November 2026

Alto Boynton Ridge - Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30a – Coffee Bar Social 10:30a – Men's Pool Game 11:00a – Online Church Service with Silverdale Baptist Church 2:00p – Gaither Gospel Music Hour 3:00p – Resident Led Bingo 4:00p – Front Porch Social Daylight Saving Time Ends	**2** 9:30a – Gentleman's Coffee & Conversation 10:30a – Group Board Games 11:00a - Dominos 1:00p – Stretching & Exercise with Select 1:00p – Manicures with Spirit Hospice 3:00p – Veteran's Day Ceremony with Tapestry Hospice 4:00p – Bingo	**3** 9:30a – Coffee Bar Social 10:30a – Scrabble Poker 11:00a – Group Uno Game 1:00p – Stretching & Exercise with Select 2:00p – Bible Study with Patrick 3:00p – Fall Crafting Hour (Make a festive cute Scarecrow) 6:00p – Evening Card Game	**4** 9:30a – Gentleman's Coffee & Conversation 10:30a – "Spintopia" 11:00a – Checkers 12:00p – "National Candy Day" (guess how many in the jar during lunch) 1:00p – Stretching & Exercise with Select 2:30p – Ice Cream Social 3:00p – Live Music with Wesley Crider 4:00p – Bingo	**5** 9:30a – Coffee Bar Social 10:30a – Art Therapy (Watercolor) 11:00a – Morning Walk with Friends 1:00p – Stretching & Exercise with Select 2:00p – Putting Practice 3:00p – Surprise Baby Shower for Ashlyn, Shay, and Baby Owen 4:00p – Year of Invention	**6** 9:30a – Gentleman's Coffee & Conversation 10:30a – Coffee & Doughnuts with Jennifer Jolly & Willowbrook Hospice 11:30a – Lunch Outing to Roadside Cafe 1:00p – Balloon Volleyball 2:00p – Ladies Card Club 3:00p – Bingo with Donna & Tapestry Hospice 6:00p – Evening Movie	**7** 9:30a – Coffee Bar Social 10:30a - Weekend Puzzles (Grab a copy in the dining room) 11:00a – Horseshoes 12:00p – Daily Chronicle 2:00p – Board Game with Friends 3:00p – Resident Led Bingo 4:00p – Afternoon Walk with Friends
8 9:30a – Gentleman's Coffee & Conversation 10:30a – Cornhole in the Courtyard 11:00a – Online Church Service with Silverdale Baptist Church 12:00p – Daily Chronicle 2:00p – Gaither Gospel Music Hour 3:00p – Resident Led Bingo 4:00p – Mexican Train Dominos Diwali (Hindi)	**9** 9:30a – Coffee Bar Social 10:30a – Morning Card Club 11:00a – Tic-Tac-Toe Trivia 1:00p – Stretching & Exercise with Select 2:00p – Piece by Piece Puzzle Hour 3:00p – Monday Movie & Popcorn "The Longest Ride" 6:00p – Evening Card Club	**10** 9:30a – Gentleman's Coffee & Conversation 10:30a – "Fall Photo Shoot with Tapestry Hospice " 11:00a – T or F Trivia 1:00p – Stretching & Exercise with Select 2:00p – Bible Study with Patrick 3:00p – Bingo with Donna & Tapestry Hospice 4:00p – Q & A Candy Game	**11** 9:30a – Coffee Bar Social 10:00a – Veterans Coffee with American Legion Post 217 (Refreshments provided by Brandi & Cornerstone Caregiving) 11:00a – Group Uno Game 1:00p – Stretching & Exercise with Select 1:00p – Dining Services Resident Council Meeting 3:00p – Veterans Day Ceremony 6:00p- - Evening Movie Veterans Day	**12** Happy Birthday Rena Honeycutt 9:30a – Gentleman's