November 2026

Alto Evergreen Walk - Ensemble

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **AD Daylight Savings Ends** **10:00** Eucharist (BL) **10:45 Gentle Sunday Yoga with Masila (BL)** **11:15** Discussion Flip Cards (BL) **12:30** Virtual Senior Hymns Sing-Along (BL) **1:30** Today's History (SL) **2:00** Coffee & Chat: A Social Gathering (BL) **3:00** Walk Exploration Adventure (FL) **4:00** Virtual Sermon & Reflection with Dr. Charles Stanley (FL) **5:30** Drama Mini-Series: Little Women (BL)	**2** **10:00** Meditation Mass (BL) **10:30** Gentle Range of Motion Exercise (FL) **11:00** The Guessing Game: A Mystery Challenge (BL) **12:30** History of the First Commercial Radio (BL) **1:30** Jumbo Words Challenge (FL) **2:00** Ensemble Walking Group (FL) **2:30** One on One Life Stories & Meaningful Connections (FL) **3:30** Group Sing-Along: Timeless Melodies (BL) **4:00** Ensemble Practice with Musical Instruments (BL) **6:00** Virtual: Scott Joplin Ragtime Music Experience (BL)	**3** Election Day **10:00** Communion (BL) **10:30** Fitness - Strength & Stretch (BL) **11:00** Reminiscence Session: "Times of Your Life" by Paul Anka (BL) **12:30** Beanbag Bucket Toss Game (FL) **1:30** Group Discussion: You Be The Judge (FL) **2:30** Snack & Chat: Social (EK) **3:30** Warm Hand Towel Spa (BL) **4:00** Ensemble Band and Sing-Along (BL) **6:00** Wheel of Fortune (BL)	**4** **10:00** Daily Mass (BL) **10:30** Amazing Chimpanzees Day: Facts & Fun (FL) **11:00** The Guessing Game: A Mystery Challenge (BL) **12:30** I Love Lucy Show (BL) **1:30** Bake Shop: Oven Roasted Cinnamon Apples (FL) **2:00** Coffee & Chat: A Social Gathering (EK) **3:30** Ensemble "Melody" Mind, Body, and Spirit. (BL) **4:00** Instruments: Ensemble Music Group (BL) **6:00** Deal or No Deal: Senior Living Game Show Experience (BL)	**5** **10:00** Mass & Meditation (BL) **10:30** Detective Word Search Mystery Challenge (FL) **11:00** Tone Up Thursday (FL) **12:30** Virtual Firewood Day: Cozy Campfire Experience (BL) **1:30** Book: Chicken Soup for the Soul Inspirational (FL) **2:00** Snack & Chat: Social (BL) **3:30** Meditation Spa: A Relaxing Mindfulness Experience (BL) **4:00** Virtual Sensory: Exploring Sights Around the World (BL) **6:00** Wheel of Fortune (BL)	**6** **10:00** Eucharist (BL) **10:30** Energizing Friday with Exercise (BL) **11:00** The Daily Chronicles & Word Game (BL) **12:30** Discussion: How the States Got Their Names (BL) **1:30** Documentary Screening: "This Ole House" (FL) **2:30** Snacks, Chat, Music & Art (BL) **3:00** You Be The Judge: Group Discussion & Debate (BL) **4:00** Cornhole Red Bucket Practice (BL) **6:00** Deal or No Deal: Senior Living Game Show Experience (BL)	**7** **10:00** Mass & Meditation (BL) **10:30** Kick off Saturday Workout (BL) **11:00** The Word Guessing Game (BL) **12:30** Ensemble Puzzle Game (BL) **1:30** Discovery Art Program: Explore Your Creative Side (FL) **2:30** Snack & Chat: Social (BL) **3:00** Fireside Book Club: "A Man Called Ove" with Sofia (FL) **3:30** Exploring Activity Connection on iPad (FL) **4:00** Ensemble Walking Group (FL) **6:00** Wheel of Fortune (BL)
8 **10:00** Eucharist (BL) **10:45** Gentle Sunday Exercise (BL) **11:15** Discussion Flip Cards (BL) **12:30** Virtual Senior Hymns Sing-Along (BL) **1:30** History Diwali: The Festival of Lights History & Celebration (SL) **2:00** Coffee & Chat: A Social Gathering (BL) **3:00** Walk Exploration Adventure (FL) **4:00** Virtual Sermon & Reflection with Dr. Charles Stanley (FL) **5:30** Drama Mini-Series: Little Women (BL)	**9** **10:00** Meditation Mass (BL) **10:30** Gentle Range of Motion Exercise (FL) **11:00** The Word Guessing Game (BL) **12:30** World Orphans Day: Stories of Resilience and Hope (BL) **1:30** Jumbo Words Challenge (FL) **2:00** Ensemble Walking Group (FL) **2:30** One on One Life Stories & Meaningful Connections (FL) **3:30** Group Sing-Along: Timeless Melodies (BL) **4:00** Ensemble Practice with Musical Instruments (BL) **6:00** Music Appreciation: A Journey Through Bruce Springsteen (BL)	**10** **10:00** Communion (BL) **10:30** Fitness - Strength & Stretch (BL) **11:00** Word Search Game (BL) **12:30** Beanbag Bucket Toss Game (FL) **1:30** Group Discussion: You Be The Judge (FL) **2:30** Snack & Chat: Social (EK) **3:00** **Veterans Day Patriotic Art