# November 2026

# Spring Arbor of Athens Activity Calendar

## ASSISTED LIVING

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|---|---|
| 01<br>10:00 - Resident Led Walk<br>10:30 - Light Mind & Body Moving<br>10:45 - Livestream Church<br>11:15 - Bible Study With Webbs<br>2:00 - Back Porch Chatting<br>3:00 - Scrabble Game<br>3:30 - Pool Ball Rollers<br>6:00 - Puzzle Club | 02<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>9:45 - Walking Club<br>10:00 - Table Top Exercise<br>10:30 - Bingo W/ Patti<br>11:00 - Duggans Dentistry<br>2:00 - Macarena Moving<br>2:30 - Baking Club - Deviled Eggs<br>4:00 - Manicures<br>6:00 - Magazine Scavenger | 03<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>9:45 - Walking Club<br>10:00 - Ballon Bop<br>11:15 - Lunch Bunch - McAllister's<br>2:30 - Choir Practice<br>3:00 - Devotional W Vant<br>3:15 - Singing With Johnna<br>6:00 - Trivia Night | 04<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>9:45 - Walking Club<br>10:00 - Seated Chair Yoga<br>11:00 - Wisdom Wednesday<br>2:00 - Bingo Social<br>3:00 - Candy Pitch - Gentiva<br>5:45 - Gaither Gospel Band | 05<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>9:45 - Walking Club<br>10:00 - Movin' To Music - Therapy<br>10:30 - Clearwater Chapel Service<br>1:00 - Sing W David King<br>1:30 - Donut Party<br>2:00 - TSOGames<br>4:00 - Wordsearch Finders<br>6:00 - Afternoon Bingo | 06<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>9:45 - Walking Club<br>10:00 - Sit & Get Fit<br>10:45 - AI Short Story Reading<br>11:00 - 365 Devotional<br>12:00 - Nacho Bar<br>2:00 - Faith Baptist Seniors<br>2:30 - Joyful Noise Singing<br>5:00 - Movie & Dinner | 07<br>8:00 - Coffee Social Chats<br>10:15 - Walking Club<br>10:30 - Bingo With MOD<br>11:30 - Eye Glasses Cleaning<br>1:00 - Sunshine Socials<br>2:00 - Afternoon Snackers<br>3:00 - Greeting Card Club<br>4:00 - Gospel Tunes Sing Along |
| 08<br>10:00 - Resident Led Walk<br>10:30 - Light Mind & Body Moving<br>10:45 - Livestream Church<br>11:15 - Bible Study With Webbs<br>2:00 - Back Porch Chatting<br>3:00 - Scrabble Game<br>3:30 - Pool Ball Rollers<br>6:00 - Puzzle Club | 09<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>9:45 - Walking Club<br>10:00 - Table Top Exercise<br>10:30 - Bingo W/ Patti<br>11:30 - Lunch Bunch - KFC<br>2:00 - Macarena Moving<br>2:30 - Pinecone Painting<br>4:00 - Manicures<br>6:00 - Magazine Scavenger | 10<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>9:45 - Walking Club<br>10:00 - Ballon Bop<br>2:00 - Baking Club - Hearth<br>2:30 - Choir Practice<br>3:00 - Devotional W Vant<br>3:15 - Singing With Johnna<br>3:30 - Reading W Lauren<br>6:00 - Trivia Night | 11<br>**Veterans Day**<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>9:45 - Walking Club<br>10:00 - Seated Chair Yoga<br>10:45 - Veterans Tribute<br>11:00 - Moment Of Silence<br>1:15 - Veterans Day Parade<br>2:00 - Bingo Social<br>3:00 - SINGO Social - USA<br>5:45 - Gaither Gospel Band | 12<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>9:45 - Walking Club<br>10:00 - Movin' To Music - Therapy<br>10:30 - Fairview Chapel Service<br>2:00 - Resident Council Meeting<br>2:00 - Popcorn & Soda<br>3:00 - Movie Manina<br>4:00 - Wordsearch Finders<br>6:00 - Afternoon Bingo | 13<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>9:45 - Walking Club<br>10:00 - Sit & Get Fit<br>10:45 - AI Short Story Reading<br>11:00 - 365 Devotional<br>2:00 - Heritage Museum<br>3:00 - Country Drive<br>5:00 - Movie & Dinner | 14<br>8:00 - Coffee Social Chats<br>10:15 - Walking Club<br>10:30 - Bingo With MOD<br>11:30 - Eye Glasses Cleaning<br>1:00 - Sunshine Socials<br>2:00 - Afternoon Snackers<br>3:00 - Greeting Card Club<br>4:00 - Gospel Tunes Sing Along |
| 15<br>10:00 - Resident Led Walk<br>10:30 - Light Mind & Body Moving<br>10:45 - Livestream | 16<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>9:45 - Walking Club | 17<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>9:45 - Walking Club | 18<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>9:45 - Walking Club | 19<br>8:00 - Meal Blessing W/ Glen<br>9:00 - Walmart Eye Care<br>9:30 - Morning Fax Library Chat | 20<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>9:45 - Walking Club | 21<br>8:00 - Coffee Social Chats<br>10:15 - Walking Club<br>10:30 - Bingo With MOD<br>11:30 - Eye Glasses |

