4:30 PM - Virtual Zoo Visit (S2) 5:30 PM - Saturday Movie Matinee (1) (S1)
22 10:30 AM - Gospel Music (2) (S2) 11:00 AM - Daily News 11:15 AM - Puzzle & Packet (IR) (IR) 2:00 PM - Hope Baptist Church (DR) 3:00 PM - Sunday Leisure Time (1) (S1) 4:00 PM - Aromatherapy (2) (S2) 4:30 PM - Walk with a Friend- Resident Choice	**23** 10:30 AM - Fall into Fun with Therapy (2) (S2) 11:00 AM - Daily News 11:30 AM - Moment of Faith (2) (S2) 2:00 PM - Finish the Saying w/ Kristi (S2) 3:00 PM - Tell your Stories w/ Kristi (S2) 4:00 PM - Music Appreciation Country (2) (S2) 5:30 PM - Movie Mondays (2) (S2)	**24** **Happy Birthday Steve M.** 9:00 AM - Salon Time (BS) (BS) 10:30 AM - Exercises with Ivy (2) (S2) 11:00 AM - Daily News 11:30 AM - Tuesday Spiritual Moments (2) (S2) 2:00 PM - Fall Bingo Fun (2) (S2) 3:30 PM - Talk about West Virginia (2) (S2) 4:30 PM - Happy Feet Club 5:30 PM - Andy Griffith	**25** **National Parfait Day** 10:30 AM - Spa Day with Nails (BS) (BS) 11:00 AM - Daily News 1:30 PM - Autumn Bright Minds with Therapy (2) (S2) 2:00 PM - Friendship Cafe (S2) 3:30 PM - Wednesday Devotion (2) (S2) 4:30 PM - Seasonal Coloring Circle: Adult Coloring (2) (S2) 5:30 PM - Western Wednesdays (S2)	**26** **Thanksgiving Day** 7:00 AM - Word Peck Interactive Games (S2) 10:30 AM - Bowling Bash w/ Ivy (S2) 11:00 AM - Daily News 11:30 AM - Thursday Reflection & Prayer (2) (S2) 1:00 PM - Companion Visits (IR) (IR) 3:00 PM - Armchair Travel West Virginia(2) (S2) 4:30 PM - Walk around the World Club	**27** **Day after Thanksgiving Day** 10:30 AM - Lets get our Groove on Chair Exercises (S2) 11:00 AM - Daily News 11:30 AM - Faith & Reflection Fridays (2) (S2) 2:00 PM - Bingo with Ivy (2) (S2) 3:30 PM - Word Games (2) (S2) 4:00 PM - Word Challenge Brain Boosters (S2) 5:30 PM - Comedy Movie Fridays (1) (S1)	**28** 9:30 AM - Fit Minds with Ivy (S2) 11:00 AM - Blessings and Reflection (S1) 11:00 AM - Daily News 2:00 PM - Arts & Crafts with Music (2) (S2) 3:00 PM - One on One Time with Ivy (101) (1O1) 4:00 PM - Fall Word Challenge (2) (S2) 4:30 PM - TSO Life Games with Ivy (2) (S2) 5:30 PM - Saturday Movie Matinee (1) (S1)
29 10:30 AM - Gospel Music (2) (S2) 11:00 AM - Daily News 11:15 AM - Puzzle & Packet (IR) (IR) 1:45 PM - Resident & Food Council 3:00 PM - Sunday Leisure Time (1) (S1) 4:00 PM - Aromatherapy (2) (S2) 4:30 PM - Walk with a Friend- Resident Choice	**30** 10:30 AM - Fall into Fun with Therapy (2) (S2) 11:00 AM - Daily News 11:30 AM - Moment of Faith (2) (S2) 2:00 PM - Finish the Saying w/ Kristi (S2) 3:00 PM - Tell your Stories w/ Kristi (S2) 4:00 PM - Music Appreciation Country (2) (S2) 5:30 PM - Movie Mondays (2) (S2)	**Locations** Side 2 (S2) In Room (IR) Side 1 (S1) Dining Room (DR) Beauty Salon (BS) 1 on 1 (1O1)	**Dimensions** Cognitive Spiritual Social Physical Creative			

* Activities are subject to change