Creation (BL)** **4:00** Ensemble Band and Sing-Along (BL) **6:00** Wheel of Fortune (BL)	**11** Veterans Day **AD Veterans Day & Remembrance** **10:00 Daily Mass (BL)** **10:30 Pet Therapy: Tails of Joy with Jeff & Rosie (FL)** **11:00 Allegro Stands Together: Veterans Day Tribute** **12:30 Veterans Day Tribute Presentation and Storytelling (FL)** **1:30 Bake Shop: Peach Cobbler Dump Cake (FL)** **2:00 Coffee & Chat: A Social Gathering (EK)** **3:30 The Caissons Go Rolling Along: Army Song Sing-Along (BL)** **4:00 Instruments: Ensemble Music Group (BL)** **6:00 Deal or No Deal: Senior Living Game Show Experience (BL)**	**12** **10:00** Mass & Meditation (BL) **10:45** Storytelling with Nicole "The Key" (BL) **12:30** Jumbo Word Game (BL) **1:30** Book: Chicken Soup for the Soul Inspirational (FL) **2:00** Mocktail Day Social: Mix, Sip & Celebrate (BL) **3:00** Meditation Spa: A Relaxing Mindfulness Experience (BL) **3:30** Tone Up Thursday (FL) **4:00** Virtual Sensory: Exploring Sights Around the World (BL) **6:00** Wheel of Fortune (BL)	**13** **10:00** Eucharist (BL) **10:30** Energizing Friday with Exercise (BL) **11:00** The Daily Chronicles & Word Game (BL) **12:30** Discussion Flip Cards (BL) **1:30 Live Entertainment with Larry B. (FL)** **2:30** Snacks, Chat, Music & Art (BL) **3:00** Activity Connection: Big Ben's Big Bell's Big Day (FL) **4:00** Cornhole Red Bucket Practice (BL) **6:00** Deal or No Deal: Senior Living Game Show Experience (BL)	**14** **10:00** Mass & Meditation (BL) **10:30** Kick off Saturday Workout (BL) **11:00** The Word Guessing Game (BL) **12:30** Ensemble Puzzle Game (BL) **1:30** Discovery Art Program: Explore Your Creative Side (FL) **2:30** Snack & Chat: Social (BL) **3:00** Fireside Book Club: "A Man Called Ove" with Sofia (FL) **3:30** Exploring Activity Connection on iPad (FL) **4:00** Ensemble Walking Group (FL) **6:00** Wheel of Fortune (BL)
15 **10:00** Eucharist (BL) **10:45 Gentle Sunday Yoga with Masila (BL)** **11:15** Discussion Flip Cards (BL) **12:30** Virtual Senior Hymns Sing-Along (BL) **1:30** Virtual: Australis Zoo Wildlife (SL) **2:00** Coffee & Chat: A Social Gathering (BL) **3:00** Walk Exploration Adventure (FL) **4:00** Virtual Sermon & Reflection with Dr. Charles Stanley (FL) **5:30** Drama Mini-Series: Little Women (BL)	**16** **10:00** Meditation Mass (BL) **10:30** Gentle Range of Motion Exercise (FL) **11:00** The Word Guessing Game (BL) **12:30** History On This Day (BL) **1:30** Jumbo Words Challenge (FL) **2:00** Ensemble Walking Group (FL) **2:30** One on One Life Stories & Meaningful Connections (FL) **3:30** Group Sing-Along: Timeless Melodies (BL) **4:00** Ensemble Practice with Musical Instruments (BL) **6:00** Deal or No Deal: Senior Living Game Show Experience (BL)	**17** **10:00** Communion (BL) **10:30** Fitness - Strength & Stretch (BL) **10:30 Watercolor Art with Paul (SL)** **11:00** Word Search Game (BL) **12:30** Beanbag Bucket Toss Game (FL) **1:30** Group Discussion: You Be The Judge (FL) **2:30** Snack & Chat: Social (EK) **3:30** Travelogue: Take a Hike Day Pacific Northwest (BL) **4:00** Ensemble Band and Sing-Along (BL) **6:00** Wheel of Fortune (BL)	**18** **10:00** Daily Mass (BL) **10:30** Ensemble Fitness (BL) **11:00** The Word Guessing Game (BL) **12:30** I Love Lucy Show (BL) **1:30** Bake Shop: Cranberry Orange Bread (FL) **2:30** Coffee & Chat: A Social Gathering (EK) **3:00** Craft: Celebrating National Princess Day (BL) **4:00** Instruments: Ensemble Music Group (BL) **5:00 Alzheimer's & Dementia Circle of Friends (PD)** **6:00** Deal or No Deal: Senior Living Game Show Experience (BL)	**19** **10:00** Mass & Meditation (BL) **10:30** Detective Word Search Mystery Challenge (FL) **11:00** Tone Up Thursday (FL) **12:30** Jumbo Word Game (BL) **1:30** Book: Chicken Soup for the Soul Inspirational (FL) **2:00** Snack & Chat: Social (BL) **3:00** National Book Awards Bookmark Making Craft (FL) **4:00** Tabletop Ball Game (BL) **6:00** Wheel of Fortune (BL)	**20** **10:00** Eucharist (BL) **10:30 Reborn with Reason with Jamie (BL)** **11:00** The Daily Chronicles & Word Game (BL) **12:30** Discussion: How the States Got Their Names (BL) **1:30** Resident Photo Day: Say Cheese (FL) **2:30** Snacks, Chat, Music & Art (BL) **3:00** You Be The Judge: Group Discussion & Debate (BL) **4:00** Cornhole Red Bucket Practice (BL) **6:00** Deal or No Deal: Senior Living Game Show Experience (BL)	**21** **10:00** Mass & Meditation (BL) **10:30** Kick off Saturday Workout (BL) **11:00** The Word Guessing Game (BL) **12:30** Ensemble Puzzle Game (BL) **1:30** Discovery Art Program: Explore Your Creative Side (FL) **2:30** Snack & Chat: Social (BL) **3:00** Fireside Book Club: "A Man Called Ove" with Sofia (FL) **3:30** Exploring Activity Connection on iPad (FL) **4:00** Ensemble Walking Group (FL) **6:00** Wheel of Fortune (BL)