# November 2026

# Spring Arbor of Athens Activity Calendar

## ASSISTED LIVING

SPRING ARBOR
Senior Living by Allegro

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|---|---|
| 22<br>10:00 - Resident Led Walk<br>10:30 - Light Mind & Body Moving<br>10:45 - Livestream Church<br>11:15 - Bible Study With Webbs<br>2:00 - Back Porch Chatting<br>3:00 - Scrabble Game<br>3:30 - Pool Ball Rollers<br>6:00 - Puzzle Club | 23<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>9:45 - Walking Club<br>10:00 - Table Top Exercise<br>10:30 - Bingo W/ Patti<br>2:00 - Macarena Moving<br>2:30 - Turkey Trot Prep<br>4:00 - Manicures<br>6:00 - Magazine Scavenger | 24<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>9:45 - Walking Club<br>10:00 - Ballon Bop<br>2:30 - Choir Practice<br>3:00 - Devotional W Vant<br>3:15 - Singing With Johnna<br>3:30 - Reading W Lauren<br>6:00 - Trivia Night | 25<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>9:45 - Walking Club<br>10:00 - Seated Chair Yoga<br>11:00 - Wisdom Wednesday<br>2:00 - Bingo Social<br>3:00 - Jukebox Singo<br>5:45 - Gaither Gospel Band | 26<br>**Thanksgiving Day**<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>10:00 - Turkey Trotin'<br>10:15 - Gobble & Wobble Therapy<br>10:30 - Keith Memorial Chapel Service<br>1:30 - Lantern Painting<br>4:00 - Wordsearch Finders<br>6:00 - Afternoon Bingo | 27<br>**Day after Thanksgiving Day**<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>9:45 - Walking Club<br>10:00 - Sit & Get Fit<br>10:45 - AI Short Story Reading<br>11:00 - 365 Devotional<br>2:00 - Movie & Popcorn Soical<br>6:00 - Puzzle Club | 28<br>8:00 - Coffee Social Chats<br>10:15 - Walking Club<br>10:30 - Bingo With MOD<br>11:30 - Eye Glasses Cleaning<br>1:00 - Sunshine Socials<br>2:00 - Afternoon Snackers<br>3:00 - Greeting Card Club<br>4:00 - Gospel Tunes Sing Along |
| 29<br>10:00 - Resident Led Walk<br>10:30 - Light Mind & Body Moving<br>10:45 - Livestream Church<br>11:15 - Bible Study With Webbs<br>2:00 - Back Porch Chatting<br>3:00 - Scrabble Game<br>3:30 - Pool Ball Rollers<br>6:00 - Puzzle Club | 30<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>9:45 - Walking Club<br>10:00 - Table Top Exercise<br>10:30 - Bingo W/ Patti<br>2:00 - Operation Christmas Express<br>2:00 - Macarena Moving<br>4:00 - Manicures<br>6:00 - Magazine Scavenger | 01 | 02 | 03 | 04 | 05 |