Coffee & Conversation 10:30a – Piece by Piece Puzzle Hour 11:00a – Fun Activity with Nicole & Spirit Hospice 1:00p – Stretching & Exercise with Select 2:00p – Ladies Tea with Zuly 3:00p – Crochet Club with Denise 6:00p – Evening Social	**13** 9:30a – Coffee Bar Social 10:30a – Scrabble Poker 11:30a – Lunch Outing to Amigo's Mexican Restaurant 1:00p – Balloon Volleyball 3:00p – Ice Cream Social 4:00p – Bingo 6:00p – Evening Card Club	**14** 9:30a – Gentleman's Coffee & Conversation 10:30a - Weekend Puzzles (Grab a copy in the dining room) 11:00a – Scrabble with Friends 12:00p – Daily Chronicle 3:00p – Resident Led Bingo 4:00p – Front Porch Social 6:00p – Evening Movie
15 9:30a – Coffee Bar Social 10:30a – Balloon Volleyball 11:00a – Online Church Service with Silverdale Baptist Church 12:00p – Daily Chronicle 2:00p – Gaither Gospel Music Hour 3:00p – Resident Led Bingo 4:00p – Afternoon Walk with Friends	**16** 9:30a – Gentleman's Coffee & Conversation 10:30a – Group Board Games 11:00a – Live Music with Ben Kehrer 1:00p – Stretching & Exercise with Select 1:00p – Manicures with Spirit Hospice 3:00p – Monday Movie & Popcorn "Door to Door" (Based on a true story) 6:00p – Evening Social	**17** 9:30a – Coffee Bar Social 10:30a – Scrabble Poker 11:00a – Gospel Music with Delray Baptist 1:00p – Stretching & Exercise with Select 2:00p – Bible Study with Patrick 3:00p – Welcome New Residents! (Enjoy Ice Cream Sundaes in the Bistro) 4:00p – Bingo	**18** 9:30a – Gentleman's Coffee & Conversation 10:00a – Ladies Social (Coffee & Doughnuts) 11:00a – Brain Teasers 1:00p – Stretching & Exercise with Select 2:00p – Live Music with Wesley Crider 3:00p – Ice Cream Social 4:00p – Bingo	**19** 9:00a – Weigh to Wellness (Hosted by Spirit Hospice) 9:30a – Coffee Bar Social 10:30a – Group Uno Game 11:00a – "Spintopia" 1:00p – Stretching & Exercise with Select 2:00p – Ladies Card Club 3:00p – Bingo 5:00p – ***Family Thanksgiving Dinner***	**20** Happy Birthday Sharon Meyer 9:30a – Gentleman's Coffee & Conversation 10:30a – Scrabble 11:30a – Lunch Outing to Pie Slingers 1:00p – Balloon Volleyball 3:00p – Bingo with Donna & Tapestry Hospice 4:00p – Sorry 6:00p – Evening Card Club	**21** 9:30a – Coffee Bar Social 10:30a - Weekend Puzzles (Grab a copy in the dining room) 11:00a – Dominos 12:00p – Daily Chronicle 2:00p - Piece by Piece Puzzle Hour 3:00p – Resident Led Bingo 4:00p – Checkers with Friends
22 9:30a - Gentleman's Coffee & Conversation 10:30a – Horseshoes 11:00a – Online Church Service with Silverdale Baptist Church 12:00p – Daily Chronicle 2:00p – Worship Service with Covenant Life 3:00p – Resident Led Bingo 4:00p – Scrabble with Friends	**23** Happy Birthday Claude McGhee 9:30a – Coffee Bar Social 10:30a – Board Games with Gina 11:00a – Morning Card Club 1:00p - Stretching & Exercise with Select 2:00p – Big Boggle Word Game 3:00p – Monday Movie & Popcorn "Sleeping with the Enemy" 6:00p – Evening Social	**24** 9:30a – Gentleman's Coffee & Conversation 10:30a – Scrabble Poker 11:00a – Board Games with Gina 1:00p – Stretching & Exercise with Select 1:00p – Karaoke with Trina & Hearth Hospice 2:00p – Bible Study with Patrick 2:30p – Healthy Living Series with Select 3:00p – "Solve a Crime Day" (You be the judge in this true crime scenario) 4:00p – Bingo	**25** 9:30a – Coffee Bar Social 10:00a – Trip to Catoosa County Library 11:00a – Brain Teasers 1:00p – Stretching & Exercise with Select 1:00p – Resident Council Meeting 3:00p – Gospel Music with Graceworks Church 4:00p – Bingo	**26** 9:30a – Gentleman's Coffee & Conversation 10:30a – Board Games with friends 11:00a – Morning Card Club 2:00p – Piece by Piece Puzzle Hour 3:00p – Resident Led Bingo 6:00p – Evening Movie Thanksgiving Day (U.S.)	**27** 9:30a – Coffee Bar Social 10:30a – Group Uno Game 11:00a – Balloon Volleyball 1:30p – Shopping Trip to Goodwill (East Ridge) 3:00p – Ice Cream Social 4:00p – Bingo 5:00p – Men's Movie & Pizza Night	**28** 9:30a – Gentleman's Coffee & Conversation 10:30a – Weekend Puzzles (Grab a copy in the dining room) 11:00a – Cornhole in the Courtyard 12:00p – Daily Chronicle 3:00p – Resident Led Bingo 4:00p – Ladies Card Club 6:00p – Evening Social
29 9:30a – Coffee Bar Social 10:30a – Men's Pool Game 11:00a – Online Church Service with Silverdale Baptist Church 12:00p – Daily Chronicle 2:00p – Gaither Gospel Music Hour 3:00p – Resident Led Bingo 4:00p – Front Porch Social	**30** 9:30a – Gentleman's Coffee & Conversation 10:30a – Dominos 11:00a – Scrabble Poker 1:00p – Stretching & Exercise with Select 2:00p – Group Uno Game 3:00p – Card Making Class with Debra (Come make some festive Holiday Cards) 6:00p – Evening Movie					

All Activities Subject to Change

November 2026

Alto Boynton Ridge – Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30a – Piece by Piece Puzzle Hour 10:00a - Gaither Gospel Music Hour 11:00a – Morning Devotion 1:30p – Ring Toss 2:30p - Let's Hydrate! 3:00p – Sunday Movie Matine' "Dennis the Menace" 6:00p – Evening Music Hour Daylight Saving Time Ends	**2** 9:30a – Daily Chronicle Discussion 10:00a – Chair Kickball 11:00a – Uno Card Color Match 1:30p - Ribbon Rings & Music 2:30p – Creative Coloring 3:00p – Parachute Ball 4:00p – "Think Fast" (School Supplies)	**3** 9:30a – Morning Devotion 10:30a – Karaoke with Trina & Hearth Hospice 11:00a – Short Story Recall 1:30p - Ping Pong Bounce 2:30p – Ice Cream Social 3:00p – Target Practice 4:00p – Junk Drawer Detective	**4** 9:30a – Daily Chronicle Discussion 10:00a – Scenic Ride (Weather Permitting) 11:00a – Creative Coloring 1:30p – Live Music with Wesley Crider (Provided by Tapestry Hospice) 2:30p – Spintopia 3:00p – Courtyard Relaxation (Music & Bubble Fun) 4:00p – Jumbo Beach Ball Fun	**5** 9:30a – Morning Stretch 10:30a – Alphabet Quiz (States) 11:00a – House of Cards Match Up 1:30p – Art Therapy (Watercolor) 2:30p – Let's Hydrate! 