22 **10:00** Eucharist (BL) **10:45** Gentle Sunday Exercise (BL) **11:15** Discussion Flip Cards (BL) **12:30** Virtual Senior Hymns Sing-Along (BL) **1:30** Today's History (SL) **2:00** Coffee & Chat: A Social Gathering (BL) **3:00** Walk Exploration Adventure (FL) **4:00** Virtual Sermon & Reflection with Dr. Charles Stanley (FL) **5:30** Drama Mini-Series: Little Women (BL)	**23** **10:00** Meditation Mass (BL) **10:30** Gentle Range of Motion Exercise (FL) **11:00** The Word Guessing Game (BL) **12:30** History On This Day (BL) **1:30** Jumbo Words Challenge (FL) **2:30** One on One Life Stories & Meaningful Connections (FL) **3:00** Ensemble Walking Group (FL) **4:00** Ensemble Practice with Musical Instruments (BL) **6:00** Deal or No Deal: Senior Living Game Show Experience (BL)	**24** **10:00** Communion (BL) **10:30** Fitness - Strength & Stretch (BL) **11:00** Word Search Game (BL) **12:30** Beanbag Bucket Toss Game (FL) **1:30** Group Discussion: You Be The Judge (FL) **2:30** Snack & Chat: Social (EK) **3:30** Music Appreciation: James Brown "I Feel Good" (BL) **4:00** Ensemble Band and Sing-Along (BL) **6:00** Wheel of Fortune (BL)	**25** **10:00** Daily Mass (BL) **10:30 Pet Visit: Tails of Joy with Jeff & Rosie (BL)** **11:00** The Word Guessing Game (BL) **12:30** I Love Lucy Show (BL) **1:30** Bake Shop: Fall Parfait with Pumpkin Greek Yogurt (FL) **2:00** Coffee & Chat: A Social Gathering (EK) **3:30** Ensemble Walking Group (BL) **4:00** Ensemble "Melody" Mind, Body, and Spirit. (BL) **6:00** Deal or No Deal: Senior Living Game Show Experience (BL)	**26** Thanksgiving Day **10:00** Mass & Meditation (BL) **10:30** Detective Word Search Mystery Challenge (FL) **11:00** Tone Up Thursday (FL) **12:30** Jumbo Word Game (BL) **1:30** Book: Chicken Soup for the Soul Inspirational (FL) **2:00** Snack & Chat: Social (BL) **2:30 Monthly Birthday Bash: Rock 'n Roll Celebration (FL)** **3:00** Meditation Spa: A Relaxing Mindfulness Experience (BL) **4:00** Virtual Sensory: Exploring Sights Around the World (BL) **6:00** Wheel of Fortune (BL)	**27** Black Friday **10:00** Eucharist (BL) **10:30** Energizing Friday with Exercise (BL) **11:00** The Daily Chronicles & Word Game (BL) **12:30** Discussion Flip Cards (BL) **1:30 Live Entertainment with Karl D (FL)** **2:30** Snacks, Chat, Music & Art (BL) **3:00** You Be The Judge: Group Discussion & Debate (BL) **4:00** Cornhole Red Bucket Practice (BL) **6:00** Deal or No Deal: Senior Living Game Show Experience (BL)	**28** **10:00** Mass & Meditation (BL) **10:30** Kick off Saturday Workout (BL) **11:00** The Word Guessing Game (BL) **12:30** Ensemble Puzzle Game (BL) **1:30** Discovery Art Program: Explore Your Creative Side (FL) **2:30** Snack & Chat: Social (BL) **3:00** Fireside Book Club: "A Man Called Ove" with Sofia (FL) **3:30** Exploring Activity Connection on iPad (FL) **4:00** Ensemble Walking Group (FL) **6:00** Wheel of Fortune (BL)
29 **10:00** Eucharist (BL) **10:45** Gentle Sunday Exercise (BL) **11:15** Discussion Flip Cards (BL) **12:30** Virtual Senior Hymns Sing-Along (BL) **1:30** Today's History (SL) **2:00** Coffee & Chat: A Social Gathering (BL) **3:00** Walk Exploration Adventure (FL) **4:00** Virtual Sermon & Reflection with Dr. Charles Stanley (FL) **5:30** Mini Drama Series: Little Women Day (BL)	**30** **10:00** Meditation Mass (BL) **10:30** Gentle Range of Motion Exercise (FL) **11:00** The Word Guessing Game (BL) **11:00** The Word Guessing Game (BL) **12:30** History On This Day (BL) **1:30 Live Entertainment with T-Bone (FL)** **2:30** One on One Life Stories & Meaningful Connections (FL) **3:30** Ensemble Walking Group (PG) **4:00** Virtual Travelog: Explore the Magic of "Prague Vacation" (BL) **6:00** Deal or No Deal: Senior Living Game Show Experience (BL)					