* Activities are subject to change

# November 2026

## Spring Arbor of Athens Activity Calendar

MEMORY CARE

SPRING ARBOR
Senior Living by Allegro

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|---|---|
| 01<br>10:00 - Resident Led Walk<br>10:30 - Light Mind & Body Moving<br>10:45 - Livestream Church<br>11:15 - Bible Study With Webbs<br>2:00 - Back Porch Chatting<br>3:00 - Scrabble Game<br>3:30 - Pool Ball Rollers<br>6:00 - Puzzle Club | 02<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>9:45 - Walking Club<br>10:00 - Table Top Exercise<br>10:30 - Bingo W/ Patti<br>11:00 - Duggans Dentistry<br>2:00 - Macarena Moving<br>2:30 - Baking Club - Deviled Eggs<br>4:00 - Manicures<br>6:00 - Magazine Scavenger | 03<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>9:45 - Walking Club<br>10:00 - Ballon Bop<br>11:15 - Lunch Bunch - McAllister's<br>2:30 - Choir Practice<br>3:00 - Devotional W Vant<br>3:15 - Singing With Johnna<br>6:00 - Trivia Night | 04<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>9:45 - Walking Club<br>10:00 - Seated Chair Yoga<br>11:00 - Wisdom Wednesday<br>2:00 - Bingo Social<br>3:00 - Candy Pitch - Gentiva<br>5:45 - Gaither Gospel Band | 05<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>9:45 - Walking Club<br>10:00 - Movin' To Music - Therapy<br>10:30 - Clearwater Chapel Service<br>1:00 - Sing W David King<br>1:30 - Donut Party<br>2:00 - TSOGames<br>4:00 - Wordsearch Finders<br>6:00 - Afternoon Bingo | 06<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>9:45 - Walking Club<br>10:00 - Sit & Get Fit<br>10:45 - AI Short Story Reading<br>11:00 - 365 Devotional<br>12:00 - Nacho Bar<br>2:00 - Faith Baptist Seniors<br>2:30 - Joyful Noise Singing<br>5:00 - Movie & Dinner | 07<br>8:00 - Coffee Social Chats<br>10:15 - Walking Club<br>10:30 - Bingo With MOD<br>11:30 - Eye Glasses Cleaning<br>1:00 - Sunshine Socials<br>2:00 - Afternoon Snackers<br>3:00 - Greeting Card Club<br>4:00 - Gospel Tunes Sing Along |
| 08<br>10:00 - Resident Led Walk<br>10:30 - Light Mind & Body Moving<br>10:45 - Livestream Church<br>11:15 - Bible Study With Webbs<br>2:00 - Back Porch Chatting<br>3:00 - Scrabble Game<br>3:30 - Pool Ball Rollers<br>6:00 - Puzzle Club | 09<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>9:45 - Walking Club<br>10:00 - Table Top Exercise<br>10:30 - Bingo W/ Patti<br>11:30 - Lunch Bunch - KFC<br>2:00 - Macarena Moving<br>2:30 - Pinecone Painting<br>4:00 - Manicures<br>6:00 - Magazine Scavenger | 10<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>9:45 - Walking Club<br>10:00 - Ballon Bop<br>2:00 - Baking Club - Hearth<br>2:30 - Choir Practice<br>3:00 - Devotional W Vant<br>3:15 - Singing With Johnna<br>3:30 - Reading W Lauren<br>6:00 - Trivia Night | 11<br>**Veterans Day**<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>9:45 - Walking Club<br>10:00 - Seated Chair Yoga<br>10:45 - Veterans Tribute<br>11:00 - Moment Of Silence<br>1:15 - Veterans Day Parade<br>2:00 - Bingo Social<br>3:00 - SINGO Social - USA<br>5:45 - Gaither Gospel Band | 12<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>9:45 - Walking Club<br>10:00 - Movin' To Music - Therapy<br>10:30 - Fairview Chapel Service<br>2:00 - Resident Council Meeting<br>2:00 - Popcorn & Soda<br>2:30 - Bowling Buddies<br>3:00 - Movie Manina<br>4:00 - Wordsearch Finders<br>6:00 - Afternoon Bingo | 13<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>9:45 - Walking Club<br>10:00 - Sit & Get Fit<br>10:45 - AI Short Story Reading<br>11:00 - 365 Devotional<br>2:00 - Heritage Museum<br>3:00 - Country Drive<br>5:00 - Movie & Dinner | 14<br>8:00 - Coffee Social Chats<br>10:15 - Walking Club<br>10:30 - Bingo With MOD<br>11:30 - Eye Glasses Cleaning<br>1:00 - Sunshine Socials<br>2:00 - Afternoon Snackers<br>3:00 - Greeting Card Club<br>4:00 - Gospel Tunes Sing Along |
| 15<br>10:00 - Resident Led Walk<br>10:30 - Light Mind & Body Moving<br>10:45 - Livestream | 16<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>9:45 - Walking Club | 17<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>9:45 - Walking Club | 18<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>9:45 - Walking Club | 19<br>8:00 - Meal Blessing W/ Glen<br>9:00 - Walmart Eye Care<br>9:30 - Morning Fax Library Chat | 20<br>8:00 - Meal Blessing W/ Glen<br>9:30 - Morning Fax Library Chat<br>9:45 - Walking Club | 21<br>8:00 - Coffee Social Chats<br>10:15 - Walking Club<br>10:30 - Bingo With MOD<br>11:30 - Eye Glasses |