3:00p – Umbrella Toss 4:00p – M&M Table Talk 6:00p – Classic TV "The Carol Burnette Show"	**6** 9:30a – Sway & Stretch to the Oldies 10:30p – Clothespin Numbers 11:00a – Grocery Ad Scavenger Hunt 1:00p - Get Moving with Select Rehab 2:30p - Ice Cream Social 3:00p – Name 5 - Thinking Challenge 4:00p – Cornhole in the Courtyard 6:00p – Evening Movie	**7** 9:30a – Rhythm & Reach to the 50's 10:30a - Grocery Store Ad Scavenger Hunt 11:00a – Hook & Ring Challenge 1:30p – Dominos Match Up 2:30p – Let's Hydrate! 3:00p – Elvis Music Concert 4:00p – Parachute Balloon Bounce
8 9:30a – Morning Stretch 10:00a - Gaither Gospel Music Hour 11:00a – Morning Devotion 1:30p – Piece by Piece Puzzle Hour 2:30p – Afternoon Refresher 3:00p – "Pick 5" (Travel) 4:00p – Junk Drawer Detective 6:00p – Zinnia Television Diwali (Hindi)	**9** 9:30a – Sway & Stretch to the Oldies 10:00a - Short Story Recall 11:00a – Ping Pong Bounce 1:30p - Ribbon Rings & Music 2:00p – Creative Coloring 3:00p – Balloon Volleyball 4:00p – Courtyard Relaxation	**10** 9:30a – Daily Chronicle Discussion 10:00a- Parachute Ball 11:00a – Morning Devotion 1:30p – Hoola Hoop Pants Ball Toss 2:30p – Ice Cream Social 3:00p – Floor Tic Tac Toe 4:00p – Art Therapy (Watercolor) 6:00p – Evening Movie	**11** Happy Birthday Janet Stevens 9:30a – Morning Devotion 10:00a – Scenic Ride (Weather Permitting) 11:00a – Creative Coloring 1:30p – Target Practice 2:00p – Live Music with Chaplain Jamie Ellis & Hearth Hospice 3:00p – Jumbo Beach Ball Fun 4:00p – Grocery Store Ad Scavenger Hunt Veterans Day Remembrance Day (Canada)	**12** 9:30a – Morning Stretch 10:30a – Pathway's Event with Select Rehab 11:00a – Dominos Match Up 1:30p – Chair Kickball 2:30p – Let's Hydrate! 3:00p – Clothespin Numbers 4:00p – M&M Table Talk 6:00p – Evening Music Hour	**13** 9:30a – Sway & Stretch to the Oldies 10:30a – Uno Card Color Match 11:00a – Parachute Balloon Bounce 1:00p - Get Moving with Select Rehab 2:30p - Ice Cream Social 3:00p - Courtyard Relaxation (Music & Bubble Fun) 4:00p – Balloon Volleyball	**14** 9:30a – Rhythm & Reach to the 50's 10:00a – Coffee Social Hour 11:00a – Spintopia 1:30p - "Keep it Up" (Balloon Rally) 2:30p - Afternoon Refresher 3:00p – Umbrella Toss 4:00p – Chair Circle Kickball
15 9:30a – Art Therapy (Watercolor) 10:00a - Gaither Gospel Music Hour 11:00a – Morning Devotion 2:30p – Let's Hydrate! 3:00p – Chair Circle Kickball 4:00p – Domino Match Up 6:00p – Classic TV – "Gilligan's Island"	**16** 9:30a – Daily Chronicle Discussion 10:30a - Creative Coloring 11:00a – Name 5 Thinking Challenge 1:30p - House of Cards Match Up 2:00p - Afternoon Refresher with Hearth Hospice 3:00p – Tic-Tac-Toe Toss 4:00p – Chatter Circle "Fact or Fiction"	**17** Happy Birthday Robert Honeycutt 9:30a – Sway & Stretch to the Oldies 10:30a – Gospel Music with Delray Baptist 11:00a – Fun & Games with Donna & Tapestry Hospice 1:30p - Alphabet Quiz (Places) 2:30p - Ice Cream Social 3:00p – Sensory Challenge (Smell) 4:00p – Twister Toss 6:00p – Classic Television	**18** 9:30a – Daily Chronicle Discussion 10:00a – Scenic Ride (Weather