Happy Birthday!

No Birthdays in Month



Locations

BL = Back Living Room

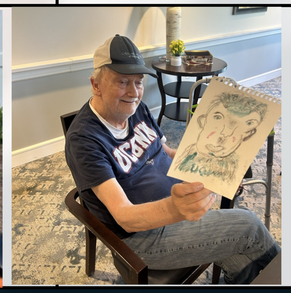
EK = Ensemble Kitchen

FL = Fireside Living Room

SL = Fireside Living Room

November 2026

Alto Evergreen Walk - Interlude

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **AD Football Fan Zone** **10:00am** Live Stream Mass (TT) **10:30am** Rise & Reach Exercise (BL) **11:00am** Football Trivia (FL) **1:30pm** NFL Guess The Team (FL) **1:30pm Qigong with Marivic (GG)** **3:30pm** Football Frenzy (BL) **6:00pm** Romantic Comedy (TT)	**2** **10:00am** Morning Movement **11:00am** Puzzle Palooza (BL) **1:30pm** Chair Yoga (FL) **2:15pm** Snack & Sing Along (KA) **3:00pm** Bucket Ball (BL) **4:00pm** Virtual Tour: Wales (LR) **5:00pm UCONN Women's Basketball vs. Cornell (TT)**	**3** **10:00am** Mass Communion & Rosary (FL) **10:30am** Sunrise Stretch (BL) **11:00am** Community Tree (BL) **1:00pm Resident Choir Rehaersal (E)** **2:00pm** Bingo Fun for All (LR) **3:00pm** Cornhole (BL) **6:00pm** Movie Musical (TT)	**4** **10:00am** Rise & Shine Movement (BL) **10:30am Craft Club: Fall Snowglobes (BL)** **1:15pm The Great Spelling Bee (BL)** **2:00pm** Snack & Chat (KA) **3:00pm** Bowling w/ SWHS (GR) **3:45pm** Explore Maine! (FL) **6:00pm** Biographical Picture (TT)	**5** **10:00am** Stretch It Out Exercise (BL) **10:30am** Game Show Frenzy! (FL) **1:30pm** Chair Yoga (BL) **2:15pm Campfire Smore's (KA)** **3:00pm** Bucket Ball (FL) **3:30pm** Travelogue: Czech Republic (FL) **6:30pm UCONN Women's Basketball vs. Michigan (TT)**	**6** **10:00am** Friday Exercise Fun (TT) **10:30am** Community Crossword (FL) **11:00am** Jeopardy! (TT) **2:00pm** Snack & Sing Along (RA) **3:00pm** Chair Volleyball (BL) **4:00pm** Name That Sound: Throwback Jingles (FL) **6:00pm** Comedy Movie (TT)	**7** **10:00am** Rock ‘n Exercise (TT) **10:30am** Category Game (BL) **11:00am** Family Feud Game (FL) **1:00pm** Bingo Extravaganza (LR) **2:00pm** Snack & Chat (KA) **3:00pm** Chair Pilates (FL) **6:00pm** Concert Film (TT)
8 **10:00am** Live Stream Mass (TT) **10:30am** Rise & Reach Exercise (BL) **11:00am** Word Within A Word (BL) **1:30pm Visit with Charlie the Therapy Dog (FL)** **2:00pm UCONN Women's Basketball vs Iowa (FL)** **4:30pm NFL: New England Patriots vs Green Bay Packers (FL)** **6:00pm** Romantic Comedy (TT)	**9** **10:00am** Morning Movement **10:30am** Wheel Of Fortune (BL) **1:30pm** Chair Yoga (FL) **2:00pm** Sing, Snack & Socialize (KA) **3:00pm** Spot The Difference! (FL) **4:00pm** Virtual Tour: Italy (LR) **6:00pm** Hollywood Classic Movie (TT)	**10** **10:00am** Mass Communion & Rosary (FL) **10:30am Watercolors with Paul (BL)** **1:30pm** Feel-Good Fitness (BL) **2:00pm** Bingo Fun for All (BL) **3:00pm** Cornhole (BL) **6:00pm** Movie Musical (TT)	**11** **AD Veterans Day** **10:00am** Rise & Shine Movement (BL) **10:30am** Veterans Day Wordsearch (FL) **11:00am** Veterans Day Trivia (FL) **1:15pm** Finish the Lyrics: Patriotic Songs (TT) **2:00pm History Of Veterans Day (BL)** **3:00pm** Bowling w/ SWHS (GR) **3:45pm** Explore Vermont! (FL) **6:00pm** Biographical Picture (TT)	**12** **10:00am** Stretch It Out Exercise (BL) **10:30am** Wheel Of Fortune (BL) **1:00pm Monthly Birthday Celebration: Entertainment w/Kalifornia Karl (E)** **2:15pm The Snack Shack: Create Your Own Trailmix (KA)** **3:00pm** Chair Yoga (FL) **3:30pm** Comedy Hour: America's Funniest Home Videos (FL) **6:30pm UCONN Women's Basketball vs Ohio State (TT)**	**13** **10:00am** Friday Exercise Fun (TT) **10:30am** Community Crossword (FL) **11:00am** Jeopardy! (TT) **2:00pm** Snack & Sing Along (RA) **3:00pm** Chair Volleyball (BL) **4:00pm Connecticut Ghost Stories (FL)** **6:00pm** Comedy Movie (TT)	**14** **AD Kris Krignle Holiday Market (ML)** **10:00am** Rock ‘n Exercise (TT) **10:30am** Category Game (BL) **11:00am** Family Feud Game (FL) **1:00pm** Bingo Extravaganza (LR) **2:00pm** Snack & Chat (KA) **3:00pm** Chair Pilates (FL) **6:00pm** Concert Film (TT)
15 **10:00am** Live Stream Mass (TT) **10:30am** Rise & Reach Exercise (BL) **11:00am** Wordsearch Warriors (FL) **1:30pm Qigong with Marivic (GG)** **2:30pm** Football Logo Colorswap (FL) **3:30pm** Pass It Like A Pro (BL) **5:30pm UCONN Women's Basketball vs Louisville (TT)** **6:00pm** Romantic Comedy (TT)	**16** **10:00am** Morning Movement **10:30am** Puzzle Palooza (BL) **1:30pm** Chair Yoga (FL) **2:00pm** Snack & Trivia: 60s & 70s Edition (KA) **3:00pm Craft Club: Pour Vases** **4:00pm** Virtual Tour: Asia (LR) **6:00pm** Hollywood Classic Movie (TT)	**17** **10:00am** Mass Communion & Rosary (FL) **10:30am** Sunrise Stretch (BL) **11:00am** Family Feud! (FL) **1:00pm Resident Choir Rehearsal (E)** **2:00pm** Bingo Fun for All (BL) **3:00pm** Cornhole (BL) **6:00pm** Movie Musical (TT)	**18** **10:00am** Rise & Shine Movement (BL) **10:30am Health Talk with Kylie (GG)** **11:00am** Whiteboard Boggle (FL) **1:00pm Community Out Trip (OT)** **3:00pm** Bowling w/ SWHS (GR) **3:45pm** Explore Connecticut! (FL) **6:00pm** Biographical Picture (TT)	**19** **10:00am** Stretch It Out Exercise (BL) **10:30am DIY Door Banners (BL)** **1:30pm** Chair Yoga (FL) **2:00pm** The Snack Shack (KA) **3:00pm Entertainment w/Jenn Dispasio (E)** **6:00pm** Historical Film (TT)	**20** **10:00am** Friday Exercise Fun (TT) **10:30am** Community Crossword (FL) **11:00am** Jeopardy! (TT) **2:00pm** Snack & Sing Along (RA) **3:00pm** Chair Volleyball (BL) **6:00pm** Comedy Movie (TT) **8:00pm UCONN Women's Basketball vs Seton Hall (TT)**	**21** **10:00am** Rock ‘n Exercise (TT) **10:30am** Category Game (BL) **11:00am** Family Feud Game (FL) **1:00pm** Bingo Extravaganza (LR) **2:00pm** Snack & Chat (KA) **3:00pm** Chair Pilates (FL) **6:00pm** Concert Film (TT)
22 **10:00am** Live Stream Mass (TT) **10:30am** Rise & Reach Exercise (BL) **11:00am** Community Crossword (FL) **1:30pm Visit with Charlie the Therapy Dog (FL)** **2:15pm** The Snack Shack (KA) **2:30pm Sunday Matinee: Remember The titans (FL)** **6:00pm** Romantic Comedy (TT)	**23** **10:00am** Morning Movement **10:30am** Community Crossword (FL) **11:00am** Whiteboard Boggle (FL) **1:30pm** Chair Yoga (FL) **2:15pm** The Snack Shack (KA) **3:00pm** Bucket Ball (BL) **4:00pm** Virtual Tour: Norway (LR) **6:00pm** Hollywood Classic Movie (TT)	**24** **10:00am** Mass Communion & Rosary (FL) **10:30am** Sunrise Stretch (BL) **11:00am** Family Feud! **1:15pm** Whiteboard Wizards (BL) **2:00pm Entertainment w/East Chicago Joe (E)** **3:00pm** Cornhole (BL) **4:00pm** Spot The Difference! (FL) **6:00pm** Movie Musical (TT) **8:00pm UCONN Women's Basketball vs South Carolina (TT)**	**25** **10:00am** Rise & Shine Movement (BL) **10:30am Oil Painting Workshop with Brianna (AR)** **1:30pm Autumn Q-Tip Painting (BL)** **3:00pm** Bowling w/ SWHS (GR) **3:45pm** Explore New Hampshire! (FL) **6:00pm** Biographical Picture (TT)	**26** **9:00am Macy's Day Thanksgiving Parade (FL)** **12:00pm** National Dog Show (FL) **1:00pm** NFL: Chicago Bears vs Detroit Lions (FL) **4:30pm** NFL: Philadelphia Eagles vs Dallas Cowboys (FL) **6:00pm** Movie: Holiday Touchdown - A Bears Love Story (FL)	**27** **10:00am** Friday Exercise Fun (TT) **10:30am** Community Crossword (FL) **11:00am** Jeopardy! (TT) **2:00pm** Snack & Sing Along (RA) **3:00pm** Chair Volleyball (BL) **4:00pm Comedy Hour: Thanksgiving Bloopers (FL)** **6:00pm** Comedy Movie (TT)	**28** **10:00am** Rock ‘n Exercise (TT) **10:30am** Category Game (BL) **11:00am** Family Feud Game (FL) **1:00pm** Bingo Extravaganza (LR) **2:00pm Lindsey Wearne - Flute Performance (ML)** **3:00pm** Chair Pilates (FL) **6:00pm** Concert Film (TT) **7:00pm UCONN Women's Basketball vs Duke (TT)**
29 **10:00am** Live Stream Mass (TT) **10:30am** Rise & Reach Exercise (BL) **11:00am Sunday Craft Class: Decorate Your Own Mug (BL)** **1:30pm** Family Feud! (FL) **2:30pm Brew Your Own Bliss (KA)** **6:00pm** Romantic Comedy (TT)	**30** **10:00am** Morning Movement **10:30am** Whiteboard Wizards (BL) **1:30pm** Chair Yoga (FL) **2:00pm** Snack & Chat (KA) **3:00pm Chair Hockey (BL)** **4:00pm** Virtual Tour: Germany (LR) **6:00pm** Hollywood Classic Movie (TT)					