Permitting) 11:00a – Creative Coloring 1:30p - Dominos Match Up 2:30p – Ribbon Rings & Music 3:00p – Parachute Balloon Bounce 4:00p – Uno Card Match-up 6:00p – Evening Music Hour	**19** Happy Birthday Helen Kizer 9:00a – Weigh to Wellness (Hosted by Spirit Hospice 10:00a – Spintopia 11:00a – Parachute Ball 1:30p - Creative Art 2:30p – Grocery Store Ad Scavenger Hunt 3:00p – Afternoon Movie "Beethoven" 5:00p – *Family Thanksgiving Dinner*	**20** 9:30a – Daily Chronicle Discussion 10:30a - Coffee & Doughnuts with Jennifer & Willowbrook Hospice 11:00a – Hoola Hoop Pants Ball Toss 1:00p - Get Moving with Select Rehab 2:30p – Ice Cream Social 3:00p – Tic-Tac-Toe Toss 4:00p – "What's in the Bag"	**21** 9:30a – Morning Devotion 10:30a - Short Story Recall 11:00a – Piece by Piece Puzzle Hour 1:30p - Target Practice 2:30p – Let's Hydrate! 3:00p – Jumbo Beach Ball Fun 4:00p – Domino Match Up
22 9:30a – Morning Stretch 10:00a - Gaither Gospel Music Hour 11:00a – Morning Devotion 1:30p – Piece by Piece Puzzle Hour 2:30p – Afternoon Refresher 3:00p – "Pick 5" (Travel) 4:00p – Junk Drawer Detective 6:00p – Zinnia Television	**23** 9:30a – Daily Chronicle Discussion 10:30a – Umbrella Toss 11:00a – Fun & Games with Donna & Tapestry Hospice 1:30p - Creative Coloring 2:30p – Dominos Match Up 3:00p – Parachute Ball 4:00p – Chair Kickball	**24** 9:30a – Daily Chronicle Discussion 10:00a – Coffee & Doughnuts (Men's Al & MC Social) 11:00a – Short Story Recall 1:30p - Ping Pong Bounce 2:30p – Ice Cream Social 3:00p – Art Therapy (Watercolor) 4:00p – Junk Drawer Detective 6:00p – Evening Movie	**25** 9:30a – Morning Devotion 10:00a – Scenic Ride (Weather Permitting) 11:00a – Creative Coloring 1:30p - M&M Table Talk 2:30p – Jumbo Beach Ball Fun 3:00p – Afternoon Movie & Popcorn "It's the Great Pumpkin Charlie Brown" 6:00p – Evening Music Hour	**26** 9:30a – Morning Stretch 10:00a – Macy's Thanksgiving Day Parade 1:30p – Uno Card Match 2:30p – Let's Hydrate! 3:00p – Turkey Talk (Thanksgiving Memories) 4:00p – Holiday Music Hour Thanksgiving Day (U.S.)	**27** 9:30a – Daily Chronicle Discussion 10:00a - Ribbon Rings & Music 11:00a – Morning Devotion 1:00p – Get Moving with Select Rehab 2:30p – Ice Cream Social 3:00p – Floor Tic Tac Toe 4:00p – Hoola Hoop Pants Ball Toss 6:00p – Classic TV – "I Love Lucy"	**28** 9:30a – Rhythm & Reach 10:30a - Grocery Store Ad Scavenger Hunt 11:00a – Name 5 - Thinking Challenge 1:30p - House of Cards Match Up 2:30p – Afternoon Refresher 3:00p – Tic-Tac-Toe Toss 4:00p – Chatter Circle "Fact or Fiction"
29 9:30a – Piece by Piece Puzzle Hour 10:00a - Gaither Gospel Music Hour 11:00a – Morning Devotion 1:30p – Ring Toss 2:30p - Let's Hydrate! 3:00p – Sunday Movie Matine' "Mary Poppins" 6:00p – Evening Music Hour	**30** 9:30a – Seated Stretch 10:30a - Creative Coloring 11:00a – Hook & Ring Challenge 1:30p – Dominos Match Up 2:30p – Let's Hydrate! 3:00p – Elvis Music Concert 4:00p – Parachute Balloon Bounce					

All Activities Subject to Change