Alto
Senior Living by Allegro

Happy Birthday!

Rita S. – 15th
Dolfina H. – 19th
William "Bill" A. – 22nd



Locations

AR = Activity Room
BL = Back Living Room
B = Bistro
E = Encore Bar & Lounge
FL = Front Living Room
GG = Gym
KA = Kitchen Area
ML = Main Lobby
MR = Main Restaurant
OT = Out Trip

November 2026

Alto Evergreen Walk - November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **10:00** Sunday Mass (TT) **10:00** Wellness in Motion (GG) **10:30** Coffee and Word Search Challenge (B) **11:00** Whiteboard Boggle (AR) **1:30** Qigong with Marivic (GG) **2:30** **ALASKA: How People Live in America's Harshest and Loneliest Land (TT)** **4:00** Crazy 8's Card Game (AR) **6:15** Movie: Pumpkin Regatta Romance (TT)	**2** **10:00** Get Fit Exercise (GG) **10:30** Brain Games: Word Search (B) **11:00** Play Family Feud! (TT) **2:00** **Movies and Stars Present: Jamie Lee Curtis (TT)** **3:00** Crossword Challenge (TT) **4:00** Trivia Time! (ML) **5:00** **UCONN Women;s Basketball vs. Cornell (TT)**	**3** **10:00** Mass Communion & Rosary (TT) **10:00** Stretch and Strengthen (GG) **10:30** Brain Games: Word Search (B) **11:00** Jeopardy Challenge (TT) **1:00** Resident Choir Rehearsal (E) **2:30** Chair Yoga (GG) **3:00** Bingo w/SWHS (AR) **3:00** Rummikub – Independent (B) **4:00** **Senior Living Educational Series with Adam (TT)** **6:15** Movie: Sweet Autumn (TT)	**4** **10:00** Sunrise Stretch (GG) **10:30** Brain Games: Word Search (B) **11:00** Word Within a Word (AR) **1:30** **Jeff the Plant Guy (TT)** **3:00** Poker – Independent (CR) **3:30** Calendar Committee (TT) **4:00** Wine Down Happy Hour (E) **6:15** Movie: The Breadwinner (TT)	**5** **10:00** Stretch It Out Exercise (GG) **10:30** Brain Games: Word Search (B) **11:00** **Baking: Pumpkin Roll (B)** **2:00** Chair Yoga (GG) **2:45** **America at 250: A History, DeVane Lecture, Class 19 - Money, Power, and Progressivism (TT)** **4:00** Happy Hour by the Fire (E) **6:30** **UCONN Women's Basketball vs. Michigan (TT)**	**6** **10:00** Move & Thrive Exercise (GG) **10:30** Brain Games: Word Search (B) **11:00** Shabbat Gratitude Circle (TT) **12:30** **Out Trip: Buckland Theatre: "Jimmy" (ML)** **4:00** **Ted Talk and Discussion: Meghan Hussey: 4 Ways to Design a Disability-Friendly Future (TT)** **6:15** BBC Series on Netflix: Call the Midwife (TT) **8:00** **UCONN Men's Basketball vs Michigan (TT)**	**7** **10:00** Rock 'n Exercise (GG) **10:30** Brain Games: Word Search (B) **11:00** Travel: OMAN: The Safe and Beautiful Country No One Knows About (TT) **2:00** Bingo Extravaganza (TT) **3:00** **Connecticut History & Discussion Series: From Railroads to Rail Trails (TT)** **6:15** Movie: Heros (TT)
8 **10:00** Sunday Mass (TT) **10:00** Wellness in Motion (GG) **10:30** Coffee and Word Search Challenge (B) **11:00** ISRAEL & PALESTINE: What the Holy Land Still Hides (TT) **1:00** Scrabble (ML) **2:00** **UCONN Women's Basketball vs. Iowa (TT)** **6:15** Movie: My Secret Santa (TT)	**9** **10:00** Get Fit Exercise (GG) **10:30** Brain Games: Word Search (B) **11:00** Jeopardy Challenge (TT) **2:00** ITALY: Home to the World's Most UNESCO World Heritage Sites (TT) **3:00** Crossword Challenge (TT) **4:00** Trivia Time! (ML) **7:00** **UCONN Men's Basketball vs Wagner (TT)**	**10** **10:00** Mass Communion & Rosary (TT) **10:00** Stretch and Strengthen (GG) **10:30** Brain Games: Word Search (B) **11:00** **Katelyn w/Fox Rehab: Health Talk (TT)** **2:00** Chair Yoga (GG) **3:00** Bingo w/SWHS (AR) **3:00** Rummikub – Independent (B) **4:00** Tech Time: Bring a Device! (AR) **6:15** Movie: Solo Mio (TT)	**11** Veterans Day **10:00** Sunrise Stretch (GG) **10:30** **Coffee & Gratitude: Honoring Our Veterans (B)** **11:00** **Allegro Stands Together: Veterans Day Tribute** **2:00** **Songs That Served Our Country (TT)** **3:00** Bowling w/SWHS (GR) **3:00** Poker – Independent (CR) **4:00** Wine Down Happy Hour (E) **6:15** Movie: Holiday in the Vineyards (TT)	**12** **10:00** Stretch It Out Exercise (GG) **10:30** Brain Games: Word Search (B) **11:00** **Baking: Pumkin Spice Snickerdoodles (B)** **1:00** **Monthly Birthday Celebration: Entertainment w/Kalifornia Karl (E)** **2:45** America at 250: A History, DeVane Lecture, Class 20 - A New Deal for America (TT) **4:00** Happy Hour by the Fire (E) **6:30** UCONN Women's Basketball vs Ohio State (TT)	**13** **10:00** Move & Thrive Exercise (GG) **10:30** Brain Games: Word Search (B) **11:00** Shabbat Gratitude Circle (TT) **2:00** **Out Trip: Birdhouse Coffee Bar (ML)** **3:30** **Ted Talk and Discussion: Cara Hale Alter: Is Your Body Language Working Against You? (TT)** **4:00** Happy Hour by the Fire (E) **6:15** BBC Series on Netflix: Call the Midwife (TT) **7:30** UCONN Men's Basketball vs Ohio State (TT)	**14** **AD** Kris Krignle Holiday Market (ML) **10:00** Rock 'n Exercise (GG) **10:30** Brain Games: Word Search (B) **11:00** Jeopardy Challenge (TT) **2:00** Bingo Extravaganza (AR) **3:00** **Connecticut History & Discussion Series: Mills, Factories & the Industrial Revolution (TT)** **6:15** Movie: Grumpy Old Men (TT)
15 **10:00** Sunday Mass (TT) **10:00** Wellness in Motion (GG) **10:30** Coffee and Word Search Challenge (B) **11:00** Whiteboard Boggle (AR) **1:30** **Qigong with Marivic (GG)** **2:30** Afternoon Board Games (AR) **5:30** UCONN Women's Basketball vs Louisville (TT)	**16** **10:00** Get Fit Exercise (GG) **10:30** Brain Games: Word Search (B) **11:00** AMISH COUNTRY: The Hidden World Living Without Modern Technology (TT) **2:00** Crossword Challenge (TT) **3:00** **André Rieu - Romantic Paradise (Full Concert) (TT)** **6:15** Movie: My Best Friend's Wedding (TT)	**17** **10:00** Mass Communion & Rosary (TT) **10:00** Stretch and Strengthen (GG) **10:30** Brain Games: Word Search (B) **1:00** Resident Choir Rehearsal (E) **2:00** Resident Council (TT) **3:00** Bingo w/SWHS (AR) **3:00** Rummikub – Independent (B) **6:15** Movie: The Family Man (TT)	**18** **10:00** Sunrise Stretch (GG) **10:30** Health Talk with Kylie (GG) **11:00** Brain Games: Word Search (B) **1:30** **Food/Beverage Discussion (R)** **2:00** The Faithful: The Women of the Bible (TT) **2:00** Veteran's Group (CR) **3:00** Bowling w/SWHS (GR) **3:00** Poker – Independent (CR) **4:00** Wine Down Happy Hour (E) **6:15** Movie: Grumpier Old men (TT)	**19** **10:00** Stretch It Out Exercise (GG) **10:30** Brain Games: Word Search (B) **11:00** Spiced Yogurt Apple Dip (B) **1:30** Chair Yoga (GG) **2:00** America at 250: A History, DeVane Lecture, Class 21 - A New Deal for the World (TT) **3:00** **Entertainment w/Jenn Dispasio (E)** **4:00** Golden Girls (TT) **6:15** Movie: A Few Good Men (TT)	**20** **10:00** Move & Thrive Exercise (GG) **10:30** Brain Games: Word Search (B) **11:00** Shabbat Gratitude Circle (TT) **11:45** **Outing: Olive Garden (ML)** **3:30** **Ted Talk and Discussion: Emily Kasriel: Why it's So Hard to Listen When You Disagree (TT)** **4:00** Happy Hour by the Fire (E) **6:15** BBC Series on Netflix: Call the Midwife (TT) **8:00** UCONN Women's Basketball vs Seton Hall (TT)	**21** **10:00** Rock 'n Exercise (GG) **10:30** Brain Games: Word Search (B) **11:00** Wonders of Australia: The Most Amazing Places in Australia (TT) **2:00** Bingo Extravaganza (TT) **3:00** **Connecticut History & Discussion Series: Connecticut at War — The History of Tolland & Hartford Coun (TT)** **6:15** Movie: Aloha (TT)
22 **10:00** Sunday Mass (TT) **10:00** Wellness in Motion (GG) **10:30** Coffee and Word Search Challenge (B) **11:00** Crossword Challenge (TT) **2:00** Thanksgiving: This or That? (ML) **3:00** Word Wheel Challenge (AR) **4:00** Beverly Hillbillies: "Turkey Day" (TT) **6:15** Movie: The Whole Ten Yards (TT)	**23** **10:00** Get Fit Exercise (GG) **10:30** Brain Games: Word Search (B) **11:00** Thanksgiving Whiteboard Word Challenge (AR) **2:00** Thanksgiving Edition of Family Fued! (AR) **3:00** Crossword Challenge (TT) **4:00** Trivia Time! (ML) **6:15** Movie: True Spirit (TT)	**24** **10:00** Mass Communion & Rosary (TT) **10:00** Stretch and Strengthen (GG) **10:30** Brain Games: Word Search (B) **11:00** Watercolors with Paul (AR) **2:00** **Entertainment w/East Chicago Joe (E)** **3:00** Bingo w/SWHS (AR) **3:00** Rummikub – Independent (B) **6:15** Movie: Planes, Trains, and Automobiles (TT) **8:00** **UCONN Women's Basketball vs South Carolina (TT)**	**25** **10:00** Sunrise Stretch (GG) **10:30** Brain Games: Word Search (B) **10:30** Oil Painting Workshop with Brianna (AR) **2:00** Flower Arranging Workshop (AR) **3:00** Poker – Independent (CR) **4:00** Wine Down Happy Hour (E) **7:00** **UCONN Men's Basketball vs. Duke (TT)**	**26** **Thanksgiving Day** **9:00** **Macy's Day Parade (TT)** **12:00** National Dog Show (TT) **1:00** NFL: Chicago Bears vs Detroit Lions (TT) **4:30** NFL: Philadelphia Eagles vs. Dallas Cowboys (TT) **6:15** Movie: Holiday Touchdown - A Bears Love Story (TT)	**27** **10:00** Move & Thrive Exercise (GG) **10:30** Brain Games: Word Search (B) **11:00** Shabbat Gratitude Circle (TT) **2:00** Black Friday Trivia & Shopping Stories (AR) **3:30** **Netflix Documentary: Famous Last Words Eric Dane (TT)** **6:15** BBC Series on Netflix: Call the Midwife (TT)	**28** **10:00** Rock 'n Exercise (GG) **10:30** Brain Games: Word Search (B) **2:00** **Lindsey Wearne - Flute Performance (ML)** **3:00** November Cranium Crunches (AR) **4:00** Carol Burnett Show (TT) **7:00** UCONN Women's Basketball vs Duke (TT)
29 **10:00** Sunday Mass (TT) **10:00** Wellness in Motion (GG) **10:30** Coffee and Word Search Challenge (B) **11:00** Hippo | Mutual of Omaha's Wild Kingdom (TT) **2:00** Crossword Challenge (TT) **3:00** **Vienna Philharmonic Summer Night Concert 2026 (TT)** **6:15** Movie: Lullaby of Broadway (TT)	**30** **10:00** Get Fit Exercise (GG) **10:30** Brain Games: Word Search (B) **11:00** Play Family Feud! (TT) **2:00** The Great Conversation (ML) **3:30** Crossword Challenge (TT) **6:30** **UCONN Men's Basketball vs Rider (TT)**					





Alto
Senior Living by Allegro

Happy Birthday!

Residents:
Craig B. – 15th
Peter M. – 23rd

Associates
Sophia B. – 8th
Janice S. – 9th
Julia P. – 19th
Keisha D. – 22nd
Brandon C. – 25th
Sherrine, R. – 25th
Paulette B. – 26th
Kate M. – 26th

Locations

AR = Activity Room
B = Bistro
CR = Club Room
E = Encore Bar & Lounge
GR = Game Room
GG = Gym
ML = Main Lobby
R = Restaurant
TT = Theatre